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Lead Plaintiff Personal Statement

The following 63 page personal statement replaces pages 140-189 in the Bates numbered sequence. This document is referred to in the complaint as LPEE pages 140 et al.

Personal Statement of Dennis Sheldon Brewer, January 31, 2024

1. Defendant UNITED STATES has developed and deployed a technological system reverse engineered from field thought experiments as related at Complaint paragraph 58, and then named as and known to me as BRMT (Brain Remote Management Technology), summarized at Complaint paragraphs 357-402 and LP Evidentiary Exhibits (LPEE) pages 1-10. BRMT is an illegal biological weapon and biological weapon delivery system deployed in violation of law (18 U.S.C. § 175 and ratified treaty (1972 Bioweapon Treaty, Complaint paragraphs 322-327) by defendant UNITED STATES which it uses to hijack discrete functions of the human brain and central nervous system of a specific person or animal.
2. BRMT uses decades of secretly funded neuroscience research to directly impact brain biochemistry by technical means. The person or animal being hijacked feels nothing unusual as their brain is reacting to the signal stimulus exactly as it naturally would, but the signal is coming from outside the body. This surreptitious hijacking of normal brain chemistry causes the victim to act out the perpetrator's plan, be it a thought, action, or other typical bodily function.
3. BRMT provides the perpetrator direct access to the most intimate form of violation and violence possible against another human being – using their victim's mind to cause that victim to think, do, and act in ways other than the victim would otherwise choose - and to do so with no knowledge of the victim's biochemical betrayal of their own wishes and desires.
4. The perfect crime against another person can be perpetrated by any BRMT operator and no visible trace evidence remains, except in the perpetrator's BRMT device log file, hidden behind the cloak of national security, unavailable and unreviewable.
5. BRMT is the direct descendant of a former Defendants CIA and Army bioweapons project known as MKUltra which sought to exploit drugs, including mescaline and LSD to

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control the minds of human subjects. MKUltra was a massive, well-documented secret program which was used to drug civilians and soldiers of the United States and Canada with 100 million doses of LSD alone. While the number of unwitting victims is unknown because of defendant UNITED STATES obstruction of justice by destroying nearly all the 15 year program's records of over 140 sets of illegal human experiments, the victims were at the very least in the hundreds of thousands, and deaths and injuries to direct victims and the public would have spanned the full array of crimes which are typical of any set of drug abusers, from murder to assault to robbery to traffic accidents and so forth. Like MKUltra, BRMT has been deployed secretly and used on US and other innocent and unknowing civilians and government employees without their knowledge or consent.

6. I am a direct victim of BRMT, including a comprehensive and long-running series of human, Constitutional, civil, and statutory rights violations detailed here and in evidence provided to the Department of Justice at its Washington, D. C. Headquarters, and at the US Attorney's Office for the Southern District of New York. See those 426 pages of evidence provided at LP Evidentiary Exhibits (LPEE) pages 368-793, in LPEE Volume 65, and in other supporting evidence in the LPEE exhibits.
7. This statement is organized into four major sections: –
 - i Section I presents a brief history of how the Defendant United States came to involve itself in these malign activities and the historical and on-going patterns and practices of rights violations by the Defendants.
 - ii Section II presents my personal timeline and chronology.

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iii Section III presents clear examples of the deployment of BRMT and other psychological and physical methods used against me.

iv Section IV presents clear evidence of practices which illustrate consciousness of guilt of various defendants.

8. There is widespread awareness of this program among federal executive branch departments and agencies including military, intelligence, and police powers agencies, as well as the Executive Office of the President. As the reader will doubtless note, other examples of this level of awareness, such as the President's "Beast" limousine on an unlikely route as indicated in LP Evidentiary Exhibits pages 598-606 are scattered throughout the evidence presented with this statement. There is also global political and media awareness, as well as public awareness, of this malign conduct. So, any effort to claim national security or police powers exemptions by these Defendants will be the rough equivalent of the legendary fairy tale of the "The Emperor's New Clothes," written in 1837 by Hans Christian Andersen. It should be treated as such.

9. Criminal lawlessness and violations of Constitutional rights under color of law are still lawlessness, regardless of the abuse of the specific phrase "national security," claimed in violation of 5 U.S.C. § 301 and our Constitution as an exemption by any department, agency, or joint jurisdiction task force. Given defendant DOJ's notable historical pattern of failures to pursue and prosecute criminal corruption in secret federal programs, as documented by Congress in pervasive and persistent FISA, Section 702, MKUltra, and Cointelpro, which patterns continue at present in federal police powers operations, this civil litigation may be the plaintiff's only option for justice. It may also be the public's only chance to understand the enormity of the scale, scope, and duration of government corruption using BRMT. This malign program has and does

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continue to systematically violate constitutional rights, and adversely impacts the rule of law at all levels of government and across a vast array of political interests, police powers, intelligence, and military operations, as well as certain elements of media now hosting these same individual participants, perpetrators, and government program executives as personalities, analysts, and expert commentators.

I. BRMT HAS HISTORICAL ROOTS IN A HEINOUS NAZI DACHAU PRISONER DRUGGING PROGRAM

10. Defendant CIA and its collaborators ramped up BRMT as their follow-on program to the abject and lethal 1953-1973 failure of MKUltra's LSD and mescaline 100 million dose illegal drugging program run across America from illegal brothels in San Francisco to New York, in prisons, hospitals, universities, and on community streets across America. BRMT, the LSD replacement, was intended to achieve the CIA's stated objective when it started MKUltra - mind control of individual persons. It has.

11. MKUltra was originally based upon experiments Nazi doctors performed on political prisoners and other convicts at Dachau Concentration Camp. Dachau was first established at Dachau, Germany, twelve miles north of Munich, on March 10, 1933. This was five weeks after Adolph Hitler was named Germany's Chancellor. Dachau operated until the end of World War II in Europe in April 1945. During Operation Paperclip in 1945 to 1959, 1,600 German doctors, scientists, and engineers, including Nazi Party members, were secretly brought to the US by Army, CIA, and the State Department. They were employed by the US government in various programs from rocketry and physics to chemistry and medicine. The Dachau Concentration Camp medical tormentors' experiments led directly to CIA and Army Bioweapons Lab illegal human experiments on Americans, including MKUltra.

MKUltra Had Undocumented Deadly Consequences for Direct and Indirect Victims

12. The evidence of MKUltra's failures and harms to US and Canadian citizens and military personnel in 149 separate projects from 1953 to 1973 was destroyed on orders of the CIA Director in 1973. This included evidence of LSD bonuses paid to staff for each LSD dosing during an estimated 657,000 public contacts at three brothels contracted or owned by CIA in San Francisco, Nevada, and New York City, one of the 149 discrete illegal projects conducted during the MKUltra program. This evidence destruction, a systematic obstruction of justice, meant that many victims directly and indirectly harmed to and including deaths by this mayhem and destruction of CIA's administration of 100 million doses of LSD, and an unknown number of mescaline doses in the United States and Canada, will never be known.

13. What we do know is that 1 million DUI arrests in 2018 correlated to approximately 10,000 DUI deaths, a 1% fatality rate from motor vehicle related DUIs. MKUltra's 100 million LSD and unknown mescaline doses undoubtedly had undocumented deadly consequences for innocent Americans and Canadians. Total direct and indirect injuries, disabilities, and deaths from MKUltra were likely at least in the thousands, perhaps as high as 1 million, based on the 100 million LSD doses alone.

MKUltra Criminal Violations Had No Consequences for the Perpetrators

14. The CIA Director resigned in 1973 and was promoted to US Ambassador to the Shah of Iran a few months later. There was never any accountability for any of the deaths, damage, or destruction caused by CIA's illegal acts in MKUltra against the direct victims, or those who might have been injured or killed by, for example, unsupervised activities like drivers

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hallucinating from LSD after leaving the CIA's brothels or other unknown experimental locations. Not one legal consequence. Ever.

Other Violations By Defendant United States Have Similar Patterns and Outcomes

15. My claims related to BRMT, and the accompanying patterns of Defendants' conduct, may at first seem bizarre and highly improbable. But they are based on historical precedents updated with modern science and technologies in common use today – in hospitals, at computer screens, and on cell phones. At the same time CIA's MKUltra was underway, FBI was also at war with Americans asserting their civil and constitutional rights. FBI's Cointelpro included White Supremacist militia funding and other criminal actions by the FBI from 1956 to 1971. FBI ran illegal domestic spying, wiretapping, defamation, break-ins, and other slanderous and violent campaigns, against Dr. Martin Luther King Junior, John Lewis (later Congressman Lewis), and tens of thousands of other political and civil rights activists and dissenters. Cointelpro was run across most FBI Field Offices by an Assistant FBI Director who reported directly to Director Hoover across the hall at headquarters. The Inspector General who sat in that same FBI building could never seem to find this illegal program.

16. These CIA and FBI programs were indictable criminal conspiracies under the Racketeering and Corrupt Organizations Act of 1970 (RICO) and the Klu Klux Klan Act of 1871. But no charges were ever brought against any federal employee or contractor for any individual violation, for the obstructions of justice they involved, or for the felonies and criminal conspiracies by federal agencies, agents, officers, contractors, or for their funding of their partners in violence, injury, and death. My unwitting father cleaned up behind FBI's Cointelpro violence in California, selling medical paper products, but was actually being duped into

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destroying evidence of FBI and co-conspirator by recycling medical x-ray film from the clinics and hospitals on the lead list provided by my employer, Pacific Paper Products (PPP, Tacoma, WA was actually an FBI cover company created for this explicit purpose and used by company revenue and an FBI subsidy to undercut competitor commercial prices) by earning extra commission income purchasing the x-ray films for PPP, ostensibly to recycle the silver content in the x-ray film (which destroyed the film during recycling). I was five when I was first collaterally trafficked by defendant FBI to California as part of the family.

BRMT Is The Direct Successor To Mkultra And A Continuing Danger To The Me And Other Us Persons Members Of This Class

17. Continuing research and progress in blending neurology with computer resources led the Food and Drug Administration to grant permission for commercial human trials of implantable brain-computer systems and devices to a commercial company, Synchron, in 2021. Synchron's first implant was completed on July 6, 2022. An Elon Musk company, Neuralink, began pursuing a similar technology in 2016 and completed its first implant in January 2024. Microsoft Research, among others, is involved in projects in this space. See LP Evidentiary Exhibits pages 11-139 for current relevant science and continuing commercial development.

18. BRMT is a heavily classified program which had a forty to fifty year head start on these commercial programs and continues to benefit from billions of dollars invested by the national security apparatus of the federal government and its police powers, which collectively expends approximately \$1 trillion each year, \$2.8 billion every day. I was 12 when I was hormonally manipulated in 1968 in a California State Park campground while in the company of an Army buddy of my father, Gary Jack on a Redwoods camping tour. BRMT was a crude local device which could stimulate hormones in 1968. The first satellites were being used for classified GPS

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with Navy ships and burst transmissions to and from space began about this time as well. All have progressed dramatically since that time. And commercial applications now exist, catching up with this secret scientific and technological progress which preceded it. So, BRMT is not science fiction or my personal delusion. Simply put, Defendant United States has had a 55 year head start on this process of integrating neurology and computer technologies. BRMT technology is much more advanced and sophisticated than any pending commercial application due to this head start and defendant United States' ability to marshal massive financial resources and research from various sources for what it considered to be a national security priority – a systematic violation of constitutional rights whose victims were secretly selected based in religious discrimination by the Army against those serving as conscientious objectors – the same service my great-great grandfather undertook for four years during the Civil War to free the slaves and reunify the United States – riding a horse, sounding a bugle and winning the Medal of Honor at Appomattox in April 1865. Now buried in a quiet Quaker Cemetery, five miles north of the West Point US Army Military Academy, West Point, New York. His descendants and their children have been virtually enslaved by defendant UNITED STATES (primarily CIA, ARMY, FBI, USMS, DOJ) as a result their Medical Corps service in the US Army during the Korean War and Vietnam War era. At least one extended family member was most probably murdered at age 18, which violence was contrived using an illegal BRMT bioweapon to manipulate an emotional confrontation between two abused women in Walla Walla, WA in September 2011. As the physically visible male “boyfriend” abuser looked on in the Applebee's parking lot, and the defendant UNITED STATES BRMT operator hovered nearby to carefully time these hijacked manipulations of human hormones (raging emotions were biochemically created by surging the

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adrenal gland to a feeling of explosive rage in the physical perpetrator), this unwitting perpetrator slashed the unwitting victim with a knife severing a carotid artery, resulting in death, and a ten year prison sentence to 30 year old female with no known history of violence. Blood on their hands abusing a never violent innocent intermediary BRMT hack victim who then spent ten years in prison for a completely out of character event – the evidence disappeared by design, entirely consistent with their pattern of practice which is abundantly evident in the Complaint.

Systematic Violations of Rights By Defendants Continues

19. BRMT is a massive violation of the civil and Constitutional rights of any and all US persons and others around the world which defendant UNITED STATES chooses to target and subject to this human rights outrage. It perpetuates an established pattern of practices by Defendant United States and its co-conspirators with police powers. Our Constitution includes only one provision for the selective suspension of the rights of any person not convicted of a crime, in Article I, Section 9, which grants Congress the power to suspend the *writ of habeus corpus* in time of war or rebellion. There is no evidence in any legislative record of any such finding or authorization of such suspension in our era. There has been no legal proceeding, ever, nor any legal consent ever knowingly given, which grants defendant UNITED STATES nor any co-conspirator any right of action or abridgement against my rights nor any proceeding which permits any such abridgment of rights despite the FBI and other police powers' best efforts, as well documented in the Complaint.

20. Yet defendant UNITED STATES has functionally incarcerated me for decades through involuntary servitude concealed from the evidentiary record by its color of law official lies and continued human trafficking, essentially since high school beginning in 1970, the year of my

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eleven year old sister Sandra's death at the hands of an aspirin overdose during recovery of flu by Dr. Kohler, Federal Way, WA, and my family's reassignment weeks later to what was likely a false home-based congregation which emulated our religious group's home-based twice weekly church gatherings. Since high school, defendant UNITED STATES has used frauds, other illegal tactics, and the ultra-secret illegal BRMT technology previously hidden from other Defendant police powers agencies, to engage with and through those co-conspirator defendants, in its own carefully constructed web of fictional pretexts.

21. This web of official lies has been used to justify national security authorized tactics and techniques and to induce animus, anger, and emotions against me. This has result in extra-legal acts by other defendant police powers operations and by CIA to and including domestic terrorism recounted in the Complaint.

22. The history of police powers operations in the United States is replete with such actions, including by Defendant Maricopa County, Arizona Sheriff's Department while led by Defendant Joe Arpaio. This is the self-pretexted license used by defendants to engage in indirect physical assaults on me, and in their direct and indirect psychological manipulation of me. See LP Evidentiary Exhibits pages 272-367, 441-459, 564-574, 774-785, 786-793.

23. My entire adult lifetime has been spent in this reality imposed by these defendants, whose attitude and approach to rights and due process are summarized as "Liberty For Just Us et al." No consequences for criminal and illegal acts. Ever.

BRMT Has Achieved Notorious Objectives Against US Persons

24. BRMT has achieved some notable and soon to be infamous results. Criminal and illegal actions against targeted victims has diverted millions to billions of dollars of federal, state, and

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local police powers budgets and personnel resources from legitimate national security and public safety objectives to prejudicial operations against innocents to protect the powerful few who have risen from line operatives in an illegal program to Cabinet positions and judgeships. As with MKUltra and Cointelpro, it has again exposed continued decades of widespread failures by these defendants to comply with legal constraints on police powers and to respect human, civil, and Constitutional rights. It has demonstrated a durable and repetitive pattern of wide-ranging Constitutional and statutory violations by governmental entities. It has clearly highlighted illegitimate collaborations and illegal conspiracies of political, press, and police powers operations in the United States against innocent US persons.

25. These are the same techniques and methods documented by the Church Committee (the United States Senate Select Committee to Study Governmental Operations with Respect to Intelligence Activities) in 1975. My experiences are directly compared with the findings of these reports at LP Evidentiary Exhibits pages 237-271. The practices are the same, the violations are the same. Only the technology and degree of personal coercion of innocent persons have changed. The danger, illegality, and coercive nature of the Defendants' conduct is the same as in 1953, 1963, 1973, 1983, 1993, 2003, 2013, and 2023.

BRMT Violations by Defendants Create A Significant Public Safety Risk

26. This pattern of malign conduct by Defendants also causes and creates comparable risks to the public. In the event a BRMT victim acts out in public there is the strong potential for some form of violent outcome, ranging from a deadly assault to a traffic accident or any other incident. The risks are similar to those under CIA's MKUltra, where victims were allowed to walk or drive away from the LSD drugging site with no medical supervision or screening before their

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departure, thereby endangering themselves and the public. BRMT operations have also endangered undercover and uniformed police officers who are unaware of the risks associated with BRMT both to themselves and to any supposed suspect they may be pursuing.

27. As to my normal daily activities, these operations can also endanger the police powers, intelligence, and medical personnel who have and do shadow me virtually everywhere. These specific risks have arisen due to both BRMT program-inflicted risks and to risks to me from members of the public who may believe certain misinformation about me, or simply because of my high public profile due to continual public exposure without consent and decide to act out. Most of the security detail have no control over the direct circumstances of any sequence, incident, or BRMT induced events which may be precipitated by corrupt police powers operations of defendant UNITED STATES, principally DOJ police powers and CIA in the present time, together with certain state and local police powers and media operations in the greater New York Cit area during recent times. But even security detail members themselves itself have been used or acted out as elements of the harassing team.

28. Since BRMT and similar illegal programs against US persons or others are typically “need to know” operations, many individual federal agents and officers were likely completely unaware for many years of the underlying reasons they were required to hack, sabotage through other actions, and display specific body language or verbalize certain words or phrases to me at very specific times and places. But these operations have been and are purposeful and objective oriented, designed by persons with malign intent and executed under command authority with clear and obvious malign intent. So, they pose a direct threat of an overreactive police powers

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response or from a member of the general public acting out and the need for police to react during that incident.

II. VIOLATIONS AGAINST ME ARE REPRESENTATIVE OF VIOLATIONS TO THE CLASS

29. My parents and grandparents belonged to a religious group which serves in the military services as conscientious objectors due to their religious beliefs. My maternal grandfather related the story of his home-based church group being surveilled by Federal Bureau of Investigation agents as they conducted a homebased church service sometime before I was born.

30. During the early to middle 1950s period, my father served in the Army as a medical corpsman, a conscientious objector for religious reasons, so he may have become a person of interest to the Army. I was surreptitiously selected as an involuntary BRMT guinea pig sometime early in life and first human trafficked at age 12 to a California State Park campground where he was bio-manipulated (oxytocin hormones) in 1968 by a locally operated remote device through a hedge to this left side occupied by two white males (likely CIA science and Tech Directorate or Army Bioweapons Lab field personnel) for about five to ten minutes while in a sleeping bag in a tent camping site with Gary Jack, a former Army buddy of my father while touring the Redwoods.

31. I have experienced other profoundly unusual and abnormal conduct by agents of defendants dating as far back as age 14 (1970) when I was reassigned with my family to a fraudulent cut-out meeting house, with in-home church Sunday religious testimonial services in the “Snow” residence in Kent, WA a few weeks after my sister’s death in April 1970, with BREYER most probably as the fraudulently insterte home-based meeting service elder, before he then transitioned on to Spokane as “ Jack Sackville-West” as he was known from Fall 1974,

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while I attended undergraduate classes at Washington State University, Pullman, WA (below). In 1972, on a routine excursion in the Greenwater, Washington area of the Snoqualmie National Forest, my cousin Steve and I picked up a very well-dressed hitchhiker from the roadside. There was no apparent means of transportation that would account for the individual's presence along State Highway 410 in that area, more than a dozen miles east of Greenwater, the nearest small mountain community. Steve and I shared my 1955 Ford Pickup with this unidentified individual to the Greenwater Tavern.

