

# Hillmont Associates

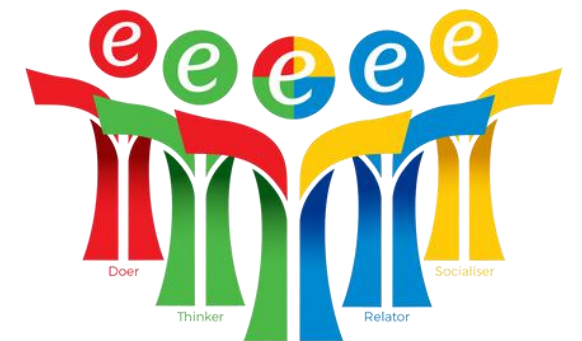
People - Teams - Safety

## THE PEOPLE EXPERTS

Specialising in E-Colours  
and Health & Safety

SURROUNDED BY POTENTIAL

### PERSONALITIES REMIXED



LEWIS SENIOR  
MARK WILKINSON  
AND PAUL GRANT



Order now at  
[amazon.com](https://www.amazon.com)



[www.hillmontassociates.com](https://www.hillmontassociates.com)

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# About Us

Hillmont  
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## We Offer Health & Safety Solutions and Training powered by E-Colours

We're passionate about delivering practical, people-focused **Health and Safety and Project Management** services that keep your teams safe, compliant, and performing at their best.

Building on this foundation, our **E-Colours Human Safety Series** help your people understand themselves, communicate openly, and work better together - creating stronger, safer workplaces.

Our tailored solutions address your industry's unique challenges to support both protection and peak performance.





# Why We're Different

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We're a people focused  
business offering tailored  
solutions to meet our clients  
unique needs.

Our goal is for every employee  
to return home safely to their  
family, and for employers to be  
pro-actively working for an  
incident free environment.

Our services complete the  
spectrum of HSEQ and more,  
as we're Certified  
E-Colours Personality  
Diversity Practitioners.





# Our Founder

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Managing Director & Lead E-Colours Coach; **Mark Wilkinson** (FIoL/CMIOSH) is at the forefront of Hillmont Associates Ltd.

Mark began his career as an HSE Manager at the London Olympic Stadium, later advancing to key roles at London Heathrow Airport and Berkeley Homes. With extensive experience overseeing billion-pound projects involving thousands of staff and contractors, Mark is deeply committed to health, safety, wellbeing, E-Colours, and people.

His guiding ethos for Hillmont Associates is to “solve & educate.” Driven by this philosophy, Mark has built a team of experienced, dedicated professionals who span the full breadth of the industry - all working together to not only meet but exceed our clients’ expectations.



# Our Team

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We provide competent advice to make sure your business meets industry standards and is safe in the UK and overseas.



**Nicolas Fekete**

Senior QHSE Consultant  
& E-Colours Practitioner



**Nicola Bhattacharjee**

Senior QHSE Consultant &  
E-Colours Practitioner



**Emma Wilkinson**

Business Director &  
E-Colours Practitioner



**Ian Collins**

E-Colours Coach



**Lou Dutch**

E-Colours Practitioner



# How We Work

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1

We include a comprehensive initial consultation to help you identify gaps and opportunities.

2

We produce a detailed report that includes a project plan with agreed goals, a cost analysis and schedule.

3

We provide a suite of quality products that help you achieve your aims quickly and smoothly.

# HSE & PM Services

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- Acting as your competent person for Health & Safety
- Conducting audits and site inspections
- Developing Health & Safety policies
- Delivering workplace and event risk assessments & method statements
- Providing project managers
- Fire risk assessments
- Accident investigation
- Health & Safety management reports
- CDM training and compliance

Hillmont Associates Ltd are trusted, highly qualified health and safety consultants, with over 15 years' global experience.

Our team's pride and passion shine through in every project. We offer tailored, practical solutions - cutting through complexity to meet your unique needs.

We take the time to truly understand your business, becoming part of your team to help you meet legal requirements, enhance safety performance, and build a culture where people come first.



# Environmental & Sustainability Services

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## Environmental Management

We help organisations build robust Environmental Management Systems (EMS) to identify, minimise, and control risks - supporting compliance, pollution prevention, and long-term sustainability. From ISO and EMAS support to COSHH, waste, and site plans, we offer practical solutions that protect your people, assets, and reputation.

