

Area Office On Aging of Northwestern Ohio, Inc.

April 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/1/2024 Hamburger Patty Brown Gravy or Honey Mustard Chicken Buttermilk Potatoes Green Beans w/Tomatoes/Onions Wheat Bread Fresh Fruit Milk Margarine Diet - Same	4/2/2024 Sausage Patty or Cheese Omelet Oven Roasted Potatoes Orange Juice Biscuit Hot Cinnamon Applesauce Milk Margarine Assorted Jelly Diet-Hot Cinnamon Applesauce	4/3/2024 Turkey Breast with Gravy or Creamy Paprika Chicken Macaroni and Cheese Garden Vegetable Blend Multi-Grain Bread Fruited Gelatin Milk Margarine Diet - Fruited Gelatin	4/4/2024 Beef Stroganoff or Glazed Ham Succotash Glazed Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same	4/5/2024 Vegetable Lasagna or Beef Spaghetti Casserole Green Peas Whole Kernel Corn Texas Bread Sugar Cookie Milk Margarine Diet - Graham Crackers
4/8/2024 Shepherd's Pie or BBQ Pork Rib Patty Cabbage Glazed Carrots Multi-Grain Bread Fresh Fruit Milk Margarine Diet - Same	4/9/2024 Chicken Parmesan or Spanish Beef Patty Baked Potato Broccoli Wheat Bread Strawberry Cake Milk Margarine Diet - Angel Food Cake	4/10/2024 Sausage with Onions & Peppers or Chicken with Onions & Peppers Oven Roasted Potatoes Sauerkraut Hot Dog Bun Fresh Banana Milk Diet - Same	4/11/2024 Ham, Broccoli, Rice Casserole or Chicken Noodle Casserole Cauliflower Green Peas Wheat Bread Oatmeal Raisin Cookie Milk Margarine Diet - Vanilla Wafers	4/12/2024 Spinach Lasagna or Meat Noodle Casserole Whole Kernel Corn Tossed Salad Wheat Bread Peach Cobbler Milk Margarine Ranch Salad Dressing Diet - Hot Spiced Peaches
4/15/2024 Honey Mustard Chicken or Beef with Mushroom Gravy Buttermilk Potatoes Green Peas Wheat Bread Fresh Fruit Milk Margarine Diet - Same	4/16/2024 Hamburger Patty or BBQ Pork Rib Patty Baked Beans Mixed Vegetables Hamburger Bun Fresh Fruit Milk Diet - Same	4/17/2024 Chicken Pot Pie or Meat Cabbage Casserole Whole Kernel Corn Brussels Sprouts Multi-Grain Bread Pineapple Tidbits Milk Margarine Diet - Same	4/18/2024 Pork with Supreme Sauce or Creole Steak Whipped Potatoes Sliced Carrots Wheat Bread Devil's Food Cake Milk Margarine Diet - Angel Food Cake	4/19/2024 Macaroni & Cheese or Ham and Macaroni Casserole Stewed Tomatoes Spinach Cornbread Fresh Fruit Milk Margarine Diet - Same
4/22/2024 Meatballs with Mushroom Gravy or Pineapple Glazed Chicken Cheesy Whipped Potatoes Brussels Sprouts Wheat Bread Fresh Fruit Milk Margarine Diet - Same	4/23/2024 Chicken and Rice Casserole or Creole Steak Sliced Carrots Winter Vegetable Blend Dinner Roll Brownie Milk Margarine Diet - Graham Crackers	4/24/2024 Taco Pie or Chilaquiles Casserole Mexican Rice Stewed Tomatoes Flour Tortilla Fresh Fruit Milk Margarine Diet - Same	4/25/2024 Glazed Ham or Oven Fried Chicken Baked Sweet Potato Tossed Salad Multi-Grain Bread Pear Crisp Milk Ranch Salad Dressing Margarine Diet - Hot Pears	4/26/2024 Beef Patty w/Gravy/Peppers or Turkey with Supreme Sauce Garden Rotini Cabbage Wheat Roll Birthday Cake Pineapple Tidbits Milk Margarine Diet - Angel Food Cake
4/29/2024 Vegetarian Chili or Beef Chili Baked Potato Green Peas Cornbread Fresh Fruit Milk Margarine Sour Cream Diet - Same	4/30/2024 BBQ Pork Rib Patty or Hamburger Patty Macaroni and Cheese Glazed Carrots Hamburger Bun Fresh Fruit Milk Ketchup Diet - Same			



Nourishment through
compassionate care.

Kim Dommert RD, LD

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Ingredient Information Available
419-382-5791

