

Cursillos in Christianity

Filipino Group • Diocese of San Bernardino • www.SBCursillo-Filipino.org

Make a Friend... Be a Friend... Bring that Friend to Christ!

PALANCAS

To: _____

Cursillo Class #: _____

Date: _____

Place: _____

Dear _____

Our Lord has said, ***"It was not you who chose Me, but I who chose you and appointed you to go and bear fruit that will remain..."*** He has called you to Cursillo and is counting on you to take this special encounter with Him to your family and to the world. May our dear Lord continue to bless you and your family as you strive to serve Him.

As St. Paul, the Apostle, said: *"Prayers with sacrifices are very precious before the eyes of the Lord."* Therefore, as our spiritual offering for the success of your Cursillo, we each will offer to the Lord the following prayers & mortifications:

PRAYERS:

- _____ Holy Mass
- _____ Communion
- _____ Visit to the Blessed Sacrament
- _____ Rosary ___ The Cursillo Way
- _____ Chaplet of Divine Mercy
- _____ Novena
- _____ Others: _____

MORTIFICATIONS:

- No Breakfast _____ Days
- No Snacks/Merienda _____ Days
- No Coffee _____ Days
- No Soft Drinks _____ Days
- No Television _____ Days
- No Smoking _____ Days

In Christ,

Cursillo Class #: _____

Place: _____

Table Saint: _____

Parish: _____