

BRUNCH

The Benedicts

All served with Y Barbicans signature Laverbread Hollandaise & Pickled Fennel

Eggs Benedict £13.75
Overnight Bacon, Seasoned Greens, Poached Eggs, Croissant Scroll

Eggs Royale £14.5
Lightly Smoked Salmon, Seasoned Greens, Poached Eggs, Croissant Scroll

Eggs Florentine £13.75
Pan Fried Mushrooms, Seasoned Greens, Poached Eggs, Croissant Scroll

Sweet

Y Barbican French Toast £12.50
Apple & Cinnamon Compote, Oat Crumble, Chantilly, Brioche

Pistachio French Toast £14.00
Pistachio Cream, Raspberries, White Chocolate, Brioche

Breakfast Sides

Hash Browns £4

Overnight Bacon £4

Halloumi £4

Black Pudding £2.5

Barbican Beans £2

Plant Bach Menu

Brecwast Bryn £8
Sausage, Overnight Bacon, Beans, Fried Egg, Toast

Sausage & Chips £7

Chicken & Chips £7.5

Sourdough Pizza & Chips £7.5

Ham Sandwich & Chips £6

Matilda's Fish & Chips £8

Add Beans £1

Brecwast Mynydd Mawr £15
2 Sausages, 2 Thick Cut Back Bacon, Roasted Mushroom, Grilled Tomoato, Black Pudding, Hashbrown, Fried Egg, Baked Beans, Sourdough Toast +£1 Overnight Bacon

Garddwr- Veggie Breakfast £14.5
Veggie Sausages, Halloumi, Beans, Roast Tomatoes, Roast Mushroom, Hashbrown, Poached Eggs, Sourdough Toast

Steak & Eggs £17
6oz Aged Ribeye, Poached Eggs, Chimmi Churri, Pinkles Buttered Kale

Cockles, Bacon & Laverbread £15
Local Cockles, Swansea Laverbread, Overnight Bacon, Poached Eggs, Pickled Fennel, Sourdough Toast

The Leb £15
Beetroot Hummus, Pickled Carrot & Cabbage, Halloumi, Poached Eggs, Rose Harissa & Pistachio Dukkah, Sourdough Toast

Shaq £12.95
Baked Eggs, Moroccan Spiced Tomato Sauce, Spiced Pumpkin Seeds, Pickled Onion, Flatbread

Garlic Mushrooms £12
Sourdough Toast, Y Barbican Garlic & Cream Mushrooms

Brunch Buns

Super Soft Milk Buns with Ketchup, Browns Sriracha Mayo

Barbican Brecwast Bun £9
Overnight Bacon, Halloumi, Fried Egg

Barbican Veggie Bun £9
Halloumi, Roasted Mushroom, Fried Egg, Avocado

Bacon & Egg £7.5
Overnight Bacon, Fried Egg

Buns

The KFC £12
Korean Fried Chicken, Marinated Buttermilk Chicken, Pickled Carrot & Cabbage Kimchi, Salad & Sriracha Mayo

Not a Cubano £12
Overnight Bacon, Thick Cut Ham, Snowden Cheddar, Sriracha Mayo, Tomato & Red Pepper & Nigella Seed Sauce

Enoki £8
Fried Enoki, Pickled Carrot & Cabbage, Salad, Sriracha Mayo

LUNCH Served after 12pm

Soup of the Week £8.5
Seasonal Soup - See Special's Board

Y Barbican Fish & Chips £16
Battered Cod or Breaded Plaice, Chips, House Tartare & Peas

Baked Goats Cheese Salad £12.95
Baked Goats Cheese, Shredded Kale & Orange Dressing, Roasted Beetroot, Pickled Carrot, Pomegranate & Pumpkin Seeds

Y Barbican Burger £17.5
Two Beef Smashed Patties, Blackbomber Cheddar, Candied Jalapenos, Pinkles, Burger Sauce, Seasoned Fries

Slow Cooked Beef Ragu £16
Slow Cooked Welsh Beef, Barbican Ragu, Pappardelle & Sourdough Pangratto

Sides

Seasoned Fries £5

Truffle & Parmesan Fries £7.5

Rucola Salad £5.5

Halloumi Fries & Hot Honey £7

Dips £1

Aioli

Chimmi

Hollandaise

Sriracha Mayo