

Steppin' ut *News!*

"Reconnecting the Best of the African American Diaspora of Mobile: PAST • PRESENT • FUTURE"

VOLUME 25
ISSUE 03

ARTS • CULTURE • EDUCATION • COMMUNITY

NOVEMBER
2024



Celebrating 41 Years
Mobile International Festival
INC.

FREE
TAKE ONE

ABOUT STEPPIN' OUT

STEPPIN' OUT is a subsidiary of LEGACY 166 Inc., a non-profit organization with a Mission to provide Educational, Career, and Economic opportunities for Youth and the Underserved of Diverse Cultures; make available Cultural Activities for community participation; and deliver Quality of Life Skills Training through the Arts and Community Collaborations.

STEPPIN' OUT provides quality of life information to the community in each issue at no cost to the reader. Even though STEPPIN' OUT is not a "hard news" publication, the columns submitted by our contributors touch on subjects that address a wide range of community and cultural issues. Regular features include articles on health, history, entertainment, and finance. Articles on fashion, literature, and technology are some of the subjects that are occasionally featured.

STEPPIN' OUT and LEGACY 166 Inc. will continue to expand their roles in the community by offering internships and career training, and youth development and work opportunities. Volunteers are always needed with this mission.

STEPPIN' OUT Welcomes your comments and suggestions regarding this publication. For information on advertising, to comment on subject matter, or volunteer your services... PLEASE CONTACT US...

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MOMENTS IN TIME



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**TAKING MOBILE
TO THE NEXT LEVEL**

DISCLAIMER

The opinions expressed in the articles printed in Steppin' Out are those of the authors and may not reflect the views and opinions of Steppin' Out, it's owners, advertisers or other authors.

MESSAGE FROM THE PUBLISHER...

Greetings Steppin' Out Readers,

Because of you and your dedication to us, We Are Growing. Over the course of the last six months we have tripled our number of outlets which has caused us to increase our number of papers produced. In fact, we have had to start an outlet request list until we can further increase paper production to match the number of requests we are receiving. Thank you for that.



Over the next few months we will be adding more features in Steppin' Out. We are committed to serve the needs of Our Community. We will continue to support small businesses as they work to grow and make their services available to you. Let's not forget, Black Buying Power in 2023 accounted for \$1.6 Trillion Dollars in the United States. Household income for Blacks in 2023 on average was \$56,490 Dollars. Across this country, Blacks spent \$9.4 billion on beauty products alone. We account for 22.4% of sales in the fragrance industry and 16.6% in hand and body lotions. We also spend heavily in digital media, entertainment, healthcare, and transportation.

I'm bringing this up to ask...how much do you as a consumer spend in your community? How much are the organizations you support spending in your community? Every ethnic group in this country will go out of their way to ALSO spend in their community...do you? Our Ice is Just As Cold...Support Yourselves! Find that Black Business Person and give them a chance while watching that Black Business Dollar circulate in your community. That's the only way to achieve real economic growth.

With that said, Black Businesses and Organizations should be reaching out to you as a consumer and asking for your support. That has been lacking in our community and that needs to change. If the mindset among owners is Word of Mouth and Social Media only, then growth will be limited to who you know and who follows you. That approach is limited. I'm not saying you can't be successful, but what type of growth are you seeking? One should increase their growth opportunities based on budget and added value opportunities. If you invest in an advertiser one of your questions AFTER you review rates should be about added value opportunities.

And for all of us, anyone asking for your support, be it through your money, your vote, your time, your blessings...you should be asking and shown what they have done or will do for you and/or your community. In these times we live in and the games that are being played in our nation, and especially, in our neighborhoods and this community, how is what they're offering going to benefit you. Check their track record. Do they promise one thing and do another without explanation? Do they make promises without a roadmap on how they plan on getting there? Or more impor. "do they only show up when it's election time or when they need from you what they need to have?

I don't have to tell you what a great town we live in. There's a lot of changes being proposed that can significantly change the landscape of this place we call home. Steppin' Out will continue to provide truthful and accurate information without malice or personal gain. We will only promote stories and individuals that will benefit our community. We ask that you continue to support our advertisers and our distributors because without them we would not be able to be available to you.

Thank You for Your Support and Continue to be Blessed!

GREG CYPRIAN
Publisher/Editor
STEPPIN' OUT NEWS



WHAT'S INSIDE



IN THE KITCHEN

Squash Casserole

04



COVER STORY

Mobile International Festival

05



CULTURE

BLACK HISTORY

06



AMERICAN "HIS"TORY

Facts vs Fiction

11

HAT'S OFF 12-14

EVENTS CALENDAR 20

PASSINGS 22-23

The NEXT ISSUE of
Steppin' Out News
Will Drop...

DECEMBER 2024





IN THE KITCHEN WITH GRANNA

Vernetta Henson

FIFTH GENERATION DIRECT DESCENDANT THE CLOTILDA

Cooking with Mrs. V (Vernetta) will prove to be one of the most interesting experiences in your culinary journey.

She will celebrate dishes every month to get our palates excited and have you looking to new recipes to try.

We had Halloween at the end of October and in order to make use of our pumpkins, we could have baked Pumpkin Bread, Pumpkin Cake, Pumpkin Pie or perhaps a Pumpkin Souffle.

For Thanksgiving, our next big holiday, let's do something a little different from traditional Cornbread Dressing... Instead, why not switch it up and prepare a Squash Casserole!!



Cheesey Squash Casserole

1 pan of **HOT WATER CORN BREAD**
6-8 slices of **TOASTED WHITE BREAD**
2 cups of **YELLOW SQUASH** sliced; cooked in **CHICKEN BROTH**
1 ea. **RED, YELLOW, GREEN BELL PEPPERS**
1 rib of **CELERY**, chopped
1 medium **ONION**, chopped
1/2 cup of sliced **SCALLIONS**
1 Stick of **BUTTER**
2-3 cups shredded **MILD CHEDDAR CHEESE**

SEASONINGS/HERBS...

**SALT; PEPPER; RUBBED SAGE; CURRY POWDER
AND DRIED PARSLEY FLAKES**

Crumble Breads in a large bowl; Saute all Veggies
Add the Squash and Veggies to the bowl
Add 1 cup of mild Cheddar Cheese and Chicken Broth
Mix to desired consistency
Add Seasonings and Herbs
Cook mixture on top of stove for 10 minutes on medium heat until well blended

Transfer mixture to a casserole dish, top with shredded Cheese and Bake until cheese is lightly browned

Bon Appetit!



ASALH Invites the Community to Conversations: Saving Black History and Culture Through Healing

The Mobile Branch of the ASALH, the founding organization of Black History, will hold it's second Courageous Conversation and Meet & Greet

November 14, 2024
6:00 p.m. – 8:00 p.m.
Historic Avenue Cultural Center
564 Dr. MLK Avenue • Mobile, AL

Please RSVP by Monday, November 11 to asalhmobile@gmail.com.

ADMISSION IS FREE

Open to those in Mobile and surrounding communities

Our facilitator for this conversations will be Eunice Mingo, a professional counselor who focuses on post-traumatic slave syndrome.

“This is the second of many events to come, and we encourage you to join our effort to protect and share African-American history and culture,” said Angelia Bendolph, Ph.D., president of the Mobile Branch of ASALH. In our great city of Mobile, we have a rich African American history and culture.

“We are excited that Ms. Mingo will be leading a healing session for us and enlengthening us about the importance of taking care of ourselves as we strive to live our best lives. We hope you come and hear this powerful message and help us to do the important work of sharing the significance of Black history and culture.”

ASALH's MISSION:
To Create and Disseminate
Knowledge of Black History

For more information, contact Angela Bendolph, Ph.D. at (251) 583-5590.

Mobile International Festival

INC.

COVER STORY



You Are Invited to Embark on a Global Adventure Right Here in Mobile!

