



August 3, 2026

Dear Parents,

Thank you for enrolling your child in Sacramental Preparation for Confirmation.

The following items are required for Year 1 (6th Grade) and Year 2 (7th Grade+) Students:

1. **Program Attendance:** Your child needs to show regular attendance to EDGE/Life Teen as the Confirmation preparation lessons are taught within those programs.

The following items are required once over the course of their preparation:

1. Your child will be expected to complete **Muffins with Mom or Donuts with Dad**
2. Your child will be expected to complete one **Confirmation Retreat**
3. Your child will be expected to participate in one **Summer Activity**

Year 2 Students (Grade 7+) are asked to meet the following expectations:

1. **Mass Attendance:** Your child needs to show regular participation in Sunday Mass or Saturday Vigil Mass. Weekday Mass does not count towards this (school Mass). Attendance is tracked through Confirmation tithing envelopes (see below for details). They should hand in 30 Tithing Envelopes before Confirmation.
2. **GIFT Nights:** Parents are expected to attend the GIFT nights listed on the schedule.
3. **Sponsor:** Your child needs to select a sponsor.
4. **Sponsor Meetings:** Your child needs to complete 7 sponsor meetings
5. **Saint Report:** Your child will be asked to write a saint report.
6. **Letter to Pastor:** Your child will be asked to write a letter to Fr. Tim to request the Sacrament of Confirmation.
7. **Letter to Bishop:** Your child will be asked to write a letter to Bishop Bullock to request the Sacrament of Confirmation.

Sponsor Information

Choosing a Confirmation Sponsor is not to be taken lightly as the sponsor has a great impact on the candidate as they prepare to receive the Sacrament of Confirmation. For one to “mentor” another in the Catholic Faith, it is necessary for that person to believe all that the Catholic Church professes and teaches to be true and to be truly trying to



incorporate these teachings into their daily lives. The sponsor should be a person who is prayerful, open, dependable, and is comfortable sharing his or her faith with a young person.

Eligibility Requirements:

A sponsor must be a practicing, Confirmed Catholic, who is in good standing with the Church and has received the Sacraments of Baptism, Eucharist, and Confirmation. If married, they must be married according to the laws of the Catholic Church. Sponsors must also be attending weekly Mass. According to Canon Law 893, parents cannot sponsor their children. The candidate can choose one of their godparents or a grandparent if they would like. The sponsor must be at least 18 years of age of mature knowledge of the Catholic Faith.

Sponsor Expectations:

- Seven monthly faith sharing sessions with their candidate from October to April.
- Assist the candidate in writing their letter to the Pastor & Bishop and their saint report.
- Confirmation rehearsal – Date TBD (October 2027)
- Confirmation Mass (October 2027)
- A willingness to pray for and with their candidate

Sponsor Meetings

Each of the 7 sponsor meetings will be available in two locations for your convenience.

- On the church website: <https://blessedsacramentchurch.org/confirmation>
- In the red folder given out at the beginning of the year.

These meetings should take 45 minutes to an hour, and it is recommended that sponsors and youth plan another activity to just spend time together.

Confirmation Retreat

Students will be required to attend one Confirmation Retreat over the course of their preparation. The retreat opportunities include the Diocesan Youth Rally, and an in-parish retreat, see the confirmation schedule for dates.

Summer Activity

Your child will also be expected to participate in one Summer Activity over the course of their preparation, these include: Summer Service, Totus Tuus, or Duc in Altum.



Donuts with Dad & Muffins with Mom

This program is designed to assist parents and youth with the topics of growing up, puberty, and mental wellness during this transitional phase of life. We have a series of experts to give parents and youth a foundation to understand and discuss these topics. This program does not directly address human sexuality or procreation but focuses mainly on helping youth approach puberty in a healthy manner. It is designed to be a strong foundation for parents to discuss matters further when they feel it is appropriate for their own children.

Pray For and With Your Child

In Confirmation, we ask our children to not only Confirm what began in Baptism, but to be empowered to share the faith with others. Your efforts to share your faith with your child will be an important example and model for them. By showing your continued interest in growing in faith, they too should be inspired.

We hope that you, your child, and your child's sponsor really enjoy the process of going deeper into the faith and sharing the journey of full initiation into the Catholic church.

Yours in Christ

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