

# ON FIRE TRAINING LLC

## FIREFIGHTER CONDITIONING LIABILITY RELEASE AND WAIVER AGREEMENT

### Participant Information:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### Acknowledgment of Risks

I, the undersigned, understand and acknowledge that participating in firefighter condition training involves physically demanding activities. These may include, but are not limited to, weightlifting, cardiovascular training, high-intensity exercises, and the use of firefighter gear, such as bunker gear, turnout gear, or other real or simulated firefighter equipment.

I recognize that wearing and using such equipment can increase physical strain, create environmental challenges (e.g., heat stress, restricted movement, or visibility), and heighten the risks of injury, illness, or other health complications.

I further acknowledge that firefighter equipment and gear may contain or have been exposed to **per- and polyfluoroalkyl substances (PFAS)** or other hazardous materials. These substances are known for their persistence in the environment and potential health risks, which may include but are not limited to increased exposure through contact with or use of such equipment.

### Assumption of Risk

I voluntarily assume all risks associated with participating in this program, including those related to the use of firefighter gear or simulated equipment. I accept full responsibility for any injuries, damages, or losses that may occur, whether arising from my own actions, the negligence of others, or the nature of the activities involved.

### Release of Liability

In consideration of being permitted to participate, I release, waive, and discharge **On Fire Training LLC**, its owners, trainers, employees, agents, and affiliates from any and all claims,

liabilities, demands, or damages that may arise from my participation, including those related to the use of bunker gear, turnout gear, or other equipment.

This release is intended to be as broad and inclusive as allowed under Florida law.

### **Indemnification**

I agree to indemnify and hold harmless **On Fire Training LLC** and its representatives from any claims, damages, or liabilities arising from my actions or participation in the program, including those involving firefighter gear or equipment.

### **Medical Emergency Consent**

I authorize **On Fire Training LLC** to seek emergency medical treatment on my behalf if necessary, including during activities involving firefighter equipment. I accept responsibility for all associated costs.

### **Florida Law**

This Agreement shall be governed by and construed under the laws of the State of Florida. Any disputes shall be resolved exclusively in the courts of the county where **On Fire Training LLC** operates.

### **Photography/Video Release (Optional)**

I grant permission for **On Fire Training LLC** to use photographs or videos taken during training sessions, including those where firefighter gear or equipment is used, for promotional purposes.

☐ Yes

☐ No

### **Acknowledgment and Agreement**

By signing below, I confirm that I have read and fully understand this Liability Release and Waiver Agreement. I acknowledge the risks associated with firefighter conditioning training, including the use of firefighter gear, and voluntarily agree to the terms stated herein.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_