32. About 10 to 15 minutes after leaving the unidentified man at this location, I noticed this hitchhiker had left a tan briefcase in the pickup bed. I opened the briefcase and found the entire contents of the brief case were a telephone handset and dial pad. This was about the time the first cellular telephones and satellite phones were said to have been invented, and none were then available to or generally known by the public. I drove the briefcase back to the Greenwater Tavern, located the unidentified man and returned the briefcase, which was accepted with no comment and little emotion. Based upon my subsequent experiences, this neatly dressed hitchhiker was an undercover agent of Defendant CIA, or less likely, FBI or some other element of the US intelligence community.

My BRMT Chronology and Timeline – Defendants' Interferences With Career, Commercial Enterprises, and Personal Life

33. I graduated Decatur High School in 1973 in a class of about 83 people which included undercover agent KATYAL (Shawn Morrissey), attended Green River Community College for one year with BRUNTON and DICKOVER then transferred to Washington State University in Pullman, Washington. While at WSU, I was befriended by a likely minder assigned by defendants who lived on the Perham Hall student dormitory floor in 1974-75, then in Nez Perce

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Village with me from Fall 1975 through June 1977 graduation, Craig PAGE. See LP Evidentiary Exhibits pages 460-472. I initially enrolled in general college humanities classes required for all baccalaureate degrees and in physics, chemistry, and engineering coursework, intending to obtain a chemical engineering degree, but fell far short of the calculus proficiency required to continue that program. After a couple of changes in direction, I completed a Bachelor of Arts in Business Administration degree in 1977. I graduated from WSU to a job in Coeur D'Alene, Idaho, then relocated back to my parent's home in Federal Way, Washington, where I worked as a delivery driver for several months. This and further personal and professional developments are also documented in Table 2, a timeline at LPEE pages 12023-12120.

34. I returned to WSU in January or February 1978 for a Master of Business Administration degree. I was befriended during my MBA program by other minders (see LP Evidentiary Exhibits pages 460-472) who followed me from the university as I moved to my first professional employment and on to other civilian cover intelligence acquisition projects (over time MBA graduates Thorpe, Zoulas, Worthy, Epskamp were recycled and then reconnected as alumni connections, actually FBI and CIA embedded in various enterprises). See LP Evidentiary Exhibits pages 183-185.

35. I joined the Seattle office of Deloitte, Haskins, and Sells, an international accounting and consulting firm, in August 1979, unwittingly joining a cover operation used by defendant UNITED STATES for illegal domestic general searches and for commercial cover espionage projects (common parlance defines diplomatic cover as intelligence, commercial cover as espionage, regardless of the nation-state which conducts these operations). During this time, the Seattle office was engaged to project manage the development of the national ATM network for

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South Africa's banking system (STONE, CIA); to select and install a government ERP financial accounting system in Palau as it transitioned from a trust territory to independence (BANNON, THORPE, CIA); and to provide ERP financial accounting computer system related services to Saudia Airlines in Saudi Arabia (BLAIR, THORPE, CIA).

36. As a result of forensic analysis since 2021, I have come to recognize these projects actually had dual purposes - to serve the clients' needs, but more importantly from defendant UNITED STATES' perspective to provide intelligence windows into the on-going operations of these entities. At times for legal purposes but often for illegal general searches and targeted destruction operations against specific targeted individuals, groups, and private sector entities. For example, this would have included access to domestic and international movements of Saudi government employees and others. At around the same time, listening devices likely surreptitiously connected to a satellite transceiver on board for live monitoring by CIA and NSA, were built into the Saudi King's bedframe on the Boeing 747 used by the King of Saudi Arabia. This was discovered and publicly disclosed by Saudi intelligence, appearing in news articles in the Boeing's hometown newspapers in Seattle, WA. The numerous projects I worked on and the companies I worked at were the professional homes for CIA and FBI personnel operating in commercial covers, some involved in legally permitted operations, others embedded for illegal purposes in systematic pattern violations of US law and the Constitution inside the United States, including in patterns of persistent racketeering acts which were carried forward from Cointelpro and MKUltra with technology, sources, and methods updates, but also for continuing illegal purposes..

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37. In 1986, I left Deloitte, gently pushed by Henderson my then boss, and pulled by Hopper, my former boss, to become the Chief Financial Officer of a technology startup, LazerSoft (then run by STONE, CIA). The company resold a C. Itoh laser optic technology system for document storage (a Japanese trading company then entering the US, as part of so-called Japanese Miracle, also the then current focus of CNA, where I was to become employed in the mid-1990s), and developed an optical disk storage system to replace microfiche, then commonly used to store printed computer records such as customer bills and financial reports of large businesses, including banks, airlines (Alaska Airlines), utilities (Puget Sound Energy), and insurance companies (a Bellevue, WA based insurance company, now a subsidiary of John Hancock). The CEO was the former Deloitte project manager (known as Moller, actually STONE) for the South Africa banking system ATM project (CIA). Principal investors included BURNS (also the principal CIA BRMT executive marriage wrecker of my marriage to Lynne, and orchestrator of my subsequent relationship with Jeanette in 1987-1988. BURNS also lived across the street from Jeanette at 149th Street, Kirkland, WA as I learned in mid to late 1988), other doctors, Chuck Loomis (Loomis Armored Cars), and bankers (Pat Fahey, Pacific Northwest Bank, Bellevue, WA). As with other future employment and projects which were contrived by the illegal BRMT program executives and managers in CIA (BURNS) and FBI (WEISSMAN and ROSENBERG), managing this company and its finances was quite problematic for me.

38. About 90 days into employment in Summer 1986, I replaced the former CEO, was forced to raise additional resources immediately from BURNS (known as J. Patrick Heffron, OB/GYN), and system integration with multiple IBM mainframe operating systems, and managed installation of the optical disk storage system at several locations around the Seattle, WA area. I

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worked for about two years to raise venture capital, eventually secured a \$1.2 million commitment from Walden Venture Capital (Ted Wight, Seattle) and Ventures West (Sam Znaimer, Vancouver, BC, Canada) through John C.T. Conte (FBI finance and venture industry deep cover), which was then promptly reneged upon (this will happen again many times right through 2022, as my persistent efforts to engage in interstate commerce, forming legitimate relationships and other normal activities almost work out, but not quite, over and over again across the next four decades). When this deal fell apart in 1988, I was then quickly forced by the Board to sell the company to Pacer Corporation, during which time it was purchased by Wembley PLC, further delaying finding and technical progress. Much of this sequence was staged managed and arranged to sustain the research and development of BRMT (by and for BURNS, CIA). During this period, my first wife Lynne was BRMT overdosed with oxytocin (just as I had been at age 12 for a few minutes in California in 1968). She developed a relationship with her best friend's husband (SWAIN), the proximate cause of the destruction of the marital community and the forced sale of their Redmond home, which had been improved by me at considerable effort and expense (Complaint Interline Exhibit 13). WATERS, a LazerSoft contractor, was the intermediary assigned by BURNS through which my eventual second wife Jeanette was introduced in 1988.

39. In 1990, I purchased Steve's Maintenance, a small environmental services business in Auburn, Washington. Prior to the purchase, I sought out the Small Business Administration to assure myself of the availability of these vital government bonding guarantees, which had been used by the prior owners to develop the business and were vital to its revenue generating ability and financial viability. Immediately after the purchase, the Small Business Administration

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(SBA), actually an FBI field agent poser, fraudulently denied my newly acquired company (now named Alliance) the bid and performance bonding it had previously provided the company. No reason was ever provided for the denial of the previously available bid and performance bonding. Bid and performance bonding is essential to companies involved in government contracting, which comprised the vast majority of the firm's work and revenues.

40. This inability to bond its bid and subcontract award cost the firm, which I majority owned and managed, numerous business contracts. For example, the company was forced to withdraw its subcontract bid on asbestos abatement work under a federal modernization contract at the FAA Air Traffic Control Center in Auburn, Washington. This subcontract was worth about \$1.2 million in the early 1990s, about \$2.5 million in today's dollars. The Kirkland WA prime contractor who won that project had previously worked with my firm to renovate and expand Snoqualmie High School in Snoqualmie, Washington. They stated they were very pleased with the Alliance company teams work on that project and looked forward to working together again.

41. The SBA (actually illegal FBI deprivation of government benefits) refusal to provide bid and performance bonding, despite their prior practice with this same company and despite their prior informal commitment, was a critical element of the eventual business failure in 1993. A \$20,000 factoring company loan was combined with a fraudulent Canadian financing which was never completed, so the personally guaranteed \$20,00 factoring loan ballooned to \$65,000, while I was covertly being locked out of any other employment. A default judgement resulted as there were no funds for a legal defense. This fraudulently induced failure (FBI, Pacific Financial Services, CIA's CORNWELL and my fraudulent Vancouver, BC financing) resulted in the need for Jeanette and I to declare personal Chapter 7 bankruptcy, which was filed in November 1993

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to avoid further garnishment of Jeanette's income, which was the family's sole source of income at that time.

42. During this same period, two agents of Defendants had approached me about their supposed prior and on-going mechanical contracting project work at a classified site in northern Nevada (Area 51) which did not officially exist, despite being clearly visible on satellite photos and the final destination of an unmarked Boeing jet aircraft with only a tail number which has left McCarran International Airport in Las Vegas at the same time every morning and returned at the same time every evening for years on end. This was likely intended (FBI) to develop a national security pretext for intrusions into my personal life, though that interference had, unknown to me at the time, already been long underway through spouse Jeanette and prior acts from age 5 collateral human trafficking (California) and age 12 direct trafficking (California).

43. In my mostly unwitting fifty-five years of practical field experience with these malign operations, pretexts are typically used by defendant UNITED STATES (such as BURNS, WEISSMAN, ROSENBERG, COOK) to rationalize their color of law abuse of national security and police powers disclosure exemption, as tools to cover-up and/or to discredit the subject (aka "blame the victim"). This pretext is used under color of law to functionally absolve the police powers or intelligence agency of their responsibility for following certain laws, policies, and regulations related to privacy and rights, which they violate in any case (Section 702 for fifteen years for example). The offending entity and its officers or agents use it to claim a "legitimate" interest justifying prior, current, or intended misconduct. The FISA Court has found this type of subterfuge to be quite common since 1978. These are cynical violations, color of law covers for corruption and abuse.

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44. Defendants organized yet another episode of failed funding using Credit Lyonnaise Laing as the cover entity in 1994. This particular funding failure involved P.A.N. Environmental Services Corporation (PAN), an SEC reporting pink-sheet company based in Seattle, Washington, during my 10-12 months of uncompensated employment by PAN (CORNWELL, CIA and a female FBI agent posing as spouse in Newcastle, WA). I traveled routinely from my home in Seattle to two PAN subsidiary companies in the Ontario, CA area during this failed financing operation. The company's CEO worked with mining expert John Young (CSIS) who traveled routinely throughout Canada and internationally and was the ostensible connection with a London-based MI-6 agent Michael Kurtanjek.

45. The UK operation organized by the Defendants involved this MI-6 officer who was first introduced to me at the Los Angeles Airport Hilton on Century Boulevard. After a meeting there, I traveled with CORNWELL to London a few weeks later, one of three visits over several months in 1994. The first two visits lasted about one week each, the third visit was for about three weeks. During this sequence, a London Metropolitan Police armed terror squad at the Heathrow Airport trotted past me, the only other person in a 500 foot long terminal access tunnel on a typically busy weekday at one of the busiest international terminals in Europe. No financing was offered, and the effort failed.

46. However, these international trips did provide defendant UNITED STATES a pretext for observation and surveillance by CIA and MI-6 in the greater London area. These close relationships with allied intelligence "cousins" facilitate invading the privacy of one's own citizens by arranging for the use of tools not legally available for use on one's own citizens but perfectly legitimate for use against foreign nationals – by your cousins in their country and in

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your country. This is a very cynical color of law violation intended to completely evade accountability and accomplish illegal objectives without “violating” the laws and regulations of your own country (FBI, CIA).

47. Shortly after returning from my last trip to London, I suffered a life threatening episode of deep vein thrombosis (DVT) in 1994. DVT can lead to a heart attack or stroke when a clot breaks away and reaches the heart, lungs, or brain. For many years after this event, defendant UNITED STATES created symptoms of this life threatening medical condition using BRMT hundreds of times to create fear of a repeat episode in my mind.

48. I joined Pacific Pipeline, Kent, Washington, in 1994 as a Board member trafficked by ROSENBERG (FBI). A few months later, I became Chief Operating Officer, replacing a CEO (formerly COO at Egghead Software) who had lost about one-half the company’s equity in six or eight months. This same storyline, beginning its repeat cycle with me as the company’s COO in Summer 1995-Spring 1996 would be repeated again by at CNA in 1996-2002, as discussed below.

49. Pacific Pipeline sold books and other media to Barnes and Noble and Costco throughout the United States, and to hundreds of independent booksellers in the Pacific Northwest. A disastrous ERP implementation was undertaken about two months after I began full time employment. The implementation was started despite my strong misgivings, which I expressed privately to “Founder and Chairman” PERILLO. I undertook a rescue operation with other management and operations team members. This disastrous ERP implementation in Fall 1995 was a key element in the ultimate financial destruction of Pacific Pipeline about two years later as it severely impacted its already strained finances from the prior CEO’s incompetence, and

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shook the confidence of independent retail bookseller customers, just as a newly constructed national book distributor's warehouse was opened in Roseberg, OR (Ingram) and Amazon.com was beginning book sales operations in Seattle, WA.

50. This ERP implementation disaster was also severely detrimental, during the critical end of year holiday sales period, to around a thousand independent bookstores throughout the region which used Pacific Pipeline as their primary supplier. These independent retailers were financially weakened by missing sales of popular books during this crucial selling season which were typically readily available from Pacific Pipeline during other periods. Since they were competing with much stronger national book chains, as well as Costco and Amazon, these missing and unfilled orders were very damaging to their long-term viability as businesses.

51. I attempted a buyout of the company after the ERP system rescue, but was rebuffed, ostensibly by owner/founder PERILLO's ex-wife's requirement that he provide a personal guarantee of the \$500,000 company debt due her from their divorce. This killed the buyout, and I was terminated by the founder during these negotiations. The company's final financial deathblow was later inflicted by the Founder, who fired Barnes and Noble, the customer then responsible for 55% of overall company sales revenue.

52. Defendant FBI had long held institutional suspicions of independent booksellers for selling materials it deemed subversive or inappropriate. FBI had undertaken actions as part of Cointelpro against some book merchants, which illegal acts were carried forward after Cointelpro's discovery just as other illegal practices have and do continue. "Founder" PERILLO was also reputed by ROSENBERG (FBI) to have started the business by selling books about cannabis cultivation from the trunk of my car to these book merchants. The destruction of Pacific

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Pipeline was the deliberate termination of another illegal covert company used by DOJ police powers to spy on independent booksellers, which was purposefully shut down and run through bankruptcy to destroy evidence of criminal wrong-doing and constitutional rights violations by DOJ police powers operations. This repeated the programmed demise undertaken at my direct personal expense at Steve's Maintenance/Alliance in 1990-1993. Another episode of defendant DOJ's racketeering conspiracy to conceal its illegal searches and its First and Fourth Amendment violations, which I experienced again in the next paragraphs (1996-2002, then 2002-2005, then 2007-2008, whereupon I have been deprived of all employment options since that time.

53. In November 1995, after months of unemployment and further financial distress for my family, I joined CNA Industrial Engineering (CNA), Bellevue, Washington. I was pulled into CNA by agents of Defendants, ROSENBERG, COOK, HADJINIAN, LOWBER, LINS and others, many of whom left in the 18 months after my arrival. This team had staffed up the organization well beyond its current revenue base, run up hundreds of thousands in uncollectible receivables, and exposed the company to financial distress and large losses, similar to those at Pacific Pipeline. The imposed "layoffs" I undertook to rescue CNA from financial collapse were actually merely the redeployment of deep cover FBI and USMS personnel from former illegal general search operations to new illegal deep cover embedded positions in other private enterprises, such as Starbucks and various defendant UNITED STATES cover companies. "Founder" Cook "banked" at the same fake cover cutout bank, Banner Bank, in the same region as my uncle was unwittingly employed by this same Banner Bank, in the Bothell, WA area. Banner bank was the cover bank used to distribute defendant UNITED STATES' taxpayer funded subsidies to money-losing cover companies which used these subsidies to undercut and

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compete with legitimate private enterprises while engaged in illegal spying, general searches, and in some cases, the wrecking targeted individuals and/or their businesses.

54. Defendants subsequently and purposefully inculpated me in a series of sensitive national security technologies and projects while at CNA in 1996-2002. These engineering projects and related technologies included the Delta IV rocket assembly factory for the Air Force; solar array deployment failures on satellites built by Hughes Space for DOD intelligence gathering agencies NSA and NRO; sensitive Navy military operations, involving nuclear ship and submarine maintenance facilities at Puget Sound Naval Shipyard; and non-destructive testing technology used in field testing of civilian and military nuclear power applications, provided nationally and internationally by Zetec, Issaquah, Washington. I also attended an AeA White House West Wing tour during this period as I served on the AeA technology trade association National Board of Directors while at CNA.

2001 “Terrorism” Pretext Used to Escalate BRMT and Psychological Operations

55. Shortly after 9/11/2001, I began having discussions about that terror event with CNA staff working the Anchorage International Airport (HOLDEN), with PRAY, and with strangers soliciting my opinion about that day. In one such interview by a stranger, which was a pretext for further egregious conduct of Defendants, I expressed the view that this was a terrible tragedy, but so are many other events that occur each day in the United States and throughout the world. For example, as related in my conversation with the stranger that day, approximately 3,000 people die in car accidents each month in the United States.

56. These interviews to be part of a pretext used (ROSENBERG FBI as human trafficker) to justify further expansion of operations against me to directly attract interest and involve other

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police powers agencies, specifically including defendants City of New York and City of New York Police Department (NYPD), without limitation, as part of the overall escalation of systematized abuse by these defendants. The so-called “Patriot Act” enabled Defendants to aggressively expand the use of classified technologies against “terror suspects” inside the United States. I had babysat FBI children (Vanderberry) and taken them to the zoo (VINDMAN ARMY), so I was a likely suspect. Actually, I simply knew too much even unwittingly, to be allowed to remain in the region with records (direct evidence of criminal acts inculcating WEISSMAN, BURNS, BREYER, ROSENBERG, VINDMAN, MELBER, RUBIN among others) in the comprehensive pattern of malign BRMT, constitutional rights, and racketeering acts violations and injuries against me intact. These records documented the life threatening DVT episode, inflicted allergies, and sinus surgery; psychologists and counselors requested by spouses as both marriages were ended; banking records from long standing banking relationships which showed illegal patterns of racketeering acts, and so forth. I was programmed for human trafficking through relocation from 50 years living in the Seattle, WA area and traveling extensively while unwittingly renovating safe houses residences for USMS, by CIA and FBI (including ROSENBERG, BURNS). Defendant UNITED STATES used the dramatic post 9/11 budget increases, the more rapid progression of illegal BRMT and other aggressive tactics, in an increasingly egregious and aggressive pattern, which cycled through prior rights violations and racketeering with higher intensity and at a much accelerated pace.

57. I left CNA in August 2002 and thereafter engaged Technology Sales Leads (defendant TSL), Boston, Massachusetts to develop sales leads for my new company, Allegent, LLC dba Performa, based in Bellevue, Washington, which I unwittingly co-owned with PRAY (USMS).

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TSL delivered over a dozen fraudulent sales leads, which defendant FBI (ROSENBERG) had orchestrated, scheduled and then conducted in a months-long series of time-wasting and expensive “sales” calls in various states with the intent of depriving me of an income and livelihood through independent employment by starving my small company, Performa, of revenue and cash flow from 2002 until its demise in 2005. Technology Sales Leads (TSL) was a Boston Field Office operation of defendant FBI, as were each and sales calls to offices, plants, and warehouses throughout the United States. TSL was a small boiler room operation with about 5 people in downtown Boston, MA which had extraordinary success in setting these meetings in a very short period of time. With the benefit of hindsight, I eventually recognized they all occurred in facilities which were devoid of other personnel that would normally be in those offices, factories, and warehouses. In fact, only defendant FBI’s undercover field operations team members were actually seen at each of these appointments, nearly all of which required some kind of sales proposal, which was then rejected. All other employees normally in those office, warehouse, and manufacturing locations were absent, despite these meeting being held during normal business hours. My co-owned company, Allegent, LLC dba Performa spent many weeks full time and a considerable sum for the appointments to be arranged, to travel to each appointment over several months, follow up with project engagement proposals, and other normal consulting sales activities. None of these fake sales calls led to any projects, in contrast to my history at CNA of a 60% to 80% sales success rate for similar projects. See LP Evidentiary Exhibits page 844.

