



Ocean Breeze

Altrusa of San Luis Obispo County

April 2026

Altrusa International of San Luis Obispo County

Co-Presidents

Cici Wynn & Robin White

Vice President

Becky Lorenzo

Secretary

Margaret Walker

Treasurer

Raine Ross

Director

Edna Tinsley

Newsletter Editor

Beth Lorenzo

Meetings 2nd Tuesdays
of each month
Social at 5:00
Meeting at 5:30

Altrusa International of
San Luis Obispo County,
Inc.

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altrusasloco.org

Like us on Facebook and
Instagram @ Altrusa of San
Luis Obispo County

President's Message:

"April is a reminder that life is a beautiful, ever-renewing cycle." — *Anonymous*



CLARITY
ALTRUSANS IN ACTION

April is promising to be a quieter month, so our members may have an opportunity to take a breath and maybe even appreciate the Spring flowers! Our regular work on projects continues, however, and we'll be planning for our new year. We want to find new Chairs for our Service, Membership and Literacy committees. Our current Chairs have done a wonderful job, but it's time to give them a break. We don't want to wear them out, and we want new members, who haven't yet had an opportunity to serve in these positions, to assume these leadership roles.

We accomplished a lot in March – we continued the food pickups and deliveries, helped with the GB Library book sale, continued to collect children's books and maintained the book carts. Our Committee Chairs also prepared and submitted applications to our District for the Mamie L. Bass and Letha H Brown service awards and a Cycle 2 International Grant request. And we elected our new officers for 2026-27!

We are looking forward to and preparing for our upcoming District Eleven Conference May 1-3. We have six members of our club attending.

Celebration of Trees (COT) preparations are underway – We need our members to take a role in finding sponsors for trees and donations to the Silent and Live Auctions, as well as cash donors. We want this COT to be the most successful ever!

Robin and Cici



Upcoming EVENTS

- April 5 Easter
- April 7 World Health Day
- April 11 Altrusa Awareness Day
- April 22 Earth Day

Happy Spring



MEMBER MEETINGS

April 14 - 5:30pm (5:00 Social)

Business Meeting
Blacklake Community Room

April 21 - 5:30pm
COT Meeting - Clubhouse at Rancho del
Arroyo Mobile Home Park



April Birthdays

- Margaret Walker Apr. 8
- Sally Dunbar Apr. 18
- Judy Sorensen Apr. 20
- April Smith Apr. 29



COMMUNITY

February
Total Service
Hours by our
members

285

Hello April

- Always keep moving forward,
- Pushing your limits, and
- Remember, each obstacle
- Is a chance to grow, to
- Learn from the past and thrive

OurMindfulLife.com



*****St. Patrick's Day Bunco Event*****

Focus on Membership:

On Tuesday, March 10th, our club hosted an afternoon of laughter, lucky rolls, and great company. Everyone enjoyed delicious refreshments, festive decor, and plenty of chances to win fun prizes. Also, made connections with friends and met new ones.



Rotary Club Visit



Focus on Service and Literacy:

Members, Connie Wood and Club President Cici Wynn, were guest speakers at the Rotary Club of Grover Beach/Five Cities. They shared the history of Altrusa and provided information about our club, along with some of our projects and ways that we support our local community.

Focus on Literacy:

Our Club continues to support families with children ages 0-5 with books that focus on strengthening bonding, building parenting skills, and supporting healthy development through their Bilingual Parent Support Classes.

A flyer for 'Bilingual Parent Support Classes' at the Oceano Library. The flyer is bilingual, with text in both English and Spanish. It includes the following information:

- Oceano Library PARENT SUPPORT CLASSES**
- Tuesdays | March 3 - March 24**
- 10:30-11:30**
- Free!**
- For families with children ages 0-5. This five-week series will offer support and skills to improve bonding and healthy development.
- The series will be offered in both English and Spanish.
- Call the Oceano Library to register, or register at SLOLibrary.org

The flyer also features the South County Youth Coalition logo and the 'FIRST 5' logo. The Spanish text on the right side of the flyer reads:

- Biblioteca Oceano CLASES DE PARTICIPACIÓN DE PADRES**
- Martes | 3 de marzo - 24 de marzo**
- 10:30-11:30**
- ¡Gratis!**
- Para familias con niños de edades 0-5 años. Una serie de 5 semanas que ofrecerá apoyo y habilidades para mejorar la vinculación y el desarrollo saludable.
- Cada semana, los padres y los niños aprenderán juntos participando en actividades.
- ¡llame a la biblioteca para registrarse!

