



Confirmation 2025



August 26, 2025

Dear Parents,

Thank you for enrolling your child in Sacramental Preparation for Confirmation. If you receive this folder, your child should be in Year 2 of Confirmation (usually 7th grade) or as a catch-up for those in grades 8+. Please review the following information and expectations.

1. Your child should be registered for EDGE (or Life Teen if grade 8+).
2. Your child should be registered for Sacramental Preparation.
3. Your child needs to show regular attendance to EDGE/Life Teen as the lessons are taught within those programs.
4. Your child needs to show regular participation in Sunday Mass or Vigil Mass. Weekday Mass does not count towards this (school Mass). This is done by turning in Mass Cards. They should hand in 30 Mass Cards before Confirmation.
5. Parents are expected to attend the GIFT nights listed on the schedule.
6. Your child needs to select a sponsor – Details below.
7. Your child needs to complete 7 sponsor meetings / discussions – Details below.
8. All Confirmation material and documents are available at www.blessedsacramentchurch.org/confirmation
9. Your child will be asked to write a saint report – Information in sponsor booklet.
10. Your child will be asked to write a letter to Fr. Tim (template provided) to request the Sacrament of Confirmation.
11. Your child will be asked to write a letter to Bishop Bullock to request the Sacrament of Confirmation (template provided).
12. Your child will be expected to complete a Confirmation Retreat. Details below.
13. Your child will be expected to participate in one summer activity – Details below.

Sponsor Information

Choosing a Confirmation Sponsor is not to be taken lightly as the sponsor has a great impact on the candidate as they prepare to receive the Sacrament of Confirmation. For one to “mentor” another in the Catholic Faith, it is necessary for that person to believe all that the Catholic Church professes and teaches to be true and to be truly trying to incorporate these teachings into their daily lives. The sponsor should be a person who



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is prayerful, open, dependable, and is comfortable sharing his or her faith with a young person.

Eligibility Requirements:

A sponsor must be a practicing, Confirmed Catholic, who is in good standing with the Church and has received the Sacraments of Baptism, Eucharist, and Confirmation. If married, they must be married according to the laws of the Catholic Church. Sponsors must also be attending weekly Mass. According to Canon Law 893, parents cannot sponsor their children. The candidate can choose one of their godparents or a grandparent if they would like. The sponsor must be at least 18 years of age of mature knowledge of the Catholic Faith.

Sponsor Expectations:

- Seven monthly faith sharing sessions with their candidate from October to May.
- Assist the candidate in writing their letter to the Pastor & Bishop and their saint report.
- Confirmation rehearsal (October 2025) – Day before)
- Confirmation Mass (October 2025)
- A willingness to pray for and with their candidate

Sponsor Meetings

Each of the 7 sponsor meetings will be available in two locations for your convenience.

- On the church website: <https://blessedsacramentchurch.org/confirmation>
- In the red folder given out at the beginning of the year.

These meetings should take 45 minutes to an hour and it is recommended that sponsors and youth plan another activity to just spend time together.

These meetings are being updated, so they will not all appear at once.

Parents, youth, and sponsors (if the sponsor is comfortable) should register to keep track of announcements, meetings, and other obligations.

Confirmation Retreat

Students will be required to attend a Confirmation Retreat. The retreat opportunities include the Diocesan Youth Rally, and a parish-led retreat on Saturday, February 7th. This retreat will be run from 9:00 AM until the conclusion of the 4:00 PM Mass. Other opportunities may arise and will be announced as available.



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Summer Activity

Your child will also be expected to participate in Summer Service, Totus Tuus, or Duc in Altum.

Pray For and With Your Child

In Confirmation, we ask our children to not only Confirm what began in Baptism, but to be empowered to share the faith with others. Your efforts to share your faith with your child will be an important example and model for them. By showing your continued interest in growing in faith, they too should be inspired.

We hope that you, your child, and your child's sponsor really enjoy the process of going deeper into the faith and sharing the journey of full initiation into the Catholic church.

Yours in Christ

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