



Ocean Breeze

Altrusa of San Luis Obispo County

JULY-AUGUST, 2026



President's Message



President

Cici Wynn

Vice President

Connie Wood

Secretary

Debbie Volz

Treasurer

Gayle Harbert

Directors

Alana Reynolds

Donna Cettolin

Newsletter Editor

Cici Wynn

Happy 250th birthday, America! July 4th has always been a favorite holiday for me, but this year's celebration is especially meaningful as we commemorate America's 250th birthday. Communities across the country will be marking this historic milestone with celebrations that promise to be bigger and more memorable than ever.

Here in Altrusa, July is also a time of renewed energy and dedication to the organizations and community projects that make a difference. During our June Planning meeting, we reviewed the projects we currently sponsor and agreed to continue those efforts while also evaluating new opportunities to meet the evolving needs of our community.

Our new Club and Foundation Chairs and Officers are already hard at work, bringing fresh ideas and enthusiasm to their leadership roles. I want to sincerely thank each of them for accepting this responsibility and for their commitment to advancing Altrusa's mission and goals. Their willingness to serve will help ensure another successful and rewarding year for our club.

I'm wishing everyone a safe, enjoyable summer filled with opportunities to serve, connect, and make a positive difference in our community.

Cici

Meetings 2nd Tuesdays
of each month

Social at 5:00 pm

Meeting at 5:30 pm

Blacklake Community Rm.

498 Colonial Place

Nipomo, CA 93444

Altrusa International of San Luis Obispo County, Inc.

P.O. Box 1202, Pismo Beach, CA 93449

altrusaslocounty.org

altrusa.sloco@gmail.com

Like us on Facebook and

Instagram @Altrusa of San Luis Obispo County

Community Service



Altrusans Rane' Aguilar, Robin White and Alana Reynolds presented a check to Cheryl Tolan of Welcome Home Military Heroes in support of their Care Packages for Veterans.



Cheryl Tolan of Welcome Home Military Heroes with two electric bikes that Altrusa donated to them.



Library Crafts for Children at Oceano Library on June 11th.



Altrusa's entry: An Open Book Cake



Our Celebrity Chef, Connie Wood

Rotary Celebrity Chef Bake-Off - Chef Connie represented Altrusa and came in 3rd place out of 13, raising \$1,255 (\$313.75 of that for Altrusa) for Rotary's children's projects. The beautiful cake was baked and donated by retired baker Jovee.

Literacy



Altusans having lots of fun stamping books for distribution in July.

- Book Donations: We are always looking for new and used children's books. These books would then be distributed to locations within our community.
- Book Distributions: We distribute new children's books to Oceano CHC and used children's books, as well as, used adult books to New Life U-Pick Pantry.
- Other Distributions: New and used adult books to the community (5CHC, Prado Road Shelter, Veterans Clinics, Senior Convalescent Homes, Grover Beach Library and Friends of the Library).

UPCOMING EVENTS

- Healing Heroes Through Horsemanship Gala
August 8th, Thousand Hills Ranch
- Business Meeting - Aug. 11th, 5:00 pm
Blacklake Community Room, Nipomo
- COT Meeting - Aug. 18th, 5:00 pm
Rancho Del Arroyo Clubhouse, Oceano
- Stuff the Bus - Aug. 8th, 8:30 am - 4:30 pm
Walmart, Arroyo Grande
- Empty Bowls Painting Party -Sept. 9th,
2-4:30 pm - Oceano Library



**Volunteers make the world
a better place**

Foundation Board - 2026-2027

President - Robin White
Vice President - Jo-Anne Zubiri
Secretary - Koni Shaff
Treasurer - Sally Dunbar
Director - Edna Tinsley
Director - Margaret Walker

Reading is a gift that lasts forever.

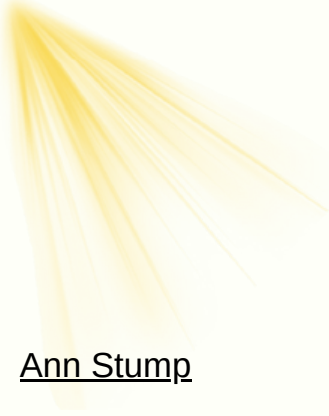
Here is the link to our Amazon Wish list.

<https://www.amazon.com/registries/guest-view/3BQ768KHG5L7>

Something to Think About...

15 Sentences That Live in My Head Rent Free

1. Fear doesn't stop death; it stops life.
2. If it costs you your peace, it's too expensive.
3. People only see the decisions you made, not the choices you had.
4. Never take criticism from someone you wouldn't take advice from.
5. The magic you're looking for is in the work you're avoiding.
6. Ships are safe in the harbor, but that's not what they're built for.
7. Ambition without action turns into anxiety.
8. To live a life most people don't, you must be willing to do what most people won't
9. You can do anything, but not everything--focus.
10. If you want to make the wrong decision, ask everyone.
11. Those who don't move won't notice their chains.
12. It's okay to live a life most people don't understand.
13. If someone could only see your actions and not hear your words, what would they say your priorities are?
14. You can't have a new reality with an old mentality.
15. No risk, no story.



Member Spotlight

Ann Stump

Ann is one of our newest members, sponsored by Rane' Aguilar. She's lived on the Central Coast all her life and is a retired elementary school teacher. She personally benefited from Altrusa's gift of books to her students. She joined Altrusa because she wants to help the community, especially children.

Ann has been married for 41 years and has two adult children. Her daughter is an artist and her son is married with two step children. They love to go to Lake Tahoe and travel there every summer.

Ann's favorite activities are walking on the beach, dancing and reading. She loves being out in nature enjoying the plants and wildlife. She's looking forward to working with Altrusa, not only to help the community, but also for connecting with the members and having some fun. Welcome, Ann!

Kimberly Lewis

Kimberly is another of our newest members. Her father was in the Air Force, so she grew up primarily in Asia and Europe. She came to the United States when she was 15. She has only been here in the area since March, 2024.

She is a professional Project Manager and formerly worked as a Project Manager for Commercial/Residential Real Estate. She is married and has 3 grown children; a son, 25, a daughter, 23 and a son, 20. She has two dogs, Princess Leia (dachshund) and Tucker Carlson (Havapoo)

Her favorite place to travel to is the French Riviera. She loves reading, road trips, knitting, golf, going to church/Bible study and entertaining friends and family.

She joined Altrusa because she enjoys helping and contributing to her community through meaningful work projects. She especially would like to work mentoring young women and other marginalized communities. She has been involved with community service most of her life and currently works with Captive Hearts. Welcome, Kimberly!

Tickets on Sale Now!



Celebration
— of —
TREES

FOR EVERYTHING THERE IS A SEASON

Saturday, Nov. 14, 2026

Sou County Regional Center,
800 W. Branch St., Arroyo Grande, CA



<https://altrusaslocounty.org>