

Coastal Canyon League Track & Field Finals

Moorpark High School

Friday, April 29th, 2022

Running Events: 5:00PM

4x100m Relay - Girls JV, Boys JV, Girls FS, Boys FS, Girls V, Boys V
1600m Run - Girls JV, Boys JV, Girls FS, Boys FS, Girls V, Boys V
100m Hurdles (30") - Girls JV, Girls FS
100m Hurdles (33") - Girls V
110m Hurdles (36") - Boys JV, Boys FS
110m Hurdles (39") - Boys V
400m Dash - Girls JV, Boys JV, Girls FS, Boys FS, Girls V, Boys V
100m Dash – Girls JV, Boys JV, Girls FS, Boys FS, Girls V, Boys V
800m Run - Girls JV, Boys JV, Girls FS, Boys FS, Girls V, Boys V
300m Hurdles (36") - Boys JV, Boys FS, Boys V
300m Hurdles (30") –Girls JV, Girls FS, Girls V
200m Dash – Girls JV, Boys JV, Girls FS, Boys FS, Girls V, Boys V
3200m Run – Girls JV/FS, Boys JV/FS, Girls V, Boys V
4x400m Relay - Girls JV, Boys JV, Girls FS, Boys FS, Girls V, Boys V

Field Events: Varsity Only

Long Jump - 3:00pm to 4:30pm (Two Pits) Approximate
Triple Jump – 5:00pm to 6:30pm (Two Pits) Approximate
High Jump – 4:00pm Girls, Boys
Pole Vault - 3:00pm Boys, Girls
Shot Put – 4:00pm Girls, 5:30pm Boys
Discus – 4:30pm Boys, 5:00pm Girls

Throws and horizontal jumps will consist of four attempts.

Coaches can mutually agree to lengthen or shorten time for field events. If agreement is not reached the above time schedule will be followed.

Coastal Canyon Track & Field Prelims

Moorpark High School

Tuesday, April 26th, 2022

Running Events: 5:00PM

Laned Races: 9 qualifiers for Friday Finals

1600,800: 12 qualifiers for Friday Finals

**only events with greater than this number will compete Tuesday*

1600m Run - Girls JV, Boys JV, Girls FS, Boys FS, Girls V, Boys V

100m Hurdles (30") - Girls JV, Girls FS

100m Hurdles (33") - Girls V

110m Hurdles (36") - Boys JV, Boys FS

110m Hurdles (39") - Boys V

400m Dash - Girls JV, Boys JV, Girls FS, Boys FS, Girls V, Boys V

100m Dash – Girls JV, Boys JV, Girls FS, Boys FS, Girls V, Boys V

800m Run - Girls JV, Boys JV, Girls FS, Boys FS, Girls V, Boys V

300m Hurdles (36") - Boys JV, Boys FS, Boys V

300m Hurdles (30") –Girls JV, Girls FS, Girls V

200m Dash – Girls JV, Boys JV, Girls FS, Boys FS, Girls V, Boys V

Field Events: JV and FS Finals

Long Jump - 3:00pm to 4:30pm (Two Pits)

Triple Jump – follows Long Jump (Two Pits)

High Jump – 3:00pm Girls FS, Boys FS (Two Pits), JV to follow

Pole Vault - 3:00 Boys, Girls

Shot Put – 3:00 Girls, Boys

Discus – 3:00 Boys, Girls

All field events will consist of three attempts.

Coaches can mutually agree to lengthen or shorten time for field events. If agreement is not reached the above time schedule will be followed.