



Area Office on Aging of Northwestern Ohio, Inc.

September 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/1/2025	9/2/2025	9/3/2025	9/4/2025	9/5/2025
Closed for Holiday	Vegetarian Chili <i>or</i> White Chicken Chili Brown Rice Green Peas Cornbread Chocolate Chip Cookie Milk Diet - Vanilla Wafers	Sloppy Joe Meatballs <i>or</i> Chicken Primavera Whole Kernel Corn Brussels Sprouts Wheat Bread Fresh Fruit Milk Margarine Diet - Same	Meatloaf w/Gravy <i>or</i> Pork Roast Brown Gravy Buttermilk Potatoes Spring Vegetables Wheat Bread Fresh Fruit Milk Margarine Diet - Same	BBQ Pork Rib Patty <i>or</i> Hamburger Patty Hash Brown Casserole Green Bean Salad Hamburger Bun Peach Cobbler Milk Ketchup Diet - Hot Spiced Peaches
9/8/2025	9/9/2025	9/10/2025	9/11/2025	9/12/2025
Swedish Meatballs <i>or</i> Garlic Rosemary Chicken Garlic Rotini Rosemary Carrots Dinner Roll Fresh Fruit Milk Margarine Diet - Same	Chicken Rice Casserole <i>or</i> Ham & White Beans Okra & Tomatoes Cabbage Cornbread Fresh Fruit Milk Margarine Diet - Same	Pork Cubes w/Gravy <i>or</i> Baked Chicken Breast w/Gravy Delmonico Potatoes Spinach Wheat Bread Chocolate Chip Cookie Milk Margarine Diet - Graham Crackers	Chilaquiles Casserole <i>or</i> Taco Pie Mexican Rice Tossed Salad Corn Tortilla Cherry Red Betty Milk Diet - Spiced Apples Ranch Salad Dressing	Parmesan Chicken <i>or</i> Turkey Divan Au Gratin Potatoes Broccoli Garlic Texas Bread Fresh Fruit Milk Diet - Same
9/15/2025	9/16/2025	9/17/2025	9/18/2025	9/19/2025
Cheese Omelet <i>or</i> Meatloaf Brown Gravy Country Potatoes Stewed Tomatoes Biscuit Fresh Fruit Milk Margarine Diet - Same	Salisbury Beef Brown Gravy <i>or</i> Pineapple Glazed Chicken Brown Rice Glazed Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same	Turkey Chef Salad <i>or</i> Ham Chef Salad Pasta Salad Green Pea Salad Saltine Crackers Fresh Fruit Milk Ranch Salad Dressing Diet - Same	Beef Noodle Casserole <i>or</i> Chicken Cacciatore Whole Kernel Corn Broccoli Wheat Bread Fresh Fruit Milk Margarine Diet - Same	Hamburger Patty <i>or</i> BBQ Pork Rib Patty Lettuce Tomato Baked Beans Oven Roasted Potatoes Hamburger Bun Oatmeal Raisin Cookie Milk Ketchup Diet - Vanilla Wafers
9/22/2025	9/23/2025	9/24/2025	9/25/2025	9/26/2025
Sweet and Sour Chicken <i>or</i> Beef Stroganoff Lima Beans Winter Vegetables Wheat Bread Fresh Fruit Milk Margarine Diet - Same	Ham & White Beans <i>or</i> Cranberry Dijon Chicken Glazed Carrots Green Beans Amandine Dinner Roll Fresh Fruit Milk Margarine Diet - Same	Teriyaki Meatballs <i>or</i> Pineapple Glazed Chicken Fried Rice Oriental Vegetables Wheat Bread Mandarin Oranges Milk Margarine Diet - Same	Macaroni & Cheese <i>or</i> Beef Fiesta Macaroni Spinach Succotash Wheat Roll Sugar Cookie Milk Margarine Diet - Vanilla Wafers	Smoked Sausage Brown Gravy <i>or</i> Sliced Roast Beef Brown Gravy Whipped Potatoes Green Peas Wheat Bread Fresh Fruit Birthday Cake Milk Margarine Diet - Angel Food Cake
9/29/2025	9/30/2025			
Hamburger Patty Brown Gravy <i>or</i> Lemon Pepper Chicken Whipped Potatoes Herbed Green Peas Wheat Roll Fresh Fruit Milk Margarine Diet - Same	Chicken Noodle Casserole <i>or</i> Salisbury Beef Brown Gravy Spinach Whole Kernel Corn Wheat Bread Sugar Cookie Milk Margarine Diet - Graham Crackers			



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