58. The second key element of Defendants’ fraudulent scheme was the issuance of \$165,000 of unfunded checks by ShipNow, a former software vendor to a CNA project while I worked

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there. ShipNow was later sold to Kewill PLC (around 2003-2004), a British company, which was then able to share customer shipping data at these US based clients with FBI - the same “cousins” arrangement used for illegal indirect operations in defendant UNITED STATES’ jurisdiction as was the case with LazerSoft and Pacer (the Bothell, WA theater tickets sales company which had originally signed a letter of intent to purchase LazerSoft in late 1988) which were both sold to Wembley PLC in 1989.

59. This combination of TSL fake sales leads and ShipNow bad check frauds (both FBI), a planned starve-out operation conducted by defendant UNITED STATES (ROSENBERG) to set up its human trafficking operation to Boston in late 2005 with the support of SUMMERS (fka Roger Penner at Deloitte Seattle around 1980) is further described in letters sent to the US Attorney for the Southern District of New York at LPEE page 566.

60. This systematic campaign again destroyed my finances and sense of mental well-being during 2002-2005. It caused the destruction of fake family relationships (MELBER, VINDMAN, RUBIN), including my much troubled 15 year second marriage (orchestrated by CIA, FBI, BURNS, ROSENBERG) to Jeanette, legitimate business and career opportunities, personal reputation, personal residence, virtually all real, personal, and financial assets, and personal credit, during the last months of my 50 year residency in Washington state. As defendant UNITED STATES starve-out operation succeeded, a stress-induced divorce from second wife Jeanette was completed, and I liquidated or donated virtually all assets during 2005. The evidence destruction cycle for all records maintained by providers in the Seattle area was set in motion by this trafficking, as mailed requests for medical records transfers were simply intercepted or ignored. As financial assets were depleted, I moved to a Kirkland, WA apartment

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which was mysteriously devoid of residents and had a parking lot filled with cars that rarely moved (further described at LPEE page 566).

61. I left the Seattle, Washington area December 23, 2005 for Boston, Massachusetts. This abrupt move was, on my part, an effort to avoid involving family members and friends in any further corrupt acts by defendant UNITED STATES, who were all feasible means to criminally reach me (which pattern has continued into the present time as documented herein and in the Complaint facts narrative (paragraphs 350-710). It was also carefully planned by defendants (ROSENBERG FBI among others) using BRMT to manipulate me in a plot which featured a Harvard University Physics Professor Randall (courtesy of SUMMERS) as a lead character with a newly published book and an book promoting appearance on the cover of Scientific American (courtesy of the press publisher), a publication of interest.

62. I resided in a Boston area hotel near the Wonderland station of the Massachusetts Bay Transportation Authority for about four months, became homeless in Spring 2006 when funds completely ran out, and was relocated to Pine Street Inn, a Boston homeless shelter for 17 months, until August 2007. I was initially housed using the shelter's lottery system to compete for a shelter bed each night for several months, then told by another person, likely a minder assigned by Defendants, about another shelter program in a church basement in the Dorchester area of south Boston, where I applied and was accepted. Defendant UNITED STATES minders (primarily USMS with some FBI) would spend about two weeks on site with me, then disappear for a time and reappear later, a rotation similar to that used in fire departments where the team lives at the station during their duty period.

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63. As part of a supposed but fruitless rehousing Bostin area effort, I was subjected to drug testing which was soon dropped as no evidence was found. I was required to meet certain job search conditions, and met those conditions despite the active blocking of these searches by defendant UNITED STATES for many months, until two specific opportunities were sequentially presented. The first was an Israeli-owned consulting firm operating in the US and based in a Boston suburb. No offer was forthcoming from this interview as this was a Mossad interview (by a terror expert) pretexted by ROSENBERG for a terror suspect legend. Soon thereafter, an online headhunter Joe MCKEON, MRI Pittsburgh, PA presented the ESTABLISH opportunity at a Fort Lee, New Jersey logistics consulting firm. This orchestrated terror legend then followed me when I was trafficked by ROSENBERG (FBI) to ESTABLISH unwitting fake employment for ten months, employed in Fort Lee, NJ, and residing unwittingly in a “safe house (USMS) in Cliffside Park NJ, both in the greater New York City area.

64. The ESTABLISH employment offer letter is at LPEE pages 797-798. ROSENBERG FBI (known to me in his undercover identity at NutraSource, courtesy of WEISSMAN, also then FBI, but not recognized by me, had known me personally since early in the 1980s and was my principal FBI human trafficker from that time through at least 2008. FBI and other police powers and intelligence defendants planned this outcome well in advance of “hiring” me, so they could traffick me to the greater New York City metro area with its large concentration of intelligence community assets due to the United Nations. The attached false terror legend merely reinforced their designation for malign actions intent on fraudulently concealing their pattern of prior malign acts in the Seattle and Boston areas from 1968 forward. Within weeks of joining Establish, I traveled with the entire office team to London for a weeklong international meeting,

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including personnel from around Europe and elsewhere. With hindsight, this was another “cousins” gathering involving intelligence personnel which also inculcated network media personnel. All were actively involved in this faked employment scheme and the “cousins” relationship in this scenario.

65. While at ESTABLISH, I was unwittingly engaged in a number of undercover operations masquerading as consulting projects, including a sales and operations planning software selection project at PPG in Pittsburgh, Pennsylvania for the Paint and Coatings Division, and a project to assess SAP implementation readiness for Clipper Windpower in Carpinteria, CA and Cedar Rapids, Iowa. These and other projects in which I participated while at Establish Inc, had some unusual similarities to my other prior experiences. The Clipper Windpower corporate office in Carpinteria was full of people. But, like every plant operation since the 2002 Puget Sound Naval Shipyard tour and that nuclear submarine pump incident, none of the other plants or offices I visited for sales calls and client company projects was in operation at the time of my site visit. This pattern was noticeably different from all prior experiences as a consultant and consulting executive while making sales calls and conducting projects at client companies prior to 9/11/2001 when the plants, warehouses, and offices were filled as usual. As before at CNA in about 1997 when HADJINIAN left, William Drumm (ROSENBERG), the company’s ostensible North American leader and senior executive who had hired me, departed a few months after I joined the company. Just before his departure, he told me that the company had been continuing to lose money for a considerable period, had downsized multiple times from the building’s Seventh floor to a corner of a lower floor in an old NBC television station tube-era raised floor video equipment room situated below the Telemundo station in the building in 2007-2008, and

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that he was departing to see the Executive Director of PANY/NJ, thus setting the stage for the next phase of this particular fake employment scenario at ESTABLISH.

66. I subsequently first misidentified this individual (ROSENBERG) as a former prominent network media personality, Pete Williams, (LPEE page 576, 2022) due to a series of BRMT mental confluences which combined pulsed-in brain hacks (strings of brain chemistry hijacking pulses orchestrated to produce simple thoughts which combine with the deep fakes in a persistent series of faked video feeds replacing the image of the on-air and in-person Williams (primarily appearing then on MSNBC Andrea Mitchell) with the facial image of ROSENBERG. This deep fake substitution was manipulated by using a persistent one minute or more time delay between the actual scene screen time displayed by the network on the bottom of the screen and the current time on my cell phone which comes from the cell phone network clocks. I picked up this anomaly up and tested it for a time after I noticed that commercials were nearly always the first thing I saw (more than 90% of the time) when turning on my cable-based television, even though commercials comprise about 8 minutes of every 30 minutes (27%) of total time, so it was no mere coincidence, it was a specifically manipulated video feed.

67. I was terminated from this employment in June 2008, a few weeks after declining to invest \$25,000 as requested by ROSENBERG's successor ROSS, supposedly to rescue ESTABLISH. FBI knew no funds to do this were even available to me as DOJ did and does have total control of my environment. The July 2008 termination was a violation of fair employment practices under state and federal law as the investment was a condition of my continued employment.

Torturous Abuse During August 2008 Through September 2010

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68. An extended period of unemployment began in August 2008 (and continues today about sixteen years later), as torturous daily and nightly BRMT physical and biochemical abuse began and eventually resulted in overwhelming stress and distress during this 2008 through 2010 period. These abuses were the most intense biochemical and physical manipulations the I have ever experienced, even worse than in Washington state about four years prior and in Boston about two years prior. Severe headaches were inflicted daily for 90 to 120 minutes (as in Boston while enroute from Dorchester to south Boston) a few minutes after returning from morning coffee at Starbuck's Edgewater throughout most of this period. Extreme muscle cramping was a very common occurrence, and there were very intense periods of mental confusion. I was also required by CHALOM to improve his (USMS) apartment unit in order to avoid losing access to unemployment benefits by turning down the only available work. Accepting offered work is a legal requirement for all unemployed persons. I also lacked funds to access adequate medical and dental care during this period. See below the scope of BRMT induced physical and mental symptoms experienced at their highest and most torturous intensity over hundreds of consecutive days and nights during this period. See also LP Evidentiary Exhibits pages 598-606.

Defendants Continue to Disrupt Enterprises Since Last Employment in 2008

69. In August 2010, shortly after composing and filing a federal lawsuit on June 23, 2010, in the US District Court for the District of New Jersey, I was sent a notice to vacate by landlord CHALOM, held out for one month through September, then was forced from his residence into homelessness on October 1, 2010. The notice to vacate, CHALOM's prior refusal to fully compensate me for physical improvements to the apartment, my inability to earn an income by finding other employment due to continuing wire fraud by defendant UNITED STATES, and

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exhaustion of unemployment benefits, all contributed and led to my homelessness and another personal emergency.

70. This second episode of induced homelessness started with being purposefully misdirected by BERGEN COUNTY shelter personnel in Hackensack to a non-existent address nearby and that non-existent emergency shelter on October 1, 2010. This led to a 911 call on October 2, 2010, from the Airport Inn, South Hackensack, NJ, and then to my involuntary two week commitment in a locked ward in the Bergen County, New Jersey psychiatric hospital (Bergen, now Newbridge, Paramus, NJ) which ultimately lasted from October 2, 2010 to March 30, 2011. NJ law disallows release without housing which I did not have by defendants' design (UNITED STATES, in conspiracy with state and local governments in the region). I was indirectly informed by the example of another "patient" (planted perimeter security person as at the Boston Pine Street Inn auxiliary shelter in Dorchester), I would not be leaving the hospital ward if I did not renounce the plain facts of my June 23, 2010 federal court litigation in order to secure agreement of the psychiatrist (LPEE pages 11645-11651 who was most probably the person known as Marian while present in Deloitte Seattle during STONE's tenure in the mid-1980s as forensically identified in 2023) to not be placed into a "long-term care" program and made into a long term ward of the state of New Jersey. Subjected to this pattern of on-going duress and threats, I requested a dismissal in December, 2010 (more duress and threats would follow with a particularly violent focus during 2021-2023, described in Complaint Interline Exhibit 15 and paragraphs set forth below). Upon release from the psychiatric unit, I was housed through a private New Jersey social service agency Advance Housing (by USMS who handled the housing through fake "counselors" USMS personnel) until November 2018.

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71. After my 2011 psychiatric hospital release, I was interviewed by a psychiatrist and was determined not to qualify for an approximately \$2,200 Social Security Disability stipend which would have allowed me to reside elsewhere than the place assigned by defendant UNITED STATES. I note that I was trafficked into this specific residential setting in Ramsey, NJ for the convenience of defendant UNITED STATES, where illegal BRMT brain hacks manipulation and wire fraud continued, eliminating any opportunities for meaningful gainful employment in line with my qualifications.

72. Since I was not permitted to engage in meaningful employment using my knowledge, experience, and advanced degree, I was forced to subsist on a welfare grant for five years until that expired. I attempted to gain employment at the neighborhood Ramsey, New Jersey Shop-Rite grocery store as a clerk or night grocery stocker but was refused “due to overqualification,” which had included pre-professional employment in a grocery store Larry’s Market for about three years (a grocery store owned in the 1970s by my father’s cousin Larry Brewer, and wrecked with the assistance of FBI’s “produce manager” investment partner, and FBI’s red hair and mustache BRAD last name not recollected, later known as Mike WORTHY and now a known associate of WEISSMAN in Seattle and in Brooklyn, New York). Other employment options were also precluded by defendants’ on-going wire frauds and interferences with electronic communications, and by the lack of public transportation to employment options in the surrounding area. I had to use federal government SNAP food program benefits and, after a cash welfare grant expired, a local food bank, to subsist.

73. I formed yet another company, Winnett Perico, in 2011 to pursue my vocational interest in organic agriculture. While soliciting funds for company operations, defendant UNITED

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STATES, acting from New York City and Canada, deposited fraudulent checks into both my company and my personal bank accounts, defrauding the company and me of approximately \$9,000 using illegal BRMT system brain hijacking manipulations to cause me to wire funds directly to another account. “Bank of America” (most probably actually a USMS controlled shadow bank) closed both my business and personal checking accounts (just as they had done with my \$10,000 limit VISA card) so the evidence of prior crimes (ESTABLISH compensation theft, uncompensated CHALOM theft for apartment renovations, and the faked MODDERMAN relationship, all in 2008) would be lost to the evidence destruction cycle. In Summer 2015, Defendants also employed \$125,000 of FBI funds (eventually about \$200,000 to eventually get me on the hook as personal guarantor for some of these funds) through DEAN T SMITH and Doug PETERSEN, to make it appear those funds were from legitimate investors interested in supporting this new enterprise which came from EquityNet.com, a website then actually spoofed by defendant UNITED STATES.

74. Defendant UNITED STATES proceeded to use various subterfuges and frauds to secure the return of those funds through ADAMSON Brothers ALTAHAWI, through Insight Networks KEISER, through JABOR, a CIA fraud abusing the Qatar royal family al Thiani and Qatari government; functionally spied on me through the introduction of company counsel SULLIVAN by JACKSON (CIA Latin America) connected by a failed financial advisor with a history of prior CIA commercial cover assignments as a Merrill Lynch investment banker in Latin America (JACKSON); to attempt to lure me into various forms of financial misconduct (MAGGARD); and to deprive me of the legitimate right to pursue employment opportunities and to develop commercial enterprises in interstate commerce (MCCORMICK, KEENE, CARDONE) as

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lawfully entitled. These actions continued the defendants' pattern of racketeering acts under color of law to deprive me of my civil and Constitutional rights.

75. From mid-2011 into the second quarter of 2022, projects which my companies have attempted to engage in continued to be part of a systematic pattern of Defendants' frauds, deceptions, and interferences to deprive me of the contacts, contracts, sales, and cash flow required to found and operate a successful private enterprise in interstate commerce. Defendant UNITED STATES, as DEAN T SMITH, through counsel GEOFF EVERS who failed any reasonably plausible test of legal due diligence in filing the matter, acted under color of law, distorted factual evidence and filed a lawsuit in the Eastern District of California, resulting in a summary judgement against me due to my inability to retain and pay counsel at that, which was again (as before recounted at Complaint paragraph 683 RICO-45) the direct result of these defendants' pattern of malign abuses of state and federal legal processes. I subsequently answered pro se. Documentation of this portion of Defendants' on-going pattern of abuse is available on PACER, Eastern District of California, 19-cv-1918. See also further descriptions of these private enterprise and interstate commerce violations my civil rights at LP Evidentiary Exhibits pages 616-765.

76. Defendant UNITED STATES also produced a number of fraudulent financing instruments during this period of time, including several forged contracts with international persons and entities who signed documents indicating both intent and firm commitments to invest varying amounts from the hundreds of thousands of dollars to more than \$50 million in my enterprise as inducements to continue their pattern of denying rights, theft of services, and

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delays for further entrapment activities by defendants. See fraudulent financing contract(s) at LP Evidentiary Exhibits pages 440, 465-472, 741-765.

77. As discussed above, Defendants had previously used these tactics without detection for decades when I resided in Washington state. In a repeat of this illegal operation while I have resided in New Jersey, Winnett (which I controlled) engaged the services of Wall Street firm (defendant DOMINICK, with KEENE, GROSS) to raise financing. See LP Evidentiary Exhibits pages 460-472. I attempted to negotiate an organic produce supply contract with Walmart, during which an initial meeting relating to organic produce was held at Walmart headquarters in Bentonville, Arkansas under the auspices of the SVP for that sourcing and merchandising group facilitated by MCCORMICK. See LP Evidentiary Exhibits pages 845-865. This was ultimately unsuccessful as usual (FBI).

78. In June 2017, China lifted its embargo on US beef supplies. I again contacted Walmart headquarters for a referral, then engaged in discussions and negotiations with personnel allegedly representing Wal-Mart (China) Investment Co., Ltd. (herein "Walmart China"), which were pursued primarily with HIGAKI in Bentonville, AR. Contract execution and implementation were delayed for many months, supposedly by the serial sequencing of supplier on-boarding events which are normally conducted simultaneously. A contract with Walmart China was finally signed in early 2018. See LP Evidentiary Exhibits pages 711-740.

79. This was another commercial fraud of Defendants which interfered with interstate commerce. This follow-up project was completed entirely with phone calls and emails, except for one visit to Higaki at a residence in the Bentonville, AR area at the request of this purported Walmart employee. A vendor, now believed to a second undercover officer, was present at the

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residence throughout the meeting, ostensibly installing a floor for a party later that evening for the Walmart China personnel involved in the negotiations with Winnett Cattle Company, Inc., who were allegedly visiting the Bentonville, Arkansas headquarters at that time. I was not invited. There was no party. All faked.

80. Shortly after the Walmart China contract was finally executed in early 2018, then President Trump declared a trade war with China which effectively terminated the Walmart China contract, as China's countervailing tariff rate on beef made execution totally uneconomical at the new price point. Defendant UNITED STATES arranged this fabricated contract and arranged for the "execution" of the contract with the foreknowledge that events would transpire as they eventually did, once again depriving my companies of needed revenue and cash flow to sustain a successful private commercial business. During this same period, I had also spent more than 10% of my limited monthly Social Security income for several years to establish and fund this private business (and still more, about \$14,000, a couple of clean cell phones, and a PlayStation 1 to support a CIA project in Ghana pseudonym Laura Akoto, paragraph 612 HEXP-9, actually a male operative who had also used my passport number and the air ticket I had purchased to exfiltrate through Dubai in 2015), as well as funding improvements to the Ramsey safe house ostensibly managed by nonprofit Advance Housing (USMS in fact).

Continued Direct Interferences in Personal Relationships by Defendants

81. From time to time since my divorce in 2005, I have engaged in attempts to form a serious relationship. Since the CIA BURNS orchestrated first divorce from Lynne and second marriage to Jeanette in the late 1980s (paragraphs 609-610 HEXP-6, 7), these attempts have been met with faked dates and relationships including, without limitation, MODDERMAN, AKOTO, and

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DEAN (paragraphs 608, 611-613 HEXP-5, 8-10). Defendant UNITED STATES and police powers and media co-conspirators have systematically deprived me of my right to form meaningful relationships with others as I choose. For my part, I have and do continue to use online platforms in an effort to establish such personal relationships. All these efforts have been and are systematically stymied as they have been since online dating platforms were first used around 2004 after the relationship with Jeanette was no longer in place. I have continued to engage in this practice as I continue to intend to actually engage in a meaningful relationship as all these defendants know very well from the very public nature of contemporary hyper-intrusive public surveillance without consent which continues as this is being written in January 2024.

82. Once I had determined my second marriage to Jeanette was ended in late 2004 (after the fourth or fifth 4-6 month long informal separation in 14 years), he attempted to resume dating activities using online dating services such as Match.com and others in the Seattle, WA and Portland, OR areas. Each and every one of the dates I traveled to and paid for was with an undercover police officer, media type, or someone who had been specifically cleared by defendants to meet me by defendant UNITED STATES, as they have and do continue to actively and aggressively interfere in all aspects of life on an on-going basis. This has continued in New York City since 2007 and resulted in two brief relationships (MODDERMAN, DEAN) with outcomes managed and manipulated predetermined by defendants.

