

KEEP IT FRESH!

Vivid Color Attercare

A guide from Rebel Hair on how to keep your vivid color fresh



- 1. Use color safe hair products, this includes shampoo, conditioner, leave-in conditioners, hairsprays, etc. My go to is Amika, which you can order on my website for curbside pickup. rebelhairmadison.com/products
- 2. Wash your hair in cold water. Hot water opens the hair cuticle which is where your color lives. Cold water keeps the cuticle closed. Science!
- 3. Don't use heat above 350°F when styling hair.
- 4. Only wash your hair once a week. This seems like a long time to wait to wash for some people. If you're a once every day washer right now, slowly work your way up to once a week.
- 5. Don't get chlorine in your hair. If you're going to a pool, use a swim cap or tie it up so that it doesn't get wet.
- 6. Keep your hair out of the sun. The sun can fade vivid color.

Embrace the fade! I wouldn't expect you to follow all the suggestions above perfectly. Semi-permanent vivid colors will fade out. So be ready for it and make sure to schedule your followup appointment right after I color your hair. That way we can keep it fresh.