## Sustainability Management

We design tailored sustainability strategies underpinned by solid data and clear action plans. Whether you need help with reporting, science-based targets, stakeholder engagement, or BREEAM benchmarking, we guide you in reducing impact, driving value, and building a culture of continuous improvement.



# Quality Services

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## ISO Preparedness

- ISO 9001 helps organisations streamline culture, operations, and outcomes. We offer health checks and gap analysis reports to support new certifications or renewals - ensuring you're ready to meet ISO standards across any industry.

## BREEAM Assessment

- Aiming for Outstanding? Let us help reach your project goals. We can AP in-project or support your BREEAM assessment.

## SHEQ Compliance

- Documentation, if used properly, provides one path to manage risk. Ensure your legal register is up to date, your processes are collecting the right KPIs and that your team has the right skills and motivation to deliver.

## Corporate Reporting Assurance

- Show robust reporting procedures and data to your stakeholders with our third party assurance.



# E-Colours Safety Training

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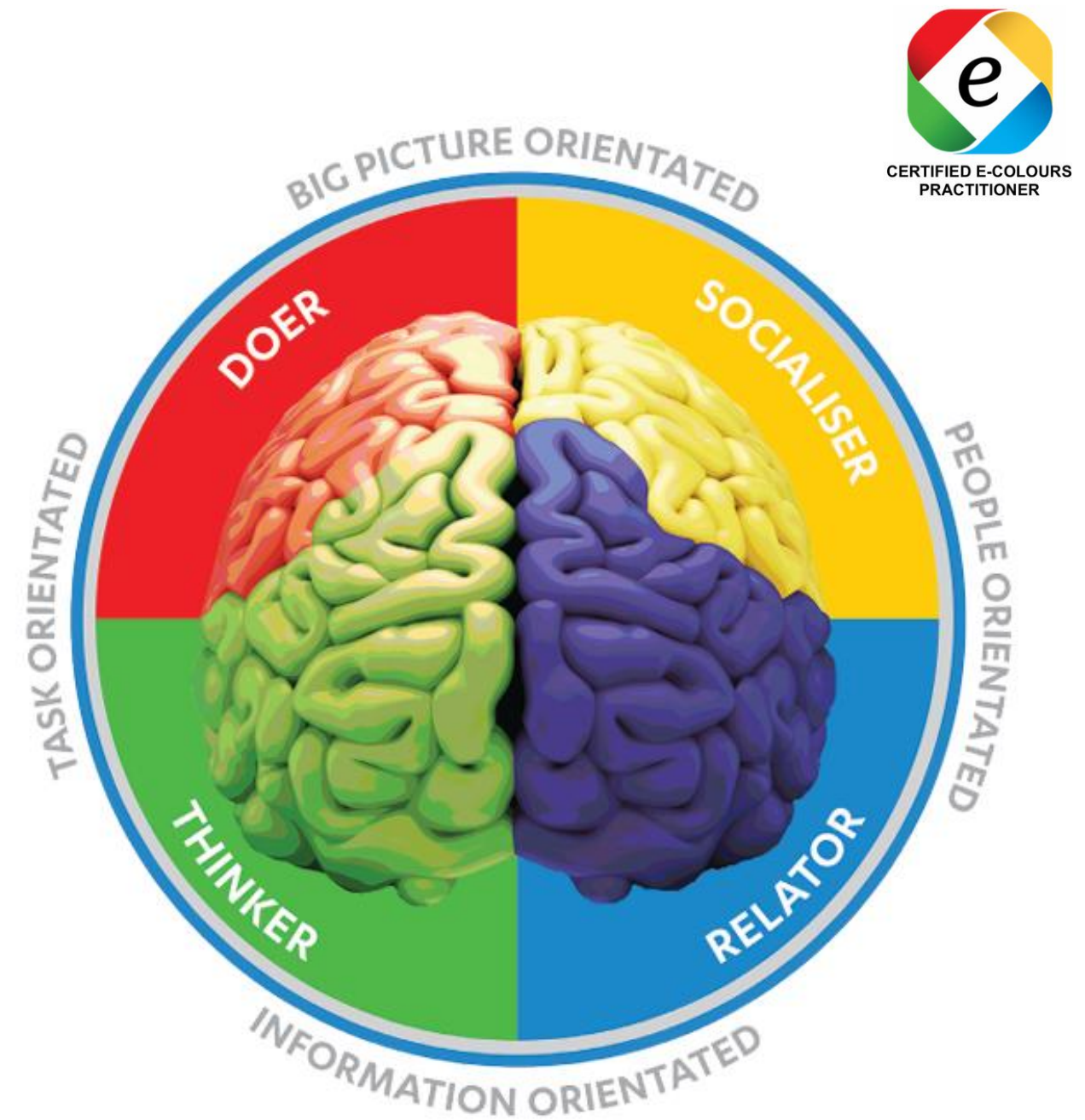
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**Whether your team are predominantly Red, Green, Yellow or Blue, this is the first personality diversity tool that has been applied to improving safety with remarkable results.**

As certified Practitioners licensed to train E-Colours, our self-awareness sessions help individuals uncover what drives their behaviour, where they may default under pressure, and how to work more effectively with others.