The flyer includes a photograph of a young child and the contact information: SLOLibrary.org, 1511 19th St, 805-474-7478.

- **Book Donations:**

We are always looking for new and used children's books. These books would then be distributed to locations within our community. Let us know if you can help.

- **Book Distributions:**

Continued distributing new children's books to Oceano CHC and used children's books, as well as, used adult books to New Life U-Pick Pantry.

- Continued distributing new and used adult books to community (5CHC, Prado shelter, Veterans Clinics, Senior Convalescent Homes, Grover Beach Library or Friends of the Library).

- **Recommendations/Issues to be considered:**

Meeting with local libraries and schools to discuss future projects (book readings/give-away, craft projects)

Book Drive



Reading is a gift that lasts forever. We have distributed approximately 2700 books to children in our community since July 1, 2025. With your help, we can reach our goal of 5000 books by June 2026.

Here is the link to our Amazon Wishlist. Let's share the joy of stories all year long.

<https://www.amazon.com/registries/gl/guest-view/3BQB768KHG5L7>



Focus on Service:

WHY I LOVE ALTRUSA SERVICE PROJECTS...PICTURES ARE WORTH A THOUSAND WORDS!



Salvation Army Bell Ringers



Supporting KSBY Season of Hope



Supporting SCHC with Painting Parties for Empty Bowls Fundraiser



Holiday Cheer for Casa Solana, Captive Hearts & Resilient Ones



Supporting Camp AG Jamboree with Altrusa Planting project & books



Supporting 5Cities Homeless Coalition (SCHC) Santa's Toy Shop and Winter Wishes



Supporting Welcome Home Military Heroes



Providing Quarterly Crafting Events @ Oceano Library



Food Recovery in 5Cities & SLO to support Prado Shelter, local pantries & recovery homes

Service is doing what is needed to benefit our local community, giving our time, efforts and hearts to help children, families, schools and non-profit organizations. I'm SO proud of our Club and what we have accomplished!

Thank you, Koni Shaff/Service Committee Chair



Focus on Literacy:

Volunteering on the Altrusa Literacy Committee has been one of the most gratifying experience that I have ever had.

Delivering books and seeing the smiling and appreciative faces of the recipients is so heartwarming.

I also love the stamp parties. Stamping the many donated books and getting to know my fellow Altrusans makes for a very informative and a happy afternoon.

Jo-Anne Zubiri



Today a
Reader
Tomorrow
A Leader



Club Committees



We have several service projects coming up, as well as, some new ones that we will be exploring in the next few months. We are always looking for volunteers to help us. If interested, email us at altrusa.sloco@gmail.com, message us on our Facebook page, or talk to one of our Altrusa members.



Our Committee is always looking for new service projects to partner with in our community.

