

Area Office On Aging of Northwestern Ohio, Inc.

July 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7/1/2024 Hamburger Patty Brown Gravy or Liver and Onions Whipped Potatoes Herbed Green Peas Wheat Roll Fresh Fruit Milk Margarine Diet - Same	7/2/2024 Chicken Noodle Casserole or Salisbury Beef Brown Gravy Spinach Whole Kernel Corn Wheat Bread Sugar Cookie Milk Margarine Diet - Graham Crackers	7/3/2024 ~Independence Day Meal~ Hamburger Patty or BBQ Pork Rib Patty Oven Roasted Potatoes Baked Beans Hamburger Bun Melon Milk Diet - Same	7/4/2024 Closed for Holiday	7/5/2024 Turkey Chef Salad or Ham Chef Salad Green Bean Salad Marinated Carrot Salad Saltine Crackers Fresh Fruit Milk Ranch Salad Dressing Diet - Same
7/8/2024 Pork Roast Pork Sauce or Baked Chicken Breast Mushroom Gravy Parslied Potatoes Brussels Sprouts Dinner Roll Fresh Fruit Milk Margarine Diet - Same	7/9/2024 Chicken Salad or Ham Salad Potato Salad Broccoli Salad Wheat Hamburger Bun Fresh Fruit Milk Margarine Diet - Same	7/10/2024 Savory Beef Patty or Lemon Pepper Chicken Rice Florentine Mixed Vegetables Multi-Grain Bread Chocolate Chip Cookie Milk Margarine Diet - Graham Crackers	7/11/2024 Spinach Lasagna or Meat Spaghetti Sauce Spaghetti Noodles Green Beans Breadstick Apple Crisp Milk Margarine Diet - Spiced Apples	7/12/2024 Chicken A La King or Hamburger Patty Mushroom Gravy Brown Rice Sliced Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same
7/15/2024 Swiss Steak or Savory Chicken Whipped Potatoes Glazed Carrots Wheat Bread Pineapple Tidbits Milk Margarine Diet - Same	7/16/2024 Vegetarian Chili or White Chicken Chili Brown Rice Stewed Tomatoes Cornbread Chocolate Chip Cookie Milk Diet - Vanilla Wafers	7/17/2024 Sloppy Joe Meatballs or Chicken Primavera Whole Kernel Corn Brussels Sprouts Wheat Bread Fresh Fruit Milk Margarine Diet - Same	7/18/2024 Turkey with Supreme Sauce or Pork Roast Brown Gravy Buttermilk Potatoes Spring Vegetable Blend Wheat Bread Fresh Fruit Milk Margarine Diet - Same	7/19/2024 BBQ Pork Rib Patty or Breaded Chicken Patty Potato Wedges Green Bean Salad Wheat Hamburger Bun Peach Cobbler Milk Ketchup Mayonnaise Diet - Hot Spiced Peaches
7/22/2024 Swedish Meatballs or Garlic Rosemary Chicken Garlic Rotini Rosemary Carrots Multi-Grain Bread Applesauce Milk Margarine Diet - Same	7/23/2024 Chicken Rice Casserole or Ham and White Beans Okra and Tomatoes Medley Cabbage Cornbread Fresh Fruit Milk Margarine Diet - Same	7/24/2024 Glazed Ham or Baked Chicken Breast Poultry Gravy Scalloped Potatoes Spinach Wheat Bread Devil's Food Cake Milk Margarine Diet - Angel Food Cake	7/25/2024 Chilaquiles Casserole or Taco Pie Mexican Rice Tossed Salad Flour Tortilla Cherry Red Betty Milk Ranch Salad Dressing Diet - Spiced Apples	7/26/2024 Parmesan Chicken or Turkey Divan Au Gratin Potatoes Whole Kernel Corn Garlic Breadstick Fresh Fruit Birthday Cake Milk Margarine Diet - Angel Food Cake
7/29/2024 Cheese Omelet or Sliced Turkey Breast Poultry Gravy Country Potatoes Stewed Tomatoes Biscuit Fresh Fruit Milk Margarine Diet - Same	7/30/2024 Pineapple Glazed Chicken or Salisbury Beef Brown Gravy Brown Rice Glazed Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same	7/31/2024 Turkey Chef Salad or Ham Chef Salad Pasta Salad Green Pea Salad Saltine Crackers Fresh Fruit Milk Ranch Salad Dressing Diet - Same	 <p>TRIO Community Meals</p> <p>Nourishment through compassionate care.</p>	

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Ingredient Information Available
419-382-5791

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