Area Office on Aging of Northwestern Ohio, Inc. June 2021

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	6/1/2021	6/2/2021	6/3/2021	6/4/2021
	Hamburger Patty	Lemon Pepper Chicken	Pork with Supreme Sauce	Macaroni and Cheese
	Crispy Cubed Potatoes	Mixed Vegetables	Whipped Potatoes	Stewed Tomatoes
	Succotash	Tossed Salad	Sliced Carrots	Green Beans
	Hamburger Bun	Peach Cobbler	Wheat Bread	Wheat Roll
	Fresh Fruit	Multi-Grain Bread	Devil's Food Cake	Fresh Fruit
	Milk	Milk	Milk	Milk
	Diet - Same	Margarine	Margarine	Margarine
		Ranch Salad Dressing	Diet - Angel Food Cake	Diet - Same
		Diet - Hot Peaches		
6/7/2021	6/8/2021	6/9/2021	6/10/2021	6/11/2021
Meatloaf with Gravy	Chicken Rice Casserole	Chilaquiles Casserole	Glazed Ham	Turkey with
Cheesy Whipped Potatoes	Baby Carrots	Mexican Rice	Baked Sweet Potato	Supreme Sauce
Green Beans	Broccoli	Stewed Tomatoes	Mixed Vegetables	Garden Rotini
Dinner Roll	Dinner Roll	Flour Tortilla	Multi-Grain Bread	Cabbage
Fresh Fruit	Butterscotch Pudding	Fresh Fruit	Chocolate Chip Cookie	Wheat Roll
Milk	Milk	Milk	Milk	Pineapple Tidbits
Margarine	Margarine	Margarine	Margarine	Milk
Diet - Same	Diet - Vanilla Pudding	Diet - Same	Diet - Vanilla Wafers	Margarine
6/14/2021	6/15/2021	6/16/2021	6/17/2021	6/18/2021
Parmesan Chicken	BBQ Pork Rib Patty	Lemon Pepper Chicken	Vegetarian Chili	Father's Day
Rotini and Tomatoes	Macaroni and Cheese	Confetti Rice	Baked Potato	BBQ Chicken Patty
Broccoli	Glazed Carrots	Brussel Sprouts	Green Peas	Baked Beans
Wheat Bread	Hamburger Bun	Wheat Bread	Wheat Bread	Whole Kernel Corn
Peanut Butter Cookie	Fruit Cocktail	Fresh Fruit	Pineapple Tidbits	Wheat Hamburger Bun
Milk	Milk	Milk	Milk	Chocolate Swirl Pudding
Margarine	Diet - Same	Margarine	Margarine	Milk
Diet - Graham Crackers		Diet - Same	Sour Cream	Diet - Vanilla Pudding
			Diet - Same	
6/21/2021	6/22/2021	6/23/2021	6/24/2021	6/25/2021
Meatballs with Gravy	Taco Meat	Pasta Primavera	Garlic Rosemary Chicken	
Garlic Rotini	Shredded Cheese	Okra and Tomatoes	Oven Roasted Potatoes	Whipped Potatoes
Summer Vegetables	Lettuce and Tomato	Sliced Carrots	Green Beans	Broccoli with Cheese
Wheat Roll	Mexican Rice	Dinner Roll	Multi-Grain Bread	Wheat Bread
Mandarin Oranges	Mixed Beans	Chocolate Chip Cookie	Fresh Fruit	Birthday Cake
Milk	Flour Tortilla	Milk	Milk	Milk
Margarine	Fresh Fruit	Margarine	Margarine	Margarine
Diet - Same	Milk	Diet - Vanilla Wafers	Diet - Same	Diet - Angel Food Cake
	Taco Sauce			
	Diet - Same			
6/28/2021	6/29/2021	6/30/2021		
Salisbury Beef	Ham and White Beans	Creamy Paprika Chicken		
with Gravy	Cabbage	Macaroni and Cheese		
Buttermilk Potatoes	Mixed Vegetables	Broccoli		
Green Beans	Cornbread	Multi-Grain Bread		
Wheat Bread	Pineapple Tidbits	Mixed Fruit		
Fresh Fruit	Milk	Milk		
Milk	Margarine	Margarine		
Margarine	Diet - Same	Diet - Same		
Diet - Same				Ingradiant Information

Lucas County Senior Nutrition Program Meal Service 419-385-2532

Ingredient Information Available @ 419-382-5791