



Birthday Candles

Have you ever wondered why we put candles on a birthday cake? For Christians like us, each candle represents a prayer of thanks for each year of our life. It also reminds us of our baptism. We celebrate each year of our life and our eternal life in heaven.

What kind of cake do you have for your birthday?

Your mission until the next Mass Book is to ask your parents if you can light a candle with them at church or home to offer a prayer.

My Mass Book



Name: _____

Date: _____



Remember

In our last Mass Book, we talked about incense and how the smoke represents, prayers, people, and holy things we want to rise to the Father in heaven.

This week we are going to learn about why we use candles in Mass, at church, and home as a tool for us to pray.

Jesus told us that we should “Pray always.” Could you imagine praying all the time like that? It would be very hard to do. How do you pray when you are busy with the rest of your life?

Just like at other times, God will give us some help. He lets the saints and angels pray for us when we can't. This is why we have candles by our statues of saints. When we light a candle, that saint will pray for what we've asked them until the candle runs out.

Another thing about candles is they make our world brighter. They represent God's light!



Watch and Listen

Look around the church while you are in Mass. How many candles do you see?

Sometimes at church we have a really big candle called the Easter candle. Is the Easter Candle out today? **Yes** **No**

In our church, when it is not out, it is in the hallway the altar servers use. Can you see it or find it? **Yes** **No**

We use that candle at baptisms, weddings, funerals, and for the whole Easter season.