



# Ocean Breeze

Altrusa of San Luis Obispo County

June 2025

## Altrusa International of San Luis Obispo County

### Co-Presidents

Cici Wynn & Robin White

### Vice President

Becky Lorenzo

### Secretary

Margaret Walker

### Treasurer

Raine Ross

### Director

Edna Tinsley

### Newsletter Editor

Beth Lorenzo

Meetings 2nd Tuesdays  
of each month  
Social at 5:00  
Meeting at 5:30

Altrusa International of  
San Luis Obispo County,  
Inc.

P.O. Box 1202  
Pismo Beach, CA 93448

[altrusa.sloco@gmail.com](mailto:altrusa.sloco@gmail.com)

[districteleven.altrusa.org](http://districteleven.altrusa.org)

Like us on Facebook and  
Instagram @ Altrusa of San  
Luis Obispo County

### President's Message:

Welcome to a new year for our club! Although we have big shoes to fill (from a tiny lady) from Beth's leadership over the past 2 years, we look forward to the coming year and all it has to offer.

Attending the District Eleven conference in San Diego provided the "shot in the arm" we needed. In addition to the President's workshop, we were able to get lots of ideas from other Altrusans who attended from several different clubs. We had a great time there and hope to find out soon where the conference will be next year.

The new District Eleven 2025-2027 biennium theme is CLARITY (Collaboration/Learning/Attribution/Reciprocity/Team Work/Yield) Altrusans in Action.

In that spirit, we want to schedule a club planning meeting as soon as possible, hopefully in June. The purpose will be to hear your ideas and feedback about what you think is going well in our club, as well as, things that we might want to reconsider continuing. Most of all, we want your ideas about what you'd like the club to do, and what you are most interested in participating in.

Thank you for trusting us to lead you in 2025-2026. We'll do our best to stay true to all that Altrusa stands for and what our club is passionate about.

*Cici & Robin*  
Co-Presidents



**CLARITY**  
ALTRUSANS IN ACTION



## Upcoming EVENTS

- June 7** Summer Reading Program Sign-ups at Grover Beach Community Library from 10am - 2pm
- June 9** Summer Camp begins at Boys & Girls Club of South SLO County
- June 14** Veterans Gala Fundraiser for Welcome Home Military Heroes Santa Maria Country Club 6:00pm



### **MEMBER MEETINGS**

- June 10 - 5:30pm (5:00pm Social)**  
Business Meeting  
Blacklake Community Room
- June 19 - 5:00 - 7:00pm**  
Planning Meeting  
Robin's Home
- June 24 - 5:30 - 7:30pm**  
COT Meeting  
Coffee Bean Pismo Beach



**June Birthday Wishes**  
**Debbie Volz June 23**



*May your June  
be full of sunshine  
and sweet summer vibes*



## \*\*\*\*\* MEMBER SPOTLIGHT \*\*\*\*\*

### Alana Reynolds



**Strengths -**  
Ability to lead,  
be supportive

**Weaknesses -**  
Tend to put  
too much on  
my plate  
(busy)

Meet Alana Reynolds. She has been a member since 2022 and her sponsor is Connie Wood. Alana was inspired by her sponsor to join Altrusa. Here are some fun facts about Alana:

**How long have you lived on the Central Coast?** 46 years.

**What brought you here?** Cal Poly

**Who are the members of your immediate family?** My husband Alan, a brother Randy, step-daughter Michele, and step-granddaughter Mia.

**What is your favorite movie and why?** The Sound of Music. It's full of love, joy, lessons, communication, honesty, and more love!

**What is your favorite book and why?** 'Four Agreements' by Don Miguel Ruiz. If we would live by these 4 lessons, the world would be a better place.

**What do you not feel guilty spending money on?** Travel and massages.

**Share a recent WIN in your life -** Top 1% in Jafra and Kaire Nutraceuticals Cosmetics.

**What are your interests?** Travel, cruising, and enjoying wine.

**If you could be an animal, what would it be and why?** An eagle. They soar through the sky with ease.

### Raine Ross



**Strengths -**  
organization and  
computer skills

**Weaknesses -**  
overcommitting and  
tact

Meet Raine Ross. Raine has been a member since 2008 and her sponsor is Melanie Hodges. She was inspired to join Altrusa because of her desire to give her time to something so worthwhile. Here are some fun facts about Raine:

**How long have you lived on the Central Coast?** Since 1981 - nearly 45 years

**What brought you here?** A desire to raise our family on the Central Coast

**Who are the members of your immediate family?** Michael (husband and father to our children), son Christopher, daughter Lauren, and four grandsons.

**What is your favorite movie and why?** Ferris Bueller. I just love the humor and the "lesson taught" in such a fun story.

**What is your favorite book and why?** 'The Glass Castle'. True story, very heart-wrenching, but the author never came from the viewpoint of being a victim.

**What do you not feel guilty spending money on?** Groceries!

**Share a recent WIN in your life -** Shifting my attitude, so I can show enthusiasm for our daughter's move to Tennessee.

