

## Hygiene bags for the homeless

The bags are given to the homeless so they have every day essentials in an easy carry bag.

**Required items are marked with a \*. Please include these items and at least one additional item in each bag. Only new items (travel or regular size is acceptable). 5 completed bags = 1 outreach hour**

Use a Zip-lock or other small bag that can be closed.

- \*Soap (bar or body wash)
- \*Shampoo
- Conditioner
- Body Lotion
- \*Toothpaste
- \*Toothbrush
- Comb/brush
- Disposable razor
- Shower Caps
- Cotton Swabs (Q-tips)
- Facial tissue (Kleenex)
- Feminine hygiene products
- Hand sanitizer
- Hand towel
- Socks
- Other items a person could use for daily hygiene

## Weekend/Vacation Bags

*Each completed bag is worth 3 outreach hours*

*The bags are given to students to supplement for their free/reduced meals at school during the weekends or school breaks.*

**Please include these snack and lunch items (examples are below) and at least one item from the other categories in each bag.**

\*A weekend bag should include a minimum of 12 snack/food items.

\*A week vacation bag should include a minimum of 35 snack/food items

**Bags should be unisex for ages 5 to 10.**

Place items in a cinch/drawstring bag. This allows for the child to receive the items without other children seeing its food & essentials needed for the weekend/vacation.

\*Snacks/lunches for a weekend or school break(non-perishable) (some suggestions below)

- Individual snack packs (popcorn, fruit chews, etc.)
- Dried fruit
- Individual boxes or bowls of cereal
- Pop Tarts

A small item for the child, examples below:

- Coloring book & crayons
- Craft item
- Small ball

Hygiene items (travel size):

- Toothbrush & Toothpaste
- Comb/Brush
- Hand sanitizer