

Area Office On Aging of Northwestern Ohio, Inc.

August 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>TRIO Community Meals</p> <p>Nourishment through compassionate care.</p>			8/1/2024 Beef Bowtie Casserole <i>or</i> Chicken Cacciatore Whole Kernel Corn Broccoli Wheat Bread Fresh Fruit Milk Margarine Diet - Same	8/2/2024 Hamburger Patty <i>or</i> BBQ Pork Rib Patty Lettuce Tomato Baked Beans Oven Roasted Potatoes Hamburger Bun Oatmeal Raisin Cookie Milk Mustard Ketchup Diet - Vanilla Wafers
	8/5/2024 Lemon Pepper Chicken <i>or</i> Beef Stroganoff Casserole Lima Beans Winter Vegetable Blend Multi-Grain Bread Fresh Fruit Milk Margarine Diet - Same	8/6/2024 Ham and White Beans <i>or</i> Cranberry Dijon Chicken Glazed Carrots Cucumber Salad Dinner Roll Peach Crisp Milk Margarine Diet - Hot Spiced Pears	8/7/2024 Teriyaki Meatballs <i>or</i> Pineapple Glazed Chicken Fried Rice Asian Vegetable Blend Multi-Grain Bread Fresh Fruit Milk Margarine Diet - Same	8/8/2024 Macaroni and Cheese <i>or</i> Beef Fiesta Macaroni Succotash Spinach Wheat Roll Sugar Cookie Milk Margarine Diet - Vanilla Wafers
8/12/2024 Hamburger Patty Brown Gravy <i>or</i> Liver and Onions Whipped Potatoes Herbed Green Peas Wheat Roll Fresh Fruit Milk Margarine Diet - Same	8/13/2024 Chicken Noodle Casserole <i>or</i> Salisbury Beef Brown Gravy Spinach Whole Kernel Corn Wheat Bread Sugar Cookie Milk Margarine Diet - Graham Crackers	8/14/2024 Pasta Primavera <i>or</i> Turkey Breast with Gravy Baked Sweet Potato Garden Vegetable Blend Dinner Roll Fruited Gelatin Milk Margarine Diet - Fruited Gelatin	8/15/2024 Taco Meat <i>or</i> Fajita Chicken Lettuce Tomato Mexican Rice Mixed Beans Flour Tortilla Fresh Fruit Milk Taco Sauce Sour Cream Diet - Same	8/16/2024 Turkey Chef Salad <i>or</i> Ham Chef Salad Green Bean Salad Marinated Carrot Salad Saltine Crackers Fresh Fruit Milk Ranch Salad Dressing Diet - Same
8/19/2024 Pork Roast Pork Sauce <i>or</i> Baked Chicken Breast Mushroom Gravy Parslied Potatoes Brussels Sprouts Dinner Roll Fresh Fruit Milk Margarine Diet - Same	8/20/2024 Chicken Salad <i>or</i> Ham Salad Potato Salad Broccoli Salad Wheat Hamburger Bun Fresh Fruit Milk Margarine Diet - Same	8/21/2024 Savory Beef Patty <i>or</i> Lemon Pepper Chicken Rice Florentine Mixed Vegetables Multi-Grain Bread Chocolate Chip Cookie Milk Margarine Diet - Graham Crackers	8/22/2024 Spinach Lasagna <i>or</i> Meat Spaghetti Sauce Spaghetti Noodles Green Beans Breadstick Apple Crisp Milk Margarine Diet - Spiced Apples	8/23/2024 Chicken A La King <i>or</i> Hamburger Patty Mushroom Gravy Brown Rice Sliced Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same
8/26/2024 Swiss Steak <i>or</i> Savory Chicken Whipped Potatoes Glazed Carrots Wheat Bread Pineapple Tidbits Milk Margarine Diet - Same	8/27/2024 Vegetarian Chili <i>or</i> White Chicken Chili Brown Rice Stewed Tomatoes Cornbread Chocolate Chip Cookie Milk Diet - Vanilla Wafers	8/28/2024 Sloppy Joe Meatballs <i>or</i> Chicken Primavera Whole Kernel Corn Brussels Sprouts Wheat Bread Fresh Fruit Milk Margarine Diet - Same	8/29/2024 Turkey with Supreme Sauce <i>or</i> Pork Roast Brown Gravy Buttermilk Potatoes Spring Vegetable Blend Wheat Bread Fresh Fruit Milk Margarine Diet - Same	8/30/2024 ~Labor Day Meal~ Sausage w/Onion & Peppers <i>or</i> Chicken w/Onions & Peppers Baked Beans Potato Wedges Hot Dog Bun Birthday Cake Milk Ketchup Mustard Diet - Angel Food Cake

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Ingredient Information Available
 419-382-5791

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