**What are your interests?** Hiking, travel, and photography

**If you could be an animal, what would it be and why?** An otter - how fun would that be!



## District Eleven Conference

Altrusa International District Eleven 69th Annual Conference was held in San Diego last month. Eight club members attended. There were all Conference workshops, a fun & fitness class, an ASTRA Presentation from JAG Kitchen of Southwestern College, Foundation luncheon, Grant Awards, Honky Tonk Fun Friday, and so much more.



Member Becky Lorenzo and Bea Goyette of Altrusa of the Central Coast, at the Credentials check-in table. Member Koni Shaff joined them for a picture.



Club members, from left to right, Cici Wynn, Beth Lorenzo, Judy Sorensen, Koni Shaff, Governor April Smith, Melanie Hodges, Becky Lorenzo, and Robin White getting ready for Fun Friday.

Cici Wynn and Robin White getting ready for the Flag Procession at Conference.



Our Club received an Honorable Mention for the Letha Brown award along with the Membership award for the greatest number of new members last year.



Outgoing Governor, April Smith, ready for the Governor's Banquet and her Farewell Address.

Hands-on Service Workshop for Days for Girls. Attendees helped make menstrual kits for the Grow East Africa Project of Southern Ethiopia (below)



Our new Governor, Hilary Sloan, signed a card in each, thanking us for our participation in conference.





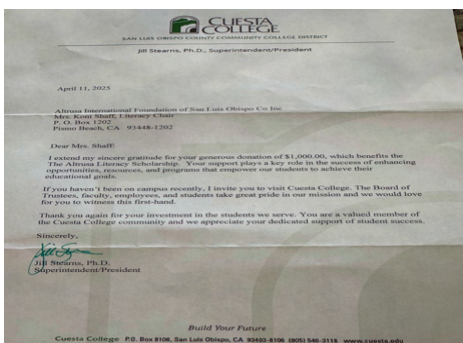
## Scholarship Awards

Thanks to our Foundation for awarding funds to 3 local high school senior students to help them pursue their future studies. Members, Connie Wood, Alana Reynolds, Koni Shaff, and Edna Tinsley presented on behalf of Altrusa, at the Oceano Elks High School Senior Scholarship Awards Ceremony last month.



## Cuesta College Scholarships

Our Foundation awarded \$1000 to the Altrusa Literacy Scholarship to support student success



### Scholarship Winner Lopez High School 2023

Congratulations to Kamilly DaSilva for being selected to receive a \$1000 scholarship from Altrusa of San Luis Obispo County Foundation, Inc.

Kamilly is very interested in studying Nutrition and plans to attend Cuesta College. Her goals after Cuesta College are to transfer to a university and get a degree in Nutrition and may want to work in a hospital or in sports nutrition. Her mother has inspired her to learn more about nutrition and healthy eating.

Kamilly is originally from Brazil and did not move to the U.S. until she was 17 and has had to work hard to complete her last two years of her high school education. She knows that the scholarship money will help her with her future education. She describes herself as "a girl who goes forward to follow her dreams and never gives up on anything. Even if things are difficult she is always trying."



- **Book Donations:**

We are always looking for new and used children's books. These books would then be distributed to locations within our community. Let us know if you can help.

- **Book Distributions:**

Continued distributing new children's books to Oceano CHC and used children's books, as well as, used adult books to New Life U-Pick Pantry.

- Continued distributing new and used adult books to community (5CHC, Prado shelter, Veterans Clinics, Senior Convalescent Homes, Grover Beach Library or Friends of the Library).

- **Recommendations/Issues to be considered:**

Meeting with local libraries and schools to discuss future projects (book readings/give-away, craft projects)

### Mother's Day Craft at Oceano Library



Members, Judy Sorensen and Koni Shaff, helped the kids make cards for their mothers and grandmothers. They also got to take home a flower bouquet craft kit.



### Grover Beach Community Library Book Sale



Member, Connie Wood and friends, checking out children's books that were available at last month's book sale. 84 books were rescued from the sale.





## Camp Arroyo Grande Mini-Jamboree



Club members, Becky and Beth Lorenzo, set up our table in the Tabernacle.



Member, Connie Wood, also helped give out books and craft kits. We gave 45 books and 30 craft kits out to the families.



We gave out 75 plants; 50 with animal pots and 25 using paper cups. The kids were so excited to be able to take home a plant.



Members, Koni Shaff, Connie Wood, Tracy (Connie's friend), Gayle Harbert, Cici Wynn, and Robin White, worked down in the garden area and helped families with their plants.





### 40 Prado/CAPSLO Gratitude Meal

Prado's head chef, Kevin, prepared and served a gratitude meal for the Whole Foods, Costco, and Trader Joe's employees to thank them for their generous food donations during the year. Members, Teena Colebrook and Connie Wood helped Kevin with preparation and meal service.



### Memorial Day Veteran's Event in Atascadero



Member, Alana Reynolds, was a flag bearer and members, Connie Wood and Koni Shaff helped in the Welcome Home Military Heroes booth.







## Club Committees



### Service

**SLO Food Bank** - Daily pickups from Costco, Trader Joe's, and Whole Foods. Deliveries to Prada CAPSLO, Oceano Food Bank and 5 Cities Food Bank.