Whether you're leading a team, navigating conflict, or striving for personal growth, an E-Colours training session is the first step toward real, lasting change.

**Share this life-saving tool - your team will thank you.**





# How It Works

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1

Invite your team to discover their E-Colours. Each person receives a comprehensive Premium Report.

2

Bring your team together for a dynamic, engaging and interactive group session.

3

During the session we share a Team Composition Report - highlighting your group's collective strengths and development opportunities. They'll also receive a 'Take It Out Of Your Pocketbook' and a Personal Intervention wristband.

## PDI PREMIUM REPORT

Congratulations, Mark Wilkinson CMIOSH FInstLM



Based on your responses to the Personality Diversity Indicator (PDI), your primary E-Color is **YELLOW**, and your secondary E-Color is **RED**. This means your personality style is that of the **Doing Socializer**.

We determined your style by how frequently you indicated a response to a question relating to a particular E-Color. The percentages of your E-Colors are displayed below in order of their strength, according to your responses on the PDI.



40.0% 25.7% 9.3% 25.0%

MY PDI RESULTS

Premium PDI Report  
Mark Wilkinson CMIOSH FInstLM

5

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# Who's Already Using E-Colours

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Join these teams who are already using E-Colours to improve safety:

**Heathrow**  
Making every journey better

**DULSCO**

**JCB**



**transdev**

**ARMSTRONG  
NIELD**

**QINETIQ**



**British  
Antarctic Survey**

NATURAL ENVIRONMENT RESEARCH COUNCIL

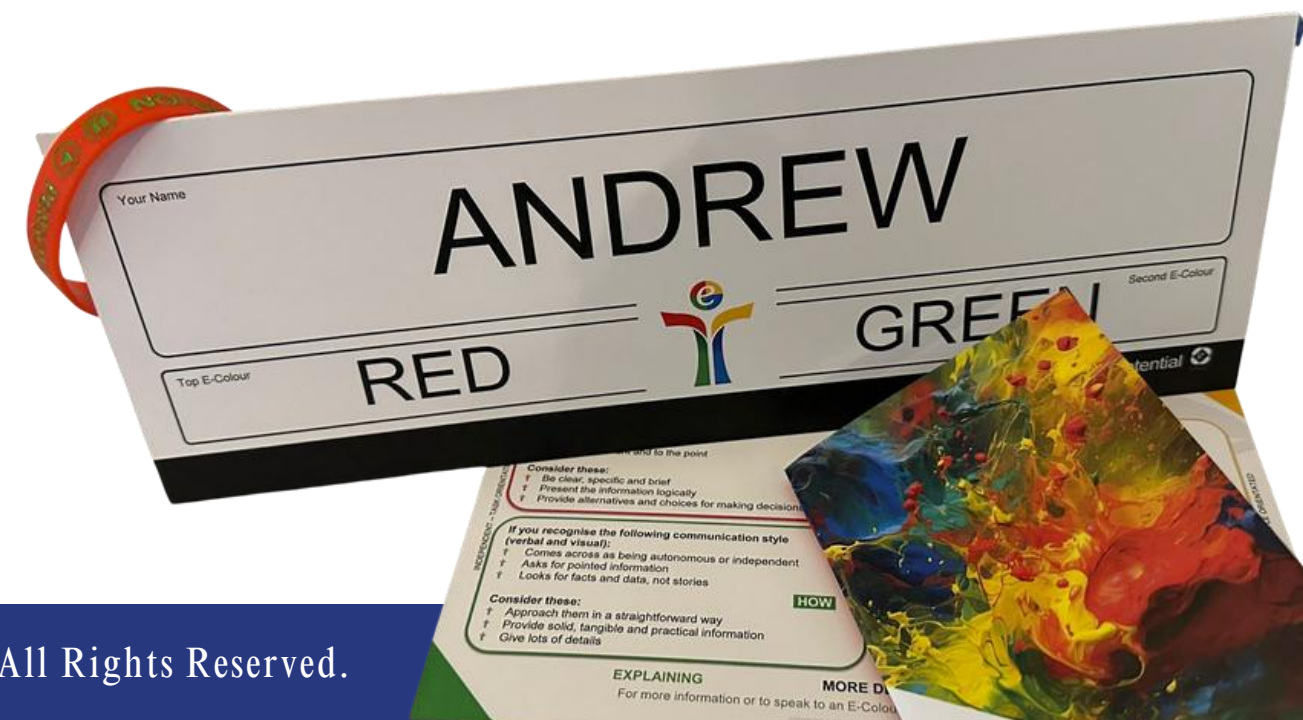
**Balfour Beatty**

**wise**  
TECHNICAL LTD

**DESCARTES™**

**AWIN**

**venterra**





# Practitioner Training

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## Become A Certified E-Colours Practitioner

Join a worldwide group of E-Colours Practitioners and bring this powerful framework directly into your organisation.

As a licensed trainer, we equip you to lead change from within - empowering your team with an in-house E-Colours champion to drive safety, communication, and culture forward.

Don't miss the chance to make a real difference with E-Colours certification. Check out our website for pricing [here](#).