83. A BRMT induced online romance fraud featuring false personation between 2014 and 2018 (Laura AKOTO, paragraph 612 HEXP-9 and above at 82) cost me approximately \$14,000. In 2019 through 2021, this particular form of civil rights violations by defendants became plainly evident to me when the entire dating pool in the 2019 period was comprised one permitted White

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female press corps member (6% or less of the total) followed by more than 15 Black women (more than 94% of total dates) in the northern New Jersey/New York City. The region is more than 50% White, so this racial pattern is the deliberate design of police powers defendants interfering in civil rights. It is the result of deliberate First Amendment and other civil rights violations by police powers defendants, which civil rights continue as this document is being prepared.

84. The one relationship among this group which extended beyond two meetings continued for about three dates in late 2019 to early January 2020 (DEAN, paragraph 613, HEXP-10). After about a three month hiatus, this individual known as Gia, abruptly returned in March or April 2020 and continued the relationship into 2021, when it was again abruptly terminated. This relationship was contrived, managed, purposefully erratically scheduled, then terminated by defendants later in 2021 to both frustrate and to discredit me. Defendants contrived a pattern of random missed, late, and frequent rescheduling of meetings by Gia; arranged, using BRMT, induced and varying levels of erectile disfunction, and made numerous attempts to induce jealousy and rage from me. The faked relationships during 2019-2021 also cost me about \$2,000 to \$3,000.

85. Defendants have thereby continued their illegal shackling (including, without limitation, involuntary servitude, forced labor, and peonage) of rights as a US person and as a human being. They have also implemented their own self-documenting traps, effectively providing dozens of undercover officers and agents as my character witnesses in this action, as well as demonstrating their executive and managerial contempt for the rule of law and their complete and utter lack of

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legal basis or foundation for their continued illegal and punitive actions, including on-going threats to my life, rights, health, and well-being. See LP Evidentiary Exhibits pages 441-459.

Food Contamination and Other Disruptions to Life and Safety By Defendants

86. During my initial residence after the ROSENBERG (FBI) human trafficking through Boston, MA (with the assistance of SUMMERS) to Cliffside Park, NJ in August 2007 until being tossed again into homelessness by CHALOM in October 2010, I noted that nearly all the bagged salads purchased every day or two at the Edgewater Commons supermarket (under its now defunct American Stores banner, now known as ACME) were contaminated with rotted pieces of spinach or lettuce. After I was trafficked by FBI into the midst of Menendez investigation soon after it was opened by FBI in 2018 and returned to Edgewater, NJ, I noted beginning in 2022, an extraordinary number of incidents of spoiled milk and at least one incident of spoiled refrigerated food (Johnsonville brats). I have direct experience with food safety and safe handling of refrigerated products from working in a grocery store and consulting with Westin and Hilton Hotels restaurants while at Deloitte Seattle, and as a dairy products route delivery person, and providing consulting services to grocery stores and food products companies. I am aware of the extraordinarily unusual nature of an extended sequence of food safety violations in a major grocery chain. The high frequency food safety violations which occurred at this Edgewater Commons location ran for more than 12 months in 2008-2010, and for more than three months in 2022. Records of these incidents reported to parent company Albertson's customer service team by webform and/or email have subsequently been deleted or suppressed from my email account records by defendant UNITED STATES obstructing legal rights. These were clearly targeted

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sequences of food contamination and spoilage and destruction or obstruction of evidence by defendants UNITED STATES (most probably USMS).

Increase In Recent Threatening and Assaultive Violations

87. Defendants' continuing violations include the indirect threat delivered from behind (as has been noted as usual practice since that time) on July 16, 2022 shown at Complaint Interline Exhibit 15 and LP Evidentiary Exhibits pages 542-547. This was followed by an indirect assault on September 11, 2022 using a mass casualty train derailment attempt on a southbound MTA Hudson Line express train, which occurred moments after the sun had set directly into the train engineer's eyes (limiting my night vision) during the return from Storm King, a New Windsor, New York art park. This was followed six days later by a very dangerous pitch-dark somersault fall on a flight of stairs in Morningside Park in New York City on September 17, 2022, giving me a black eye and other deep abrasion injuries. A vehicle rundown sequence followed in November 18-19, 2022 in New York City and North Bergen, NJ. These are detailed in Complaint Interline Exhibit 15 and in part at LP Evidentiary Exhibits page 786-793.

88. Defendants continue this pattern of acts, violations, and injuries, typical of whistleblower treatment experienced by others ranging from harassment to indirect assaults on life and health. For example, illegal BRMT induced involuntary body movements inducing pain in the torso and head, leg pain behind the left knee, muscle, visual nerve and eye manipulations to induce typing errors, sneezing, and excessive yawning to induct air through a small hiatal hernia and create intestinal pain and gas to be used later in externally commanded gas releases, central nervous system colon blocks and abrupt interest in cardio events previously described as simple aging. Having experienced physical symptoms of these manipulations for over 50 years now, as I have

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recently come to understand through forensic analysis, I can now experience and report these illegally induced symptoms, illegally stimulated by defendant UNITED STATES using its illegal BRMT bioweapon brain hijacking system, in a clinical fashion despite the continued pain and distress they do cause, including without limitation, late 2023 short cycle torture events after letters hand delivered to Washington DC and a concert event in New York City, see Complaint paragraphs 607, 618, 619 HEXP-4, 15, 16.

89. These malign acts, violations, and injuries coincide with and overlap overt efforts by these defendants to nonverbally and visually engage me through psychological operations intended to frighten me, which they most certainly did for a considerable period of time from the human trafficking precursor events in the early 2000s in Washington state into the recent early 2020s period. Defendants' malign acts have included sex entrapment attempts (color of law abuses using salacious massage offers, online solicitations and invites, porn star emails and phone calls, street level on-verbal propositions, having no legal due to a complete absence of any such conduct ever by me while out of town and on the road for literally years of my professional career) running into the present; mail frauds and wire frauds; toilet blockings in Cliffside Park and Edgewater, NJ with air pressure and other blocks artificially introduced in drain lines; bus schedule, arrival time, and app hacks and deliberate misalignments; scheduling of non-existent events on New York City; on-going BRMT manipulations including pain inducement, sleep deprivation, constipation and colon blocks by BRMT manipulations of the central nervous system, embarrassing public urination induced on several occasions; repetitive loud noises enhanced by BRMT anxiety agitations produced by manipulations of the adrenal gland.

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90. Defendants have added a variety of other humiliations and inconveniences to this mix, such as by blocking, bumping, and path cutting movements on sidewalks far beyond normal levels typically encountered in a busy urban setting, visual and verbal disruptions of public events I attended, contrived events with in-house audiences of Defendants to make indirect threats. Other harassing activities have recurred and been repeated hundreds and thousands of times, primarily by harassing defendant police powers personnel in local departments such as NYPD over the past 16 years, since I first began to reside in the northern New Jersey/New York City area. There is nothing new, nothing different about these physical harassments since the initial NYPD counter-terror squad welcome on Eighth Avenue at the Port Authority Bus Terminal in late 2007. See LP Evidentiary Exhibits page 368.

Dilemma Of Essential Field Operations Evidence Collection

91. It is not legal to purposefully collect information which can be used to identify federal and other undercover officers if they are not engaged in predatory acts. As a practical matter and to maintain a safe environment for myself and any innocent bystanders as well as officer and agents properly exercising their duties, I do not confront, identify, or photograph antagonistic agents and officers of these police powers defendants. Further, since they act this way undercover not in uniform it is not in any way obvious whether they are members of a specific department or agency, whether on or off duty, or some particular interest group such as a police union a media outlet induced flash mob, or another group (given the wide public awareness of me created by these defendants).

92. In all practical ways, and for safety sake, it is impractical to document or directly call out egregious, irresponsible, humiliating, and painful acts of police powers defendants at the time

they occur. As Defendants' field agents are very well aware, this form of systematized violation of liberty, property, free association, and their persistent ability to deprive me of accurate information, combined with illegal BRMT amplified psychological and physical torment, provide defendants' agents and officers with practical absolute cover to operate with impunity, absent direct violence.

93. The sections below include a more detailed discussion of illegal BRMT violations of my rights including, without limitation, the specific methods and techniques used to disrupt my pursuit of interstate commerce and all other aspects of normal life as a US person. There is some necessary overlap between the examples above and those included below.

III. BRMT BRAIN HIJACKING METHODS AND DEFENDANTS ABUSES 104.

Defendant UNITED STATES' (CIA and ARMY) illegal BRMT bioweapon and bioweapon delivery system components and technologies are described at Complaint paragraphs 357-??? and LPEE pages 1-10. Illegal human experiments conducted without consent during development, testing, and deployment against US persons employ a variety of methods and tactics. These BRMT brain hijacking tactics and techniques range from loss of consciousness for seconds to minutes long periods of time; to sleep inducement and programmed disruptions; to body movements and the paralysis of body movements; all as commanded through the central nervous system, not commanded by the person exercising free will nor by the subconscious. They include a wide variety of indirect physical abuse and indirect threats hijacking the body's senses to induce physical pain and physical sensations suggestive of violent and lethal acts, as well as trips, falls, and other acts which have led or could reasonably be used to inflict physical injury. These acts, violations, and injuries have been perpetrated against me in all stages of

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consciousness, under all conditions of weather and lighting, in an extremely broad array of environments from my personal residences in the shower, bedroom, kitchen, living room; while homeless; during hikes and camping trips in mountains, forests and national parks; in military facilities, hotel rooms, sidewalks, and park trails; on airplanes, ferries, and boats; while climbing ladders, descending stairs, operating equipment, aircraft, and vehicles; and so forth.

94. A very small percentage of these incidents are documented in this Complaint as examples of BRMT induced involuntary actions, as exhibited behaviors which do not comport with my long held normal attitudes and behaviors, as examples of defendant UNITED STATES' lethal intent, and as examples of UNITED STATES' consciousness of guilt, and as evidence of conspiracy across and among various defendants including, without limitation, defendants UNITED STATES, NYPD, and NYC. In addition to the entirety of the biographical and 110 narrative violations at paragraphs 350-710, see LPEE pages 774-785 for a sampling of these acts, violations, and injuries to me by defendant UNITED STATES and its co-conspirators. These acts, violations, and injuries are an encyclopedic set of example acts, violations, and injuries to this specific class of plaintiffs by defendant UNITED STATES and its co-conspirators which have and do violate plaintiffs' unalienable constitutional rights to liberty including, without limitation, their religious liberty, freedom of personal expression, exercise of free will, privacy, and quiet enjoyment of life, and which have been fraudulently concealed from detection over decades in violation of the state secrets privilege and through the specific color of law abuse of the vast array of financial and technical resources of government , including through extra-legal application by government personnel for their own personal convenience, which have been and are targeted directly against these specific plaintiffs.

Summary of Brain and Central Nervous System Disruptions and Distortions by BRMT

95. Illegally induced symptoms commanded against me across time include:

- Headaches, floating visual distortions
- Visual cloaking and imaging
- Body pain including both general muscle pain well beyond typical expectations given the amount of exertion, and intense cramping of arms, legs, torso, head
- Odd muscle contractions such as abrupt neck twists simulating a manual neck break, and guillotine type contractions across neck muscles which are impossible for a human to directly induce in their own neck (try it), unusual leg pains behind knee, symptoms of deep vein thrombosis (DVT is life threatening blood clots typically in the legs which can induce deadly heart attack and stroke) in the nerve net with no accompanying physical symptoms, abrupt hand and arm movements, involuntary jaw drops, laughs and other movements and vocalizations timed to, for example, television news programs (which are delayed from their original live broadcast by defendant UNITED STATES as noted above at paragraph 68 for the BRMT operator's convenience in timing the hijacked involuntary muscle movement or speech to appear spontaneous when actually specifically timed and commanded)
- Twitches, tremors, yawns, coughs, itches, cramping and loss of muscle control of grip/grasp, loss of balance inducing collisions with walls, door frames, people, objects, falls, rolls, somersaults, and trips
- Thought disruption, distraction, short term memory erasure and recall failures, induced non-circadian sleep periods, staccato and other non-circadian patterned sleep disruptions, erratic sleep disruptions

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- Body rhythms such as heart rates and rhythms, and breathing rates, neither of which may match the other at a given level of exertion or at any known anxiety level, induced walking paces, both slowed and accelerated from normal
- Organ disruptions imposed by hacking the central nervous system, such as unusually timed bowel movements (Haleakala National Park, Pele's Rock in the 1990s) and blocking of the sphincter muscle (colon blocking in 2023-2024), for example, moving abruptly from constipation to watery in short periods with no intervention; abrupt dysfunction and restoration of function and sensation in sexual organs

Select examples of central nervous system disruptions and distortions

96. Three examples of illegal BRMT manipulation from the 1980s are representative of BRMT hijacking functionality at that time, and of defendant UNITED STATES' malign interventions against me and close family members, and of its intent:

- i. As a pilot, rock climber, whitewater canoeist, and informal rafting guide, I have long been accustomed to handling urgent situations, including in-flight emergencies such as loss of power and low altitude cloud encounters, canoe upsets in whitewater, and so forth. I found myself crying at the sight of an antique fire engine during a small community Fourth of July parade in Bainbridge, WA in the mid-1980s in the company of my wife and in-laws, a truly bizarre occurrence for a person with my high level of emotional intelligence and emotional stability, in a stable relationship with both family members employed earning professional level incomes, an excellent credit rating, no financial distress, and no sign of depressive symptoms for many years.
- ii. On a return trip to my residence in the Seattle, WA area from Whistler, British Columbia, Canada in the 1980s, I became extraordinarily tired in the early afternoon while driving

along the then unguarded sea cliffs hundreds of feet above Howe Sound a few miles south of Squamish, British Columbia. I was about 30 years old at the time and in excellent health, with no history of sleep apnea at any time. As forensically reverse engineered, there was no apparent alternate explanation for this episode of extreme tiredness other than an illegal BRMT induced overdose of melatonin in broad daylight (paragraph 694 LETHL-1). This illegal remote BRMT manipulation was triggered by the extra instrumentation secreted in the cellular telephone equipment box in the trunk of his car and impacted my spouse Lynne in similar fashion.

- iii. Defendant UNITED STATES created a potentially deadly entrapment at Stevens Pass Ski Resort at the summit of Stevens Pass, WA on U.S. Highway 2 by using BRMT manipulation to initiate a public argument between first spouse Lynne and me. Lynne became agitated in a café/bar in an old day lodge at this ski resort after skiing after a meal with minimal drinking. I made a sweeping gesture with my left hand and inadvertently knocked over a glass of red wine, Lynne somewhat agitated already, rose explosively and angrily from the table (BRMT triggered anxiety boosted by momentary rage using an abrupt and very heavy dose of adrenaline causes this emotional sensation by short cycle over stressing of the adrenal gland) and began to walk down Steven Pass Highway toward Seattle, about 75 to 90 minutes away by car. After loading both sets of ski equipment on the car, I located Lynne about 15 minutes after her abrupt walk off from the day lodge café, walking down the north side of Highway 2 and stopped to persuade her to return to the vehicle for the ride home. Had I angrily left Lynne walking on that highway that night, I believe it is likely Lynne would not have returned home alive. This would have

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been the perfect setup of witnesses and events for her disappearance and my possible conviction and incarceration after her unexplained disappearance. While this is speculative, it lines up well with the sleep induced incident described above and with other lethality experiences described in the Complaint at LETH11 through 17. From the individual perpetrators point of view, this is a perfect crime, completely untraceable as BRMT leaves no visible trace and was completely secret, consistent with the psychological profiles of the individual defendants in proximity to me at that time in the 1980s (WEISSMAN, ROSENBERG, BURNS). The King County Sheriff's Department would have led this investigation of the disappearance of the ex-wife of a Sheriff's Department senior serial killer task force and later precinct commander (Greg Boyle was Lynne's first and second husband) disappears and sole custody of two teen daughters results. This is not an accusation of a specific conspiracy with the Sheriff's Department but is consistent with prior and subsequent pattern of entrapment, incrimination, and lethality attempts by these defendants, always inculcating defendant UNITED STATES which stretch from the 1980s into at least September 2022.

97. Using my technical knowledge of the pace technological development (including direct and deeply technical experience with optical disk and computer mainframe system integration in the late 1980s while at LazerSoft), my personal history, and this and other forensically reverse engineered evidence of this stage of remotely triggered local device BRMT device development at the time, this technology was later used against Lynne, who was given extreme doses of oxytocin in the presence of an adulterous co-worker (SWAIN) with a known history of adulterous conduct, to facilitate the destruction my marriage and the accompanying stress and

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financial duress to both Lynee and me. See paragraph 609 HEXP-6 for additional detail on this oxytocin overdose which has also been directly experienced by me as described at Complaint paragraphs 608, 612 HEXP-5, 9, and is consistent with my forensically reverse engineered direct experience dating from age 12, Complaint paragraph 417.

98. Since the 1980s, BRMT technology had continued to advance through succeeding generations of technology and neuroscience, which was dramatically accelerated by the dramatic funding increases which followed 9/11. The illegal BRMT bioweapon and bioweapon delivery system can in recent times induce:

- i. Obsessions – sexual, eating, aircraft doors inflight, attraction to inappropriate targets, including repeated failed efforts to induce misconduct, such as, for example, child sexual abuse.
- ii. Speech and thought disturbances – phrases, sentences, distortion of concepts, and ideas.
- iii. Mental illness from manipulated brain distortions due to induced chronic brain biochemical imbalances, stress, deprivation and functional blocking of medical interventions, with symptoms typical of a range of mental incapacity from my mood disturbances in college to alleged symptoms of schizophrenia ascribed by hospital psychiatrists when I accurately reported BRMT induced symptoms (not yet understanding the technical causes accurately enough to explain them) at and after my October 2010 involuntary commitment arising from homelessness and BRMT manipulation directly applied during this high stress event.
- iv. Extreme eye watering, for example, while driving in southern California from a Manning Beef sourcing appointment with Anthony DiMaria in Pico Rivera, CA to Los Angeles

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International Airport on October 31, 2017, paragraph 639D table RICO-1, endangering me and others while operating a motor vehicle on a freeway.

- v. Programmed falls in varying locations ranging from mountain trails to sidewalks to ladders beginning in the 1990s and continuing into the present. These falls involved an abrupt and uncontrollable movement from vertical to horizontal, falling like a stone statue backward. See LP Evidentiary Exhibits pages 774-785 for a sampling of these violations.
- vi. Two bed rollout falls in Edgewater, NJ in the past three years, one of which resulted in right front head strike which left a mark visible more than one year later per Bergen Community College Dental Hygiene visual head and neck inspections during dental hygiene appointments. I do not recollect any history of other bed falls as an adult.
- vii. A hospital statue fall to the right with a wall directly in front of me in April 2022 during my second attempted colonoscopy within a month involved a narrow miss of the vulnerable right side temple weak point of skull coverage with the raised wheeled foot of a hospital bed table and required immediate in-hospital medical follow-up, which records are available for subpoena when required.
- viii. Another fall on September 17, 2022 was an indirect collaborative assault while walking between a very brightly lit NYC restaurant and a deliberately darkened descending path with multiple sets of stairs in New York City's Morningside Park over a 75-90 second interval after dark with a full canopy of leaves still on the trees. This forward somersault fall caused multiple visible injuries is documented at Interline Exhibit 15C and LPEE pages 786-793. All these falls caused by BRMT resulted in a strong risk of severe injury

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due by hitting an intervening object which could have caused a disabling or fatal head, neck, or spine injury.

