

August

Area Office on Aging of Northwestern Ohio, Inc.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/3/2026 Western Omelet or Turkey Sausage Patty Pancake O'Brien Potatoes Orange Milk Margarine Diet - Same Syrup Diet: SF Syrup	8/4/2026 Salisbury Beef Vegetable Gravy or Orange Chicken Brown Rice Glazed Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same	8/5/2026 Italian Turkey Garden Salad or Ham Chef Salad Pasta Salad Green Pea Salad Saltine Crackers Fresh Fruit Milk Italian Salad Dressing Diet - Same	8/6/2026 Beef Noodle Casserole or Chicken Cacciatore Whole Kernel Corn Broccoli Wheat Bread Fresh Fruit Milk Margarine Diet - Same	8/7/2026 Cheeseburger or BBQ Pork Rib Patty Baked Beans Oven Roasted Potatoes Hamburger Bun Cookie Milk Ketchup Diet - Vanilla Wafers
8/10/2026 Beef Stroganoff or Chicken Breast w/Mild Buffalo Ranch Sauce Egg Noodles Carrots Wheat Bread Pineapple Tidbits Milk Margarine Diet - Same	8/11/2026 Cranberry Dijon Chicken or Sliced Ham Butternut Squash Green Beans Amandine Dinner Roll Pear Milk Margarine Diet - Same	8/12/2026 Teriyaki Meatballs or Pineapple Glazed Chicken Fried Rice Oriental Vegetables Wheat Bread Mandarin Oranges Milk Margarine Diet - Same	8/13/2026 Macaroni & Cheese or Beef Fiesta Macaroni Spinach Succotash Wheat Bread Cookie Milk Margarine Diet - Same Diet - Graham Crackers	8/14/2026 Smoked Sausage Cabbage/Sauerkraut or Beef in Gravy Whipped Potatoes Green Peas Wheat Bread Fresh Fruit Milk Margarine Diet - Same
8/17/2026 Hamburger Patty Mushroom Gravy or Lemon Pepper Chicken Whipped Potatoes Herbed Green Peas Wheat Roll Fresh Fruit Milk Margarine Diet - Same	8/18/2026 Chicken Noodle Casserole or Salisbury Beef w/Au Jus Spinach Whole Kernel Corn Wheat Bread Sugar Cookie Milk Margarine Diet - Graham Crackers	8/19/2026 Turkey Chef Salad or Ham Chef Salad Beet Salad Copper Penny Salad Saltine Crackers Fresh Fruit Milk Ranch Salad Dressing Diet - Same	8/20/2026 Taco Meat or Fajita Chicken Lettuce Tomato Mexican Rice Mixed Beans Flour Tortilla Fresh Fruit Milk Taco Sauce Diet - Same	8/21/2026 Pasta Primavera or Turkey Breast w/Gravy Whipped Sweet Potatoes Green Beans Dinner Roll Fresh Fruit Milk Margarine Diet - Same
8/24/2026 Baked Chicken Breast w/Southwest Ancho Sauce or Pork w/Supreme Sauce Garden Medley Rice Brussels Sprouts Dinner Roll Fresh Fruit Milk Margarine Diet - Same	8/25/2026 Savory Beef Patty or Liver and Onions Whipped Potatoes Parslied Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same	8/26/2026 Chicken Salad or Ham Salad Potato Salad Coleslaw Dinner Roll Pineapple Tidbits Milk Diet - Same	8/27/2026 Spinach Lasagna or Beef Spaghetti Sauce Spaghetti Noodles Broccoli Garlic Texas Bread Apple Crisp Milk Diet - Spiced Apples	8/28/2026 "Labor Day Meal" Sausage w/Onions/Peppers or Chicken w/Onions/Peppers Baked Beans Chunky Cheese Potatoes Hot Dog Bun Cookie Milk Ketchup Mustard Diet - Vanilla Wafers
8/31/2026 Swiss Steak or Savory Chicken Whipped Potatoes Glazed Carrots Wheat Bread Pineapple Tidbits Milk Margarine Diet - Same				 Nourishment through compassionate care.