


Area Office on Aging of Northwestern Ohio, Inc.

December 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12/1/2025 Beef Patty w/Gravy/Peppers <i>or</i> Savory Chicken Parslied Brown Rice Green Peas Wheat Bread Fresh Fruit Milk Margarine Diet - Same	12/2/2025 Sliced Turkey Breast Poultry Gravy <i>or</i> Liver and Onions Whipped Potatoes Mixed Vegetables Wheat Roll Fresh Fruit Milk Margarine Diet - Same	12/3/2025 Chicken Scampi <i>or</i> Beef Italiano Garlic Parmesan Rice Broccoli Wheat Bread Fresh Fruit Milk Margarine Diet - Same	12/4/2025 Spinach Lasagna <i>or</i> Beef Spaghetti Sauce Spaghetti Noodles Tossed Salad Garlic Texas Bread Peach Cobbler Milk Ranch Salad Dressing Margarine Diet - Hot Spiced Peaches	12/5/2025 Sweet & Sour Chicken <i>or</i> Teriyaki Meatballs Fried Rice Ginger Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same
12/8/2025 BBQ Pork Rib Patty <i>or</i> BBQ Chicken Patty Baked Beans Whole Kernel Corn Hamburger Bun Fresh Fruit Milk Diet - Same	12/9/2025 Tuscan Chicken <i>or</i> Savory Beef Patty Rosemary Potatoes Green Peas Wheat Bread Fresh Fruit Milk Margarine Diet - Same	12/10/2025 Asian Meatballs <i>or</i> Mongolian Chicken Brown Rice Oriental Vegetables Wheat Bread Fortune Cookie Fresh Fruit Milk Margarine Diet - Same	12/11/2025 Pork Roast Brown Gravy <i>or</i> Turkey w/Supreme Sauce Buttermilk Potatoes Medley Cabbage Wheat Roll Fresh Fruit Milk Margarine Diet - Same	12/12/2025 Cheese Omelet <i>or</i> Sausage Patty Hashbrown Casserole Orange Juice Biscuit Scalloped Apples Milk Margarine Assorted Jelly Diet - Same
12/15/2025 Beef Stroganoff <i>or</i> Pineapple Glazed Chicken Whipped Potatoes Green Beans Wheat Roll Fresh Fruit Milk Margarine Diet - Same	12/16/2025 Macaroni & Cheese <i>or</i> Beef Fiesta Macaroni Herbed Green Peas Copper Penny Salad Wheat Bread Pear Crisp Milk Margarine Diet - Hot Pears	12/17/2025 Creole Steak <i>or</i> Turkey Breast w/Gravy Whipped Sweet Potatoes Broccoli w/Red Peppers Wheat Bread Fresh Fruit Milk Margarine Diet - Same	12/18/2025 Taco Meat <i>or</i> Picante Chicken Mexican Rice Lettuce/Tomato Hot Spiced Fruit Flour Tortilla Milk Taco Sauce Sour Cream Diet - Same	12/19/2025 Chicken Noodle Casserole <i>or</i> Mushroom Beef Chuckwagon Corn Brussels Sprouts Wheat Bread Fresh Fruit Milk Margarine Diet - Same
12/22/2025 Lemon Pepper Chicken <i>or</i> Savory Beef Patty Northern Beans Okra & Tomatoes Wheat Bread Fresh Fruit Milk Margarine Diet - Same	12/23/2025 <i>~Christmas Day Meal~</i> Glazed Ham <i>or</i> Baked Chicken Breast Poultry Gravy Buttermilk Potatoes Green Bean Casserole Dinner Roll Cranberry Crunch Milk Margarine Diet - Angel Food Cake	12/24/2025 Closed for Holiday	12/25/2025 Closed for Holiday	12/26/2025 Salisbury Beef Brown Gravy <i>or</i> Honey Mustard Chicken Rice Florentine Cauliflower Wheat Bread Birthday Cake Milk Margarine Diet - Angel Food Cake
12/29/2025 Savory Chicken <i>or</i> Spanish Beef Patty Paprika Potatoes Glazed Carrots Wheat Bread Pineapple Tidbits Milk Margarine Diet - Same	12/30/2025 Turkey Tetrazzini <i>or</i> Chicken and Rice Casserole Whole Kernel Corn Green Beans Wheat Bread Fresh Fruit Milk Margarine Diet - Same	12/31/2025 <i>~New Year's Day Meal~</i> Pork Roast Brown Gravy <i>or</i> Baked Chicken Breast Poultry Gravy Succotash Cabbage and Carrots Breadstick Devil's Food Cake Milk Margarine Diet - Angel Food Cake	 Nourishment through compassionate care.	

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Ingredient Information Available
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