- ix. Enhanced coercive psychological operations (combined with extreme chronic BRMT biochemical brain hacks to induce depressive and anxiety biochemical symptoms which were not recognized at those times) have pressured and manipulated me directly to two episodes of suicidal ideation, one in 2004 or 2005 at my 149th Street Kirkland, WA residence, and one in 2009/2010 while living at 282 Palisade Ave, Cliffside Park, NJ. The first ideation was treated one day later with paroxetine immediately thereafter, though the Dr. Paul Mayeda medical records (actually seen and prescribed by a female cutout wearing red high heels claiming to be a UW Hospital based physicians assistant never seen before or since at that Lakeshore Clinic, Kirkland, WA location, which was closed to all other patients that day by defendant UNITED STATES) are most probably lost to time due to my human trafficking (ROSENBERG, FBI) to Boston on December 24, 2005. See Complaint paragraphs 604, 606 HEXP-1, 3.

Select examples of Defendants' BRMT enhanced psychological operations inducing stress and endangering life and well-being

99. Examples include:
- i. Involuntary servitude - using mail fraud and wire fraud to disrupt all communications with legitimate employers so as to deliver me to contrived employment traps and to employment on fake projects. Interferences with job searches have perpetuated defendants' pattern of involuntary servitude, forced labor, peonage and impoverishment, human trafficking for forced relocation to disrupt life and indirectly destroy evidentiary records through the passage of time, and systematic deprivation of rights. For example,

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defendants implemented an employment force out with an illegal investment requirement at ESTABLISH Inc, Fort Lee, NJ in July 2008, as part of their long sequence of such activities.

- ii. Financial manipulations - using undercover police powers, private, and political actors, agency funds, and other means to preclude development of commercial enterprises interstate commerce, as well as to prevent free, fair, unmanipulated access to in-state and interstate businesses, investors, financial resources, and financing sources.
- iii. Fake sales calls and other interferences with interstate commerce - used to starve my companies of revenue and cash flow, starving me out of house and home, thereby harming other family members including spouses and stepchildren; forcing asset liquidations, including home, auto, and financial assets; and force tax liability traps, such as on my life insurance cash value liquidation due to inability to pay premiums.
- iv. Computer software hacks of job applications - hacking and spoofing my inputs during online job applications.
- v. Computer software hacks of Covid appointment attempts – hacking during 149 documented Covid vaccination appointment attempts in 2021 (see LP Evidentiary Exhibits page 794); and other internet access.
- vi. Computer software hacks of email accounts - Arranging hacks of email accounts to spread spam and disinformation, spoofing to damage personal reputation, hacking and spoofing to disrupt and block communications with others, email application crashes, freezes, and delays to frustrate me, arranging deployment and removal of hack evidence from my personal computer; providing fake websites to me to supply misinformation and

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disinformation, and to prevent authentic interactions with other people and companies.

All from the early 2000s into the present day.

- vii. Computer hardware hacks, crashes, and freezes - Arranging computer crashes, freezes, and delays to frustrate me, arrange for deployment and removal of hack evidence from my personal computer; providing fake websites to supply misinformation and

disinformation, and to prevent authentic interactions with other people and companies.

All from the early 2000s into the present day.

- viii. Printer hacks, crashes, and freezes Arranging printer crashes, freezes, and delays to frustrate me, arrange for deployment and removal of hack evidence from my personal computer and printer. All from the early 2000s into the present day.

- ix. Cellular telephone hacks, crashes, and freezes Arranging cellular telephone crashes, freezes, and delays to frustrate me, arrange for deployment and removal of hack evidence from my personal cell phone; providing fake websites to me to supply misinformation and disinformation, hack of mapping applications, hacked, GPS tracking, and spoofing to prevent authentic interactions with other people and companies. All from the early 2000s into the present day.

- x. Faked voting rights rally - on the National Mall, DC, August 28, 2021, interfering with my First Amendment Rights to freely associate and peaceably assemble. I was misdirected to an alternate site on the National Mall adjacent to the National Archives instead of the announced event at the Lincoln Memorial. Prior to the event, I was deliberately misled by information posted online at a faked website, nothing new for these Defendants. This alternate event, with no speakers, apparently split from the main

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march to a location where I was joined by perhaps 100-200 people. This splinter march and gathering was for no other known purpose than to prevent my attendance at the actual rally attended by tens of thousands. See LP Evidentiary Exhibits pages 508-509. A false FOIA response, allegedly from the National Park Service, is shown as LP Evidentiary Exhibits pages 532-536, and documents this First Amendment violation.

- xi. Disinformation, misinformation - blocking and/or censoring of news sources, such as the supposed complete lack of coverage of nationwide voting rights rallies by The New York Times on the following day (August 29, 2021) in the online version of the New York Times I received, and likely included pictures of the site of the actual voting rights rally in Washington, D.C., the location where my direct participation in that rally was prevented due to misdirection by the Defendants.
- xii. BRMT anxiety enhanced police powers operations - such as FBI Police sirens and pistol holster flap motions by FBI Police at FBI headquarters in Washington, D.C., as part of defendants' overall intimidation pattern of practices during my September 2005 visit to deliver a FTCA complaint letter in accordance with my First Amendment Right of Petition in late Summer 2005. This range of illegal BRMT enhanced intimidations began long before that specific episode. This practice has episodically been enhanced by defendants for periods of time after my commentary on such practices and/or their periodic suspension, such as by defendants NYPD, NJTPD, and PAPD (Port Authority Police Department) from time to time since 2007.
- xiii. Other coercive undercover police powers operations – frustration induced by continuous street level disruptions, sidewalk blocking and bumping, faked traffic accidents, being

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subjected to sequential serial speech blocks similar to those used to communicate during espionage operations, fire and ambulance calls, long sequences of loud noises such as revving engines and backfires, public transportation schedule flips and misinformation, honey traps, blocking contacts online, fake phone calls with disparaging comments about family members or from fake family members, frequent reverses of visual messages, direct interference with personal interests including direct assignment of and denial of my choices of personal, romantic, and sexual partners. All of which Defendants have amplified by simultaneous BRMT stimulation of the brain chemistry of anxiety at any time and place of their choosing.

- xiv. Violence inducement attempts – Defendants systematized infliction of pain while simultaneously engaging in provocative acts, language, and body language. Nearby undercover agents at times deliberately blow their covers by making themselves plainly obvious with non-verbal signals and/or deliberately disparaging and very specific personal remarks which few people would know.
- xv. Violence inducement attempts Mets game - For example, Defendants' deliberately inflicted pain using BRMT at the Mets baseball game at Citi Field, New York City, on August 14, 2021. During this two to four minute pain episode, undercover "fans" sitting in the immediate proximity engaged in easily identified tradecraft body language ranging from gaping mouths to legs stretched over rows of seats as this pain was inflicted to my outer ligament behind the left knee. This particular operation also included two induced sleep periods, during which Mets players were hitting base hits and the crowd noise from 38,000 fans would have been substantial. These operations have become a highly

repetitive part of the Defendants' repertoire of violations against me. The intent has been and is to provoke some act against the undercover defendant agent or officer so their entrapment effort can be recorded as an assault against an officer, rather than what it actually is, a focused entrapment attempt.

- xvi. Public transit disruptions - include flipped bus schedules from the time of my arrival in New Jersey until recent days when this practice was suspended, then reinstated, then varied, and so forth (see FTA Civil Rights letter at LP Evidentiary Exhibits page 445-446).

IV. EVIDENCE OF DEFENDANT UNITED STATES CONSCIOUSNESS OF GUILT

“Let In On” Sensitive and Secret Classified Technologies

100. As an example of the pattern of circumstantial evidence of the illegal BRMT program's origins in defendant UNITED STATES, I was shown clear visual evidence of pulse jet technology used in flight in February 2008. To the best of my knowledge, defendant UNITED STATES does not officially acknowledge this technology exists in its military inventory. However, this pulse jet's distinctive toroid engine exhaust signature would likely have been seen by some of the one million people in the greater Salt Lake City, Utah region on that clear, sunny mid-winter day. Pulse jets display a very distinctive toroidal (vertical donut shape) exhaust pattern unlike any other known propulsion system used in the Earth's atmosphere. An analogous example is stealth technology which officially did not exist from program inception in 1958 through multiple generations of deployed aircraft until the F-117 stealth fighter was officially acknowledged thirty years later in 1988, though it was repeatedly seen and reported by airline pilots from soon after its 1981 deployment at Groom Lake, Nevada. These kinds of signature acts

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have occurred with some regularity in recent years as I have become increasingly knowledgeable about the tradecraft used by defendant UNITED STATES and includes other closely guarded information.

101. Many more violations by defendants against me will be uncovered during discovery. For example, records the defendants will be required to produce include records they forcibly but indirectly removed from me through various surreptitious means, and through manipulations of my personal computers by hacking, such as those related at Complaint paragraph 635 RGTS-15. Paper records and receipts from 2010 and prior times were removed using BRMT induced disposal at Ramsey, NJ in 2018, during the defendant FBI orchestrated human trafficking from Ramsey, NJ to Edgewater, NJ (Complaint paragraph 603 NSEC-4), so I was unable to retain these original and unaltered notes and records of defendants' misconduct, but these records were most probably photographed or scanned while in USPS custody between my residences in Cliffside Park and Ramsey as they were mailed during both these transitions to my parent home and returned later to me. A copy of a personal computer hard drive through 2005 was also provided to ROSENBERG (FBI) at ESTABLISH in late 2007 and is defendant FBI's possession as it was also read and imaged by its own lab using and mailing address as the cutout lab service supplier. Emails in business accounts between March 4, 2018 and July 9, 2020 are currently blocked from access but appear to remain on my personal computer and cannot currently be accessed to provide further evidence of violations including of emails related to defendant FBI/USMS orchestrated human trafficking using the State of NJ Department of Community Affairs Section 8 Bergen Field Office in Hackensack, NJ. My Outlook calendar dating back years with records of personally scheduled social dates, business meetings, medical

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appointments, and other events has been partially deleted or suppressed from access during certain periods, all of which are indicative of consciousness of guilt of defendant UNITED STATES and its co-conspirators, particularly when taken together with the on-going pattern of FIOA and Privacy Act (PA) records search suppressions; the official silence from ARMY, CIA, National Archives to merely acknowledge the FOIA and PA requests; and the official from the US Attorney for the Southern District of New York, which office is directly responsible for prosecution of the Senator Menendez case against two co-defendants with offices 550 southeast of my Edgewater, NJ residence, where I was trafficked a few months after that 2018-2023 investigation was opened.

Routine Information Requests Stonewalled By Defendants

102. These fact patterns are very similar to independently documented historical patterns of defendants' practices, particularly of defendant UNITED STATES by Congress and federal Courts. Some of these defendants refuse to even acknowledge my valid FOIA and Privacy Act information requests; known and documented outright lies by other defendants (FBI, NYPD, Complaint Interline Exhibits 17, 18) regarding records of prior contact after furnishing direct acknowledgement of such contact (NYPD, Complaint Interline Exhibit 17); of mail fraud and wire fraud by defendants in their pursuit of evidence suppression and destruction; interferences using wire fraud to defeat efforts to secure expert attestations for the Court's benefit in evaluation my claims; and information suppression and disinformation campaigns conducted against me as elements of their highly visible public effort to undermine and discredit in classic whistleblower fashion.

Personal Statement of Dennis Sheldon Brewer, January 31, 2024

103. This pattern of corrupt practices includes, without limitation, recent communications from defendant NYPD stating they have absolutely no record or trace of any contact ever with me in their information system, according to NYPD PALS unit. See the “no information” Appeal Denial Letter dated September 15, 2021. This is a clear and direct contradiction of defendant NYPD’s own communication 12 days earlier on September 3, 2021. This is an obvious, clear example of the pattern of practice demonstrated by this defendant, by the coordinated FBI headquarters liar letter on September 30, 2021, and further presented in Complaint Interline Exhibit 17 and at LPEE pages 354-367. This type of “non-denial denial” is consistent with that of other stonewalling defendants in this matter. See also FBI “liar letter” response at Interline Exhibit 18 and LPEE pages 799-802, DOJ IG at LPEE page 796, and FOIA recap at LPEE pages 508-541.

104. This same proclivity to fraudulently conceal information about malign operations exists with other police powers and intelligence defendants. See also the complete stonewalling by other defendants to Freedom of Information Act and Privacy Act prelitigation information requests shown at LPEE pages 508-541. Defendants CIA, Army, and NARA have never acknowledged my FOIA and Privacy Act requests, even though a formal acknowledgement is required by law.

105. Simply put, defendants routinely stonewall and cover up access to information adverse to their interests in violation of law. The clear intent of these defendants is to evade accountability for their long-running violations of the Constitution, federal and state RICO laws, the KKK Act, and other federal and state statutes.

Personal Statement of Dennis Sheldon Brewer, January 31, 2024

106. These actions are also entirely consistent with the wire frauds and mail frauds used by Defendants to stonewall efforts to contact neuroscience and other relevant experts (see LPEE pages 803-843), blocking of websites with relevant developments in commercial brain-computer interface technologies from 2012 to 2021, and the diversion of efforts to communicate timely and accurately with federal courts in Sacramento and Washington, DC by diverting and delaying mail and express packages.

107. All these various frauds, communications blocking, misdirection, failures to reply within legally established timeframes, and failures to comply with FIOA and PA law, are simply more evidence confirming the defendants' broad-based consciousness of guilt, of their RICO conspiracy, of their contempt for individual rights and their continuing scofflaw behavior, also well documented by Congress and the federal Courts.

108. Prepared on January 31, 2024. and submitted under penalties of perjury.

Dennis Sheldon Brewer, Lead Plaintiff and Pro Se Attorney

Dennis Brewer

Dsbrewer923@hotmail.com

Experienced leader and manager with strong executive and hands-on skills with livestock, produce, and other diversified agriculture and business development skills, ranging from farm to fork. Diverse experience base to draw from, having supervised operations, finance, logistics, information systems, and procurement team to 300 people and worked with much larger organizations as a consultant and consulting executive.

CORE COMPETENCIES

- Engaged, hands-on leadership
- Program and project management
- Corporate restructuring
- Crisis management
- Sales and business development
- Strategic planning and implementation
- Cost control and resource allocation
- Business process reengineering
- Lean six sigma
- Supply chain planning and execution

LEADERSHIP ATTRIBUTES

High Emotional Intelligence, overall score 133 of 155 possible, 99th percentile. - *Queendom.com Emotional Intelligence Test*.

Pragmatic Leader, a unique profile shared by 1-1/2% of population, exceptional executive. Extrovert, Intuitive, Thinker, Judger - energized by interacting with others, creative thinker, analytical and direct, well organized. - *Meyers-Briggs Personality Assessment*.

Strategic Thinker, Maximizer, Relator, Learner, Futuristic – natural, unteachable ability to see around corners, can establish likelihood of particular outcomes, views challenges as opportunities to transform, motivates and inspires others to excellence. - *Gallup Strengthsfinder Assessment*.

Participative Leadership Style, thoughtful and open. Entrepreneurial, fast paced action style. Creative, analytical, and focused thinking style. - *Korn-Ferry Personal Style Assessment*.

PROFESSIONAL EXPERIENCE

Ranching and Farming Experience

2010 - present

Chief Executive Officer

Sheldon Beef/Sheldon Foods 2020 to present

Winnett Perico 2010 - 2019

- Established organic produce program with Walmart Stores
- Raised investor funds with leading Wall Street investment banker
- Developed organic grainfed beef program

- Built professional ag management, finance, operations, international logistics, information systems team.
- Developing advanced blockchain information system for tracking for cradle to harvest livestock tracking and health monitoring
- Developed relationships with protein sourcing staff at Walmart China, Costco, Kroger, Albertsons, and other retailers.
- Opened 2 sales office in China for protein sales to privately owned mid-size regional distributors and grocery retailers
- Ran pasture feeding and finishing program for family farm (1975-1990)
- Raised cattle, hogs, sheep, goats on family farm (1975-1990)

***Vice President, Managing Director
Establish (consulting) 2007 – 2008
Performa (consulting) 2002 - 2005
CNA Consulting 1996 – 2002***

1996 - 2008

- Engineered and executed high efficiency sales growth strategies for low cost access to multi-million & multi-billion dollar markets.
- Sold and managed projects from \$50,000 to \$40 million.
- Grew margins from 40% to 62% by improving project management processes.
- Led consulting, engineering, IT professionals, and support staff to record profits.
- Saved \$7 million by reworking \$22 million program, improving resource utilization by 157%.
- Saved \$4.8 million, completed \$7.2 million project for \$2.4 million using innovative business processes and software system, improving resource utilization by 300%.
- Reengineered supply chain planning and execution, selected APS software, improved logistics operations cost and efficiency by up to 35%.
- Integrated information systems, performed Oracle database, ERP, and SAP ERP projects, improving IT and operations efficiency.
- Directed client QA review after loss of three \$70 million satellites, eliminating failures.
- Developed new, and extended life of existing, 100,000 s.f. to 1,500,000 s.f. client facilities.
- Saved facility capital costs, for example, \$6.5 million (67%) for distributor, \$8 million (20%) for aerospace company, by reengineering programs.
- Typical clients - Boeing, Sony, Panasonic, Maersk, Nikken, PPG, Hughes, and Starbucks.

Chief Operating Officer

1986 - 1996

***Pacific Pipeline (media distribution) 1994 - 1996
PAN Environmental (diversified environmental services) 1993 - 1994
Alliance Environmental (abatement environmental services) 1990 - 1993
LaserAccess (mainframe integrated hardware/software) 1986 – 1989***

- Crisis managed computer hardware/software company through startup restructuring, refinancing, and successful sale to multinational for 320% return to shareholders.
- Managed environmental services companies through financing stage.
- Led media distribution company through lean restructuring, adding 16% to profits.
- Took over troubled ERP software implementation and managed to completion.
- Implemented six sigma process control to improve inventory accuracy to 99.999%.

- Reduced order to cash cycle times, improved cash flow by 3 to 30 days.
- Typical clients - Barnes & Noble, Borders, Costco, Alaska Air, and Northwest Airlines.

Manager, Deloitte (consulting)

1979 – 1986

- Led consulting team, replaced corporate ERP system for 186 branch, \$1.2 billion dollar sales Fortune 500 subsidiary to support its turnaround.
- Sold and delivered performance improvement programs and projects, including strategic planning and organizational effectiveness; information technology selection and implementation; activity-based costing and scheduling, saving 15% to 27%.
- Restructured financial services company operations, credit, derivatives, credit examination, and internal audit, to improve risk management and profits.
- Typical clients – Farm Credit Banks, FDIC, numerous banks, Amfac, Hilton, and Westin.

EDUCATION, CERTIFICATION & BOARD EXPERIENCE

MBA, Washington State University, 1979.

BA, Business Administration, Washington State University, 1977.

Certified Public Accountant, 1980 – 1987.

Financial Services Industry Specialist, Deloitte Haskins & Sells, 1983.

Chairman, Director - Boards of three midmarket and one tech company, 1983 – 1995.

Washington Chair, National Director - AeA (high tech trade association), 2001 – 2003.

FAA certified Private Pilot, 1975.



Your Detailed Personality Report:
Test Results and Analysis





Preface

Dear Denny,

Our test is currently one of the most comprehensive analyses of your personality by any online matchmaking Service. Based on your input we have created your personalized profile and compared it with other EliteSingles members. This is particularly useful since it allows you to gain a better picture of what it is that makes you an individual.

In addition to basic personality traits (The Big Five), the test takes into account your personal interests, values, and attitudes. It then evaluates these against your emotional outlook and takes into account your unique relationship requirements.

Based on all these key data points, we calculate a range of potential partners for you. Furthermore, we do these calculations each and every day you are a member of our site, ensuring you have the most up to date selection of ideally suited matches.

Your personal feedback, however, relates exclusively to the main personality dimensions, the so-called Big Five:

1. Conscientiousness.
2. Agreeableness.
3. Openness to experience.
4. Extroversion.
5. Neuroticism.

Our five factor approach is one of the most established personality models currently available in the field of scientific match making. It allows us to evaluate as well as differentiate between the multitudes of personality types which exist across the broad scope of humanity, thus we are in a unique position to find you the perfect partner through our scientific approach.

