(Herman) Poppy Seed Cake (From Mother Leisz (Sophia Anton))

3 egg whites, stiffly beaten
1 c. sugar
1 c. cream, if sour use 1/4 teasp. soda
2 teasp. B. Powder
2 c. flour
1/2 teasp. vanilla
1/2 c. poppy seed (Use 8 x 10 pan)
Grease pan, lightly flour pan. Bake 350°
about 25-30 min.

Poppy Seed Cake (Anton's Sophia Leisz)

This cake is very white and quite rich. Mother would frost it. Mother said 'someone' smuggled poppies from Europe, which was how she raised them in her garden each year. Nipples of cooked sweetened poppy seed were sometimes given to 'colicky' babies to suck on.