

## Coastal Canyon League

### Track and Field Order of Events – Regular Season

#### **Running Events: 3:30PM**

4x100m Relay - Girls JV, Boys JV, Girls V, Boys V

1600m Run - Girls JV, Boys JV, Girls V, Boys V

100m Hurdles (30") - Girls JV

100m Hurdles (33") - Girls V

110m Hurdles (36") - Boys JV

110m Hurdles (39") - Boys V

400m Dash - Girls JV, Boys JV, Girls V, Boys V

100m Dash –Girls JV, Boys JV, Girls V, Boys V

800m Run - Girls JV, Boys JV, Girls V, Boys V

300m Hurdles (36") - Boys JV, Boys V

300m Hurdles (30") –Girls JV, Girls V

200m Dash –Girls JV, Boys JV, Girls V, Boys V

3200m Run - Girls combined, Boys combined

4x400m Relay –Girls JV, Boys JV, Girls V, Boys V

#### **Field Events**

Long Jump -- 3:00pm (Two Pits)

Triple Jump – Follows Long Jump (Two Pits)

High Jump – 3:00pm Girls V, Boys V, Girls JV, Boys JV

Pole Vault -- 2:30pm Boys V, Girls V, JV combined

Shot Put – 3:00pm Girls V, Girls JV, Boys V, Boys JV

Discus – 3:00pm Boys V, Boys JV, Girls V, Girls JV

**All field events will consist of three attempts.**