

# Clinton Kyles, CMT

Los Angeles, CA

## COVID-19 Client Waiver

“While many things have changed, one thing has remained the same:  
my commitment to your safety and health.”

By its very nature, massage and bodywork requires skin-to-skin contact. Please feel confident that infection control has always been a top priority for my practice. Clinton Kyles, CMT follows Practice Guidelines recommended by the Federation of State Massage Therapy Boards (FSMTB), observed by the California Massage Therapy Council (CAMTC), along with infection control recommendations made by the U.S. Centers for Disease Control and Prevention (CDC) and the Occupational Safety and Health Administration (OSHA). As we navigate life with additional requirements and modify existing measures due to coronavirus, please help me to support all of my clients by cooperating with some new requirements.

## Please Affirm the Following:

1. I affirm that I, as well as all household members, have not experienced these symptoms today, or in the last 30 days. \*
  - a. Fever or Chills
  - b. Cough
  - c. Shortness of Breath
  - d. Fatigue
  - e. New Loss of Taste or Smell
  - f. Sore Throat
  - g. Nausea or Vomiting
  
2. I affirm that I, as well as all household members, have not been exposed to or diagnosed with COVID-19 within the past 30 days. \*
  
3. I affirm that I, as well as all household members, have not traveled outside of the country or to any city considered to be a “hot spot” for COVID-19 infections within the past 30days. \*
  
4. I understand that my therapist has the right to reschedule my appointment upon arrival if I appear ill or register a temperature at arrival. \*
  
5. I agree to provide and launder all required sheets and towels for my session. \*
  
6. I agree to wear a face covering for the duration of my session. \*
  
7. I understand that my name and contact information might be shared with the state health department in the event that a client tests positive for COVID-19. \*

DATE OF LAST COVID EXAM: \_\_\_\_\_

RESULTS: \_\_\_\_\_

## **Clinton Kyles, CMT is following these enhanced procedures to prevent the spread of COVID-19:**

- Clients are to provide and launder their own sheets for massage sessions.
- Limited booking availability
- Pre-session temperature screenings
- All disinfectants are registered by the Environmental Protection Agency (EPA) and used to disinfect surfaces that may become contaminated through touch or respiratory droplets during a workday.
- Use of EPA grade antimicrobial antiseptic hand sanitizer and wipes during session.
- Equipment is sanitized before and after sessions.
- Therapist showers and changes clothes between each household.

*By signing below, I agree to each statement above and release Clinton Kyles, CMT from any and all liability for unintentional exposure or harm due to COVID-19. I understand that, because massage therapy work involves sustained touch and close physical proximity over an extended period of time, there may be an elevated risk of disease transmission, including COVID-19. By signing this form, I acknowledge that I am aware of the risks involved and give consent to receive massage and bodywork from this practitioner.*

I agree to use electronic records and signatures if submitting digitally. I Agree to all of the above. \*

Signature: \_\_\_\_\_

Date: \_\_\_\_\_