



April 2026

# Area Office on Aging of Northwestern Ohio, Inc.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
 <p><b>TRIO</b> Community Meals</p> <p>Nourishment through compassionate care.</p>		<b>4/1/2026</b> Sliced Turkey Breast Poultry Gravy <i>or</i> Beef Patty w/Gravy Whipped Potatoes Glazed Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same	<b>4/2/2026</b> <i>~Easter Meal~</i> Glazed Ham <i>or</i> Baked Chicken Breast Whipped Potatoes Baked Sweet Potato Green Bean Casserole Wheat Roll Frosted Coconut Cake Milk Margarine Diet - Angel Food Cake	<b>4/3/2026</b> Vegetarian Chili <i>or</i> Ham and White Beans Stewed Tomatoes Garden Vegetables Cornbread Pineapple Tidbits Milk Margarine Diet - Same	
	<b>4/6/2026</b> Salisbury Beef Brown Gravy <i>or</i> Honey Mustard Chicken Buttermilk Potatoes Herbed Green Beans Wheat Bread Fresh Fruit Milk Margarine Diet - Same	<b>4/7/2026</b> Sausage Patty <i>or</i> Cheese Omelet Oven Roasted Potatoes Orange Juice Biscuit Hot Cinnamon Applesauce Milk Margarine Assorted Jelly Diet - Same	<b>4/8/2026</b> Turkey Breast w/Gravy <i>or</i> Creamy Paprika Chicken Macaroni and Cheese Garden Vegetables Wheat Roll Fruited Gelatin Milk Margarine Diet - SF Fruited Gelatin	<b>4/9/2026</b> Beef Stroganoff <i>or</i> Glazed Ham Succotash Glazed Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same	<b>4/10/2026</b> Vegetable Lasagna <i>or</i> Beef Spaghetti Casserole Green Peas Whole Kernel Corn Garlic Texas Bread Sugar Cookie Milk Margarine Diet - Graham Crackers
	<b>4/13/2026</b> Shepherd's Pie <i>or</i> BBQ Pork Rib Patty Cabbage Glazed Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same	<b>4/14/2026</b> Chicken Parmesan <i>or</i> Spanish Beef Patty Baked Potato Broccoli Wheat Bread Strawberry Cake Milk Margarine Diet - Angel Food Cake	<b>4/15/2026</b> Sausage w/Onions & Peppers <i>or</i> Chicken w/Onions & Peppers Oven Roasted Potatoes Cabbage Hot Dog Bun Fresh Fruit Milk Diet - Same	<b>4/16/2026</b> Ham Broccoli Rice Casserole <i>or</i> Chicken Noodle Casserole Butternut Squash Green Peas Wheat Roll Fresh Fruit Milk Margarine Diet - Same	<b>4/17/2026</b> Stuffed Shells Marinara Sauce <i>or</i> Beef Noodle Casserole Whole Kernel Corn Green Beans Wheat Bread Fresh Fruit Milk Margarine Diet - Same
<b>4/20/2026</b> Honey Mustard Chicken <i>or</i> Beef Patty w/Mushroom Gravy Buttermilk Potatoes Green Peas Wheat Bread Pears Milk Margarine Diet - Same	<b>4/21/2026</b> Hamburger Patty <i>or</i> Sloppy Joe Baked Beans Mixed Vegetables Hamburger Bun Fresh Fruit Milk Diet - Same	<b>4/22/2026</b> Chicken Pot Pie <i>or</i> Beef Cabbage Casserole Whole Kernel Corn Brussels Sprouts Wheat Bread Pineapple Cup Milk Margarine Diet - Same	<b>4/23/2026</b> Pork w/Supreme Sauce <i>or</i> Creole Steak Whipped Potatoes Carrots Wheat Roll Devil's Food Cake Milk Margarine Diet - Angel Food Cake	<b>4/24/2026</b> Macaroni and Cheese <i>or</i> Ham & Macaroni Casserole Stewed Tomatoes Spinach Cornbread Fresh Fruit Birthday Cake Milk Margarine Diet - Angel Food Cake	
<b>4/27/2026</b> Meatballs w/Mushroom Gravy <i>or</i> Pineapple Glazed Chicken Cheesy Whipped Potatoes Brussels Sprouts Wheat Bread Fresh Fruit Milk Margarine Diet - Same	<b>4/28/2026</b> Chicken & Rice Casserole <i>or</i> Creole Steak Parslied Carrots Winter Vegetables Wheat Roll Peaches Milk Margarine Diet - Same	<b>4/29/2026</b> Chilaquiles Casserole <i>or</i> Taco Pie Mexican Rice Stewed Tomatoes Flour Tortilla Fresh Fruit Milk Margarine Diet - Same	<b>4/30/2026</b> BBQ Pork Roast <i>or</i> Oven Fried Chicken Baked Sweet Potato Tossed Salad Wheat Roll Pear Crisp Milk Ranch Salad Dressing Margarine Diet - Hot Pears		

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Ingredient Information Available  
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