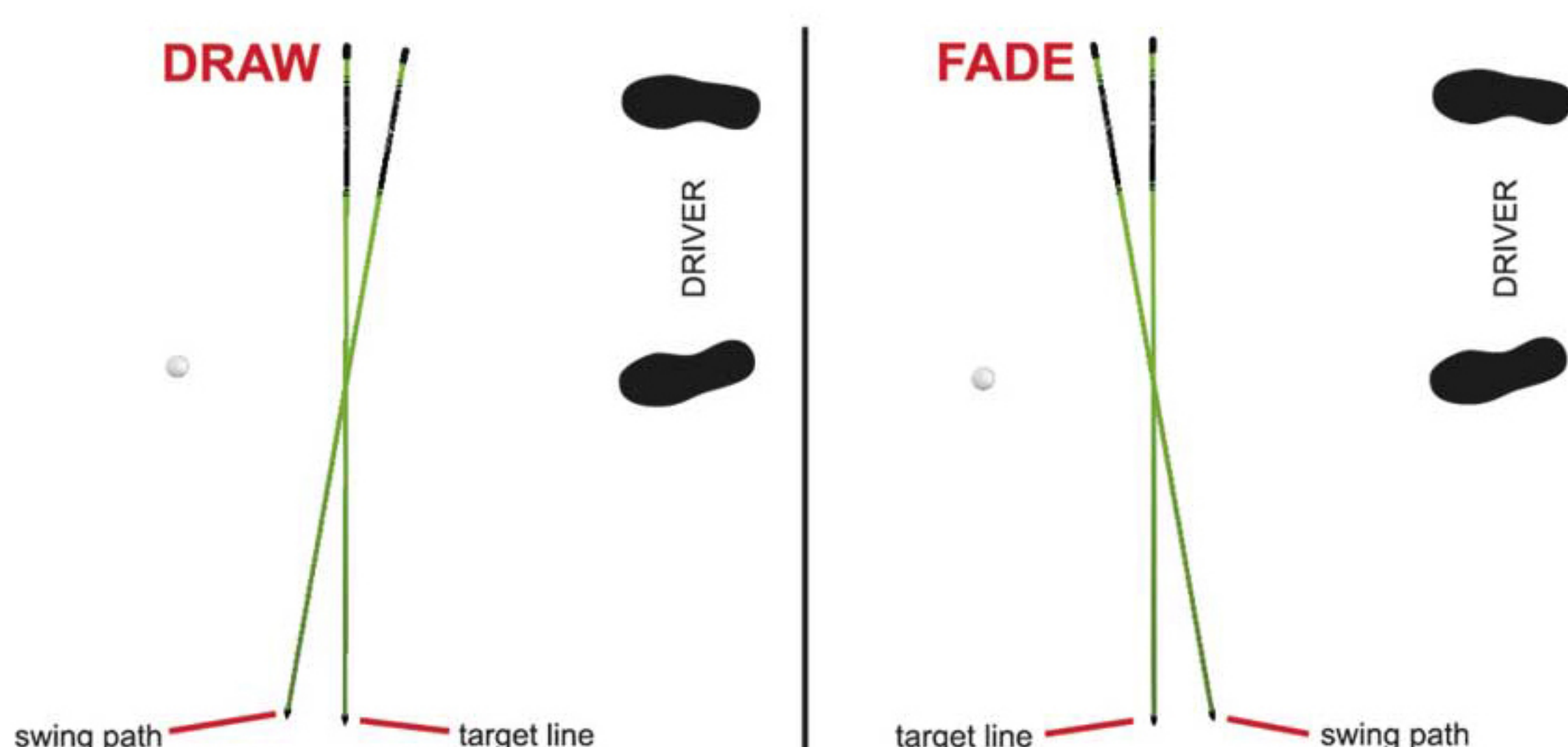


# DRILLS

## SHOT SHAPING

Lay 1 rod down your target line. Keep your hips, shoulders, & club face square to this line. Place a 2nd rod on an inside & out swing path line. When rods are in the correct position the should form an elongated X with the tips about 6" apart on both sides. This set up will promote an inside to out swing path producing a draw. Reverse for a fade.



## SWING PLANE

Stick 1 rod into the ground about 3 feet behind the ball and at the angle of your club shaft at address. You will now have a distinct point within your peripheral vision of where you want the club to be set at the halfway point of the backswing. Place a stick in front that will allow you to make the same check on your through swing, keeping your swing plane symmetrical.



## PUTTING

Lay 2 rods parallel approximately 1 foot apart. Visualize correct line and build confidence training yourself to use a pendulum putting motion back and through. Use the closest rod as you're eyeline and the furthest rod as your line of break.

