

### Presidents' Message

HAPPY NEW YEAR! AS WE MOVE INTO FALL AND THE END OF 2022, WE BEGIN OUR NEW YEAR.

HOPEFULLY THIS YEAR WE CAN RETURN TO "NORMAL" WHATEVER THAT IS NOW. FOR THIS COMING YEAR WE PLAN TO DO SOME TRADITIONAL PROJECTS LIKE SCARECROWS ON MAIN STREET AND OUR CITY- WIDE SPELLING BEE. WE ALSO ENCOURAGE NEW IDEAS FOR PROJECTS, PROGRAMS, FUNDRAISING AND SOCIALS. THANK YOU TO

EVERYONE WHO WATERED THE FLOWER BASKETS ON MAIN STREET. WHEN DRIVING THE WATER BUFFALO MANY RESIDENTS COMMENTED HOW MUCH THEY ENJOY THE FLOWERS AND THAT THEY APPRECIATE OUR WATERING THEM. THANK YOU TO THOSE WHO COULD ATTEND THE LUNCHEON FOR OUR SCHOLARSHIP WINNER, MELISSA PHIPPS. SHE SHARED HER ESSAY AND HER PLANS FOR HER FUTURE. WE LOOK FORWARD TO A NEW YEAR OF FUN, FRIENDSHIP, EDUCATION AND SERVICE TO MEDFORD.

~ SHAWN AND ELLEN



### DATES TO REMEMBER

SEPTEMBER 5 ~ LABOR DAY

SEPTEMBER 25 ~ START OF ROSH HASHANAH

SEPTEMBER 8 ~ GENERAL MEETING ONLINE & MEDFORD MEMORIAL COMMUNITY CENTER ~ SEE BELOW 7:00 PM

SEPTEMBER 12 ~ BOOK CLUB SHAWN'S HOUSE 6:00 PM

SEPTEMBER 17 ~ MEDFORD OKTOBERFEST & MUSIC FESTIVAL FREEDOM PARK NOON - 7:00 PM

OCTOBER 1 ~ SCARECROWS ON MAIN GAZEBO MAIN ST. MEDFORD 9:00 AM

SEPTEMBER MEETING DISCUSSION OF 2022-2023 PROJECTS AND BUDGET.



# Things to Consider

WE WILL BE DISCUSSING OUR PROJECTS/INITIATIVES AT THE SEPTEMBER MEETING. WE WILL NEED FULL PARTICIPATION TO MOVE FORWARD SO PLEASE CONSIDER THE OPTIONS AND CHOOSE ACCORDINGLY.

WE ARE IN NEED OF COMMITTEES FOR BOTH OUR SPELLING BEE AND OUR SCHOLARSHIPS. BOTH OF THESE ARE CONSIDERED SIGNATURE PROJECTS AND THE MEDFORD COMMUNITY LOOKS FORWARD TO THEM EVERY YEAR. LET'S NOT LET THE COMMUNITY DOWN.



HEARTFELT THANKS TO EVERYONE WHO MASTERED THE GOLF CART AND WATER BUFFALO AND KEPT OUR FLOWER BASKETS ALIVE OVER THIS VERY HOT SUMMER!

THANKS ALSO TO THOSE LADIES WHO BRIGHTENED THE DAY OF OUR FRIEND AT THE NURSING CENTER. ~ YOU ALL ROCK!

## Social Services

FROM ALICE:

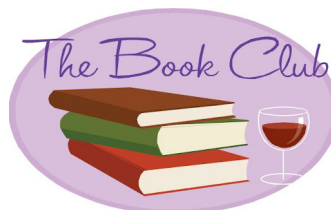
NEW MENTAL HEALTH EMERGENCY 24/7  
PHONE NUMBER #988

NAMI WALK SATURDAY, OCT, 8TH  
10:00AM AT GIAMIETRO PARK IN VINELAND,  
NJ NAMI BURLINGTON CO. STIGMA  
STOMPERS TEAM FOR PLEDGE SPONSORS OR  
WALKERS.