November 23, 2024

10 AM to 4 PM

The Grounds (Mobile Fairgrounds)

Mobile International Festival **Celebrates 41 Years**
of Cultural Celebration and Community Spirit
this year with an exciting theme... **Hidden Treasures!**

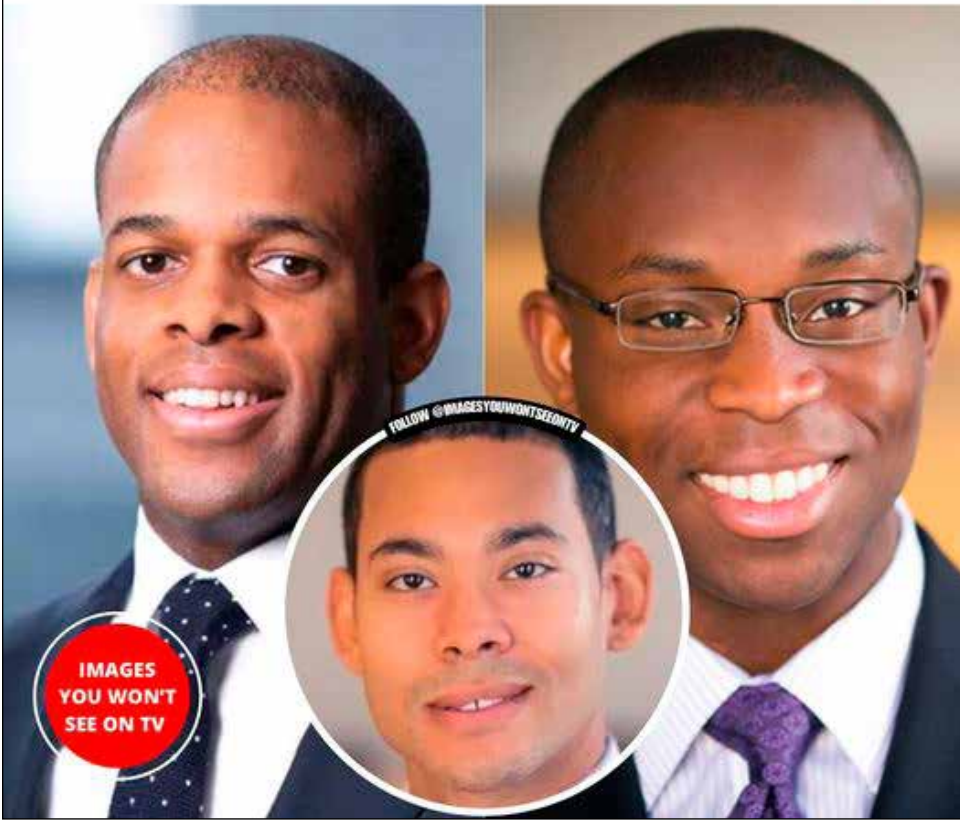
Be sure to grab a Passport for a truly immersive experience!
The day kicks off with a Parade of Flags during the Opening Ceremony,
featuring special performances:

The Excelsior Band • Mobile Alabama Africatown Drummers
Belly Dancers • Nalina Chitrakar • Red McWilliams, and more.

The festival also offers a unique shopping experience for holiday gifts or souvenirs,
letting visitors discover hidden treasures from across the globe.

Please Join Mobile International Festival and Help Celebrate Mobile's Premier Cultural Event!

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2024-2025 SEASON

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 WILL PACKER OWNER ATLANTA FALCONS	 DOMINIQUE DAWES OWNER ATLANTA FALCONS	 ROSALIND BREWER OWNER ATLANTA FALCONS	 RASHAUN WILLIAMS OWNER ATLANTA FALCONS

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POOR,
BUT BECAUSE WE CANNOT
SATISFY THE
RICH.

USPS HERITAGE STAMPS
issued in 2024



Taking Mobile to the Next Level Memphis Vaughan Jr.

EDITOR OF LITERARY WEBSITE... TimBookTu.com
Feedback can be sent to: mempv57@gmail.com

Growing Pains

Believe it or not, some areas of metro Mobile are experiencing growing pains. A city like Mobile is often considered too slow, backwards, and with nothing to do. But when development does occur in various areas of the city and the metro area, people complain about it messing up their quiet communities. Sometimes, we forget we live in a city and not the country. Cities are going to grow, whether it be rapidly or slowly. West Mobile, Saraland, Semmes, and many areas of Baldwin County are feeling the pains of growth. People must have somewhere to live and typically businesses will follow the residents. I live in an area that 20 years ago was just woods and farmland. As metro Mobile has expanded outward, this area is experiencing rapid growth. No, I don't like the extra traffic that this creates but I am aware that this is just a fact of life of living in the city. At least it's not the traffic nightmares of Atlanta, Houston, and Miami. It's all relative.

I'm willing to bet if we halt new construction in the city, some will likely complain about government overreach hurting businesses and impacting their ability to make money. Zoning laws help, but undesirable projects may still arise. As people seek solitude farther out and commute to developed areas, traffic will rise on previously quiet roads. Either we develop more housing in the central city and do it smartly, or we're going to continue to experience growing pains. Also, I feel the objections about quiet areas becoming busier are mostly generational. Young people may not mind it as much because they may want to see more activity and development come to Mobile and surrounding areas.

I'm straddling the fence in many ways because I enjoy the quietness of certain areas but then I also enjoy the hustle and bustle of a city that is vibrant and offers a multitude of things to do. We must approach growth smartly by improving the infrastructure, managing the quality of housing and businesses, and trying to minimize sprawl. In closing, I will say this – No more car washes and storage facilities in Mobile.♣

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CAT RHODES & THE TRUTH

WITH SPECIAL GUEST:
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DECEMBER 1ST
4 - 8 PM

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PENSACOLA FL

INTERNATIONAL BLUES CHALLENGE WINNER

FOR TICKETS TYPE THIS LINK OR SCAN:
<https://bit.ly/LilRayNeal>



MCHD Weekend "DRIVE THRU" RABIES CLINICS



NOVEMBER 2024

NOV 02 • 10:00 AM to NOON
Little Flower Catholic School

2103 Government Street (Mobile)

NOV 09 • 10:00AM to NOON
Mobile County Animal Shelter

7665 Howell's Ferry Road (Mobile)

NOV 09 • 1:00PM to 3:00PM
Pet Supplies Plus

803 Hillcrest Road (Mobile)

NOV 15 • 9:00AM to NOON
Prichard Animal Shelter

2402 West Rebel Road (Prichard)

NOV 23 • 1:00PM to 3:00PM
B&B Pet Shop

Cottage Hill Roas (Mobile)

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PAYABLE IN CASH ONLY

RABIES QUARANTINE FACT SHEET

[www.alabamapublichealth.gov/infectiousdiseases/
assets/RabiesQuarantineFactSheet.pdf](http://www.alabamapublichealth.gov/infectiousdiseases/assets/RabiesQuarantineFactSheet.pdf)



Truth , Facts & Justice

Sabrina Mass

RETIRED NURSE • CIVIL RIGHTS ACTIVIST
COMMUNITY ORGANIZER
PUBLIC RELATIONS OFFICER



It seems whenever campaign season arrives, we always hear “this is the most important election of our time,” which normally stems from national influences. People of Mobile, AL, it appears that we have already reached that mark in history which will define our city for generations to come. Who we allow as City Council members and Mayor of the City of Mobile in 2025 will either propel us into a prosperous future or set us back more than 100 years. Safety is the first concern of the public and the responsibility of public officials. We are currently witnessing mafia-like tactics from the Stimpson Administration, recklessly undercutting the Mobile Police Department, and personally sabotaging the names and careers of dedicated law enforcement officials who have high levels of integrity.

The do-nothing Council hasn't made this issue any better. While they initiated a third-party investigation into Chief Prine's inquiries, they didn't do so to right any wrongs...just to “restore the public's trust.” Not only did the effort fail; it ended up having Commander Levy terminated from his post as head of MPD Cyber Security. Each [of those] gentlemen intend to pursue further legal action against the city. Back to this do-nothing Council...please don't be fooled with “the new blacktops.” Whenever campaign season arrives, here they come paving the streets. Just ask yourself, would you rather have a pretty street or the drainage in your community taken care of? Do you prefer revamped sidewalks or the city not completely flooding after 10-15 minutes of a hard rain?

