**July Scripture Reading**

**THE REST OF THE LORD**

The verse of Scripture my mom was best known for was Psalms 37:**7** Rest in the Lord , and wait patiently for Him: fret not thyself because of him who prospereth in his way, because of the man who bringeth wicked devices to pass.

She referred to trusting in GOD to do everything HE promised to do! Being anxious for nothing requires a confidence that someone or something will resolve a matter beyond your own capability, that may not be visible to others.

Nervousness, worry, or uneasiness is not trusting. The matter is in GOD’s hands. **1 Peter 5:7** teaches us “Casting all (y)our cares upon HIM; for HE careth for (us) you.”

In addition, ‘***Rest’*** *according to Baker’s Encyclopedia of the Bible* “is **the** Freedom from work or inactivity. The source of the Christian doctrine of rest is the rest of GOD HIMSELF, who, after completing the work of creation in six days, “rested on the seveneth day from all HIS work which HE had done (**Gen. 2:2**).”

Let us choose to obey GOD and rest from that which causes us not to trust Him, and let us rest from labor to regain the strength given to the natural man by God.

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| 1. Ps. 37:3-8 2. Ps. 115:10-12 3. Isa. 26:3-4 4. Ps. 118:8-9 5. Prov. 3:5-6 6. Ps. 31:4-8 7. Ps. 32:7-8 8. Matt. 8:23-25 9. John 4:4-6 10. Ps. 46:1-3 11. Ps. 89:8-11 12. Ps. 148:7-14 13. Matt. 11:28-30 14. Heb. 4:1-4 15. 1 Thess. 1:5-11 NIV | 1. Jer. 6:16 2. Isa. 11:10 3. Ps. 116:1-11 4. Deut. 10:12-22 5. Ps. 32:5-7 6. Mark 6:31-32 7. Ps.9:9-10 8. Col. 3:1-4 9. Ps. 143:7-11 10. Ps. 119:114 11. Ps. 31:20-21 12. Ps. 27:4-5 13. Heb. 3:7-14 14. Mark 6:31-32 15. Rev. 14:13 16. Ps. 37:3-8 |