



# Ocean Breeze

Altrusa of San Luis Obispo County

February 2026

## Altrusa International of San Luis Obispo County

### Co-Presidents

Cici Wynn & Robin White

### Vice President

Becky Lorenzo

### Secretary

Margaret Walker

### Treasurer

Raine Ross

### Director

Edna Tinsley

### Newsletter Editor

Beth Lorenzo

Meetings 2nd Tuesdays  
of each month  
Social at 5:00  
Meeting at 5:30

Altrusa International of  
San Luis Obispo County,  
Inc.

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Pismo Beach, CA 93448

[altrusa.sloco@gmail.com](mailto:altrusa.sloco@gmail.com)

[altrusasloco.org](http://altrusasloco.org)

Like us on Facebook and  
Instagram @ Altrusa of San  
Luis Obispo County



### President's Message:

FEBRUARY – the month of LOVE. And, what's not to LOVE about Altrusa? We LOVE our Community and LOVE helping, serving and giving back to that Community. We LOVE our members who selflessly give of themselves with their time, abilities and talents. And we LOVE everyone who supports our efforts to continue being a driving force for literacy and community service in San Luis Obispo County.

We hope you participated in and enjoyed our Club fundraiser sponsored by Urbane Café in Arroyo Grande on Jan 21. It was great to see so many familiar faces. A big thank you to Lisa Guy & Carol Somerville for passing out flyers in the parking lot!!

We are always on the move to make a difference – sometimes in big ways, sometimes in small ways, but you can be sure that every effort is pointed toward making the lives of our neighbors better.

Enjoy your February, and share the LOVE!

Sincerely,

Cici & Robin  
Co-Presidents



# Upcoming EVENTS

Feb. 4 Oceano Library Kids' Craft for Valentines  
3:30 - 4:30pm



## MEMBER MEETINGS

February 3 - 4:30pm  
Literacy Committee Meeting  
Beth Lorenzo's Home  
February 10 - 5:30pm (5:00 Social)

Business Meeting  
Blacklake Community Room

Foundation Meeting  
TBD



## February Birthdays

Madelyn Koontz Feb.6  
Connie Wood Feb.23  
Linda Daly Feb.25  
Clint Steele Weirick Feb.28



COMMUNITY

December  
Total Service  
Hours by our  
members

472



\*\*\*\*\*Book Stamping Party\*\*\*\*\*

Focus on Literacy:



Members, Edna Tinsley, Jo-Anne Zubiri, Terry McDonald put their talents to work by stamping, sorting, and counting new and gently used children's books.

Members, Donna Cettolin and Becky Lorenzo, showing some of the wonderful books that were donated.



Book Stamping crew were able to get 427 books ready to be distributed out to our local community.



## New Life Pantry Book Corner

### Focus on Literacy:

Club members, Lisa Guy and Edna Tinsley delivered over 300 gently used children's books to the New Life Pantry. As families gather at the pantry, the kids enjoy selecting a book to take home with them.



## CHC Clinic in Oceano

### Focus on Literacy:

Members, Lisa Guy and Beth Lorenzo, delivered new children's books to the Pediatric area of the Clinic.



The Clinic added a new bookcase where children can select a book after their appointment.



## Focus on Service:

**UPDATE FROM SERVICE COMMITTEE:** Submitted by Koni Shaff, Committee Chair

Our 2025 Holidays was a busy and joyous time supporting other local organizations/events (5Cities Homeless Coalition, Days for Girls, Grover Beach Rotary, KSBY Season of Hope, Oceano Elks, Oceano Library, Salvation Army, Welcome Home Military Heroes).

Although January has been a bit quieter, our SLO and 5Cities Food Recovery teams continue working hard 5 days a week, delivering rescued food to Prado Shelter in SLO, along with 7 other local pantries, recovery homes, churches, and senior center. Even nonfood items donated from grocery stores are distributed to organizations such as Prado Shelter, Women's Aid, Welcome Home Military Heroes, Boys & Girls, 5CHC, recovery homes and affiliated thrift stores.

Flowers and plants are also picked up on a weekly basis from Trader Joe's and distributed into the community to various care facilities, recovery homes and Altrusa donors.

