

TO SHARE

Deviled Eggs 11
bacon jam, paprika, parsley, tabasco

Mediterranean Dips 14
whipped feta, bruschetta, tzatziki,
served with warm naan
add hand picked vegetables 4

Urban Sprouts 13
crispy brussel sprouts, whipped feta, pickled red onion, bacon jam

Truffle Fries 10
black and white truffle oil, chives, parmesan, served with mushroom garlic aioli.

Gochujang Chicken Wings 16
sweet chili glaze served with bleu cheese ranch.

Bulgogi Beef Lettuce Wraps 19
asian pear marinated tenderloin, pickled vegetables, bibb lettuce, and rice paper

Hangover Pizza 20
gluten free cauliflower crust, marinara, mozzarella, bacon, ham, spinach, hot honey, sunny egg

Yogurt Parfait 10
greek yogurt, cinnamon maple roasted peaches , granola, wild flower honey

BOWLS

Super Mom Bowl 15
quinoa, sweet potato, spinach, cottage cheese, avocado, pickled red onion, sunny egg

Cuban Soul Bowl 14
grilled chicken, rice, black beans, corn succotash, caramelized plantains, cilantro lime crema

Dad-Bod Bowl 16
potatoes, steak, cheese sauce, onions, peppers, bacon, two sunny eggs, hollandaise

Bad-Ass Burger 19
two smashed beef patties, bacon jam, ham, fried egg, black-crack-peppered ketchup, aged cheddar
served with breakfast potatoes and hollandaise

Crustless Garden Quiche 12
eggs, spinach, tomatoes, mushrooms, mozzarella, cottage cheese, served with potatoes and petite greens

Open on Sunday Fried Chicken 14
crispy chicken, on a toasted English muffin, with hot honey ricotta, and maple bacon
served with breakfast potatoes

Basic Benedict 14
english muffin, balsamic onion, ham, hollandaise, poached eggs served with potatoes and petite greens

Salmon Avocado Toast 18
two piece sourdough, smoked salmon*, fresh avocado, pickled red onion, goat cheese,
petite greens, fried eggs

Peach Pecan French Toast 13
cinnamon vanilla french toast, with fire roasted peaches, chopped pecans, maple

SALADS

Seasonal Salad 14
spinach, asian pears, candied walnuts, gorgonzola, shredded carrots,
maple pomegranate dressing

Beets & Burrata Salad 14
arugula, red and yellow roasted beets, burrata, pumpkin seeds, hot honey dressing

ahi tuna* 10 / grilled salmon 10 / shrimp 8
grilled chicken 6 / bulgogi beef 9

SUNDAY BRUNCH MENU 11 AM - 4 PM