

Go in peace to love and serve your neighbor.

At the end of every Mass the priest or deacon will say these or words like them. We go home from Mass prepared to do good works through Jesus, with Jesus, and in Jesus so that when we come back to church we can offer them as a gift to the Father in heaven.

What ways will you show your love for God and others this week

My Mass Book



Name:	 			
Date:				

#1

Let Us Pray

Every time we go to church, it is the most special prayer that we have. We can ask God for special blessings on ourselves and others. This is why we kneel and pray before Mass.

We place these prayers to God in the altar of our heart. When the priest says, "Let us Pray," this is called the "Collect." He gathers up all the prayers of all the people to offer them to God in the Mass.

It's not just your prayers, in the Mass, the prayers of the whole church go up to God.

Write a prayer that you would like to the priest to collect and offer to God in the Mass.



Watch and Listen

Watch for the part of the Mass where the priest hold's up the host like this.

Listen for when he says or sings, "Through Him, with Him, and in Him..."

This is when your prayer and the prayers of the whole church are offered to God through Jesus, with Jesus, and in Jesus.

Do you know?

What word do we sing or say next?