OFFICIAL E-COLOURS  
PRACTITIONER TRAINER

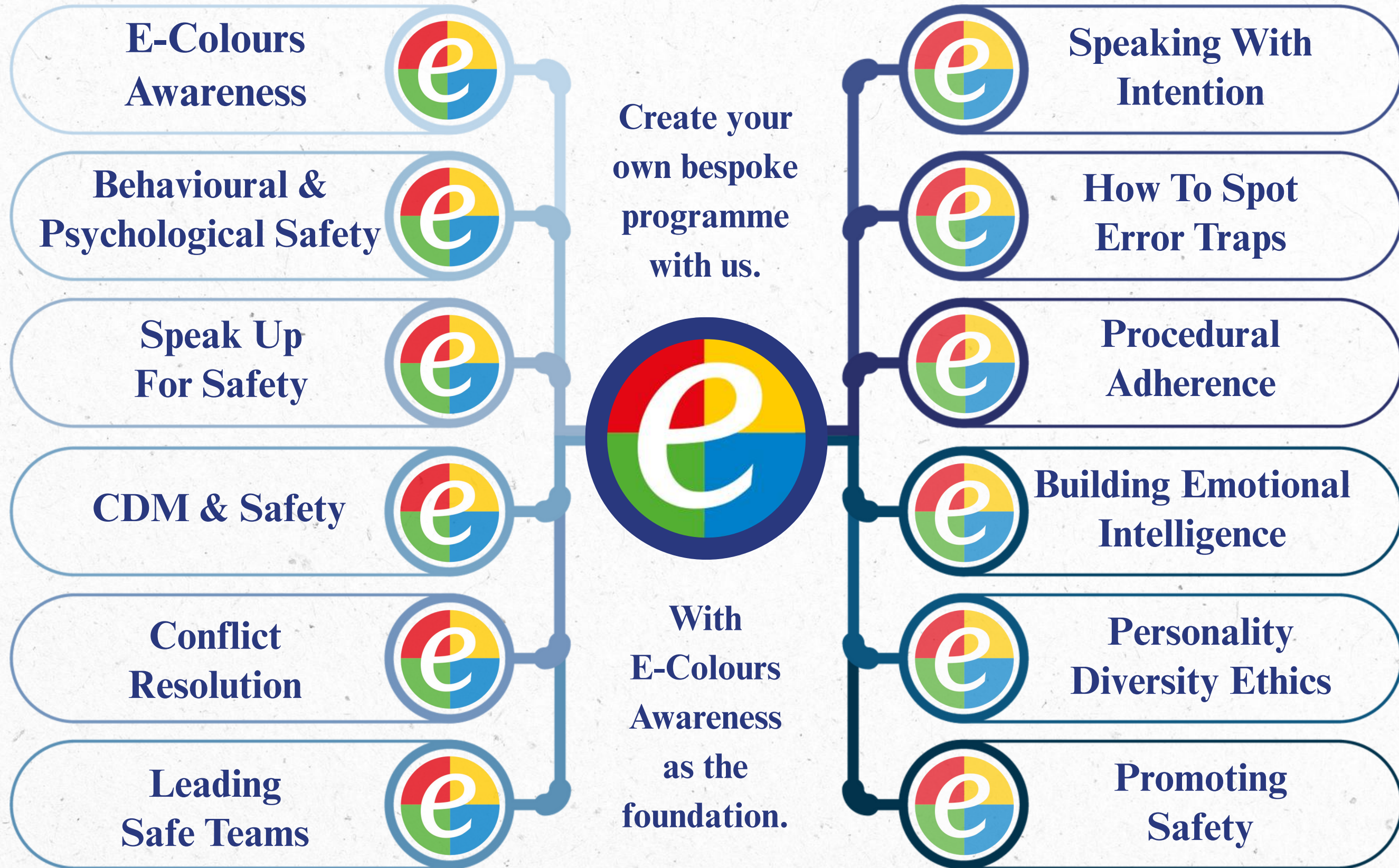




# Human Safety Series

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# Training Highlights

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## CDM & Safety Training

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CDM (Construction Design and Management) training ultimately aims to prevent accidents and ill-health by ensuring everyone knows their responsibilities and understands how to coordinate effectively. By integrating E-Colours into our CDM training, we help individuals recognise how their personality tendencies impact communication, decision-making, and collaboration - strengthening the way teams plan and manage safety.



## Speak Up For Safety Training

Powered by E-Colours

Discover how different personality tendencies influence the way individuals approach speaking up for safety. By understanding these differences, you can create a more inclusive environment that empowers everyone to contribute, creates stronger engagement, and supports a proactive, team-driven safety culture. Something that many HSE people are striving for.





# Training Highlights

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## How To Spot Error Traps Training

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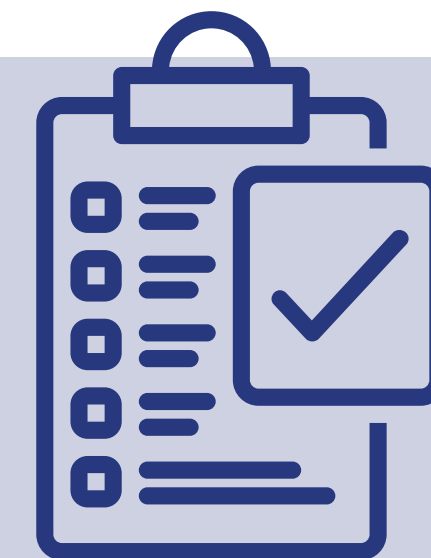
Explore the human factors and personality tendencies that influence how we make errors. By recognising these patterns, you can become more self-aware, spot potential pitfalls before they occur, and build habits that reduce the likelihood of mistakes. This training helps build a culture where learning from errors is valued, accountability is shared, and every team member actively contributes to safer outcomes.



