

# Check List



## Things to Bring for you

- ☐ Clothes- not everything you own, but a variety
- ☐ Phone and Charger
- ☐ Medication
- ☐ Some Photos or a blanket to make your room feel more comfortable
- ☐ Food- but don't worry we can help with that
- ☐ Passport or ID if you have it



## Baby

- ☐ Nappies
- ☐ Cotton Wool
- ☐ Bottles & Formula
- ☐ Dummy
- ☐ Clothes
- ☐ Blanket or comforter
- ☐ Car seat
- ☐ Pram/Pushchair
- ☐ Baby Monitor
- ☐ Medication



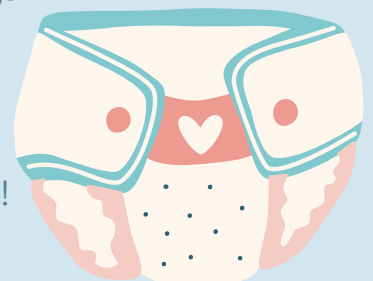
## Toiletries

- ☐ Soap
- ☐ Shampoo/conditioner
- ☐ Toothpaste
- ☐ Toothbrush
- ☐ Dressing Gown
- ☐ Deodorant
- ☐ Maternity Pads
- ☐ Hair dryer



## Things you wont need to bring

- ☐ Bassinet or cot
- ☐ Bouncer
- ☐ Baby Bath
- ☐ Toys



- ☐ We can provide anything you don't have or help you get what you need!  
Most Importantly bring an open mind!

