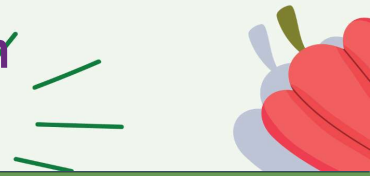




May 2025

Area Office on Aging of Northwestern Ohio, Inc.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			5/1/2025 BBQ Pork Roast <i>or</i> Oven Fried Chicken Baked Sweet Potato Tossed Salad Wheat Roll Pear Crisp Milk Ranch Salad Dressing Margarine Diet - Hot Pears	5/2/2025 Beef Patty w/Peppers/Gravy <i>or</i> Turkey w/Supreme Sauce Garlic Whipped Potatoes Cabbage Wheat Roll Pineapple Cup Milk Margarine Diet - Same
5/5/2025 Vegetarian Chili <i>or</i> Beef Chili Baked Potato Herbed Green Peas Cornbread Fresh Fruit Milk Margarine Sour Cream Diet - Same	5/6/2025 BBQ Pork Rib Patty <i>or</i> Hamburger Patty Macaroni and Cheese Glazed Carrots Hamburger Bun Fresh Fruit Milk Ketchup Diet - Same	5/7/2025 Beef Spaghetti Casserole <i>or</i> Chicken Parmesan Butternut Squash Broccoli Wheat Bread Peanut Butter Cookie Milk Margarine Diet - Vanilla Wafers	5/8/2025 Turkey Breast w/Gravy <i>or</i> Swiss Steak Country Potatoes Herbed Green Beans Wheat Roll Strawberry Fluff Milk Margarine Diet - Fruit Gelatin	5/9/2025 <i>~Mother's Day Meal~</i> Garlic Rosemary Chicken <i>or</i> Sliced Roast Beef Brown Gravy Country Potatoes Brussels Sprouts Wheat Bread Pineapple Cake Milk Margarine Diet - Angel Food Cake
5/12/2025 Meatballs w/Spaghetti Sauce <i>or</i> Mozzarella Chicken Garlic Rotini Summer Vegetables Wheat Bread Mandarin Orange Cup Milk Margarine Diet - Same	5/13/2025 Taco Meat <i>or</i> Picante Chicken Shredded Cheese Lettuce Tomato Mexican Rice Mixed Beans Flour Tortilla Fresh Fruit Milk Sour Cream Taco Sauce Diet - Same	5/14/2025 Pasta Primavera <i>or</i> Ham and White Beans Okra and Tomatoes Carrots Wheat Roll Fresh Fruit Milk Diet - Same	5/15/2025 Glazed Ham <i>or</i> Salisbury Beef w/Onions Whipped Sweet Potatoes Broccoli w/Cheese Wheat Bread Oatmeal Raisin Cookie Milk Margarine Diet - Graham Crackers	5/16/2025 Garlic Rosemary Chicken <i>or</i> Turkey Breast w/Gravy Ranch Potatoes Green Beans Wheat Roll Fresh Fruit Milk Margarine Diet - Same
5/19/2025 Salisbury Beef Brown Gravy <i>or</i> Honey Mustard Chicken Buttermilk Potatoes Herbed Green Beans Wheat Bread Fresh Fruit Milk Margarine Diet - Same	5/20/2025 Sausage Patty <i>or</i> Cheese Omelet Oven Roasted Potatoes Orange Juice Biscuit Hot Cinnamon Applesauce Milk Margarine Assorted Jelly Diet - Same	5/21/2025 Turkey Breast w/Gravy <i>or</i> Creamy Paprika Chicken Macaroni and Cheese Garden Vegetables Wheat Roll Fruited Gelatin Milk Margarine Diet - Fruited Gelatin	5/22/2025 Beef Stroganoff <i>or</i> Glazed Ham Succotash Glazed Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same	5/23/2025 <i>~Memorial Day Meal~</i> Cheeseburger <i>or</i> Breaded Chicken Patty BBQ Sauce Delmonico Potatoes Garden Vegetables Hamburger Bun Birthday Cake Milk Diet - Angel Food Cake
5/26/2025 <i>Closed for Holiday</i>	5/27/2025 Chicken Parmesan <i>or</i> Spanish Beef Patty Baked Potato Broccoli Wheat Bread Strawberry Cake Milk Margarine Diet - Angel Food Cake	5/28/2025 Sausage w/Onions & Peppers <i>or</i> Chicken w/Onions & Peppers Oven Roasted Potatoes Sauerkraut Hot Dog Bun Fresh Fruit Milk Diet - Same	5/29/2025 Ham Broccoli Rice Casserole <i>or</i> Chicken Noodle Casserole Butternut Squash Green Peas Wheat Roll Fresh Fruit Milk Margarine Diet - Same	5/30/2025 Stuffed Shells Marinara Sauce <i>or</i> Beef Noodle Casserole Whole Kernel Corn Green Beans Wheat Bread Fresh Fruit Milk Margarine Diet - Same

Kim Dommert RD, LD

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Ingredient Information Available
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