




August 2025

Area Office on Aging of Northwestern Ohio, Inc.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Nourishment through compassionate care.				8/1/2025 Parmesan Chicken <i>or</i> Turkey Divan Au Gratin Potatoes Broccoli Garlic Texas Bread Fresh Fruit Milk Diet - Same
8/4/2025 Cheese Omelet <i>or</i> Meatloaf Brown Gravy Country Potatoes Stewed Tomatoes Biscuit Fresh Fruit Milk Margarine Diet - Same	8/5/2025 Salisbury Beef Brown Gravy <i>or</i> Pineapple Glazed Chicken Brown Rice Glazed Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same	8/6/2025 Turkey Chef Salad <i>or</i> Ham Chef Salad Pasta Salad Green Pea Salad Saltine Crackers Fresh Fruit Milk Ranch Salad Dressing Diet - Same	8/7/2025 Beef Noodle Casserole <i>or</i> Chicken Cacciatore Whole Kernel Corn Broccoli Wheat Bread Fresh Fruit Milk Margarine Diet - Same	8/8/2025 ~ Summer Bash ~ Hamburger Patty <i>or</i> BBQ Pork Rib Patty Oven Roasted Potatoes Baked Beans Hamburger Bun Fresh Fruit Milk Diet - Same
8/11/2025 Sweet and Sour Chicken <i>or</i> Beef Stroganoff Lima Beans Winter Vegetables Wheat Bread Fresh Fruit Milk Margarine Diet - Same	8/12/2025 Ham & White Beans <i>or</i> Cranberry Dijon Chicken Glazed Carrots Green Beans Amandine Dinner Roll Fresh Fruit Milk Margarine Diet - Same	8/13/2025 Teriyaki Meatballs <i>or</i> Pineapple Glazed Chicken Fried Rice Oriental Vegetables Wheat Bread Mandarin Oranges Milk Margarine Diet - Same	8/14/2025 Macaroni & Cheese <i>or</i> Beef Fiesta Macaroni Spinach Succotash Wheat Roll Sugar Cookie Milk Margarine Diet - Vanilla Wafers	8/15/2025 Smoked Sausage Brown Gravy <i>or</i> Sliced Roast Beef Brown Gravy Whipped Potatoes Green Peas Wheat Bread Fresh Fruit Milk Margarine Diet - Same
8/18/2025 Hamburger Patty Brown Gravy <i>or</i> Lemon Pepper Chicken Whipped Potatoes Herbed Green Peas Wheat Roll Fresh Fruit Milk Margarine Diet - Same	8/19/2025 Chicken Noodle Casserole <i>or</i> Salisbury Beef Brown Gravy Spinach Whole Kernel Corn Wheat Bread Sugar Cookie Milk Margarine Diet - Graham Crackers	8/20/2025 Pasta Primavera <i>or</i> Turkey Breast w/Gravy Whipped Sweet Potatoes Green Beans Dinner Roll Fresh Fruit Milk Margarine Diet - Same	8/21/2025 Taco Meat <i>or</i> Fajita Chicken Lettuce Tomato Mexican Rice Mixed Beans Flour Tortilla Fresh Fruit Milk Taco Sauce Diet - Same	8/22/2025 Turkey Chef Salad <i>or</i> Ham Chef Salad Beet Salad Copper Penny Salad Saltine Crackers Fresh Fruit Milk Ranch Salad Dressing Diet - Same
8/25/2025 Pork w/Supreme Sauce <i>or</i> Baked Chicken Breast Poultry Gravy Twice Whipped Potatoes Brussels Sprouts Dinner Roll Fresh Fruit Milk Margarine Diet - Same	8/26/2025 Chicken A La King <i>or</i> Hamburger Patty Mushroom Gravy Parslied Brown Rice Green Peas Wheat Bread Fresh Fruit Milk Margarine Diet - Same	8/27/2025 Savory Beef Patty <i>or</i> Liver and Onions Whipped Potatoes Parslied Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same	8/28/2025 Spinach Lasagna <i>or</i> Beef Spaghetti Sauce Spaghetti Noodles Broccoli Garlic Texas Bread Apple Crisp Milk Diet - Spiced Apples	8/29/2025 ~ Labor Day Meal ~ Sausage w/Onions/Peppers <i>or</i> Chicken w/Onions/Peppers Baked Beans Chunky Cheese Potatoes Hot Dog Bun Birthday Cake Milk Ketchup Mustard Diet - Angel Food Cake

Kim Dommert RD, LD

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Ingredient Information Available
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