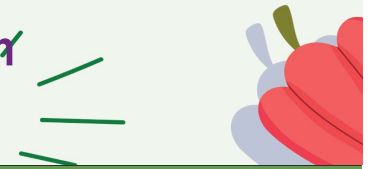



May 2026

Area Office on Aging of Northwestern Ohio, Inc.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>TRIO Community Meals</p> <p>Nourishment through compassionate care.</p>				5/1/2026 Beef Patty w/Peppers/Gravy <i>or</i> Turkey w/Supreme Sauce Garlic Whipped Potatoes Cauliflower Wheat Roll Pineapple Cup Milk Margarine Diet - Same
	5/4/2026 Vegetarian Chili <i>or</i> Beef Chili Baked Potato Herbed Green Peas Cornbread Fresh Fruit Milk Margarine Sour Cream Diet - Same	5/5/2026 BBQ Pork Rib Patty <i>or</i> Hamburger Patty Macaroni and Cheese Glazed Carrots Hamburger Bun Mandarin Oranges Milk Ketchup Diet - Same	5/6/2026 Beef Spaghetti Casserole <i>or</i> Chicken Parmesan Butternut Squash Broccoli Garlic Breadstick Fresh Fruit Milk Margarine Diet - Same	5/7/2026 Turkey Breast w/Gravy <i>or</i> Swiss Steak Country Potatoes Herbed Green Beans Wheat Roll Strawberry Fluff Milk Margarine Diet - SF Fruit Gelatin
5/11/2026 Philly Cheesesteak <i>or</i> Meatballs in Mariana Sauce Garlic Rotini Summer Vegetables Hot Dog Bun Mandarin Orange Cup Milk Margarine Diet - Same	5/12/2026 Taco Meat <i>or</i> Picante Chicken Shredded Cheese Lettuce Tomato Mexican Rice Mixed Beans Flour Tortilla Fresh Fruit Milk Sour Cream Taco Sauce Diet - Same	5/13/2026 Pasta Primavera <i>or</i> Ham and White Beans Okra and Tomatoes Carrots Wheat Roll Fresh Fruit Milk Diet - Same	5/14/2026 Glazed Ham <i>or</i> Salisbury Beef w/Onions Whipped Sweet Potatoes Cauliflower Wheat Bread Oatmeal Raisin Cookie Milk Margarine Diet - Graham Crackers	5/15/2026 Garlic Rosemary Chicken <i>or</i> Turkey Breast w/Gravy Ranch Potatoes Green Beans Wheat Roll Fresh Fruit Milk Margarine Diet - Same
5/18/2026 Salisbury Beef Brown Gravy <i>or</i> Honey Mustard Chicken Buttermilk Potatoes Herbed Green Beans Wheat Bread Fresh Fruit Milk Margarine Diet - Same	5/19/2026 Sausage Patty <i>or</i> Cheese Omelet Oven Roasted Potatoes Orange Juice Biscuit Hot Cinnamon Applesauce Milk Margarine Assorted Jelly Diet - Same	5/20/2026 Turkey Breast w/Gravy <i>or</i> Creamy Paprika Chicken Macaroni and Cheese Garden Vegetables Wheat Roll Fruited Gelatin Milk Margarine Diet - SF Fruited Gelatin	5/21/2026 Beef Stroganoff <i>or</i> Glazed Ham Succotash Glazed Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same	5/22/2026 ~Memorial Day Meal~ Cheeseburger <i>or</i> Breaded Chicken Patty BBQ Sauce Delmonico Potatoes Garden Vegetables Hamburger Bun Blueberry Crumb Cake Milk Diet - Angel Food Cake
5/25/2026 Closed for Holiday	5/26/2026 Chicken Parmesan <i>or</i> Spanish Beef Patty Baked Potato Broccoli Wheat Bread Strawberry Cake Milk Margarine Diet - Angel Food Cake	5/27/2026 Sausage w/Onions & Peppers <i>or</i> Chicken w/Onions & Peppers Oven Roasted Potatoes Cabbage Hot Dog Bun Fresh Fruit Milk Diet - Same	5/28/2026 Ham Broccoli Rice Casserole <i>or</i> Chicken Noodle Casserole Butternut Squash Green Peas Wheat Roll Fresh Fruit Milk Margarine Diet - Same	5/29/2026 Stuffed Shells Marinara Sauce <i>or</i> Beef Noodle Casserole Whole Kernel Corn Green Beans Wheat Roll Fresh Fruit Milk Margarine Diet - Same

Kim Dommert RD, LD

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Ingredient Information Available
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@ 419-382-