MENTAL HEALTH WEEK IS OCT.7TH TO 13TH,  
OCTOBER IS MENTAL HEALTH MONTH  
OCT.6TH IS NATIONAL DEPRESSION  
SCREENING DAY WORLD MENTAL HEALTH  
DAY IS OCT. 10TH



## BOOK CLUB



**ALL IN**  
**BY BILLIE JEAN KING**

**NEW YORK TIMES BEST  
SELLER ~ AN INSPIRING  
AND INTIMATE SELF-  
PORTRAIT OF THE CHAMPION  
OF EQUALITY THAT  
ENCOMPASSES HER  
BRILLIANT TENNIS CAREER, UNWAVERING  
ACTIVISM, AND AN ONGOING COMMITMENT TO  
FAIRNESS AND SOCIAL JUSTICE.**

“A STORY ABOUT THE PERSONAL STRENGTH,  
IMMENSE GROWTH, AND UNDENIABLE  
GREATNESS OF ONE WOMAN WHO FEARLESSLY  
STOOD UP TO A CULTURE TRYING TO BREAK HER  
DOWN.”

~ SERENA WILLIAMS

MONDAY SEPTEMBER 12 ~ 6:00 PM  
SHAWN'S HOUSE

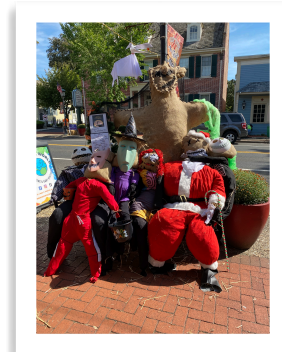
## Scarecrow Contest 2022

OUR SCARECROW CONTEST WILL TAKE PLACE  
FROM OCTOBER 1 - 27.

WE WILL ONCE AGAIN  
COLLECT A \$20 ENTRY FEE  
WITH THE PROCEEDS TO  
BENEFIT OUR GROCERY  
GIFT CARD INITIATIVE. WE  
WERE ABLE GIFT \$1250 IN  
GIFT CARDS THIS PAST  
JUNE AND WE ONLY WANT  
TO ADD TO THAT TOTAL.  
SO PLEASE SPREAD THE  
WORD ~ FURTHER

INFORMATION CAN BE FOUND ON OUR WEBSITE:

[HTTPS://MEDFORDWOMENSClub.COM/  
SCARECROWS-ON-MAIN](https://medfordwomensclub.com/scarecrows-on-main)





# NJSFWC NEWS

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## **SPECIAL STATE PROJECT ~ 2022 - 2023 EMMANUEL CANCER FOUNDATION**

THE EMMANUEL CANCER FOUNDATION (ECF) PROVIDES NEW JERSEY FAMILIES FACING THE CRISIS OF PEDIATRIC CANCER A PLACE TO TURN FOR COMFORT AND SUPPORT THROUGH PROFESSIONAL IN-HOME COUNSELING AND A UNIQUELY TAILORED PACKAGE OF ASSISTANCE – ALL FREE-OF-CHARGE.

EACH YEAR, ECF HELPS HUNDREDS OF FAMILIES IN NEW JERSEY WITH A FREE PACKAGE OF SUPPORT SERVICES. THEY ASSIST ANY NEW JERSEY FAMILY WITH A CHILD WHO HAS CANCER AGES 0-18, REGARDLESS OF RACE, CREED, SOCIOECONOMIC STATUS, OR ANY OTHER DEMOGRAPHIC RESTRICTION. THEY CONTINUE HELPING THE FAMILIES FOR AS LONG AS THEY NEED IT, WHETHER IT BE ONE MONTH OR 10 YEARS. THERE ARE NO APPLICATIONS, FORMS, OR OTHER RED TAPE FOR A FAMILY TO DEAL WITH – THEY STRIVE TO MAKE THE DELIVERY OF SERVICES AS QUICK AND SEAMLESS AS POSSIBLE.

TO DATE, ECF HAS ASSISTED OVER 2000 FAMILIES.  
ECF SERVICES.

### **IN-HOME COUNSELING**

THEY PROVIDE PROFESSIONAL COUNSELING, EMOTIONAL SUPPORT AND ADVOCACY ASSISTANCE FREE FOR THE ENTIRE FAMILY.

### **MATERIAL ASSISTANCE**

THROUGH FOUR REGIONAL CENTERS, THEY WORK WITH VOLUNTEERS TO COLLECT AND DISTRIBUTE GROCERIES, TOYS, CLOTHING, HOUSEHOLD ITEMS, AND BIRTHDAY AND HOLIDAY GIFTS.

### **EMERGENCY FINANCIAL AID**

EMERGENCY FINANCIAL ASSISTANCE CAN HELP FAMILIES WITH URGENT NEEDS SUCH AS PAYING RENT, UTILITY, PHONE AND INSURANCE BILLS.