This model's early development was based on the lexical approach which was first used back in the 30's. After a successful initial trial, the model was developed further and was broadly adopted across the scientific community. The basic idea is simple, personality characteristics that are particularly important in everyday life, can be represented linguistically. Therefore the most important personality traits should be represented in the lexicon of a language in the form of descriptive words. After evaluating hundreds and thousands of people, five main factors emerged again and again: the Big Five. Consequently, the personality of individuals can now be virtually mapped and construed in terms of these five dimensions. There are, of course, degrees of variance within humanity. Some people may fall within the outlier ranges of a standard bell curve. These higher and lower positions should not be viewed or classified in terms of good or bad and should instead be interpreted as indicators of one's character. Your character is as multifaceted and complex as your genetic code and no test yet designed can completely convey the full scope of this intricate construct. We do however feel that our test offers an excellent indication of compatibility between two individuals.

Each personality trait has, in its various forms, specific advantages and disadvantages in terms of human experience and behavior. It is advantageous for us to be aware of these differences in order to better understand ourselves. If you leverage your own strengths and deal carefully with your individual weaknesses, then it stands to reason that you can greatly improve your life. This awareness also underpins our understanding of the actions of other human beings.

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The Big Five and their meaning

The Big Five are the major personality dimensions previously discussed, to recap, they are:

1. Conscientiousness.
2. Agreeableness.
3. Openness to experience.
4. Extroversion.
5. Neuroticism.

It is a widely held belief that the personality of each person can be outlined extensively through individual analysis of these five dimensions. In psychological science, the Big Five are one of the most established models for identifying and differentiating between personalities.

The popularity of these five dimensions is due, among other things, to the fact that they are very stable, capturing wide areas of your personality in a very economical manner. This means that the individual characteristics within the five dimensions do not vary much over one's life span, analogous to your personal interests or preferences. The fact that the model allows you to describe a person's personality in terms of just five factors is also a testament to the elegance of this approach.

It should be noted that each of the five factors individually cover a very wide range of personalities. The model is composed of heterogeneous constructs that can be described more comprehensively when considered separately in sub-factors. For example, we can split the 'neuroticism' dimension into sub-elements, such as

Conscientiousness

It is a working day. You've had breakfast, dressed and are now ready to start the day. How will you tackle the tasks that lie ahead of you? Some people prefer to work with a specific plan, with set priorities and precise time-frames for what should be done and when. Others prefer a less regulated daily routine. They approach a task with as much imagination as organisation and are willing to improvise, in order to satisfy their urge for creativity. How do you feel about organisation? Do you follow a disciplined, set path to achieve your goal or do you spontaneously decide which route takes you through the day?



Agreeableness

This dimension describes our interaction with others. The way we convey our emotions, beliefs and ideas to our fellow human beings is determined by our cultural background, our education and on some days, simply by on which side of the bed we got up from in the morning. Some people are particularly considerate and neglect their own interests in order to accommodate those of other, while some believe that everyone is responsible for themselves. For people with this attitude, strength of character and independence are very important. They assume that it is best when others are able to look out for themselves.

Openness

How strongly do you hold on to the principles and expectations which guide your behavior and thoughts? Some people remain consistent in their ideas and expectations, regardless of whether or not they are on familiar ground or treading new territory. They are certain that everything functions on the same basis, each and every day. For others, new approaches to old problems are a fresh and welcome wind in their sails. These people are particularly open to new ideas, for throwing out old stereotypes and can hardly wait to suggest new directions and enter into unknown waters.

Extraversion

Now and then you would prefer some peace and quiet and for the phone not to ring and to forget the outside world. However, the next day you are busy messaging all your friends, busy at lunch and doing everything possible to make plans for the evening. Our level of extraversion is a variable one: perhaps it depends on the phases of the moon or on what you had for lunch. Your desire for solitary or social time is rooted deeply in your personality. Some people are happy whether alone or in a group, whereas others really need of company and cannot stand being home alone or the phone not ringing.

Neuroticism

We are born with the ability to feel intense emotions. Experiencing a multitude of different emotions throughout the day is all part of the human condition. We are all familiar with feelings of fear and joy, sadness and anger, as well as shame and envy. To what extent do we control our emotions and when do they control us? How much you are influenced by your emotions is strongly influenced by how pronounced your personal satisfaction is as well as how you interact with others. Do you always have your emotions under control, so that it remains in harmony with your will? Or do you give into your emotions, so that they affect your behavior?

The formation of a personality

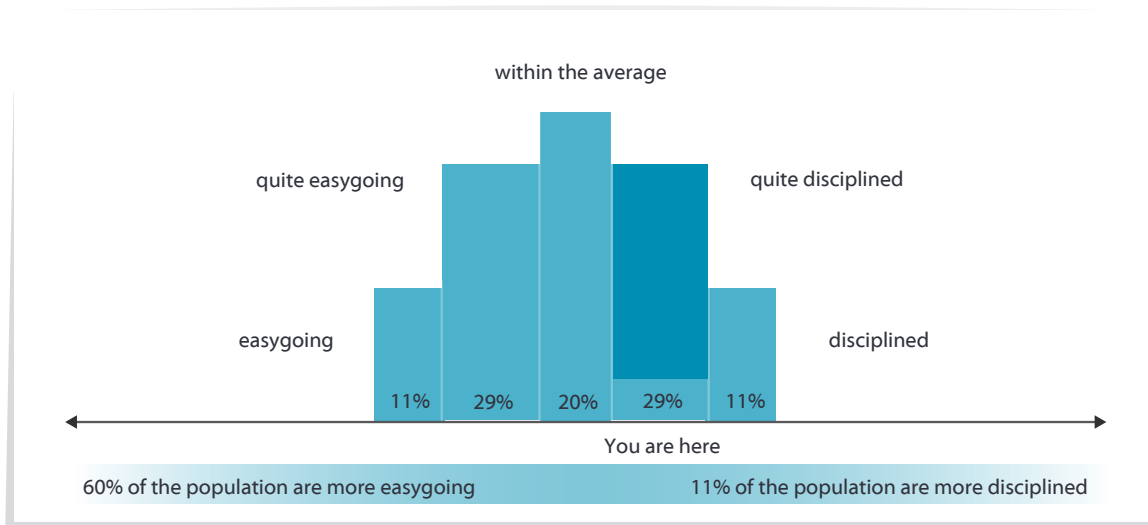


From the descriptions of the Big Five dimensions in the previous chapter, it is clear that they are very useful in determining the characteristics of personality and how people differ from one another. Due to the fact they are very broad constructs, each of the five factors can once again be divided into different sub-factors, so-called facets. In this report, we have selected three particularly significant facets for you and described them in detail. For example, sociability, social competence and hunger for experience are crucial facets of the extraversion dimension. As the graph on this page demonstrates, however, the personality of a person is more than the sum of the individual dimensions and facets. It is also, or especially, the complex interplay of individual traits, which in its entirety determines the individuality and uniqueness of every human being. In the next chapter you will find some explanations regarding your individual personality profile. The descriptions allow you to gain a better picture of your personality structure.

Your personality profile

The following gives you a personal feedback on your Big Five profile, that indicates your relative positioning compared to others for each personality dimension. Each chapter consists of a description and explanation of your individual positioning for the respective personality dimension. Through this analytical approach you get a deeper and more scientific insight into how your personality is constructed, and how this may impact your life.

Conscientiousness



For you it is important to have solid and reliable structures in life. You believe that order in life already wins you half the battle. Whether it comes to your home, your finances, your job or your leisure, you feel good when things are going in well-ordered and planned paths. Your social circle appreciate you as a hardworking, orderly person. You always choose your words carefully, and mostly take obligations towards others very seriously. When it comes to organizing a party, getting a suitable gift in time or booking the group vacation, you are always the right person. Your schedule is always maintained, and you do not feel really comfortable without one. At work, you are usually very committed. You appreciate a framework in which you can shine with your qualities, and like to work effectively with a clear goal.



Tidiness

You like to tackle things systematically. It gives you a sense of security to know where the last account updates are, when you should plan a weekend to write your tax return early, and what to get for next week's shopping. Unannounced visitors will rarely find you in a messy home, if you would grant them entrance at all under such circumstances. In your social circle, you are appreciated for your reliability and conscientiousness. People who entrust you with a task can safely trust that everything is done on time. You often will be tasked with organizational matters with lots of details because everyone knows you will keep track. Professionally you will find people with a strong love of order in areas that consist of planning and organization. Your ability to systematically develop a goal facilitates well-planned, strategic action. Administrative activities and tasks that place high demands on coordination, are easy for you to handle.

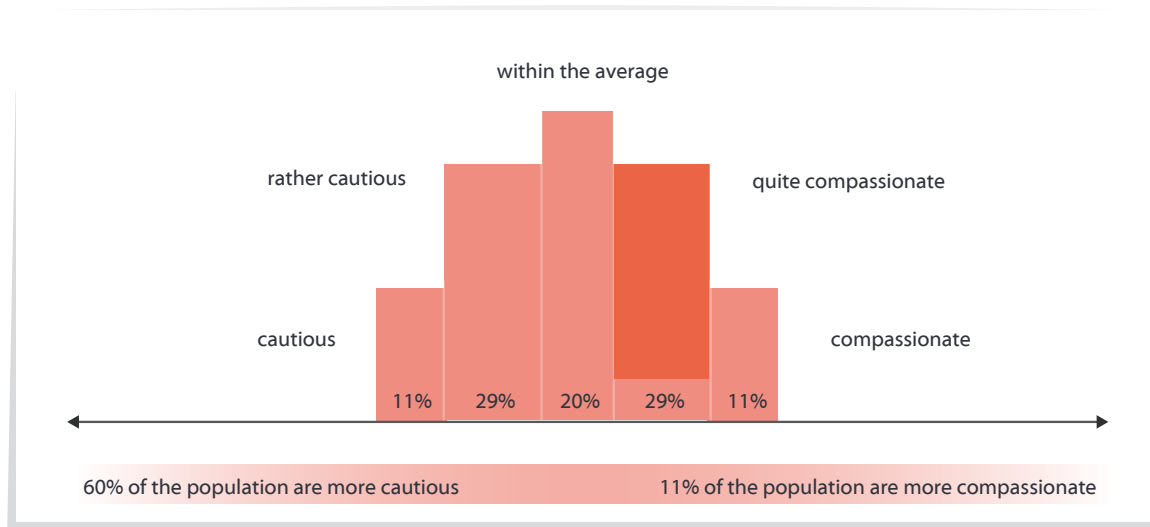
Sense of duty

You have a high degree of conscientiousness and usually follow your principles and moral values. For you it is a matter of course that your counterpart has to be as reliable a partner as possible. You rethink your actions and possible consequences very carefully, because you find it very difficult to forgive yourself any mistakes you make. Reliability and loyalty are valued characteristics of your personality. Other people often notice your prudence. It rarely happens, that you say things that sound funny or provocative in the ears of others. You choose your words very carefully and your arguments are always very considered. Professionally, you feel comfortable in areas in which you can shine with your strengths. You enjoy taking responsibility and like to have enough space to consider all the steps carefully before you approach a goal. Diplomacy when dealing with others is not difficult for you as it is part of your nature and you are well suited to tasks where this skill comes into play.

Ambitiousness

Since you are a person who likes to drift along with your spontaneous ideas and moods, you hate most routine activities. However, you still do them when it is absolutely necessary. You do not find it hard to clearly distinguish between necessities and the things that you can defer. If falls into the latter case, you can easily occupy yourself with something that is so much more exciting. Your social circle know you very well. All have become accustomed over the years that you find it difficult sometimes to focus on goals. You might find yourself needing to prepare for an appointment so that you are not ending up under time pressure again, but if it's sunny you'll be more likely to decide to spontaneously meet up at the lake with your clique to enjoy the weather under a cloudless sky. Professionally, it's nice for you to have lots of space for your own ideas. You don't mind to occasionally get lost a little on the way to the goal. Rather, you very often see the path to the goal as the goal itself and can therefore enjoy all the opportunities for rest and enjoyment on the way. A good balance between work and leisure is important to you.

Agreeableness



In your life you maintain strong relationships with many people. You really love to interact with others and to get close to them. For you it is important to know the concerns and needs of others, and if necessary, to offer them counsel. In your environment, you are considered an extremely friendly and affectionate person. You can put yourself and your needs well behind other concerns in terms of priorities. You rarely get to the point of arguing with someone, because you are always trying to understand their point of view first and foremost. Those around you describe you as peace-loving and as someone who can easily accept the perspective of others. Professionally, people with your characteristics and mind-set often work in social areas where it is important to care for others and to contribute towards their growth and progress. Additionally, it is important for you to work with people who like to communicate and support each other emotionally.

Social awareness

You are emotionally close to many people in your life. For you, it is always very rewarding to devote yourself fully to another human being. You like to spend time with someone who just needs closeness, you listen to someone who wants to discuss a problem and help through loving gestures and deeds. In your social circle you are known to be the supporting rock for many in turbulent times. You offer your help and this is also often accepted as people feel safe with you. People who, like you, have strong altruistic traits, often take up caring professions. In this area you can fully realize your desire and talent to stand by and help your fellow human beings. But, many people with a similarly strong social consciousness also feel very much at home in educational occupations.

Interpersonal warmth

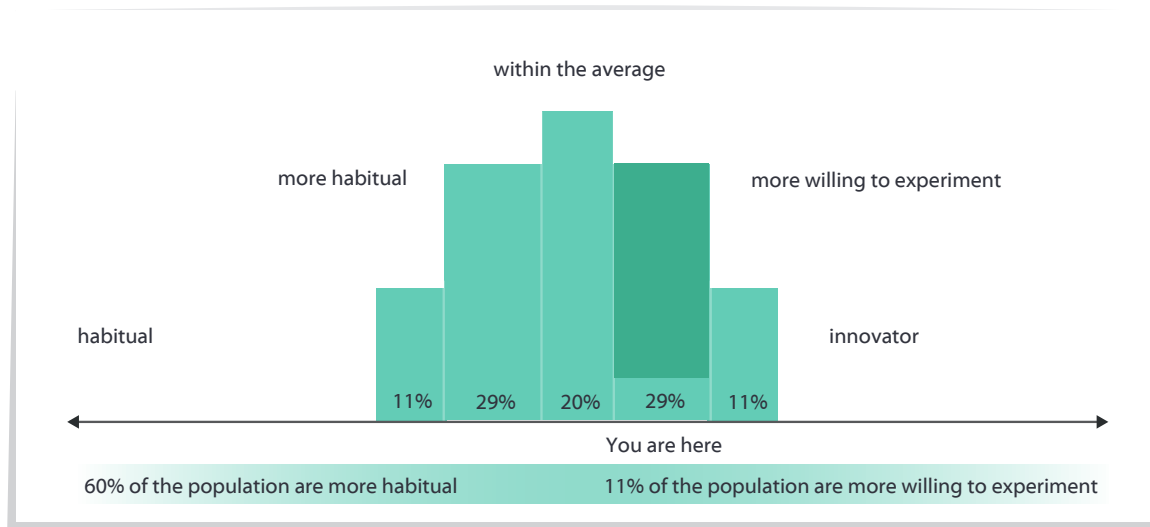
You love to enrich your life by being close to other people. You enjoy learning what motivates others, and how you can help them in one situation or another. You feel in your element when the interaction is characterized by a high degree of intimacy. Your social circle knows you as a warm, curious person who has an open ear for all people. Your friends and family place a lot of trust in you because you are always very trusting of others. This positive attitude towards yourself and others radiates outward and gives the people in your environment security and strength. Your colleagues often admire your tendency to always understand the intentions of others positively, and to offer support in seemingly hopeless cases. To you it is just as important that the people around you do well, and that they also feel good.



Need for harmony

The welfare of other people is very important to you. You frequently agree with the ideas of others and can subordinate your own wishes for the good of a larger whole. You mostly try to avoid confrontations with your partner, as you consider them to be too exhausting and often unnecessary. In your personal life you are known to very rarely lose your temper or start a quarrel. Rather, it is observed that you can adapt to the situation and are anxious to keep the peace. It is important for you to be liked and to make your family and friends happy. People with similar qualities to you prefer professions where their strong collaboration and teamwork skills can come into play. These people are in fact very motivated, are always able to understand the perspectives of others and find it very important to deal with it respectfully.

Openness to Experience



You are an adventurous person who can look forward to a new orientation in both your professional as well as your private life with open-mindedness. Your healthy curiosity has you always on the lookout for new challenges. You love diversity, change and inspiration. In short: you are trying to discover unknown impulses and integrate them into your own life. In your circle of friends you are well known for your varied interests. You are open to any kind of cultural events, and happy if you can take a ticket from one of your friends spontaneously who is unable to make it. You also love to read and strive to further educate yourself in an as diversified way as possible. Work colleagues often enjoy your creative ideas. They love working with you because with your open style you often contribute to a comfortable and relaxed work environment.

Aesthetic sense

You are a creative person who is especially interested in, and inspired by, music, art, drama and literature. That is why aesthetic experiences are often in the foreground in your spare time. You often like to get creative or treat yourself to a visit to the theatre or an art exhibition. Clearly art and creativity play a significant role in your life! Your enthusiasm for the arts makes you a person full of zest for life. You visit cultural events to get fresh ideas and inspiration together with your friends and family. You tend to incorporate some of these into your own private life. Depending on the situation, you sometimes show off your artistic talents. In your career you look forward to new and interesting events with an open mind. Your colleagues appreciate your ingenuity. With your strong imagination, you arouse their curiosity for creative and individual ideas. You are always welcome into a discussion at work, because you enrich the team in very creative ways.

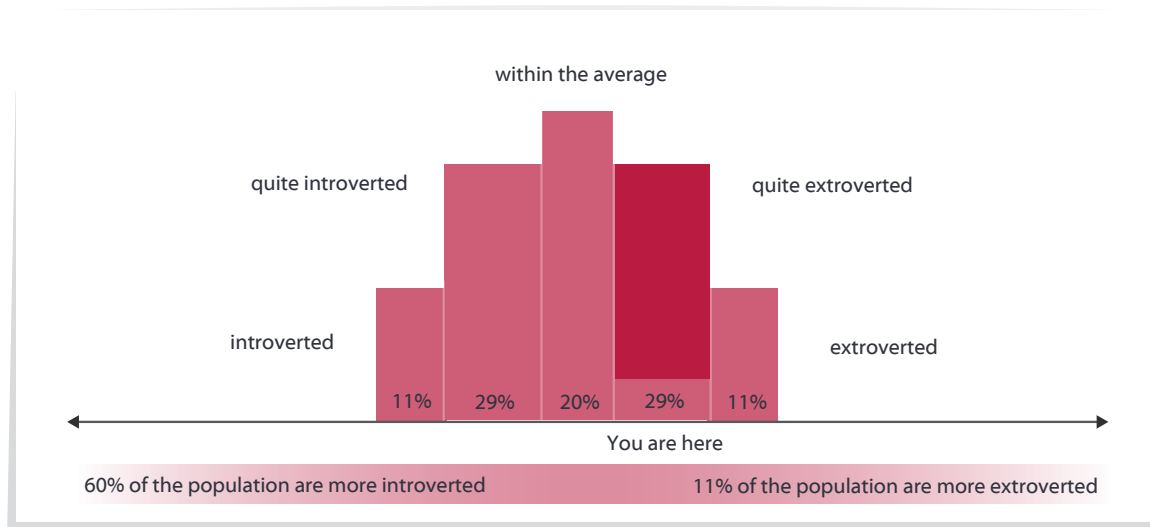
Thirst for knowledge

You are an intellectually curious person who is always looking for new information and insights. You just cannot get enough of a topic that really interest you, so you have already developed into an expert in some areas. Your enthusiasm for intellectual topics ensures that in your social circle that you can engage in conversation and participate in discussions with many interesting people. Whether family, friends or colleagues, you can always be relied on! If other people need a piece of advice, you try to solve an issue or explain it with your experience and your expertise. You often convince your friends and acquaintances to look at the bigger picture beyond their own narrow view to enhance their own perspective. People who are as eager to learn as you, usually have intellectually demanding jobs. This will enhance their own skills. If you encounter unexpected problems in your job you quickly grasp the key issues, and identify the right solutions so that the same problem doesn't occur a second time.