Districts 1-3 are suffering the most and unless we get new leadership in 2025, we should only expect much of the same. Unfortunately, it's more than policy that has become tainted by our so-called-leaders. Genuine and plain general respect for mankind has been thrown out of the window with this Legislative Branch of our Municipal Government.

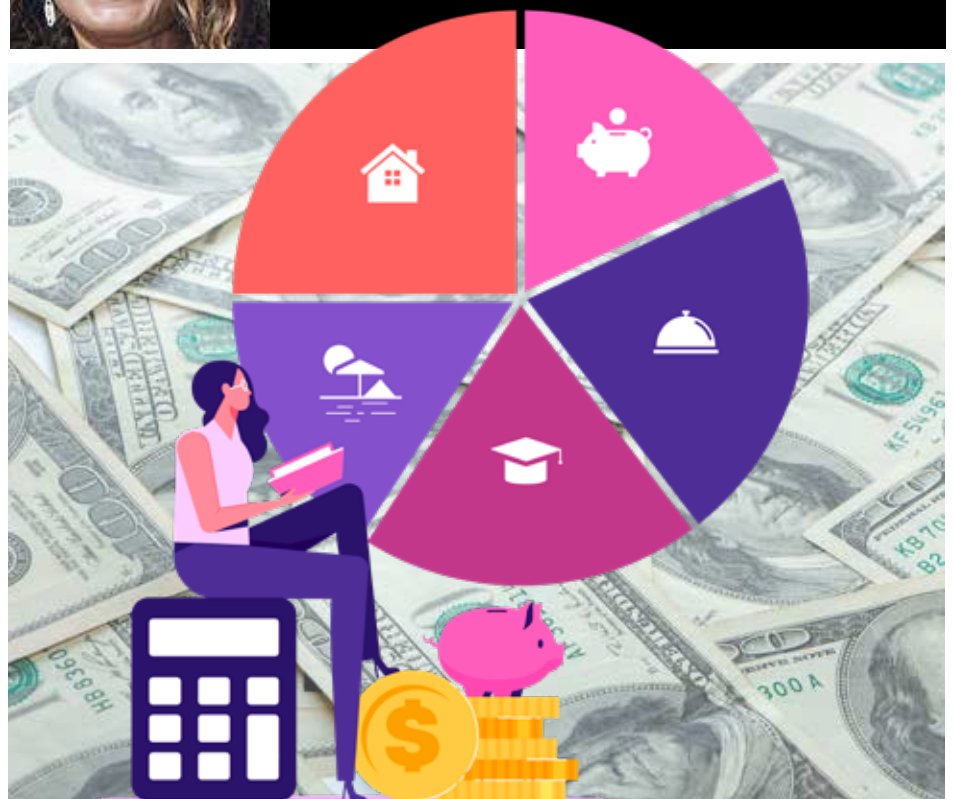
It began with limiting speakers on time allotted to address the do-nothing Council...fast forward to now and they are weaponizing the police to remove the taxpayers from the Mobile Government Plaza Auditorium. This has never happened before. They even say the arguments were heated or back and forth. Taxpaying citizens were never forced out of the building we pay for until this do-nothing Council claimed the seats. While I and others have been in the direct hit-path of these attacks, Reggie Hill has suffered terribly from its targeted stabs at his name, livelihood, and (recently) even his life. He has filed an injunction against the city regarding the Mobile Civic Center and also is due to receive a hefty settlement after being struck by a Taser 4 times over a premeditated traffic stop.

We deserve new leadership. How about now?



Expressions: Right or Wrong!

Lisa Johnson



If you can't afford to buy what you want, you may need to step back and reevaluate your situation. Do you really need the things you're seeking or is it just a want? Could you be living beyond your means by trying to keep up with the Joneses? Champagne taste and beer money don't add up. Often the people you're trying to impress aren't paying attention to you the way you think they are. Learn to live within your means because, at the end of the day you are the only one stuck with having to pay the bills you've unnecessarily created. Now you're stressed trying to figure out how to borrow from Peter to pay Paul. Worse yet, you must work overtime or get another job to make ends meet because you overextended yourself. Who cares if you don't drive the latest car or whatever you're seeking to have? Learn the secret to be content with the things you have. Create a budget and learn to live by it. Growing up, we were taught to pay yourself first when you get your paycheck. Even if it's only five or ten dollars, set it aside and watch how much it adds up. There's an old adage that people say, “If you have to ask how much it costs then you can't afford it.” Life is so much better when you don't have to worry about what someone else has that you don't. I'd rather live on little means so that when I lay my head down at night, I can sleep without worrying about someone taking what I have or losing it because I schemed to get what I have. How often have you read or turned on the news to hear of individuals being indicted, charged with embezzling money, or engaging in illegal or questionable activity to obtain what they have? On the flip side if the person can afford the things they have, be happy for them, but also keep in mind that happiness doesn't result in having many material possessions (Luke 12:15-31).♣

"All My Skinfolks Ain't Kinfolks"

—Zora Neale Hurston—



Tanene Jackson
TRICHOLOGIST;
OWNER/OPERATOR of LOCS OF SOUL, LLC

Confidence

Social media, television, and naysayers all have something in common...Negativity. The impact of negative issues, drama, trauma, outlooks, and perception can render a toll to the psyche. Sometimes, you just need a timeout! Fasting/Detoxing can be achieved in varying methods. It's not always about the elimination of food. Give yourself a makeover. It may be a step in a new direction.

So you're up for a new look and just want what you want...period. Well, stylists and makeup artists are savvy, adventurous, quirky, and sometimes trendy. BUT what we are NOT are miracle workers. When the glitz and glam wear off.....what do you do ? How do you maintain the look? How do you recreate the look? All that time and money spent only to wake up to the "old" you.

Well, did you have a "coming to Jesus" moment... looked in the mirror with horror with the realization of a fleeting moment? It doesn't have to be...ask yourself, "Who and what is my goal?" How does this "look" make me feel? When and where will I wear this "look"? Having that conversation with yourself is the first step to your makeover. It begins and ends with you.

Second step, shop around for the "right" stylist, trainer, and/or therapist that can educate you while you're being pampered. Working on yourself is self-love. Loving on yourself builds self-awareness and self-esteem. This is confidence. Confidence is EVERYTHING!! No makeup or hairstyle is going to make you over if the inside is not being made over too. All that work to wear a mask? No!

Third step, OWN your look. Adopt a mantra or prayer even! Repeat it. Believe in it. Live it. Whoever you are...Whoever you choose to be... LIVE YOUR BEST LIFE. DAILY! You owe it to yourself.♣

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SUBJECT LINE!**

Info@SteppinOutMobile.com



Connect to Success!

Nathaniel Patterson

Writes about his insights and observations to create conversations, empowerment and solutions. Named "Top 200 Voices in Leadership" by LeadersHum in 2022 & 2023, Former Vice-Chair of Mobile Chamber and President, Dearborn YMCA.
CONNECT on LinkedIn -or- (727) 485.3980



Leadership Service is More Than a Notion

BOARD OF DIRECTORS. Nice title. But not all are equal. Nor should you approve of every invitation. I have had the privilege of serving on over thirty Board of Directors. My last positions were President, Dearborn Street YMCA and Vice-Chair Mobile Chamber. I do not agree to serve unless I can make a positive impact. So there are several factors I consider before agreeing to serve:

1. Is this a ceremonial or a working board? This information helps you to access the resources and time needed to participate.
2. What is the current status of Board and Organization? Hopefully the organization presents you with a Board package: clippings, annual statement/990 Forms, financial summary, strategic summary, list of present Board members and By-Laws. If they do not, you need to research or conduct an inquiry.
3. Is the organization in compliance with their By-Laws? In particular I look for issues with accounting, terms, chain of command, and/or meetings.
4. Is the organization facing any compliance issues with funders, government, and/or vendors?
5. Does the organization utilize the same auditing firm over a long period? I am concerned that familiarity often breeds lax procedures and oversights.
6. Is the Board diverse and inclusive? It is wise to have a healthy balance of generations. Several times I have led the charge to appoint younger members when the Board is dominated by my peers (Baby Boomers).
7. Are there factions on the Board? Though we would like to believe that adults will think independently, many are followers. Even worse, some are appointed to boards to represent the interest of others and not the organization.
8. Does the organization have an updated strategic plan?
9. What are the Key Performance Indicators (KPI)? Are they being actively measured and evaluated?
10. Is the accounting process and system efficient. Bad numbers create worse decisions.
11. Ensure there is an active Directors and Officers (liability) Insurance policy.

