

# BRUNCH

(Served all day)

## The Benedicts

**All served with Y Barbicans signature Laverbread Hollandaise & Pickled Fennel**

### Eggs Benedict £15.5 (GF)

Overnight Bacon, Seasoned Greens, Poached Eggs, Y Barbican Sourdough

### Eggs Royale £16.5 (GF)

Lightly Smoked Salmon, Seasoned Greens, Poached Eggs, Y Barbican Sourdough

### Eggs Florentine £14.50 (GF, V)

Pan Fried Mushrooms, Seasoned Greens, Poached Eggs, Y Barbican Sourdough

## Sweet

### The Wimbledon £14.95 (GF, V)

French Toast, Strawberries & Cream, Lemon Curd

### Sweet Special - See Board

Weekly Chef Special

## Breakfast Sides

Hot Honey Tater Tots £4 (GF)

Hash Browns £4 (GF)

Overnight Bacon £4 (GF)

Halloumi £4 (GF)

Black Pudding £2.5

Barbican Beans £2 (GF)

Toast with Jam £4 (GF)

## Plant Bach Menu

### Brecwast Bryn £8 (GF,V)

Sausage, Bacon, Beans, Fried Egg, Toast

### Sausage & Chips £7.5 (V)

### Chicken & Chips £8

### Sourdough Pizza & Chips £8 (V)

### Ham Sandwich & Chips £7 (GF)

### Tomato Pasta £8.5 (V)

### -Add Beans £1-

### Brecwast Mynydd Mawr £16.5 (GF)

2 Sausages, 2 Thick Cut Back Bacon, Roasted Mushroom, Grilled Tomato, Black Pudding, Hashbrown, Fried Egg, Baked Beans, Sourdough Toast +£1 Overnight Bacon

### Garddwr Veggie Breakfast £15.5 (GF)

Veggie Sausages, Halloumi, Beans, Roast Tomatoes, Roast Mushroom, Hashbrown, Fried Eggs, Sourdough Toast

### Steak & Eggs £21 (GF)

10oz Dry Aged Sirloin, Poached Eggs, Chimmi Churri, Pinkles Buttered Kale, Sourdough Toast

### The B.H.A.P £16 (GF)

Bacon, Halloumi, Avocado, Poached Eggs, Sweet Pepper Chutney, Sourdough Toast

### The Summer Leb £16.5 (GF, V, VG)

Broad Bean Hummus, Pickled Carrot & Cabbage, Halloumi, Poached Eggs, Rose Harissa & Pistachio Dukkah, Sourdough Toast

### Cilbir (Turkish Eggs) £14.5 (GF, V, VG)

Labneh, Zhoug, Poached Eggs, Rose Harissa, Dukkah, Pinkles, Pumpkin Seeds, Pomegranate Seeds

### Y Barb Granola £13 (GF, V)

Acai & Welsh Yoghurt, Barbican Granola of Seeds & Mixed Nuts, Seasonal Fruit, Honey

### Chorizo Stack £16.95 (GF)

Roast Chorizo, Halloumi, Smashed Avocado & Lime, Salsa, Poached Eggs, Sourdough Toast

## BRUNCH

Served after 12pm

### The G.O.A.T. £14.5 (GF, V, VG)

St Clears Whipped Goats Cheese, Heritage Tomatoes, Basil Pesto, Caramel Pine Nuts, Mixed Salad Leaves

### Pysgod Y Wythnos | Fish of the Week

Please ask for details

### The KFC Bun & Chips £18.5

Korean Fried Chicken, Marinated Buttermilk Chicken, Pickled Carrot & Cabbage Kimchi, Salad & Sriracha Mayo

### Y Barbican Burger £18.5 (GF)

Two Welsh Beef Smashed Patties, Jalapeno Jam, Blackbomber Cheddar, American Cheese, Pickled Q's & Pinkles, Burger Sauce, Seasoned Fries

### Pasta Y Barb £20

Tomato Vodka Penne Pasta, Chicken Parmigiana

## Brunch Buns

### Super Soft Milk Buns with Sriracha Mayo

### Barbican Brecwast Bun £9.5 (GF)

Overnight Bacon, Halloumi, Fried Egg

### Barbican Veggie Bun £9.5 (GF)

Halloumi, Roasted Mushroom, Fried Egg, Avocado

### Sausage & Egg £8 (GF)

Welsh Sausage, Fried Egg

### Bacon & Egg £8 (GF)

Overnight Bacon, Fried Egg

## Sandos

### The Muffaletta £13 (GF)

Italian Cured Meats, Roast Ham, Olive Tapenade, Mayonnaise, Rocket, Pickled Fennel, Sourdough

### The Italiano £12 (GF, V, VG)

Toasted Sourdough, Basil Pesto, Heritage Tomato, Fresh Mozzarella

### The Argi-Bhaji £14 (GF, V)

Sourdough, Courgette & Halloumi Bhaji, Hummus, Pickles, Nigella Seed & Pepper Chutney

## Sides (GF)

Seasoned Fries £5

Truffle & Parmesan Fries £7.5

Rucola Salad £6

Halloumi Fries & Hot Honey £7.5

## Dips £1 (GF)

Aioli

Chimmi

Hollandaise

Sriracha Mayo

## Desserts

### Seasonal Frangipane £8

Creme Anglais

### Warm Choc Brownie & Ice Cream £8

### Caramel Brownie Sundae £7.5

Vanilla Soft Serve, Brownie Pieces, Caramel Sauce

### Biscoff & Banana Sundae £7.5

Vanilla Soft Serve, Biscoff Spread, Biscoff Crumb, Banana