## Procedural Adherence Training

Powered by E-Colours

Learn how different personality tendencies impact the way individuals approach following procedures. By understanding these differences, you can strengthen procedural discipline, encourage constructive conversations around compliance, and build a culture where following the right steps becomes second nature. This training supports HSE professionals in driving consistency, reducing variability, and achieving safer, more reliable outcomes.





"HAL add real value in their positive approach to HSE culture and work on our Heathrow sites"

"Highly engaging all the time with all of our Operatives and have our respect"

"The training and site visits instilled a really good Health and Safety focused ethos on our sites"

“  
**WHAT THEY  
SAY**  
”

"A simple and engaging way to help you understand how you can get hurt. E-Colours teaches you self-awareness and so much more about yourself!

Mark delivers this in an easy-to-understand way that empowers you to make safer decisions, understand your team, potential blind spots and how you can be mindful of your own actions."

**SHARON SMITH**  
Head of Health & Safety

 **Heathrow**  
Making every journey better

 Hillmont Associates  
Health Safety Environment Quality

[www.hillmontassociates.com](http://www.hillmontassociates.com)

"From my experience I believe E-Colours has the capability to improve safety on construction sites.

Could I or my workmates have acted differently on the day of my accident, having known our E-Colours? It is possible. It's an incredible tool and I look forward to seeing it implemented through UK organisations."