We are making a HUGE IMPACT in our community - THANK YOU to our awesome food recovery teams, and the generous participating grocery stores:

**SLO TEAM:** Teena Colebrook, Connie Wood, Carol Sommerville, Alana Reynolds, Raine Ross, Koni Shaff, Melanie Hodges, Robin White & Debbie Volz.

**5CITIES TEAM:** Connie Wood, Edna Tinsley, Debbie Volz, Carol Sommerville, Michelle & Larry (volunteers) and Koni Shaff.

**GROCERY STORES:** Costco SLO, Whole Foods SLO, Trader Joe's SLO, Cal Fresh PB, and Grocery Outlet AG.

Volunteers are ALWAYS welcome to help us in our food recovery activities or other service projects in our community! Upcoming events: **Feb 4th** - Valentines Crafting @ Oceano Library 3:30-4:30pm; **May 17th** - Altrusa Planting & Books @ Camp Arroyo Grande Jubilee.

For more information please contact us @ Altrusa.sloco@gmail.com, or visit our website @ altrusaslocounty.org or Facebook @ Altrusa of San Luis Obispo County.





## Club Committees



We have several service projects coming up, as well as, some new ones that we will be exploring in the next few months. We are always looking for volunteers to help us. If interested, email us at [altrusa.sloco@gmail.com](mailto:altrusa.sloco@gmail.com), message us on our Facebook page, or talk to one of our Altrusa members.



Our Committee is always looking for new service projects to partner with in our community.

### Communication

- **Email Marketing:** Continue to subscribe friends/family to MailChimp.
- **Social Media:** Follow us for updates on Facebook @altrusa.sloco and Instagram @altrusaofslocounty.
- **Club Website:** Your source for updates on what we're doing in the community and how you can help.
- **Membership:** More details coming about plans for our next event.
- **ASTRA:** Follow-up with committee to discuss and plan to contact school staff at Lopez HS and possibly reaching out to other schools about promoting an ASTRA Club.

### Literacy

Here are some ways to celebrate words, books, and reading this month -

#### February 2026

African American Read-In Month	8-14 – Freelance Writers Appreciation Week
Creative Romance Month	9 – Read in the Bathtub Day
Library Lovers' Month	14 – International Book Giving Day
1-7 – Children's Authors and Illustrators Week	14 – Library Lover's Day
2-6 National News Literacy Week	20 – Clean Out Your Bookcase Day
2-8 – National Storytelling Week in the UK	22-28 – Freedom to Read Week in Canada
5 – World Read Aloud Day	22-28 – Black Children's Book Week
7 – Send a Card to a Friend Day	26 – Tell a Fairy Tale Day
7 – Take Your Child to the Library Day	

### Altrusa is....

“Inspiring! Fun! A way to shine light in this world!”

“Connecting with other members with a common goal and passion that will leave more than we take from this life.”

“Serving my community with friends who share the same heart for others.”

“What keeps me in touch with friends and community.”



# Altrusa Club News

## Club Fundraiser

Our Club held a fundraiser over at Urbane Cafe in Arroyo Grande on Wednesday, January 21st from 4:00 - 9:00pm. Members were on hand to share about our organization with the community.



30%  
Back!



Urbane Cafe

**WE ARE RAISING  
DOUGH FOR**

*Altrusa International of  
San Luis Obispo County*

**Wednesday, January 21st, 2026  
4:00 pm - 9:00 pm**

**Urbane Cafe Arroyo Grande  
924 Rancho Parkway,  
Arroyo Grande CA 93420**



Bring this flyer to Urbane Cafe and we will toss 30% to the cause. Want to participate virtually? Order online and use promo code "fundraisers" at checkout\*  
\*Only one promo code or reward can be used per order

## FOUNDATION BOARD FOR 2025-2026

President - Beth Lorenzo  
Vice President - Jo-Anne Zubiri  
Secretary - Koni Shaff  
Treasurer - Sally Dunbar  
Director - Becky Lorenzo  
Past President - Judy Sorensen



## Reminder on navigating the web...

**Where can you find more information about District Eleven?**  
[districteleven.altrusa.org](http://districteleven.altrusa.org)

**Where can you find more information about Altrusa International?**  
[altrusa.org](http://altrusa.org)

