

# AREA OFFICE ON AGING OF NORTHWESTERN OHIO, INC.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>5/3/2021</b>	<b>5/4/2021</b>	<b>5/5/2021</b>	<b>5/6/2021</b>	<b>5/7/2021</b>
Parmesan Chicken Rotini and Tomatoes Broccoli Wheat Bread Peanut Butter Cookie Milk Margarine Diet-Graham Crackers	BBQ Pork Rib Patty Macaroni & Cheese Glazed Carrots Hamburger Bun Fruit Cocktail Milk Diet - Same	Lemon Pepper Chicken Confetti Rice Brussel Sprouts Wheat Bread Fresh Fruit Milk Margarine Diet - Same	Vegetarian Chili Baked Potato Green Peas Wheat Bread Pineapple Tidbits Milk Margarine Sour Cream Diet - Same	<b>Mother's Day Meal</b> Garlic Rosemary Chicken Country Potatoes Green Beans Multi-Grain Bread Pineapple Cake Milk Margarine Diet - Angel Food Cake
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>5/10/2021</b>	<b>5/11/2021</b>	<b>5/12/2021</b>	<b>5/13/2021</b>	<b>5/14/2021</b>
Meatballs with Gravy Garlic Rotini Summer Vegetables with Corn Wheat Roll Mandarin Oranges Milk Margarine Diet - Same	Taco Meat Shredded Cheese Cheese-Lettuce-Tomato cup Mexican Rice Mixed Beans Flour Tortilla & Taco Sauce Fresh Fruit Milk Diet - Same	Pasta Primavera Okra and Tomatoes Sliced Carrots Dinner Roll Brownie Milk Margarine Diet - Vanilla Wafers	Garlic Rosemary Chicken Oven Roasted Potatoes Green Beans Multi Grain Bread Fresh Fruit Milk Margarine Diet - Same	<b>Glazed Ham</b> Whipped Potatoes Broccoli with Cheese Wheat Bread Lemon Pudding Milk Margarine Diet - Vanilla Pudding
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>5/17/2021</b>	<b>5/18/2021</b>	<b>5/19/2021</b>	<b>5/20/2021</b>	<b>5/21/2021</b>
Salisbury Beef with Gravy Buttermilk Whipped Potatoes Green Beans Wheat Bread Fresh Fruit Milk Margarine Diet - Same	Ham and White Beans Cabbage Mixed Vegetables Cornbread Pineapple Tidbits Milk Margarine Diet - Same	Creamy Paprika Chicken Macaroni & Cheese Broccoli Multi Grain Bread Mixed Fruit Milk Margarine Diet - Same	Glazed Ham Succotash Glazed Carrots Dinner Roll Fresh Fruit Milk Margarine Diet - Same	Spinach Lasagna Green Peas Tossed Salad Texas Bread Hot Apple Cobbler Milk Margarine Salad Dressing Diet - Hot Cinnamon Applesauce
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>5/24/2021</b>	<b>5/25/2021</b>	<b>5/26/2021</b>	<b>5/27/2021</b>	<b>5/28/2021</b>
Cheese Omelet Oven Roasted Potatoes Orange Juice Biscuit Hot Cinnamon Applesauce Milk Margarine Diet - Same Assorted Jelly packet	Tomato Basil Chicken Baked Sweet Potato Broccoli Wheat Bread Strawberry Cake Milk Margarine Diet - Angel Food Cake	Swiss Steak Whipped Potatoes Glazed Carrots Multi Grain Bread Fresh Fruit Milk Margarine Diet - Same	Ham and Broccoli in Rice Casserole Cabbage Green Peas Wheat Bread Oatmeal Raisin Cookie Milk Margarine Diet - Vanilla Wafers	<b>MEMORIAL DAY MENU</b> Sausage with Peppers and Onions Oven Roasted Potatoes Succotash Hot Dog Bun Fresh Fruit and Milk Margarine Diet - Same
<b>MONDAY</b>				
<b>5/31/2021</b>				
<b>CLOSED FOR THE HOLIDAY</b>				

*Tammy Kingery, RD, LD*  
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Ingredient Information  
available @ 419-382-5791