Communication

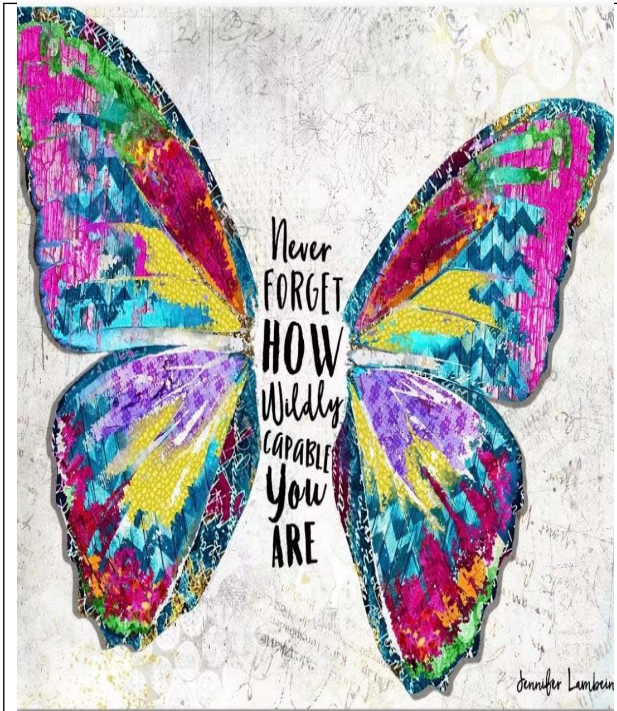
- **Email Marketing:** Continue to subscribe friends/family to MailChimp.
- **Social Media:** Follow us for updates on Facebook @altrusa.sloco and Instagram @altrusaofslocounty.
- **Club Website:** Your source for updates on what we're doing in the community and how you can help.
- **Membership:** Thank you to those of you that attended our St. Patrick's Bunco Party on March 10th.
- **ASTRA:** Follow-up with committee to discuss and plan to contact school staff at Lopez HS and possibly reaching out to other schools about promoting an ASTRA Club.

Literacy

Here are some ways to celebrate words, books, and reading this month -

April 2026

National Card and Letter Writing Month	16 - National Librarian Day
National Poetry Month	17 - International Haiku Poetry Day
National Literature Month	16 - Take Action for Libraries Day
School Library Month	16 - Celebrate Teen Literature Day
1 - Reading is Funny Day	18 - Newspaper Columnists Day
2 - International Children's Book Day	19 - Poetry and the Creative Mind Day
2 - Children's Picture Book Day	19-25 - National Library Week
4 - National School Librarian Day	20 - Right to Read Day
10 - National Encourage a Young Writer Day	21 - National Library Workers Day
12 - Drop Everything and Read (D.E.A.R.) Day	21 - Thank You for Libraries Day
13 - Scrabble Day	22 - National Library Outreach Day
14 - National Donate a Book Day	23 - Canada Book Day
15 - Rubber Eraser Day	23 - Shakespeare Day
15 - World Art Day	23 - World Book and Copyright Day
15-21 - Canada Book Week	23 - World Book Night



Altrusa Club News

April, Jo-Anne, Koni, Koni's friend Rene & extra golfer Bill formed a team in the 5CHC golf tournament Sat Mar 21st @ Pismo Beach golf course. A total of 24 teams played best ball format in beautiful central CA with perfect golf weather. After golf we enjoyed a delicious BBQ dinner with live music. April even won a raffle basket. Altrusa was recognized on the thank-you flyer placed in golfer bags. All proceeds benefitted 5CHC in helping their clients with resources, supportive services and programs.



FOUNDATION BOARD FOR 2025-2026

President - Beth Lorenzo
Vice President - Jo-Anne Zubiri
Secretary - Koni Shaff
Treasurer - Sally Dunbar
Director - Becky Lorenzo
Past President - Judy Sorensen



Reminder on navigating the web...

Where can you find more information about District Eleven?
districteleven.altrusa.org

Where can you find more information about Altrusa International?
altrusa.org



Coming up this month...

- **Boys & Girls Clubs Spring Break Camp**
April 6–10, 2026 with activities including games, crafts and group activities for kids.
- **Central Coast Aquarium Spring Break Camp**
April 6–10, 2026 Kids learn about marine life, conservation and explore the aquarium through hands-on activities.
- **Performance Athletics Gymnastics**
March 23-27 and April 6-10 Spring Gymnastics Camps, beginner-friendly gymnastics experience for kids to build confidence and strength on the bars, beams, floor, vault, trampolines, and loose foam pits.
- **Arroyo Grande Spring Break Camps**
April 6 - 10, 2026 Arroyo Grande is offering several kids camps that combine creativity, sports and teamwork through hands-on activities. Options include Slime Week, soccer and basketball camps, and a Survivor's Challenge program where kids solve puzzles, tackle obstacle courses and build teamwork skills.