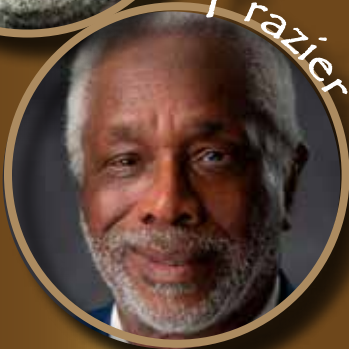
In no means are the above in order of priority. But before agreeing to serve ensure you have the knowledge of the commitment of resources and time needed to make an impact.

Let's Demand Better! As Always Let's Be Greater♣

Literary Corner...



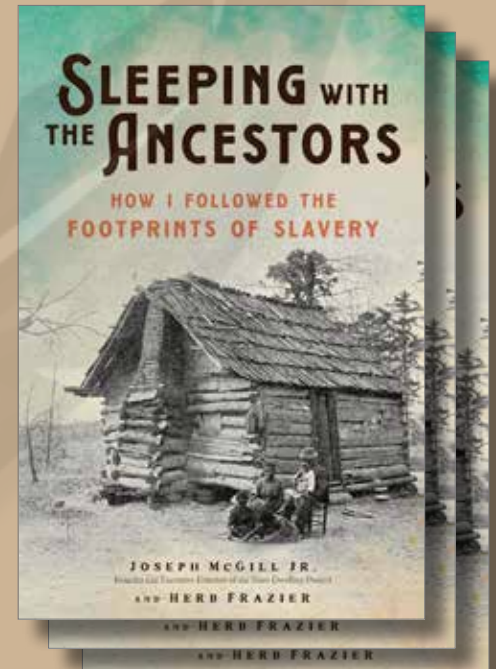
McGill



Frazier

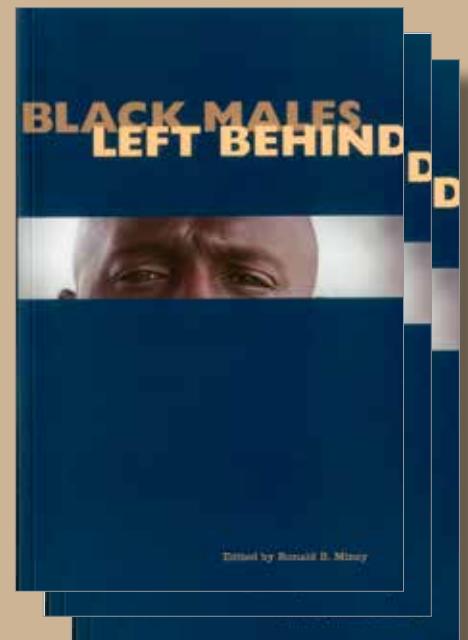
Joseph McGill and Herb Frazier

McGill is a historical preservationist who tells his personal account of sleeping in former slave dwellings and telling the history of those sites while providing commentary on the larger issue of Race in America. Known as the Slave Dwelling Project which was founded in 2010, he spent many nights in structures located in the South, North and West. The book is a fascinating read that shares the experiences and conversations with persons in those communities to enhance the stories.♣



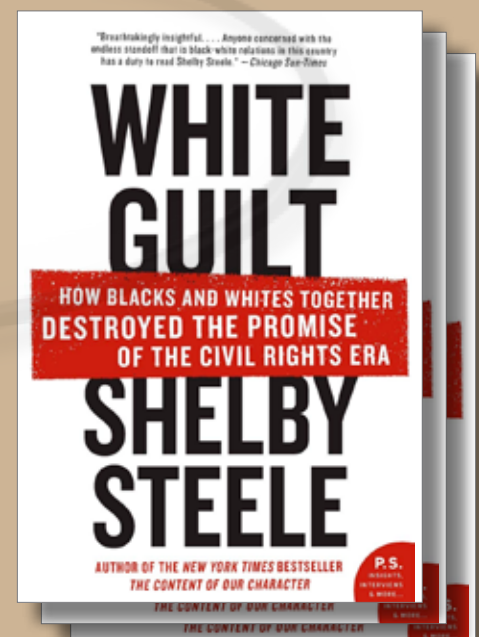
Dr. Ronald B. Mincy

Despite the overall economic gains in the 1990's, many young Black Men continue to have the poorest life chances of anyone in our society. Joblessness, low earnings, deconcentration of blue-collar employment, and criminal justice policies, has left less educated young adults contributing to reductions in marriage, increases in non-marital childbearing, and a host of other social problems. Mincy assembled a distinguished group of experts who examine how less educated Black Men fared relative to other less educated young people during the economic expansion of the 1990's and why. Two chapters comprehensively review policy opportunities to assist less educated young Black Fathers and discuss how to overcome political resistance to initiatives serving less educated Black Men.♣



Shelby Steele

In 1955 the killers of Emmett Till were acquitted because they were white. Forty years later accused murderer O.J. Simpson went free after his attorney Johnny Cochran portrayed him as a victim of racism. This book discusses the age of white supremacy, which still lingers today, to an age of white guilt, and it argues that neither has been good for African Americans. Through articulate analysis and engrossing recollections, acclaimed race relations scholar Steele sounds a powerful call for a new culture of personal responsibility.♣





Black American Politics
Joseph Mitchell PhD
Citizen Musician & Politician

Christopher Columbus. He broke into this house; found a refrigerator; in the refrigerator he found a ham sandwich. He ate the ham sandwich. Shortly, there after the owner of the house stepped into the kitchen and asked Christopher Columbus what happened to the ham sandwich. Old Chris said that he discovered the ham sandwich and upon his discovery he claimed it as his own after eating it.

In several states in this country laws are being produced that prohibit academic procedures that would teach anything about diversity and inclusion. The same laws will prohibit the discussion and, academic interaction about diversity or anything else controversial. We are at a loss as to how any instruction in public or private schools might effectively proceed DEA training and educating anyone in attendance.

How does one explains the presence of a sandwich in the absence of an explanation as to who made it? How does one explain the presence of the house with the kitchen and refrigerator with a sandwich in the absence of explaining whose house was it in which the kitchen and refrigerator and sandwich belong? How does one begin a discussion about Christopher Columbus without discussing who he was; from whence he came?; And what he was doing in a foreign house? Only in the absence, of even rudimentary reasoning can we conclude that Christopher Columbus had every right to be in that house with that refrigerator and that sandwich.

When people are elected into positions of governmental power, they carry in their agendas to obfuscate the details of history. At understanding how power is used, it is not a stretch to imagine cataclysmic rewrites considering the notion that Christopher Columbus never existed let alone that he found something that was not lost in the first place. At the current rate of obfuscations, of fact or the erasure of same, just as African slaves can be described as willing itinerant unpaid immigrant cotton pickers for four hundred years, Martin Luther King Jr. will soon be described as a white man who committed suicide over his frustration and his inability to help poor Whites rise up beyond their station in America.

Should you think that these rewrites of history cannot happen, try to remember the plight of the indigenous people of this continent whose house the refrigerator was that contained the sandwich. School text-books and encyclopedia will probably discuss the arduous eight years after George W. Bush in which America did not have a president. In the absence of explaining diversity, try explaining the deaths of 90 million people who died in World Wars I and II. How can you talk about pilot-astronaut turned Politician, John Glenn, without discussing the diversity of the theaters of war in which he piloted planes or of the Black female computers who plotted his safe return to earth from space? Assuming Jesus Christ to have been a real human being, in what ethnic script was his story first written before being translated into English and thousands of other languages? Considering the part of the world where Jesus, The Christ was born and lived, he was of an ethnic group other than Caucasian. The next-door that you hear will be that Jesus the Christ was a Christian..♣

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Moments in Time
Paulette Horton

Booker T. Washington's Visit to Mobile

In the year of 1915, enjoying a restful vacation along the Gulf Coast, where he hunted, fished, and relaxed, Booker T. Washington was in Mobile, AL.

