

Biblical Principles & Strategies on Sex/Intimacy and How to communicate those to your children (Millennials, Gen Z & Gen Alpha)

Labeling and understanding the Impact of Intimacy - Proverbs 25:15-19

Parents here is where you tell your children how to date with healthy boundaries and why!

- **Spending lots of time together – John 1:1 & Mathew 11:27**
 - *Spending too much time with a person not only makes you more intimate with a person but allows for more intimate actions/conversations to happen as well.*
- **Emotional Safe Haven – Mathew 7:6, Mark 14:32-34**
 - *Sharing all your secrets, doubts, concerns, fears, bad days and good days with an individual outside of marriage increase intimacy.*
- **Physical Intimacy – Mark 14:44 Psalm 20:41**
 - *Please refer to the age-appropriate sex talk depth chart. Physical intimacy before marriage is dangerous prior to marriage.*
- **Spiritual Intimacy – Mark 14:32-34**
 - *Although this seems like something that you would want to do in the dating context. I would not suggest prayer, going to church or even worshipping early in a dating relationship together as that also leads to high level intimacy.*

Knowing when it's time to have "The Talk"

- **Your children will let you know.**
 - Please refer to the Parent connect video for a better explanation on this. Your children will let you know what they are ready for. Also, refer to the age-appropriate sex talk depth chart. This can also include catching them in the act of sexual situations (Masturbating, watching porn, caught being intimate with a person, etc.)
- **Learning that preventative instruction/advice can never harm them.**
 - Please refer to the Parent connect video for a better explanation on this. Your children will let you know what they are ready for. Also, refer to the age-appropriate sex talk depth chart.
- **Listening to the Lord.**
 - Please refer to the parent connect video for a better explanation on this. This can include, counselors, youth pastors/advisors, therapists, doctors, especially the Holy Spirit, if you think they are ready by what the Holy Spirit has exposed to you, then it is time.

Effectively communicating the need to set boundaries in relationships to children

- The "scare tactic" – STD'S, HIV, ETC.
- The "reality Method" (Preferred, if any) – Hard to leave, stronghold, impossible to get over/leave, heartbroken.
- The "village Method" – Advisors, Youth Pastors, Therapists, Church community, Neighbors
- The "biblical Method" – What does the bible have to say about sex as designed by God.
 - This method is the normality in Christian homes. The reality though is that most children know this about God's word but still chooses to go against the standard of God. A healthier approach to help your child really fight the good fight is to approach this topic and sex and boundaries using all of the methods above.

The process of discipline/correction after your child sins, especially with sexual sin.

Sermon outline: Pastor Vernon

Genesis 3:6 – 10, 21 – 24

Read: ⁶ When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it.

State:

- The tree of knowledge of good and evil was good, pleasing, and desirable. AND BOTH were willing to participate.

Read: ⁷ Then the eyes of both of them were opened, and they realized they were naked; so, they sewed fig leaves together and made coverings for themselves.

State:

- Both of their eyes were open, they realized that they were naked. This means that they were naked, before they realized it.

Read: ⁸ Then the man and his wife heard the sound of the Lord God as he was walking in the garden in the cool of the day, and they hid from the Lord God among the trees of the garden. ⁹ But the Lord God called to the man, “Where are you?”

State:

- The Lord was walking in the cool of the day. Parents, the first thing you should do when you are going to address your kids is try approach them cool, calm, and collected. God’s question, “where are you?” meant, “you should be running to me not from me.”

Read: ¹⁰ He answered, “I heard you in the garden, and I was afraid because I was naked; so I hid.”

State:

- Fear, embarrassment, shame, guilt, worry, always follows sin. This is how your kiddos feel when they do wrong as well, especially when you find out.

Read: ²¹ The Lord God made garments of skin for Adam and his wife and clothed them.

State:

- This is good! God knew that they were naked before they realized they were naked. So, God’s covering for them was not for his sake, but for the shame they felt after they “realized” they were naked. The covering was to help them not Him!

Read: ²² And the Lord God said, “The man has now become like one of us, knowing good and evil. He must not be allowed to reach out his hand and take also from the tree of life and eat and live forever.” ²³ So the Lord God banished him from the Garden of Eden to work the ground from which he had been taken. ²⁴ After he drove the man out, he placed on the east side^[e] of the Garden of Eden cherubim and a flaming sword flashing back and forth to guard the way to the tree of life.

State:

- Here we see God further deal with their sin, but in compassion, grace, and mercy. He knew that if they would have eaten from the tree of life they would live forever in their fallen state. So why did God remove them from the garden? To protect them from living forever in their fallen state. He dealt with them shame and protected them.

Application:

- As we just discovered, when our kids commit sexual sin, we must first cool down and come with a cool attitude. Then we should immediately address their fear, shame, guilt, and embarrassment. And be sure to do what we can to protect them at the end of it all. There is no need for shaming your kids. No need for creating other consequences outside of natural consequences that WILL result from their sexual sin, unless you know their sexual behavior could lead to their detriment. Refer to the section above to determine how to encourage your children to flee from sexual sin and set boundaries in their dating relationships.