Deliverance Jesus Is Coming Church 815 Springfield Ave. Irvington, N. J. 07111

SPECIAL EDITION

JUNE 2025



A Special Message From Our Bishop Vanessa Everett ...

"SPIRITUAL SHEDDING"

Hebrews 12:1 KJV

Romans 12:2 KJV

Ephesians 4:22-24 NIV

Isaiah 43:18-19 MSG

Recently, while tending to my daily chores, which include the task of sweeping, dusting, and vacuuming, my attention was drawn to the tumbleweed of hair that I was collecting in my vacuum cleaner. It took several trips to the garbage to empty my collection container on the vacuum, as well as the dust mop, to ensure that all the debris (hair from Harley) was cleaned. This process takes place daily and sometimes twice a day, all because he is in his season for shedding. It is so necessary since I welcome friends, family, and even strangers (for business) into my home. In addition, I must ensure that while I prepare my surroundings for eating, daily living, sleeping, and relaxing, every effort is made for others to comfortably engage with me, especially when eating. Guests will come, but there are times when the unspoken gestures may reveal that there is hesitation because of the shedding.



So, while cleaning and in meditation during a recent routine, I was in the process of dumping the hair that I visibly saw in the vacuum canister. Upon returning to finish the floor area that I felt was free of debris, I began once again to vacuum, this time going over the area that I had just cleaned. At this point, I could see the canister filling once again, yet the area appeared to be clean. It was then that the Lord began to speak to me. In my spirit, the words began to well up, "Let us lay aside (remove, clean up, get rid of) the weight, and sin which doth so easily beset us...". Heb. 12:1 KJV The Lord began to show me how many times we only deal with what we can see and how we often think the process is complete after a specific spiritual cleanup. What we need to realize is that shedding is an ongoing process, behavior, and happening and that others in our surroundings are apt to be emotionally stirred: touched, overcome, shaken, distressed, and maybe even troubled by what we shed.

"SPIRITUAL SHEDDING"

Bishop Vanessa Everett -CONTINUED

- Hebrews 12:1 KJV
- Romans 12:2 KJV
- Ephesians 4:22-24 NIV
- Isaiah 43:18-19 MSG

The idea of **spiritual shedding** must become part of our ongoing relationship with God since there are things that attach to our lives that we don't see that can become weighty and have a negative impact spiritually on us as well as others. The Word of God shares in Romans 12:2 that we must not conform to the patterns of this world (the dust, dirt, persuasions, and influences) but that a transformation needs to happen in our minds. We must not allow things that we are experiencing to become controlling factors, especially if they are not Godly influences from His Word. **Ephesians 4:22-24** – "You were taught, with regard to your former way of life, to put off your old self (shed), which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness. Take the time to see that clinging to the past causes suffering and encourages letting go.



Move forward, shed.

18"Forget about what's happened; don't keep going over old history." 19"Be alert, be present. I'm about to do something brand-new. It's bursting out! Don't you see it? There it is! I'm making a road through the desert, rivers in the badlands."

Isaiah 43:18–19 (MSG)

Bishop Vanessa Everett