



Associated Country
Women of the World

PROJECT 1101

Nutrition education and Food
Production for Yanadi Tribal
Women

Village Reconstruction and
Development Society, India



Project Aims

- To promote nutrition education among the tribal community
- To improve skills in food making
- To support nutritional security
- To introduce the technologies of drying fruits and vegetables

Purpose of Project

- Target community is a vulnerable tribal group living in poverty and dependent on daily wages as agriculture labourers.
- Malnutrition rates are high due to lack of micronutrients in diet and lack of knowledge on the effects on malnutrition on the body.

Baseline Survey

- Baseline survey used to gauge levels of malnutrition among community members
- Height and weight measured
- Malnutrition calculated using Body Mass Index for adults and percentage of median weight-for-height for children

Results

- Out of 40 women, 14 were considered malnourished
- Out of 40 men, 12 were considered malnourished
- Out of 36 children, 19 being girls – 10 malnourished; 17 boys – 10 malnourished

Key Achievements

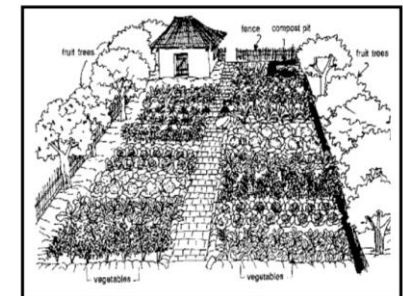
1. Baseline survey on malnutrition at community level
2. Meetings with project stakeholders
3. Nutrition education
 1. Community awareness camps
 2. Awareness through folk media
4. Food making training
 1. Training in food making
 2. Distribution of cooking tools/equipment



HOME NUTRITION GARDENS

Published by

VILLAGE RECONSTRUCTION AND DEVELOPMENT SOCIETY
6/134A,SR> Puram Road , Udayagiri(P&M),
SPSR, Nellore, dt, Andhra Pradesh.



Key Achievements

5. Promoting nutrition gardens
 1. Garden cultivation training to women
 2. Vegetable calendar
 3. Seed distribution
6. Introducing solar dryers
 1. Trainings to women
 2. Distribution of solar dryers
7. Final survey



Outcomes

- To promote nutrition education among the tribal community
- To improve skills in food making
- To support nutritional security
- To introduce the technologies of drying fruits and vegetables

Sustainability – will the achievements be sustained beyond the end of the project?

- Beneficiaries have been provided necessary education on various elements to continue the work and have been positively affected by the changes promoted
 - Nutrition
 - Food making – tool kits
 - Gardening – garden equipment, seeds
 - Solar drying

Case Studies

- Mrs. Nagamma is a season forest fruits vendor.
 - Home garden training
 - Sells surplus harvest for additional income
 - Utilises solar dryer to preserve for her family and sell
- Mrs. Radamma is a farm labourer who lives off of daily wages
 - Nutrition training
 - Home gardening





rural
women
in action

Associated Country
Women of the World

PROJECT 1095

Economic Empowerment for the
Olmarrurui Women

Elite Community Development
Empowerment Programme
(ECODEP), Kenya





Project Aims

- To empower Maasai women in finances
- To promote agriculture production as a commercial venture
- To improve economic welfare of the women groups

Purpose of Project

- Target community is a demographic of women who have reduced access to information, education, land use, and income-generating opportunities.
- Combat food insecurity and improve household incomes

Baseline Survey

- Baseline survey used to learn whether Maasai women are knowledgeable in VSL, entrepreneurship, and banking services
- To learn whether women have access to agricultural support services.

Results

- 86% save money through VSL
- 80% have knowledge of entrepreneurship skills, but have yet to utilise due to lack of finances
- Lower than 37% have had access to agricultural trainings

Key Achievements

1. Financial literacy and entrepreneurship skills training
2. Onion Farming
3. Created Village Savings Loans Groups
 1. Improved saving culture
 2. Kick-start commercial and agri-business ventures through VSL loans
4. Sustainable Agriculture training



Outcomes

- Improved access to financial literacy and access to financial services
- Diversified food and income sources
- Increased agricultural production
- Improved economic welfare



Sustainability – will the achievements be sustained beyond the end of the project?

- ECODEP staff will continue to support members and recruit new members to join
- Beneficiaries will receive mentorship and financial support through VSL
- Profits shared amongst members to be used to set up income-generating activities
- Potential to expand farming to beans and maize

Case Studies

- Susan Njoki
 - “It is through ECODEP that we have learned to save consistently and do great things. I was not able to save before I was introduced to ECODEP but now I can gladly say that me and my group members are doing well in this exercise, and we hope to do more in the future.”
- Sabina Namunyak
 - VSL Entrepreneurship training - acquired a loan to boost her farming business
 - Encourages community members to form VSL groups for reliable saving and borrowing platform
 - Agricultural training aided income-generating opportunities





AMPLIFYING VOICES

- Educational and development projects
 - Partnerships
- Advocacy opportunities
 - Advance gender and climate smart agricultural policies
 - Encourage governments to engage with Indigenous communities
 - CSW
 - International Decade of Indigenous Languages
- Resources
 - UN Declaration on the Rights of Indigenous Peoples
 - UN Observances – Indigenous Day Resources (link to be shared)