BOYS & GIRLS CLUBS
OF SOUTH SAN LUIS OBISPO COUNTY

2026 Spring Break Day Camp

Monday April 6, 2026 9:00am-6:00pm	Tuesday April 7, 2026 9:00am-6:00pm	Wednesday April 8, 2026 9:00am-6:00pm	Thursday April 9, 2026 9:00am-6:00pm	Friday April 10, 2026 9:00am-6:00pm
Daily Theme: Sensory Science	Daily Theme: Fur & Feathers	Daily Theme: Art Exploration	Daily Theme: Color Our World	Daily Theme: Spring Into Action

* Attendance Requirements: 4.5 hours per day
 * 1 unexcused absence for the 5 days
 * Schedule subject to change
 * Breakfast, Lunch and Snacks Provided Daily
 * Parents/Guardians must review, agree to, and sign the BGC parent handbook
 * More information on bgcslo.org

Spring Break Day Camp provides a fun, safe, & enriching environment where youth can learn, grow, and thrive. The program features daily activities and inspiring guest speakers from various fields.

Daily Enrichment Program Areas:
Sports & Rec | Education | The Arts | Health & Wellness
Career Development | Character & Leadership

Guest Speakers:




Camp will be at:
Fairgrove Elementary
2101 The Pike, Grover Beach
MyClubHub@bgcslo.org
bgcslo.org




Celebrate Earth Day

Join us on April 25, from 12 – 2 PM at the Pismo Beach Pier for a day of sand art, stewardship, and citizen science because taking care of this town is something we can all do together.

Why We Celebrate

Our town and our coast are our responsibility. Earth Day falls on Wednesday, April 22, but we're bringing the celebration to the weekend so everyone can join in. On Saturday, April 25, we're gathering at the Pismo Beach Pier to give back to the place we love. Whether you pick up a piece of trash, document a sea creature, or simply stop to admire a mandala drawn in the sand, every small act of care adds up to something meaningful.

What's Happening

There are three ways to celebrate with us, but plenty more on your own! Join the Pismo Beach Stewardship and Educational Outreach Program at the Pismo Beach Pier from 12 PM to 2 PM on Saturday, April 25.

Earth Day Sand Art

Local artist Avery of Mandala Sea will create a special Earth Day mural below the pier. He'll begin in the morning, but the finished piece will be best viewed at low tide around 1 PM.



About the Pismo Beach Stewardship & Educational Outreach Program

The Pismo Beach Stewardship and Educational Outreach Program is dedicated to connecting both visitors and locals with the incredible natural environment that makes this community so special. Through hands-on programming, community events, and partnerships with conservation organizations, the program works to foster a culture of care and curiosity along the Central Coast. The belief is simple: when people understand and appreciate the natural world around them, they become its most committed protectors. Events like our Earth Day Celebration are just one part of that ongoing work to build a community of people who love this place enough to look after it.

About the City Nature Challenge

The City Nature Challenge is an annual four-day community science event that invites people in cities around the world to get outside and document the wild plants and animals living in urban areas. Participants use the iNaturalist app to photograph and log their observations, contributing to a growing global record of urban biodiversity. What began as a friendly competition between two U.S. cities in 2016 has since grown into a worldwide phenomenon, with over 100,000 people across hundreds of cities participating.



Beach Clean Up

One of the simplest, most impactful things you can do for this place is pick up trash on your beach walk. Stop by the stewardship booth near the airstream on the pier to borrow gloves, grabbers, and buckets, and make your afternoon stroll a little more meaningful. Supplies available 12–2 PM.



More Pismo Beach Stewardship Events on April 25th



Earth Day Beach Bash at Sandcastle Hotel

Bring the whole family down to the beach right in front of the hotel for an exciting sandcastle-building experience. The hotel will have complimentary buckets and shovels ready to go, plus prizes to keep the kids smiling all day long. Grab a bite at the hot dog stand, where a portion of proceeds will support the Land Conservancy of San Luis Obispo—so you can enjoy great food while giving back.