**5 Cities Food Bank Team** - Food recovery Thurs-Sat from California Fresh Market and Grocery Outlet with deliveries to NLCC Pantry, 5 Cities Women's Pantry, Captive Hearts, and Casa Solana. When there is excess food, deliveries are also made at St. Pat's, Salvation Army Pantry, and a small church in Oceano.



We have several service projects coming up, as well as, some new ones that we will be exploring in the next few months. We are always looking for volunteers to help us. If interested, email us at [altrusa.sloco@gmail.com](mailto:altrusa.sloco@gmail.com), message us on our Facebook page, or talk to one of our Altrusa members.



Our Committee is always looking for new service projects to partner with in our community.

### Communication

#### Email Marketing

- Continue to subscribe friends/family to MailChimp
  - Our Instagram is now up and running. Consider following us @ altrusaofslocounty
- Recommendations:

- Club Website

#### Membership:

More details coming in the next few months about plans for our next event.

**ASTRA:** Follow-up with committee to discuss and plan to contact school staff at Lopez HS and possibly reaching out to Nipomo HS about promoting an ASTRA Club.

Mark your calendars...  
More details to follow soon!



**ALTRUSA INTERNATIONAL FOUNDATION OF  
SAN LUIS OBISPO COUNTY PRESENTS**

#### Celebration of Trees

*"Christmas Around the World"*

**Saturday November 15, 2025**

**So. County Regional Center—Arroyo Grande, CA**

**Doors open at 5pm**

**Event Tickets \$120**

*(includes admission, plated dinner, & dessert)*

**No-Host Wine & Beer**

**Live & Silent Auctions**

**Holiday Tree & Vignette Drawings**

**Wine Tree Drawings**

*(separate tickets @ \$100)*

#### Purchase Tickets



Send us an email  
[Altrusa.sloco@gmail.com](mailto:Altrusa.sloco@gmail.com)



Check out our website  
<https://altrusaslocounty.org>

Bring a new children's book to support  
our Community Book Drive  
Check out our Amazon Wish List



# Altrusa Club News

## Club Installation and Initiation Luncheon

15 members, including Past District Eleven Governors, April Smith, Melinda Aguirre, and Judy Sorensen attended our club's Installation of our new Club Board and initiated two new members, Carol Somerville and Gayle Harbert. We met at Beso Cocina in Nipomo.



Pictured left, Judy Sorensen receiving Emeritus Status. April Smith presenting.

Initiation of new members (from left to right), Raine Ross sponsored Carol Somerville, and Cici Wynn sponsored Gayle Harbert.

## Club Board for 2025-2026



Co-Presidents - Cici Wynn & Robin White  
Vice President - Becky Lorenzo  
Secretary - Margaret Walker  
Treasurer - Raine Ross  
Director - Edna Tinsley



## FOUNDATION BOARD FOR 2025-2026

President - Beth Lorenzo  
Vice President - Jo-Anne Zubiri  
Secretary - Koni Shaff  
Treasurer - Sally Dunbar  
Director - Becky Lorenzo  
Past President - Judy Sorensen

Members - please report your Service hours here:



## Reminder on navigating the web...

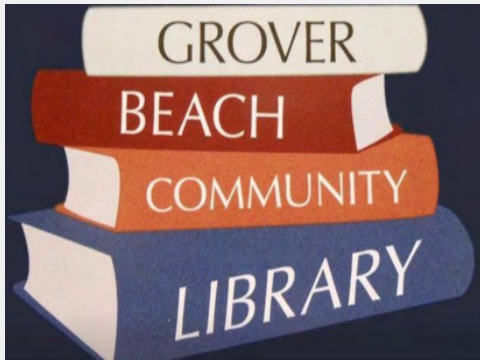
Where can you find more information about District Eleven?  
[districteleven.altrusa.org](http://districteleven.altrusa.org)

Where can you find more information about Altrusa International?  
[altrusa.org](http://altrusa.org)





Coming up this month...



"Reading is the Key" is the theme for the Summer Reading Program for 2025. Sign-ups for the program begin on Saturday, June 7, from 10 to 2:00 at the library. The program will be extended to eight weeks this year and the requirement will be to read 8 age appropriate or grade level books by end of program, Aug 2, 2025. We will have an awards presentation on that date.



Join us on Saturday, June 14, 2025, as we honor our nation's heroes at the Veteran Gala, held on the U.S. Army's 250th Birthday! This special evening will bring together veterans, military supporters, and community leaders to celebrate the service and sacrifice of our military heroes.

This year's Veteran Gala is a fundraiser for Welcome Home Military Heroes, a nonprofit dedicated to honoring and supporting veterans through various programs and community initiatives. All proceeds from the event will go directly toward supporting their mission to serve those who have served our nation.

The night will feature a live and silent auction, distinguished guests, an elegant dinner, and live entertainment. All proceeds from the auction will support Welcome Home Military Heroes, making this a night of celebration and impact.

📍 Location: Santa Maria Country Club

🕒 Time: 1800 (6:00 PM)

👔 Dress Code: Formal Attire