He visited Davis Avenue, had dinner at the Patton Home, and also made visit to Josephine Allen's summer home in Coden.

Washington also visited Plateau, where he talked with the Africans who were illegally brought to America on the Clotilda. One of his tour guides was Alex Herman, (father to former U.S. Secretary of Labor Alexis Herman) who would later become the King of the Mobile Area Mardi Gras Association in 1940.♣





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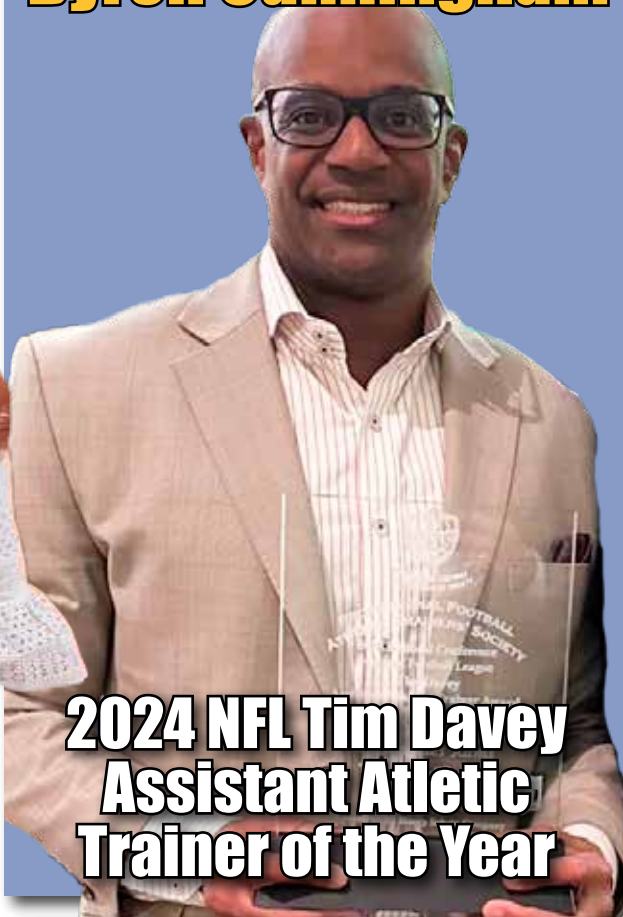
Hats Off

HAPPY 54TH WEDDING
Anniversary



**Rev. Walter & Ann
BRACY**

Congratulations!
Byron Cunningham



**2024 NFL Tim Davey
Assistant Athletic
Trainer of the Year**

Congratulations!
Demi Johnson



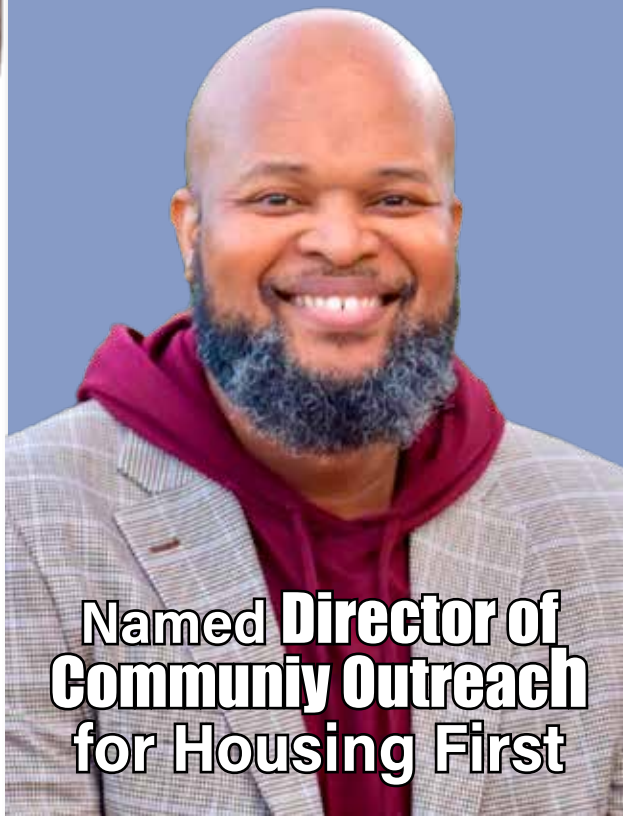
**(Biloxi Native) Received
National Geographic
Award to Save her
State's Oyster Reefs**

Congratulations!
Dorothy Jean Tillman



**Youngest to
Receive a PhD**

Congratulations!
Leon Bell Jr.



**Named Director of
Community Outreach
for Housing First**

Congratulations!
Janice White Burdon



**Had her painting
Homegrown Curated
HMVC Gallery NY
Exhibition Freestyle 2.0**

Hats Off

Congratulations!

Joli Cooper



Selected to the
**Center for Employment
Opportunities
Board of Directors**

Congratulations!

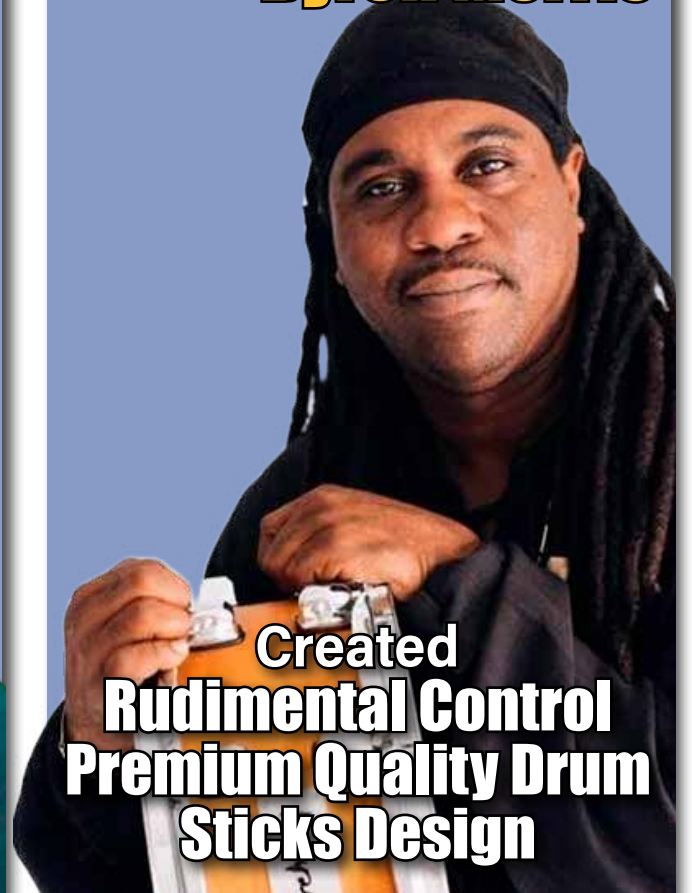
Amberly Pettway



Named
**Public Company
Accounting Oversight
Board Scholar**

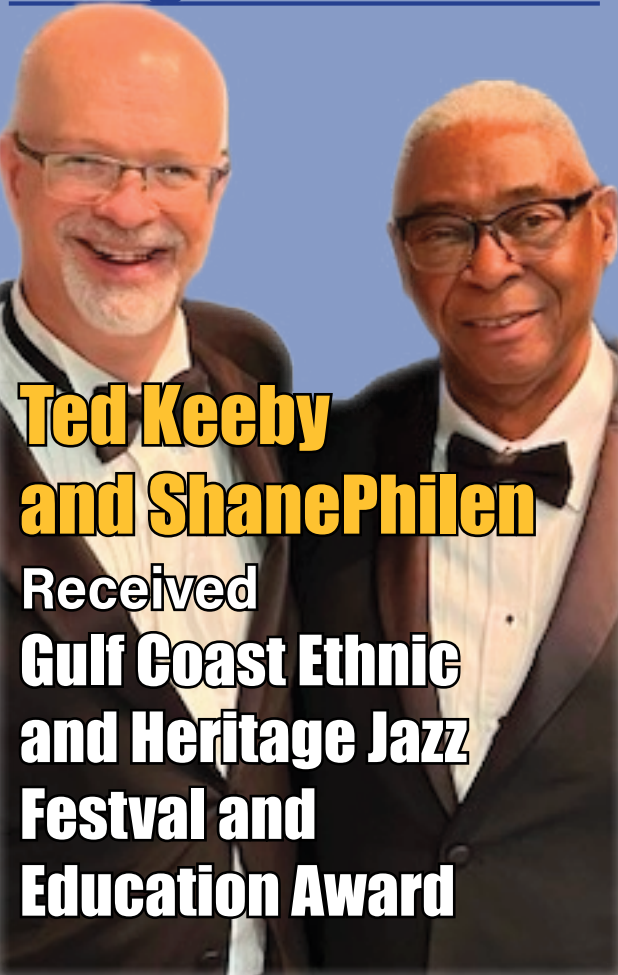
Congratulations!