Curiosity

You are a very deliberate person who cannot be inspired by a new idea immediately, but you are in principle open to innovative changes. You are not a person who acts according to a strict all-or-nothing attitude. For you, there are many more steps. You weigh new and long-standing proclivities against each other and as a rule decide for a mix that best harmonizes with your current lifestyle. Friends appreciate your open mind to new things just as much as your passion to hold on to a certain routine or plan now and again. You are open-minded and always willing to get involved in a spontaneous meeting or new activity now and then. You incorporate foreign things into your private life as soon as you see it as a valuable asset. This balance between your desire for new information and the joy of a certain routine and regularity brings one major advantage: you are very flexible when it comes to dealing with various situations and demands.

Extraversion



You have an above average sociable and active person who can deal well with social situations. You do not find it difficult to get into conversation with others, even if you are meeting them for the first time. Consequently, you are always happy to receive invitations from friends and like to go to parties. Even if you are not a person who always likes to be in the spotlight, you feel very comfortable in groups and very rarely like to be alone. You are one of the supporting pillars of your circle of friends, and a driving force when it comes to organizing anything together. Your friends appreciate your open and cheerful manner, your spontaneity and your friendliness, but they also respect that you sometimes want to withdraw. This makes you equally authentic as you are likable. In the professional environment you are clearly a team player and it is important to you to have a lot to do in your daily work with people. With customers and colleagues you are very much appreciated for the openness, optimism and energy with which you approach the tasks ahead.



Sociability

You usually love to meet with all kinds of different people. You feel very comfortable in large groups and there is hardly a party where you have not talked with most of those present at least a little bit. Your friends know that you tend to disappear quickly at events you visit together to give your attention to as many people as possible. As soon as you walk into a room filled with people, you tend to flourish. You usually exude a happiness that is irresistible and makes people want to talk to you. You very rarely experience awkward pauses in conversations, since you usually think of something funny or interesting to contribute to the conversation. Professionally, people that are as sociable and communicative as you, are best in a job where the can do approach is immensely important. Whether you are active in a variety of positions within sales or whether you are employed in a PR department, people with your qualities need a daily interaction with many people. You excel in this dynamic.

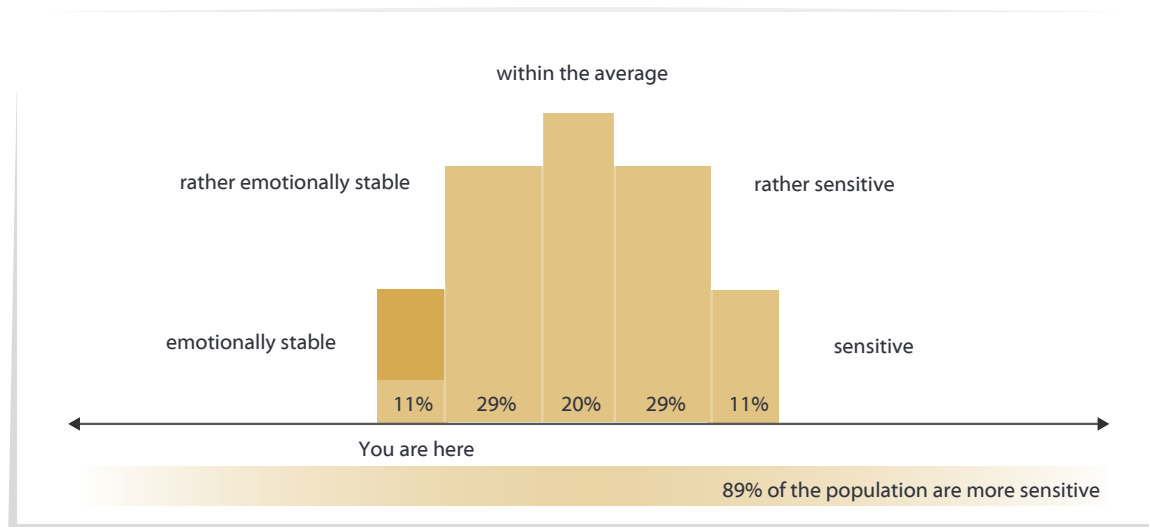
Social skills

You enjoy maintaining as much contact as possible with other people. You really blossom if you can talk to a large group of people. You don't mind if you are the center of attention, because you can talk about many fascinating subjects, and are always able to make people laugh. In your circle, you are known as the one with the brightest smile who can liven up or diffuse almost any situation with a joke. You make it easy for others to feel comfortable in your presence because you have a confident and charming nature, which makes it easy for you to maneuver yourself through some trickier situations. People like you have strong social skills and are often suitable for leading positions. This type of position suits you, as it gives you great pleasure to interact with all parts of a team, and to always be well informed. To communicate this knowledge and your own thoughts in an easy to understand way is a joy for you and your greatest talent.

Hunger for experience

You have a happy medium between action and the need for rest. There are days when you are bursting with zest and no adventure can be exciting enough, and there are days when you get home, and you are totally wrecked. You are neither seen as excessively risk loving or changeable, nor as calm and restrained. Your hunger for experiences depends entirely on your mood. Likewise with your friends you are enthusiastic about most things, but do not always have to participate in everything. Your friends mostly respect your need for retreat, as your need for balance makes you more authentic and personable. You will also sometimes agree to spontaneous and crazy ideas, but also like long-term proper planning. In the professional environment, there are also days where even a wide variety of tasks cannot spoil your mood. On the contrary, you will appreciate the variety and tackle the work with gusto . However, you tend to prefer it if you know about those busy days in advance and can prepare for it.

Level of Neuroticism



Compared to other people you have an exceptionally high resistance to stress, and thus have the ability to view and evaluate emotionally stressful situations rationally. Whether ongoing daily stress or exceptionally high emotional stress, you are able always to keep a cool head. You grab hold of challenging situations of any kind and act in a constantly calm and wise manner, without getting out of balance. Your social circle sees you as the proverbial rock and therefore perceives you as very balanced, dependable and confident. Your rational point of view, regarding either your own issues or those of others, can be perceived by outsiders maybe as lacking compassion. But, those who know you better know how to interpret your behavior properly and to appreciate both your advice and your rationality. At work you are valued for your high resistance to frustration. Your inner peace makes you a reliable contact person who enjoys the confidence of his colleagues. As an emotionally robust person you are very welcome in occupations in which your fellow human beings can count on you even in stressful situations.



Anxiousness

Where others are quickly pulling their hair out, you keep a cool head. You are calmness personified and are characterized by a special serenity that is the envy of many people. In most situations, stress is a foreign word for you. Something really out of the ordinary has to happen to make you sweat. Full of confidence, you look to the future, as you are a stranger to fearing the coming day. Your social circle regards your steadfastness as almost legendary. No matter what happens, you come across as balanced and relaxed. Due to your confident nature people like to trust you with sensitive issues, as your optimism is contagious and a pleasant counterpoint, especially for anxious people. However, do not be surprised if some of your fellow human beings can not understand how you can stay constantly so calm. At work you hardly let yourself be disturbed by hectic phases. Your high frustration tolerance enables you to also ignore additional work or failures. There is simply no reason for you to be upset unnecessarily. You take things calmly and that's a good thing - anxiety and stress only affect your quality of life.

Impulsiveness

As an extremely laid back person, you often question why some people lose their temper so quickly. Even on bad days you are calmness personified. On the rare occasions when you do lose your temper you do not find it difficult to maintain control. If something goes wrong in your life you don't immediately blame others, but rather optimistically look for a solution to the problem. Other people appreciate your rationality and admire your composure. You don't really have outbursts of anger and you tend to forgive yourself and others for any small errors. Your motto is: focus on the solution and not the problem! Needy friends and family members turn to you happily because you radiate peace and optimism. In your job you create a pleasant working environment with your optimistic outlook. Colleagues are not afraid to discuss critical issues with you, because you always remain objective and deliberate. Moreover you do not take criticism of your work as an insult, but deal with it constructively.

Vulnerability

While others can quickly lose their cool in difficult situations, you have your emotions well under control. Even major challenges cannot discourage you very easily. You do your best and get along well with setbacks. You realize that life is full of chances and opportunities. Since you do not weigh up every word that people say to you, you seldom feel misunderstood or marginalized. Your social circle appreciates this, because socializing with extremely sensitive people can sometimes be exhausting. You definitely do not belong to this category, as you don't feel as much affected by embarrassing social situations as others. You simply take things with humor and are able to laugh at yourself. You approach your work with confidence and do not despair, even with a heavy workload. You know what you can do and are almost always able to cope. Even if you don't always get along with some colleagues, you never have the feeling that this will negatively impact your work. If there are problems, then you make your point clear, so that there are no misunderstandings.



Conclusion

Each personality trait has its advantages and drawbacks in terms of their effect on one's own experience and behavior. Consequently, there is no such thing as a good or bad profile. The interaction between individual personality traits often has more of an effect on our interpersonal relations than the sum of their parts. This rich diversity is responsible for your uniqueness.

Contrary to previous assumptions, your personality is not set in stone at the end of childhood. Current theories, such as the Big Five, suggest that personality characteristics are highly genetic, but environmental factors also have an important role to play in their development.

Metaphorically speaking, the personality of each individual develops like a tree, starting with the familial roots and then later forming new shoots and branches as required. However, basic characteristics do emerge over the years, forming into a solid base which remains relatively constant throughout our lives.

In relationship terms, it is the similarities between partners that determine the quality and stability of a couple's bond. For this reason, we at EliteSingles pay very close attention to proposing partners that complement you best in accordance with the Big Five dimensions. We match you with the person you are theoretically most likely to have a long and happy relationship with. The scientific factors that account for the spark between partners, remains one of the great mysteries of love, even for scientists who have been studying the topic for decades. The only way to find out whether or not you and your match have this chemistry is to communicate with them via our "getting to know" messaging function or by agreeing to go on a few dates. We wish you all the best in this exciting journey and hope you enjoy the adventure!

Your Brain Health Assessment Report

BY DANIEL G . AMEN, MD



brainMD

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About The Brain Health Assessment

A NOTE FROM DR. AMEN

Thank you for taking the time to complete the Brain Health Assessment! You've just taken a BIG step toward optimal wellness and brain health. One of the unique aspects of our work at Amen Clinics is the use of brain SPECT (single photon emission computed tomography) imaging. SPECT measures blood flow and activity in the brain and allows us to provide patients with targeted treatment plans. Sadly, due to time or resources, many people are unable to get a brain scan at one of our clinics.

If that describes you, don't worry. The test you just completed is the next best thing to getting a scan. My colleagues and I developed the Brain Health Assessment to help predict what your brain might look like if you got a scan.

Based on the world's largest database of brain scans related to behavior (160,000 and growing), this quiz helps to determine your Brain Type – we've identified 16 unique Brain Types. Knowing your Brain Type can help you understand more about how you think, act, and interact with others.

Please carefully read through this report, which contains a wealth of information related to your specific Brain Type. In the following pages, you'll find recommendations for the best diet and supplements for your Brain Type, as well as many practical tips for improving your brain health.

Over 2 million people have already taken the Brain Health Assessment, and versions of the test are used by thousands of medical and mental health professionals around the world. We're excited to partner with you on your journey toward better brain health!

In your service,

Daniel G. Amen, MD P.

P.S. Since this is based on self-report, if your results seem a bit "off," I often suggest that you have someone who knows you well, and whom you trust, answer the questions for you to see if he or she concurs with your results. Sometimes even the healthiest brains have areas that need improvement! Also, it's a good idea to retake the Brain Health Assessment in 6 months to track your progress!

Your Results Are IN!



WHAT YOUR BRAIN TYPE SAYS ABOUT YOU

The SPECT scans of individuals with Brain Type 1 typically show full, even, symmetrical activity throughout the brain, with the most activity in the cerebellum—one of the brain’s major processing centers. People with Brain Type 1 tend to live longer because of their high level of conscientiousness. They have what we call a “Balanced Brain.”

They do what they say they’re going to do. They show up on time and follow through on tasks they promise to get done. They’re the reliable type of person that you can depend on.

Typically, they don’t like taking big risks, nor are they first adopters to new technology. Although it’s possible, they’re not likely to be entrepreneurs or industry disruptors. Instead, they like rules and tend to play by them.

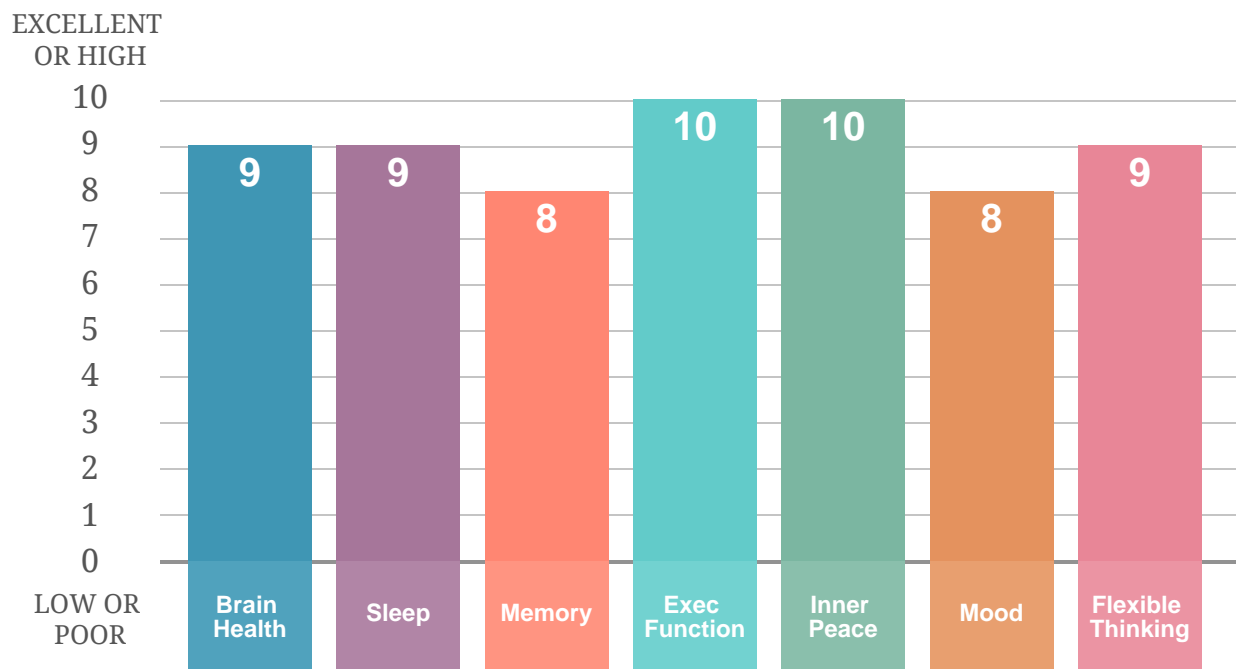
One Is Not Done!

Although Brain Type 1 is the optimum Brain Type, if you don’t use it, you lose it, so you have to keep it healthy.

Your Brain Fit Score is 85.

WHAT YOUR BRAIN FIT SCORE SAYS ABOUT YOU

Bravo, brain warrior! Your brain is great shape but there's always room for improvement. See our suggestions below for how to keep your Brain Fit Score on the high side.



YOUR BRAIN FIT SCORE EXPLAINED

Your Brain Fit Score ranges from 0-100. We've generated your unique Brain Fit Score using your responses to the questions in the Brain Health Assessment. Your Brain Fit Score is based on seven categories: *Brain Health*, *Sleep*, *Memory*, *Executive Function*, *Inner Peace*, *Mood*, and *Flexible Thinking*. Like your Brain Type, your Brain Fit Score is variable.

Your Action Plan

A BETTER BRAIN STARTS NOW.

Improving your brain health is the most important thing you can do for overall health and happiness.

Remember, small changes yield big results (especially when it comes to your brain health!), so start right where you're at. You can dive in headfirst or start a little slower with one change per week.

REDUCE STRESS



Chronic stress releases hormones that can kill brain cells. Incorporate hypnosis, meditation, and other stressreducing activities.

PHYSICAL WORKOUTS



Strengthen your body to boost your thinking, memory and focus, and reduce the risk for age-related cognitive decline. Walking, lifting weights, coordination/balance exercises are good options.

SET GOALS & TRACK PROGRESS



Define what motivates you to want to change and refer to it everyday. One of the best ways to do this is to journal your progress. It will keep you on track and headed in the right direction.

MENTAL WORKOUTS



Your brain is like a muscle. The more you use it, the stronger it gets! New learning and brain games can help.

[START TRAINING >>>](#)

STRENGTHEN YOUR MIND



Explore and utilize the powerful resources of meditation, hypnosis and music audio recordings, as well as exercises to help you maintain control over your thoughts and focus on the positive aspects of your life.

BUILD A COMMUNITY



Spend time with people who inspire, encourage and challenge you. Doing so will create a stronger social support network that will elevate your own personal success!

BRAIN HEALTHY NUTRITION

Your brain is the most energy-hungry organ in your body, using 25% of the calories you consume. One of the quickest ways to achieve better brain function is learning the right foods to choose and which foods to lose. Eat right so you can think right!



Dietary Recommendations:

Your Type 1 brain needs a diet that is well-balanced between high-quality proteins, complex carbohydrates, and healthy fats. This nutritional approach will support balanced blood sugar and mood, help you maintain focus and motivation, and provide the necessary building blocks for optimal brain health.

- Proteins: wild fish, pasture-raised chicken, turkey and eggs, bison, legumes, etc.
- Healthy Fats: olive oil, MCT oil, avocado oil, ghee, coconut oil, avocado, nuts and seeds.
- Carbohydrates: Focus on low-glycemic, high-fiber, unrefined, and organic sources.
- Vegetables: 6-10 servings per day by adding them to meals whenever possible.
- Whole fruits (avoid sweetened dried fruits and condensed fruit juice): 1-2 servings per day
- Gluten-free whole grains (wild/brown rice, quinoa, buckwheat, millet, amaranth, gluten-free whole oats, and teff): 1-2x per day
- Drink at least half of your body weight (lbs) in ounces of filtered water each day.
- Try the delicious, brain-healthy recipes and follow the eating and lifestyle tips from [Tana Amen](#).

BRAIN SUPPORTING SUPPLEMENTS

The addition of brain-directed supplements will support your physical and mental energy levels, making it easier for you to follow a brain-healthy program every day.

Dr. Amen recommends the following supplements for Brain Type 1:



Brain and Body Power, which includes:

- NeuroVite Plus – a comprehensive, powerful multi-vitamin/mineral complex
- Omega-3 Power – a highly potent and ultra-purified fish oil
- Brain & Memory Power Boost – our unique formula to support blood flow and connectivity in the brain/li>



ProBrainBiotics: a brain-directed probiotic, because the health of your gut is essential to the health of your brain

To see these and additional supplements Dr. Amen recommends, click below to visit your brain type page on BrainMD.

GET MY SUPPLEMENTS

That's A Wrap!

Thanks again for completing your Brain Health Assessment and for caring about your brain health. Please remember that we at BrainMD, Amen Clinics, and BrainFitLife are always here to support you.

MEDICAL DISCLAIMER

This assessment (the Brain Health Assessment, or BHA) is the result of years of practical experience and clinical research. The results, by necessity, are of a general nature and should not be viewed as a substitute for an evaluation or treatment by a competent medical specialist. Self-report assessments have advantages and limitations. This assessment is intended as an information and education tool for you and your loved ones and is not designed to replace your healthcare provider's professional judgment regarding your health. Always discuss any recommendations with your personal physician. This assessment is not intended to diagnose, treat, or cure any medical condition. Please work with your healthcare provider to determine potential treatment(s) for your specific medical condition(s).

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START WITH TALENT; FINISH WITH STRENGTH

..... A Brief Overview of Talent Discovery and Strengths Development

Strength. Sounds good, doesn't it?

Who wouldn't want strength?

As you might expect, strength is the desired outcome of strengths development. But exactly what *is* a strength? What are we striving toward?

When you see a strength in action, you see a person's ability to consistently provide near-perfect performance in a specific activity.

When you see him or her perform that activity, you think, "She makes it look so easy!" or "He's a natural!"

How can that be? How can they so consistently perform with such excellence? The answer is simple: It *is* easy for her. He *is* a natural.