**JASON ANKER**  
MBE  
Health & Safety Speaker

 **PROUD2BSAFE**

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"The approach to managing safety is refreshing and enthusiastic"

"Their ability to deliver key safety messages and directives to the work force in an engaging and impressive manner means we have endured long periods incident free"

"Very motivated to succeed and passionate about their area of work"



# Connect With Us

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LinkedIn



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# Contact Us

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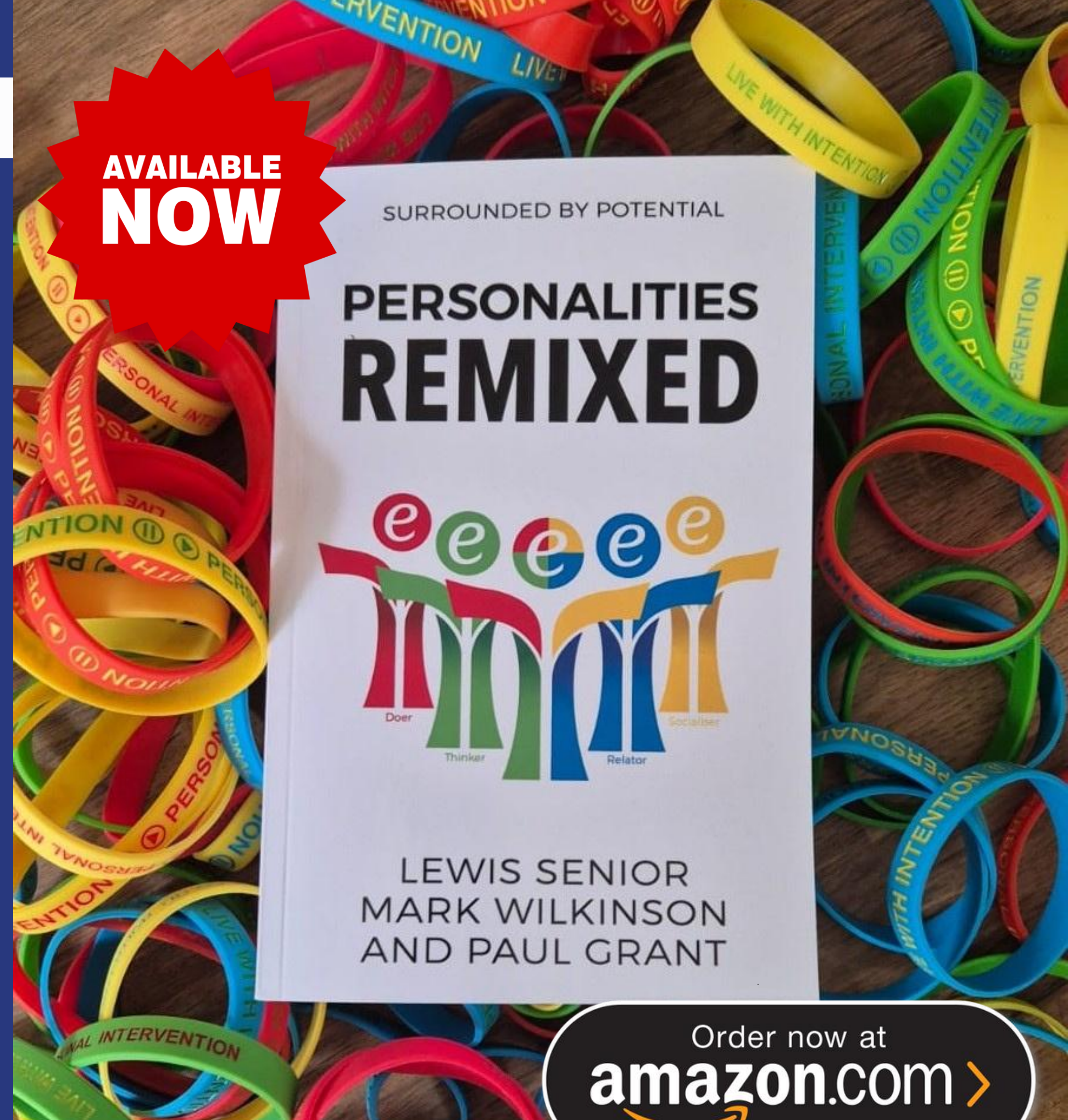
# *Personalities Remixed* - Out Now!

Discover a practical approach to E-Colours in safety:

- Understand each personality style and its impact at work
- Learn Personal Intervention techniques
- Apply Psychological Safety for safer, supportive environments
- Improve team dynamics, reduce conflict, and boost engagement

*Personalities Remixed* gives safety leaders, managers, and teams the tools to connect, influence, and lead with confidence.

Find out more and get started today!



**AVAILABLE  
NOW**

Order now at  
**amazon.com** >