Byron Morris



Created
**Rudimental Control
Premium Quality Drum
Sticks Design**

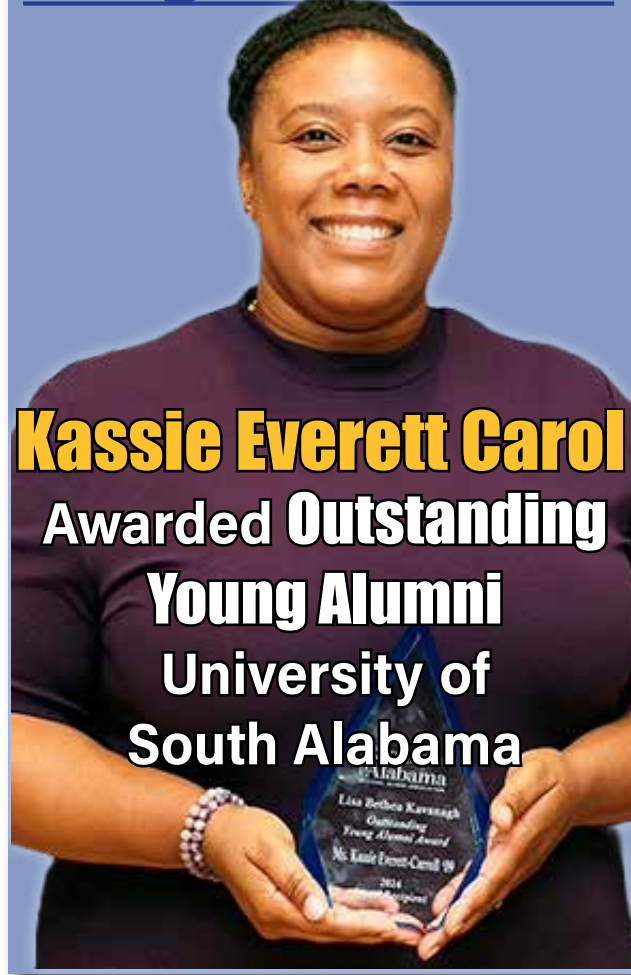
Congratulations!



**Ted Keeby
and Shane Philen**

Received
**Gulf Coast Ethnic
and Heritage Jazz
Festival and
Education Award**

Congratulations!



Kassie Everett Carol

Awarded Outstanding
**Young Alumni
University of
South Alabama**

Congratulations!



**Frederick "Fred"
Fendfrey**

Named
**Interim President &
Chief Executive
Officer of Downtown
Mobile Alliance**

Hats Off

Congratulations!

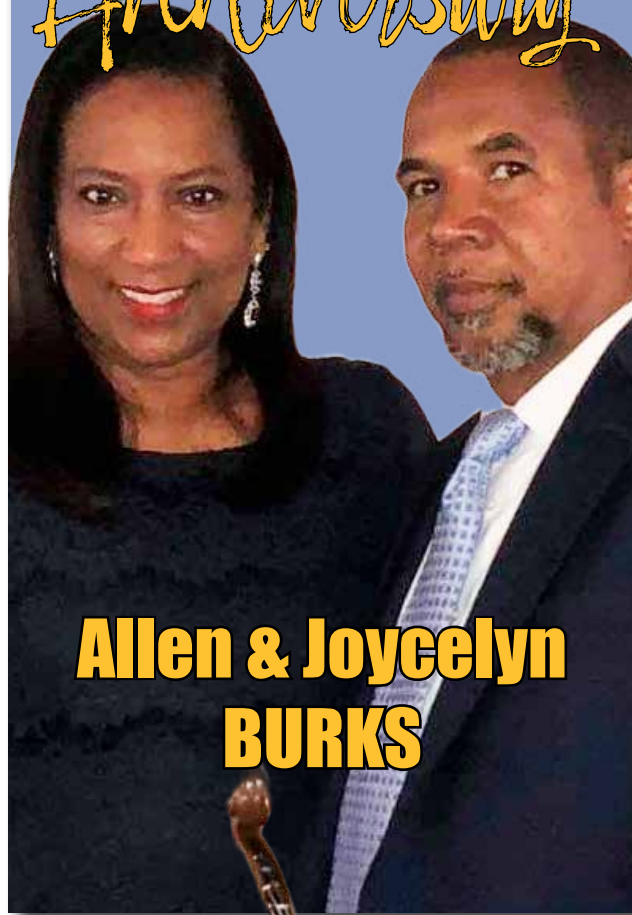
Asher HaVon



**1ST Alabama Winner of
THE VOICE**

HAPPY 42ND WEDDING

Anniversary



**Allen & Joycelyn
BURKS**

Happy Birthday!

