

Go in peace to love and serve your neighbor.
The word "Eucharist" means "Thanksgiving."
Believe it or not, every Mass is a feast of Thanksgiving. We don't have turkey or desserts, but we look forward to the feast we will have in heaven. God loves a thankful heart and that is a great thing to offer God in the Mass.

What are some things you are thankful for?

Your mission until the next Mass Book is to practice saying, "Thank you," whenever

## My Mass Book



Name: $\qquad$

Date: $\qquad$

## Remember

In our last Mass Book, we found out that God loves forgiving sins and comforting people? Did you do that this week? If you did, kneel and pray before Mass that God might receive that gift.

We remember that we all do bad things, but that we also do good things. Write down something you'd like to thank God for this week in your prayer.
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God makes all good things possible and he forgives and still loves people, even if they do bad things. Just like our parents still love us, even when we misbehave. Just like God, they want you to happy, healthy, and holy.


## Watch and Listen

After the "Collect," when the priest collects the prayers of the church after saying, "Let us pray," We enter into the heart of the Liturgy of the Word. This is when God speaks to us through scripture. Scripture means reading from the Bible. We are grateful that God shares these stories to teach us how to be happy.

At the end of the reading the reader or lector says: The Word of the Lord

You reply: Thanks be to God.
God loves it when we have a thankful heart!

