

BRUNCH

Served all day

The Benedicts

All served with Y Barbicans signature Laverbread Hollandaise & Pickled Fennel

Eggs Benedict £14.75 (GF)
Overnight Bacon, Seasoned Greens, Poached Eggs, Croissant Scroll

Eggs Royale £15.5 (GF)
Lightly Smoked Salmon, Seasoned Greens, Poached Eggs, Croissant Scroll

Eggs Florentine £14.50 (GF, V)
Pan Fried Mushrooms, Seasoned Greens, Poached Eggs, Croissant Scroll

Sweet

Y Barbican French Toast £14 (GF, V)
Apple & Cinnamon Compote, Oat Crumble, Chantilly, Brioche

Pistachio French Toast £14.95 (GF, V)
Pistachio Cream, Raspberries, White Chocolate, Brioche

Breakfast Sides

- Hash Browns £4 (GF)
- Overnight Bacon £4 (GF)
- Halloumi £4 (GF)
- Black Pudding £2.5
- Barbican Beans £2 (GF)
- Toast with Jam £4 (GF)

Plant Bach Menu

- Brecwast Bryn £8 (GF,V)
Sausage, Overnight Bacon, Beans, Fried Egg, Toast
- Sausage & Chips £7.5 (V)
- Chicken & Chips £8
- Sourdough Pizza & Chips £8 (V)
- Ham Sandwich & Chips £7 (GF)
- Matilda's Fish & Chips £8.5 (V)
- Add Beans £1

Brecwast Mynydd Mawr £16.5 (GF)
2 Sausages, 2 Thick Cut Back Bacon, Roasted Mushroom, Grilled Tomato, Black Pudding, Hashbrown, Fried Egg, Baked Beans, Sourdough Toast +£1 Overnight Bacon

Garddwr Veggie Breakfast £15.5 (GF)
Veggie Sausages, Halloumi, Beans, Roast Tomatoes, Roast Mushroom, Hashbrown, Fried Eggs, Sourdough Toast

Steak & Eggs £19 (GF)
8oz Aged Ribeye, Poached Eggs, Chimmi Churri, Pinkles Buttered Kale

Cockles, Bacon & Laverbread £17 (GF)
Local Cockles, Swansea Laverbread, Overnight Bacon, Poached Eggs, Pickled Fennel, Sourdough Toast

The Leb £16.5 (GF, V, VG)
Beetroot Hummus, Pickled Carrot & Cabbage, Halloumi, Poached Eggs, Rose Harissa & Pistachio Dukkah, Sourdough Toast

Shakshouka £14.5 (GF, V, VG)
Baked Eggs, Moroccan Spiced Tomato Sauce, Spiced Pumpkin Seeds, Pickled Onion, Flatbread

Garlic Mushrooms £13 (GF, V, VG)
Sourdough Toast, Y Barbican Creamy Garlic Mushrooms

Brunch Buns

Super Soft Milk Buns with Ketchup, Brown Sauce, Sriracha Mayo

Barbican Brecwast Bun £9.5 (GF)
Overnight Bacon, Halloumi, Fried Egg

Barbican Veggie Bun £9.5 (GF)
Halloumi, Roasted Mushroom, Fried Egg, Avocado

Sausage & Egg £8 (GF)
Welsh Sausage, Fried Egg

Bacon & Egg £8 (GF)
Overnight Bacon, Fried Egg

Buns

The RFC £13.5
Korean Fried Chicken, Marinated Buttermilk Chicken, Pickled Carrot & Cabbage Kimchi, Salad & Sriracha Mayo

Not a Cubano £13 (GF)
Overnight Bacon, Thick Cut Ham, Snowden Cheddar, Sriracha Mayo, Tomato & Red Pepper & Nigella Seed Sauce

Enoki £10 (GF, V, VG)
Fried Enoki, Pickled Carrot & Cabbage, Salad, Sriracha Mayo

LUNCH

Served after 12pm

Soup of the Week £9 (GF, V)
Seasonal Soup - See Special's Board

Y Barbican Fish & Chips £17
Battered Cod, Chips, House Tartare & Pea Puree

Baked Goats Cheese Salad £14 (GF, V)
Baked Goats Cheese, Baby Leaf & Orange Dressing, Roasted Beetroot, Pickled Carrot, Pomegranate & Pumpkin Seeds

Y Barbican Burger £18.5 (GF)
Two Beef Smashed Patties, Blackbomber Cheddar, Candied Jalapenos, Pinkles, Burger Sauce, Seasoned Fries

Slow Cooked Beef Ragu £17
Slow Cooked Welsh Beef, Barbican Ragu, Pappardelle & Sourdough Pangratto

Sides (GF)

- Seasoned Fries £5
- Truffle & Parmesan Fries £7.5
- Rucola Salad £6
- Halloumi Fries & Hot Honey £7.5

Dips £1 (GF)

- Aioli
- Chimmi
- Hollandaise
- Sriracha Mayo

GF, V, VG means that these options are available upon request