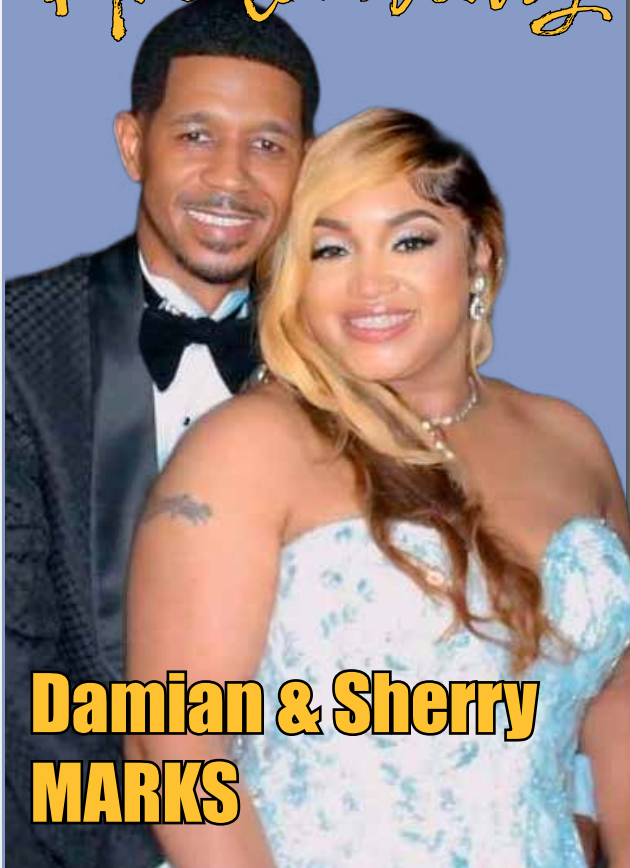
Thelma Randall



Celebrating
93 BLESSED YEARS

HAPPY 30TH WEDDING

Anniversary



**Damian & Sherry
MARKS**

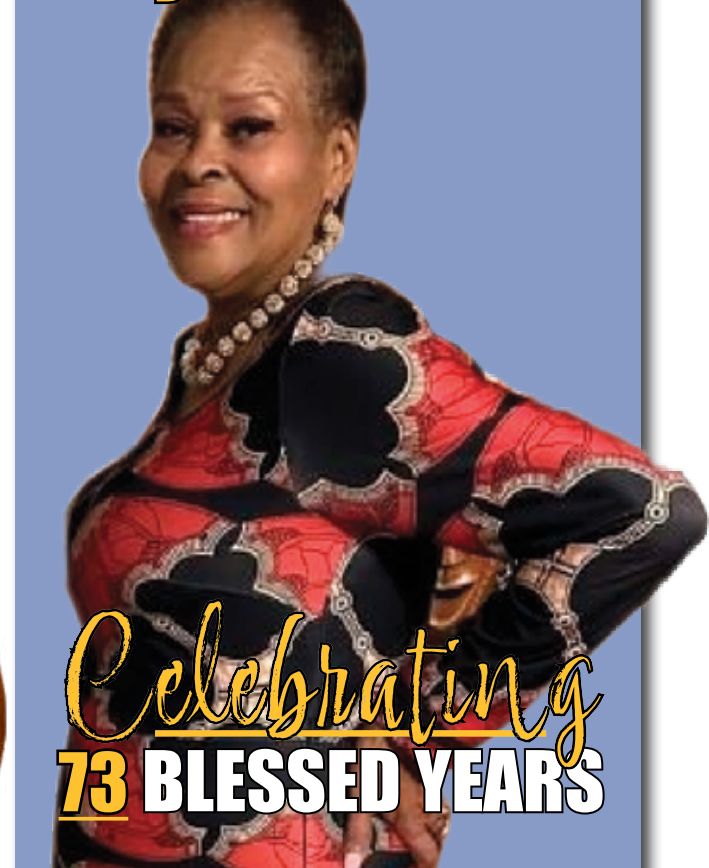
Congratulations!



JaLann DuBose
Selected as a
Finalist to Perform at
NEW YORK CARNEGIE HALL

Happy Birthday!

Joyce Ross Lovett



Celebrating
73 BLESSED YEARS



Creole History Highlights

Tracy Neely

PRESIDENT: MOBILE CREOLE CULTURAL
AND HISTORICAL PRESERVATION SOCIETY

THE CHASTANG CHRONICLES: The Old Zeno Chastang House

Rosalie Colin vs. Louis Z. Chastang

Those of us who have found ourselves with children to support and hard denials of assistance from the other parent have learned some difficult lessons. In 1851, there was no Domestic Relations Court or Department of Human Resources to manage child support in the manner that we have now. Women had to find a man to assist them in their endeavor to petition the court as well as find a man to accept the role of legal guardian of a child with no father. Women, who were expected to be caregivers and nurturers for all life, did not have the right to be the legal guardians of their own children. It was required that a man would oversee the financial aspects of rearing them.

Rosalie Colin was no different. She was the daughter of Theodore Colin and Jeanne Andry. In the late Spring or early Summer of 1850, Rosalie found herself pregnant. And on February 21, 1851, she delivered a girl, Marie Lorenza. Just before Marie was a month old, Rosalie petitioned the Honorable Sydney T. Douglass, Justice of The Peace, for support from Louis Z. Chastang, who had denied paternity. Douglass quickly passed the case to Edwin Rust, Judge of Probate. The two men who stepped up for Rosalie and her daughter were Louis Vivaret and John Trenier. They had been farmers and cattlemen in their earlier years. Trenier was also a founding member of Creole Fire No. 1. Vivaret was to be Marie's guardian and Trenier assisted him with a \$600 bond required by the court to demonstrate his ability to help raise baby Marie. That amount is the equivalent \$24,509.61 today. Neither party had ever married previously, so Rosalie did not have to compete with another woman with children for support. But she did have to fight Louis. Her petition to the court states that she asked him to step up to his responsibility but that he refused to do so. He made no provisions for maintenance or education of Marie Lorenza. Rosalie signed with her letter of mark, a sideways "X".

Louis Zenon, the son of Pierre Zenon Chastang and Marie Therese Bernoudy, made clear he had no intention of being a parent. A jury trial was required. As witnesses on his behalf, Louis brought with him Pierre Chastang, James Chastang, Henry Chapman, John A. Roper (an English merchant), James Black, and Alfred Chastang. Rosalie had herself and the State of Alabama behind her. The jury of "twelve good and lawful men" convicted Louis of Bastardy of young Marie who was brought to the court by her mother on September 8, 1851. The court mandated child support at \$30, paid annually each September for ten years. In comparison, the average farm laborer in Alabama in 1860 made \$18.90 per month. Court costs were also required of him. The following day, Louis Zenon Chastang washed his hands of the whole matter when he provided the court with a \$1000 bond, enough money to pay all the court costs and let the court pay out the \$30 annually for the next ten years.

The win was barely a subsidy. And like so many women today, Rosalie faced the difficulties of raising a child as best she could, on her own, accepting help where she found it necessary and safe. She and Marie lived with her parents, Theodore and Jeanne, during Marie's younger years. After 1860, the two faded into obscurity until November 13, 1906. There is a death of a Rosalie Collins on that day at 202 Washington Ave. The 1906 Mobile City Directory also shows Mary L. Collins, dressmaker, living at that address. In 1924, the death of a Mary Collins was documented, whose mother was Rosalie Collins. Could this be them? They are buried together in Magnolia Cemetery, Square 26, Lot 410.♣

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Andreda Randelson

Inspirational Quotes Guru

We need leaders not in love
with **money** but in love with
justice. Not in love with
publicity but in love with
humanity.

~ Martin Luther King

PORTRAITS in BLACK

Horace Winifred "Nick" Stewart

Nick Stewart was a television and film actor born in Harlem in 1910. Best known for his role as Lightning' Willie Jefferson on the CBS Television Series Amos N' Andy, he began his show business career as a dancer at the Cotton Club and the Holders Club. He also was a veteran of Broadway where he created a comedic character named Nicodemus, a role he played in several films. He was also the voice of Br'er Bear in Disney Movies and TV Series. He also played a role in the film classic White Christmas.

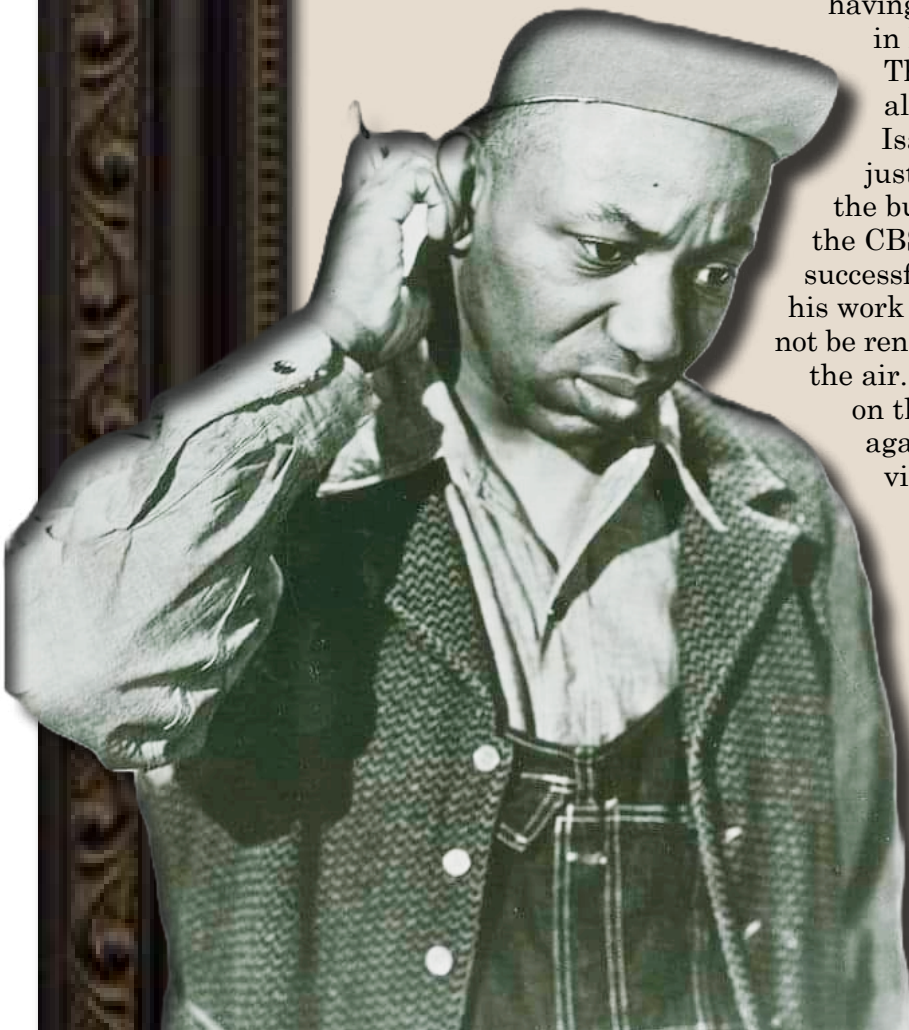


Stewart was a pioneer in Black Theater ownership

having started the Ebony Showcase Theatre in Los Angeles in 1950 along with his wife Edna.

