



My Mass Book



Go in peace to love and serve your neighbor.

In our last Mass Book, we remember how we were sent out to good things for God and the people around us. One way to do that is to say sorry to someone we hurt or were mean to. Another way is to comfort someone who is sad or hurt. You might also forgive someone who has hurt you or hurt your feelings.

What good will you do for God this week?

Name: _____

Date: _____



Remember

Kneel down and put a prayer on your heart that will be collected by the priest and offered during the Mass. Did you love and serve God, your family, or your friends this week?

Write what good actions you did this week that you'd like to offer to the Father in heaven during this Mass.

When the priest holds up the Host and says, "Through Him, with Him, and in Him..." We know that this has been brought to the Father by Jesus.

We say or sing, "AMEN," to confirm that we wanted God to receive that gift.



Watch, Listen, and Speak

We all do bad things. We call those sins. As the Mass begins we make the Sign of the Cross. The priest then says, "Let us call to mind our sins."

You can join in this part:

Deacon: Lord have mercy | Kyrie Eleison

You: Lord have mercy | Kyrie Eleison

Deacon: Christ have mercy | Christe Eleison

You: Christ have mercy | Christe Eleison

Deacon: Lord have mercy | Kyrie Eleison

You: Lord have mercy | Kyrie Eleison

This prayer forgives our small sins.