

**Resilient Youth:
*Emotional Wellbeing
in the Wake of the
Covid-19 Global
Pandemic***

**Stories of Reflection and
Resolve from the Trenches**

Lisa La Bonté



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The “Global Citizens Innovative Solutions SDGs Challenge” is a 10 year initiative that runs over a rolling 100 day period annually starting each year on Earth day. The program will sunset in 2030 as will the SDGs.

About the Author



Lisa La Bonté is a technology investor, global emerging markets expert and business advisor who has designed and delivered programs of impact related to emotional intelligence, innovation, STEM, SDGs, and/or millennial workforce and economic development with foreign monarchies, The United Nations, US Department of State, NASA, and under Executive Order of the White House in cooperation with the US Department of Commerce.

Lisa holds an MBA in International Business, a Master of Science in Internet Strategy Mgmt. and is currently on sabbatical from her Dubai based youth development NGO while studying for a Masters in Journalism with a focus on International Security.

During the Covid-19 pandemic Lisa created the Global Citizens Innovative Solutions SDGs Challenge to cultivate greater involvement on the ground globally toward progress on the 17 UN Sustainable Development Goals. This book is an attempt to lift the spirits –or at least distract youth long enough for them to ride out the pandemic and return to their lives stronger, better motivated and more positive than ever.

You can follow Lisa on Twitter at **@UpliftingFYI** or visit **www.SDGsChallenge.org** and follow the SDGs Challenge: **@SDGsSolutions** on Facebook, Instagram, Twitter, LinkedIn and YouTube **#Resolve2Solve**