Each is performing at such a high level simply by building upon how he or she most naturally thinks, feels, and behaves: their greatest **talents**.

As unique individuals, we each have our own special ways of successfully approaching the people and events in our lives. And our greatest talents are always there for us. We instinctively use them in almost any situation.

An inner drive to compete,

sensitivity to the needs of others,

an inclination to notice patterns, and

the tendency to be outgoing at social gatherings are good examples of talents.

For some of us, our talents make us great Relators or Arrangers. Others have tremendous talents in Adaptability or Belief. Look closely at your friends, family, and coworkers. You will see exceptional Learners, Activators, and Includers, and amazing talents in Ideation, Responsibility, and Developer.

Within our natural selves, we each hold extraordinary potential.

Of course, the first step toward fulfilling that potential is to discover our greatest talents. That's where StrengthsFinder comes in.

You've probably already sensed that this assessment is not just another personality test. That difference is certainly no accident. In fact, the idea behind the assessment is quite contrary to the focus-on-negatives approach that has long prevailed in our society.

In the early 1950s, Donald O. Clifton, who would go on to be named the "Father of Strengths Psychology," noticed a major problem: The field of psychology was based almost entirely on the study of *what is wrong* with people. He wondered if it would be more important to study *what is right* with people.

YOUR TOP 5

- Strategic
- Maximizer
- Relator
- Learner
- Futuristic

See page 8 for full theme descriptions

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So, over the next five decades, Don and his colleagues at The Gallup Organization took a very close look at the talents of highly successful people, focusing on the positive instead of the negative. Millions of in-depth interviews were conducted to determine the most natural thoughts, feelings, and behaviors of "the best of the best."

They quickly discovered that our talents do more than make us unique individuals. When we follow our talents - the ways in which we naturally think, feel, and behave - they also serve as our best opportunities for true excellence.

To help you discover your greatest talents and build toward strengths, Don and his colleagues created StrengthsFinder.

During your assessment, you gave top-of-mind responses to a wide variety of paired statements. Those instantaneous responses are valuable information. Why? Because they are clues to your talents in 34 areas directly connected to success in any role, whether at work, at home, or in the community.

StrengthsFinder has measured your talents in those 34 areas, or "themes." Now, to point you in the right direction, it presents you with a report of the five areas in which your greatest talents are found. And to help you further discover your talents, it provides full descriptions of those areas, along with "sounds likes," which are examples of what people with talents similar to yours might say. You will find your personal top five report and brief descriptions of the 34 talent areas measured by the assessment in the pages following this introduction.

Of course, your "top five" are just a starting point as you move from the potential of talent to the excellence of strength in action. Along the way, you can find many opportunities for discovery and development in your relationships with family members, friends, and colleagues.

If want to share that experience with the most important people in your life, or if you simply want to learn more, consider the latest book from the coauthor of *Now, Discover Your Strengths*. The book, **How Full Is Your Bucket?** reveals how even the briefest interactions affect your relationships, productivity, health, and longevity, and it a **one-time-use StrengthsFinder ID code**.



NEW: How Full is Your Bucket?

Positive Strategies for Work and Life
(Gallup Press, 2004)

List price: \$19.95

Other books that include a StrengthsFinder ID code:

Discover Your Sales Strengths: *How the World's Greatest Salespeople Develop Winning Careers*
(Warner Books, 2003)

List price: \$26.95

Living Your Strengths: *Discover Your God-Given Talents, and Inspire Your Community*
(Gallup Press, 2003)

List price: \$24.95

Now, Discover Your Strengths: *The Revolutionary Program That Shows You How to Develop Your Unique Talents and Strengths - and Those of the People You Manage*
(Free Press, 2001)

List price: \$26.00

StrengthsQuest: *Discover and Develop Your Strengths in Academics, Career, and Beyond*
(Gallup Press, 2002)

List price: \$35.00

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The Gallup Organization also offers advanced development programs that provide individuals and organizations the chance to explore their entire sequences of the 34 areas of talent. In addition to helping you develop strengths within your top 10 to 15 areas, these programs can help you learn to manage your areas of lesser talent - normally the last 2 to 5 in your sequence of 34. These opportunities are available in a wide range of options:

The **Great Manager Program** teaches managers and executives strategies based on the Four Keys to Great Management and builds on the concepts presented in the best-selling book, *First, Break All the Rules* (Simon & Schuster, 1999).

Executive performance coaching helps senior leaders and managers increase their effectiveness - and their organization's effectiveness.

Building the Strengths-Based Organization helps executives and managers create strategies to develop and sustain a high-performance culture. This course expands on the concepts presented in the best-selling book, *Now, Discover Your Strengths*.

Integrated, organization-wide programs provide employees with the tools, education, and coaching needed to develop a strengths-based culture.

Certification programs teach individuals to serve as strengths consultants in their organizations.

Studies have shown that organizations that participate in these programs can dramatically increase employee engagement, productivity, and profitability. Several Fortune 500 companies now pride themselves in being "Strengths-Based Organizations" built upon the natural talents of each employee. The aforementioned development programs have been used over 48 countries and across a wide variety of industries.

Each learning opportunity is designed to help you find new ways to increase your individual performance and your organization's financial outcome measures.

For more information on these opportunities, visit the Gallup University area at www.gallup.com.

Top Five Report

for

Dennis S Brewer (DSBREWER923)

Strategic

The Strategic theme enables you to sort through the clutter and find the best route. It is not a skill that can be taught. It is a distinct way of thinking, a special perspective on the world at large. This perspective allows you to see patterns where others simply see complexity. Mindful of these patterns, you play out alternative scenarios, always asking, "What if this happened? Okay, well what if this happened?" This recurring question helps you see around the next corner. There you can evaluate accurately the potential obstacles. Guided by where you see each path leading, you start to make selections. You discard the paths that lead nowhere. You discard the paths that lead straight into resistance. You discard the paths that lead into a fog of confusion. You cull and make selections until you arrive at the chosen path-your strategy. Armed with your strategy, you strike forward. This is your Strategic theme at work: "What if?" Select. Strike.

Strategic Sounds like this:

Liam C., *manufacturing plant manager*: "It seems as if I can always see the consequences before anyone else can. I have to say to people, 'Lift up your eyes, look down the road a ways. Let's talk about where we are going to be next year so that when we get to this time next year, we don't have the same problems.' It seems obvious to me, but some people are just too focused on this month's numbers, and everything is driven by that."

Vivian T., *television producer*: "I used to love logic problems when I was a kid. You know, the ones where 'if A implies B, and B equals C, does A equal C?' Still today I am always playing out repercussions, seeing where things lead. I think it makes me a great interviewer. I know that nothing is an accident; every sign, every word, every tone of voice has significance. So I watch for these clues and play them out in my head, see where they lead, and then plan my questions to take advantage of what I have seen in my head."

Simon T., *human resources executive*: "We really needed to take the union on at some stage, and I saw an opportunity, a very good issue to take them on. I could see that they were going in a direction that would lead them into all kinds of trouble if they continued down it. Lo and behold, they did continue down it, and when they arrived, there I was, ready and waiting. I suppose it just comes naturally to me to predict what someone else is going to do. And then when that person reacts, I can respond immediately because I have sat down and said, 'Okay, if they do this, we'll do this. If they do that, then we'll do this other thing.' It's like when you tack in a sailboat. You head in one direction, but you jink one way, then another, planning and reacting, planning and reacting."

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Maximizer

Excellence, not average, is your measure. Taking something from below average to slightly above average takes a great deal of effort and in your opinion is not very rewarding. Transforming something strong into something superb takes just as much effort but is much more thrilling. Strengths, whether yours or someone else's, fascinate you. Like a diver after pearls, you search them out, watching for the telltale signs of a strength. A glimpse of untutored excellence, rapid learning, a skill mastered without recourse to steps—all these are clues that a strength may be in play. And having found a strength, you feel compelled to nurture it, refine it, and stretch it toward excellence. You polish the pearl until it shines. This natural sorting of strengths means that others see you as discriminating. You choose to spend time with people who appreciate your particular strengths. Likewise, you are attracted to others who seem to have found and cultivated their own strengths. You tend to avoid those who want to fix you and make you well rounded. You don't want to spend your life bemoaning what you lack. Rather, you want to capitalize on the gifts with which you are blessed. It's more fun. It's more productive. And, counterintuitively, it is more demanding.

Maximizer Sounds like this:

Gavin T., *flight attendant*: "I taught aerobics for ten years, and I made a point of asking people to focus on what they liked about themselves. We all have parts of our body that we would like to change or that we would like to see differently, but to focus on that can be so destructive. It becomes a vicious cycle. So I would say, 'Look, you don't need to be doing that. Instead, let's focus on the attribute you like about yourself, and then we'll all feel better about expending all of this energy.' "

Amy T., *magazine editor*: "There is nothing I hate more than having to fix a poorly written piece. If I have given the writer a clear focus and she comes back with a piece that is completely off the mark, I almost can't bring myself to write comments on it. I'm more inclined to just hand it back to her and say, 'Just please start again.' On the other hand, what I love to do is take a piece that is so close and then refine it to make it perfect. You know, just the right word here, a little cut there, and suddenly it's a brilliant piece."

Marshall G., *marketing executive*: "I am really good at setting a focus for people and then building a sense of team spirit as we all march forward. But I am not so good at strategic thinking. Fortunately, I have a boss who understands that about me. We have been working together for quite a few years. He has found people who play the strategic role and at the same time stretched me to be even better at the focus and team-building role. I'm so lucky to have a boss who thinks this way. It's made me more secure and made me charge ahead much faster, knowing that my boss knows what I am good at and what I'm not good at; he doesn't bother me with the latter."

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Relator

Relator describes your attitude toward your relationships. In simple terms, the Relator theme pulls you toward people you already know. You do not necessarily shy away from meeting new people-in fact, you may have other themes that cause you to enjoy the thrill of turning strangers into friends-but you do derive a great deal of pleasure and strength from being around your close friends. You are comfortable with intimacy. Once the initial connection has been made, you deliberately encourage a deepening of the relationship. You want to understand their feelings, their goals, their fears, and their dreams; and you want them to understand yours. You know that this kind of closeness implies a certain amount of risk-you might be taken advantage of-but you are willing to accept that risk. For you a relationship has value only if it is genuine. And the only way to know that is to entrust yourself to the other person. The more you share with each other, the more you risk together. The more you risk together, the more each of you proves your caring is genuine. These are your steps toward real friendship, and you take them willingly.

Relator Sounds like this:

Tony D., *pilot*: "I used to fly in the Marines, and, boy, you had better be comfortable with the word 'friend' in the Marines. You had better feel good about trusting someone else. I can't tell you how many times I put my life in someone else's hands. I was flying off his wing, and I'd be dead if my friend couldn't get me back safely."

Jamie T., *entrepreneur*: "I'm definitely selective about my relationships. Initially, when I first meet people, I don't want to give them very much of my time. I don't know them; they don't know me-so let's just be pleasant and leave it at that. But if circumstances make it so that we get to know each other better, it seems like a threshold is reached where I suddenly start wanting to invest more. I'll share more of myself, put myself out for them, do things for them that will bring us a little closer together and show that I care. It's funny because I am not looking for any more friends in my life. I have enough. And yet with each new person I meet, as soon as that threshold is reached, I feel compelled to go deeper and deeper. Now I have ten people working for me, and I would call each of them my very good friend."

Gavin T., *flight attendant*: "I have many wonderful acquaintances, but as for true friends that I hold dear, not very many. And I'm real okay with that. My best times are spent with the people I'm tightest with, like my family. We are a very tight-knit Irish Catholic family, and we get together every chance we can. It's a large family-I have five brothers and sisters and ten nieces and nephews-but we all get together about once a month and yuk it up. I'm the catalyst. When I'm back in Chicago, even if there is no birthday or anniversary or whatever, I become the excuse for getting together and hanging out for three or four days. We really enjoy one another's company."

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Learner

You love to learn. The subject matter that interests you most will be determined by your other themes and experiences, but whatever the subject, you will always be drawn to the process of learning. The process, more than the content or the result, is especially exciting for you. You are energized by the steady and deliberate journey from ignorance to competence. The thrill of the first few facts, the early efforts to recite or practice what you have learned, the growing confidence of a skill mastered-this is the process that entices you. Your excitement leads you to engage in adult learning experiences-yoga or piano lessons or graduate classes. It enables you to thrive in dynamic work environments where you are asked to take on short project assignments and are expected to learn a lot about the new subject matter in a short period of time and then move on to the next one. This Learner theme does not necessarily mean that you seek to become the subject matter expert, or that you are striving for the respect that accompanies a professional or academic credential. The outcome of the learning is less significant than the "getting there."

Learner Sounds like this:

Annie M., *managing editor*: "I get antsy when I am not learning something. Last year, although I was enjoying my work, I didn't feel as though I was learning enough. So I took up tap dancing. It sounds strange, doesn't it? I know I am never going to perform or anything, but I enjoy focusing on the technical skill of tapping, getting a little better each week, and moving up from the beginners' class to the intermediate class. That was a kick."

Miles A., *operations manager*: "When I was seven years old, my teachers would tell my parents, 'Miles isn't the most intelligent boy in the school, but he's a sponge for learning and he'll probably go really far because he will push himself and continually be grasping new things.' Right now I am just starting a course in business-travel Spanish. I know it is probably too ambitious to think I could learn conversational Spanish and become totally proficient in that language, but I at least want to be able to travel there and know the language."

Tim S., *coach for executives*: "One of my clients is so inquisitive that it drives him crazy because he can't do everything he wants to. I'm different. I am not curious in that broad sense. I prefer to go into greater depth with things so that I can become competent in them and then use them at work. For example, recently one of my clients wanted me to travel with him to Nice, France, for a business engagement, so I started reading up on the region, buying books, checking the Internet. It was all interesting and I enjoyed the study, but I wouldn't have done any of it if I wasn't going to be traveling there for work."

STRENGTHSFINDER®



Futuristic

"Wouldn't it be great if . . ." You are the kind of person who loves to peer over the horizon. The future fascinates you. As if it were projected on the wall, you see in detail what the future might hold, and this detailed picture keeps pulling you forward, into tomorrow. While the exact content of the picture will depend on your other strengths and interests—a better product, a better team, a better life, or a better world—it will always be inspirational to you. You are a dreamer who sees visions of what could be and who cherishes those visions. When the present proves too frustrating and the people around you too pragmatic, you conjure up your visions of the future and they energize you. They can energize others, too. In fact, very often people look to you to describe your visions of the future. They want a picture that can raise their sights and thereby their spirits. You can paint it for them. Practice. Choose your words carefully. Make the picture as vivid as possible. People will want to latch on to the hope you bring.

Futuristic Sounds like this:

Dan F., *school administrator*: "In any situation I am the guy who says, 'Did you ever think about . . . ? I wonder if we could . . . I don't believe it can't be done. It's just that nobody has done it yet. . . . Let's figure out how we can.' I am always looking for options, for ways not to be mired by the status quo. In fact, there is no such thing as the status quo. You are either moving forward, or you are moving backward. That's the reality of life, at least from my perspective. And right now I believe that my profession is moving backward. State schools are being out-serviced by private schools, charter schools, home schools, Internet schools. We need to free ourselves from our traditions and create a new future."

Dr. Jan K., *internist*: "Here at the Mayo Clinic we are launching a group called the Hospitalists. Rather than having patients handed off from one doctor to another during their stay in the hospital, I envision a family of providers. I envision 15 to 20 MDs, of various genders and races, with 20 to 25 nurse practitioners. There will be four to five new hospital services, most of which will work with surgeons and will provide para-operative care as well as care for the hospitalized elderly. We are redefining the model of care here. We don't just take care of the patients when they are in the hospital. If a patient comes in for a knee replacement, a member of the Hospitalist team would see him before the surgery, follow him from the day of surgery through the days of hospitalization, and then see him when he comes in six weeks later for his postoperative check. We will provide patients with a complete episode of care so that they don't get lost in the handoffs. And to get the funding I just saw the detailed picture in my head and kept describing this picture to the department chair. I guess I made it seem so real that they had no choice but to grant me the funds."

Brief Descriptions of the 34 Themes of Talent Measured by StrengthsFinder

Achiever

People strong in the Achiever theme have a great deal of stamina and work hard. They take great satisfaction from being busy and productive.

Activator

People strong in the Activator theme can make things happen by turning thoughts into action. They are often impatient.

Adaptability

People strong in the Adaptability theme prefer to "go with the flow." They tend to be "now" people who take things as they come and discover the future one day at a time.

Analytical

People strong in the Analytical theme search for reasons and causes. They have the ability to think about all the factors that might affect a situation.

Arranger

People strong in the Arranger theme can organize, but they also have a flexibility that complements this ability. They like to figure out how all of the pieces and resources can be arranged for maximum productivity.

Belief

People strong in the Belief theme have certain core values that are unchanging. Out of these values emerges a defined purpose for their life.

Command

People strong in the Command theme have presence. They can take control of a situation and make decisions.

Communication

People strong in the Communication theme generally find it easy to put their thoughts into words. They are good conversationalists and presenters.

Competition

People strong in the Competition theme measure their progress against the performance of others. They strive to win first place and revel in contests.

Connectedness

People strong in the Connectedness theme have faith in the links between all things. They believe there are few coincidences and that almost every event has a reason.

Consistency

People strong in the Consistency theme are keenly aware of the need to treat people the same. They try to treat everyone in the world with consistency by setting up clear rules and adhering to them.

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**Context**

People strong in the Context theme enjoy thinking about the past. They understand the present by researching its history.

Deliberative

People strong in the Deliberative theme are best described by the serious care they take in making decisions or choices. They anticipate the obstacles.

Developer

People strong in the Developer theme recognize and cultivate the potential in others. They spot the signs of each small improvement and derive satisfaction from these improvements.

Discipline

People strong in the Discipline theme enjoy routine and structure. Their world is best described by the order they create.

Empathy

People strong in the Empathy theme can sense the feelings of other people by imagining themselves in others' lives or others' situations.

Focus

People strong in the Focus theme can take a direction, follow through, and make the corrections necessary to stay on track. They prioritize, then act.

Futuristic

People strong in the Futuristic theme are inspired by the future and what could be. They inspire others with their visions of the future.

Harmony

People strong in the Harmony theme look for consensus. They don't enjoy conflict; rather, they seek areas of agreement.

Ideation

People strong in the Ideation theme are fascinated by ideas. They are able to find connections between seemingly disparate phenomena.

Includer

People strong in the Includer theme are accepting of others. They show awareness of those who feel left out, and make an effort to include them.

Individualization

People strong in the Individualization theme are intrigued with the unique qualities of each person. They have a gift for figuring out how people who are different can work together productively.

Input

People strong in the Input theme have a craving to know more. Often they like to collect and archive all kinds of information.

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Intellection

People strong in the Intellection theme are characterized by their intellectual activity. They are introspective and appreciate intellectual discussions.

Learner

People strong in the Learner theme have a great desire to learn and want to continuously improve. In particular, the process of learning, rather than the outcome, excites them.

Maximizer

People strong in the Maximizer theme focus on strengths as a way to stimulate personal and group excellence. They seek to transform something strong into something superb.

Positivity

People strong in the Positivity theme have an enthusiasm that is contagious. They are upbeat and can get others excited about what they are going to do.

Relator

People who are strong in the Relator theme enjoy close relationships with others. They find deep satisfaction in working hard with friends to achieve a goal.

Responsibility

People strong in the Responsibility theme take psychological ownership of what they say they will do. They are committed to stable values such as honesty and loyalty.

Restorative

People strong in the Restorative theme are adept at dealing with problems. They are good at figuring out what is wrong and resolving it.

Self-Assurance

People strong in the Self-Assurance theme feel confident in their ability to manage their own lives. They possess an inner compass that gives them confidence that their decisions are right.

Significance

People strong in the Significance theme want to be very important in the eyes of others. They are independent and want to be recognized.

Strategic

People strong in the Strategic theme create alternative ways to proceed. Faced with any given scenario, they can quickly spot the relevant patterns and issues.

Woo

People strong in the Woo theme love the challenge of meeting new people and winning them over. They derive satisfaction from breaking the ice and making a connection with another person.