# GENERAL FEDERATION OF WOMEN'S CLUBS

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## SEPTEMBER IS CHILDHOOD CANCER AWARENESS MONTH

BY DALE FISHER, HEALTH AND WELLNESS  
CHAIRMAN

RECOGNIZE CHILDHOOD CANCER AWARENESS MONTH THIS SEPTEMBER BY WEARING OR DISPLAYING A GOLD RIBBON. WHY GOLD? THIS COLOR SYMBOLIZES HOW PRECIOUS CHILDREN ARE AND ILLUSTRATES THE RESILIENCY OF CHILDHOOD CANCER HEROES.

DUE TO TREATMENT ADVANCES, THE SURVIVAL RATES OF CHILDHOOD CANCERS HAVE INCREASED FROM 10% IN THE 1960S TO ALMOST 80% TODAY.

HOWEVER, AFTER ACCIDENTS, CANCER IS THE SECOND LEADING CAUSE OF DEATH IN CHILDREN AGES 1 TO 14, ACCORDING TO THE [AMERICAN CANCER SOCIETY](#). UNLIKE ADULT CANCERS THAT OFTEN RESULT FROM LIFESTYLE AND ENVIRONMENTAL RISK FACTORS, CHILDHOOD CANCERS ARE MORE LIKELY THE RESULT OF CHANGES IN THE CELL'S DNA, WHICH HAPPENS VERY EARLY IN LIFE OR WITHIN THE WOMB.

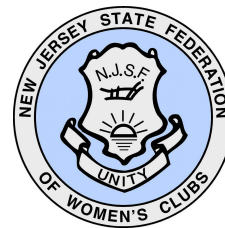
GFWC MEMBERS CAN HELP BY SUPPORTING AFFILIATE ORGANIZATION [ST. JUDE CHILDREN'S RESEARCH HOSPITAL](#), WHICH TREATS CHILDREN WITH CANCER AND OTHER PEDIATRIC CATASTROPHIC DISEASES.

CONSIDER ORGANIZING OR PARTICIPATING IN A WALK/RUN FOR ST. JUDE. PARTNER WITH A LOCAL SCHOOL AND COLLECT "CARING COINS" FOR ST. JUDE. SPONSOR A PARTY FOR THE CLASSROOM THAT COLLECTS THE MOST MONEY. ENCOURAGE THE STUDENTS TO DRESS UP AS HEALTHY HEROES, PROVIDE SNACKS, AND OFFER ACTIVITY SHEETS. MAKE WAITING ROOM FUN BAGS, DEDICATE A BRICK ON THE ST. JUDE CAMPUS PATHWAY, OR PURCHASE A LITTLE RED WAGON. THE OPTIONS ARE ENDLESS!

IS THERE A CHILD IN YOUR COMMUNITY FACING A CANCER DIAGNOSIS? LET THEM KNOW YOU ARE THINKING OF THEM BY PROVIDING PUZZLES, BOOKS, OR VIDEO GAMES..

...HELP FAMILIES WITH CHILDREN UNDERGOING TREATMENT BY SHOPPING FOR GROCERIES, PREPARING MEALS, OR BABYSITTING. OFFER TO PROVIDE TRANSPORTATION BETWEEN HOME AND THE HOSPITAL. MAKE A CARE PACKAGE FOR THE PARENTS AND INCLUDE A GIFT CARD FOR A RESTAURANT NEAR THE HOSPITAL. HELP WITH GARDENING, HOUSEWORK, DOG WALKING, OR ERRANDS OR DO SOME FUNDRAISING TO SHOW YOUR SUPPORT.

AS ST. JUDE FOUNDER DANNY THOMAS SAID, "NO CHILD SHOULD DIE IN THE DAWN OF LIFE." GIVE A SPARKLE OF HOPE TO A CHILD WITH CANCER.



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THE WOMAN'S CLUB OF MEDFORD IS A PROUD MEMBER OF THE NEW JERSEY STATE FEDERATION OF WOMEN'S CLUBS AND IN TURN OF THE GENERAL FEDERATION OF WOMEN'S CLUBS.

CLUB WOMEN ARE 'DEDICATED TO COMMUNITY IMPROVEMENT BY ENHANCING THE LIVES OF OTHERS THROUGH VOLUNTEER SERVICE'.