The venue over the years providing space for performers of all races including Chaka Khan, Gladys Knight, John Amos, Isabel Sanford, Eartha Kitt, Phil Collins, and Nichelle Nichols just to name a few. The couple did all of the remodeling on the building themselves with the help of salvaged material from the CBS Television City construction site. The venue became so successful CBS believed Stewart's work at the venue was impacting his work on Amos N' Andy and notified him that his contract would not be renewed. However, shortly thereafter, the show was taken off the air. He was initially offered the role of Calhoun, the lawyer on the show which he turned down. When CBS approached him again about the role of Lightning,' he accepted because of his vision for the theatre.

The couple received many awards and honors over the years including a Lifetime Achievement Award by the Beverly Hills/Hollywood NAACP and the Living Legend award by the National Black Theatre Festival. The venue began to have financial problems in 1992. One of the issues was a Los Angeles law requiring all older brick buildings to meet current earthquake standards. They used two homes they owned as collateral for a loan to save the venue but both were lost. The venue was completely demolished in 1998, but The Ebony Showcase still exists today. Stewart died in Los Angeles in 2000 at the age of 90.♣





Arthur L. Mack
FREELANCE WRITER
steppinoutnews@aol.com

Thinking Outside of the Box

Pets, Hatians, and Lies... OH MY!

Sometimes, I have to wonder why in the world people are so hell-bent in perpetuating harmful, racist myths — especially when it affects immigrants of color. All it does is create a lot of problems, and can lead to dangerous consequences. During the Presidential debate between Donald Trump and Kamala Harris, there was a question asked about immigration, Trump, being Trump, went into one of his infamous tirades, using the city of Springfield, Ohio as a prime example of ‘immigration gone wild.’”

A little background, if you will: Springfield is located in the southwest part of the state, and has just under 59,000 residents as of the 2020 census. African-Americans make up 18 percent of the population. Notable famous people to come from the city include singer-musician John Legend. At one time, the city was booming, but a decline in industry caused the city to fall into economic decline. City leaders launched a movement designed to attract immigrants to the community to help improve the local economy. When new businesses arrived and a labor shortage occurred, Haitian immigrants arrived in Springfield in 2017 to work at local produce-packaging and machining factories. The city eventually rebounded, but there was still a labor shortage because of the addition of new jobs. When Haitians in other parts of the U.S. heard from relatives about the opportunities in Springfield, they did the natural thing—they took the shot and went there. To add to the matter, the U.S. Department of Homeland Security, citing unrest in Haiti, granted temporary protected status to Haitian immigrants, allowing the existing migrant population living in the U.S. to live and work without the risk of deportation.

Well, you know what happened during the debate. Trump said that in Springfield, Haitian immigrants were eating dogs and cats, as well as geese, which was totally false. But you know, as with most rumors, this one really sprouted legs, gaining popularity with far-right and neo-Nazi groups, and causing bomb threats against schools, municipal buildings, and the like. It caused a migrant advocacy group to file a lawsuit against Trump and J.D. Vance for spreading a dangerous claim that Haitians

were killing dogs and cats, and killing and eating geese. But what happened in Springfield did not stay in Springfield. Here’s where things really got crazy...in good ol’ Alabama, no less. Rumors of a huge influx of Haitians in Sylacauga and Albertville were quickly debunked by officials of both cities, and Fairhope had to deal with the same issue. Hell, the media was barred from attending a meeting in Enterprise regarding mass migration, no doubt spurred on by Trump’s rhetoric.

The latest discussion regarding Haitian immigrants came during a September Mobile City Council meeting. That day, several members of a conservative group complained that 1,000 Haitians would be coming to Mobile and surrounding communities, and wanted the city council to wave a magic wand, as it were, to stop that from happening.

Of course, the Mobile City Council has no control over immigration policy. That is a concern for federal lawmakers. City council members Joel Daves, Cory Penn, and William Carroll made that perfectly clear. For Carroll, it was especially painful, because his wife is Haitian and his children are first-and-second-generation Haitians. Not surprisingly, he took exception to the negative comments about migrants. I’m going to say this, and I’m going to be perfectly clear — the misinformation needs to stop, and stop now. Sure, it’s fine if you have legitimate concerns about immigration policies. But when they involve people of color and they are unfairly targeted, then that’s a whole new ball game. What do you think would’ve happened if a bomb had actually gone off in Springfield due to unchecked rhetoric and someone was hurt, or maybe even killed? Then what?

If people are coming here to America for a better life, all well and good. But don’t make their lives miserable because you don’t like their skin color or if you choose to follow the words of a brain-dead lunatic.♣

Living In Bliss

Debra Braggs

VETERAN FASHION COLUMNIST
AND LIFESTYLE REPORTER



Pushing Past The Pain

Ask any five people around you and at least three will say
“Life is really lifing right now.”

That’s the new-age way of saying, “I’m going through a storm.”
These are indeed the best and worst of times. Some days it seems
that society is energized by the idea of making the world a better
place. And then the very next day, the world is weighed down with
sadness, hate and anger. So how do we manage the moments that
keep our emotions on a roller coaster?

I’m reminded of a song by R&B Great, the late great Frankie Beverly...
JOY AND PAIN (Are Like Sunshine and Rain)

In the second verse of the song, he penned...

Don't it seem we go through life going up and down?
Seems the things that turn you on, turn you around
Always hurting each other, (If it ain't one thing it's another)
When the world is down on you, love's somewhere around
And I want you to know that joy and pain... Are like sunshine and rain.

WHAT'S HE REALLY SAYING?

The scholars say life is indeed cyclical – just as the sun will always
shine after a rain, our days will be filled with some dark nights
followed by glowing moments of renewal and rebirth. Just like your
Grandma used to say, “Joy comes in the morning.” On those dark
and dreary days, it’s your responsibility to hold on to the light –
and be intentional about it. “Love on yourself, give yourself grace,
then life yourself up,” says LaTrynnda SC Hollins, one of my sister-
friends who is also an amazing author, teacher and creator of
the Master Your Life Network. She wrote a book titled: *Awaken
Fabulous – It’s All Possible. 5 Strategies to guide your path to the
fabulous life you’ve always dreamed!*

In the book she explains that the power of intent and a well-devised
strategy can and will lead to a life filled with lasting success and
happiness. In her Masterclass she teaches that we must be inten-
tional about every aspect of our lives, even the events of each and
every day. She says we “We must choose to be joyous, to feel good,
to be kind, to eat good, to have success.”

One thing I’ve learned for sure is that flying by the seat of my pants
and letting my emotions rule day is NOT a good idea. I can wallow in
grief and sadness or focus on the grace I’ve been give in my life and give
thanks for it. When we are grateful, we can’t help but feel happiness.

Think of those days that you only dreamt of some of the things you
have now. Gratitude is a great place to start your day. Make a list if
you have to. When I start listing the people, the experiences and the
things I’m most grateful for --joy fills my heart. Even the tiny things
matter, like sunsets and flowers, music and the ocean.

My heart palpitates just writing about those things. Find what stirs
your joy, what makes your heart skip a beat or the one thing that
brings an uncontrollable smile to your face. Focus on those things
in times of adversity. The clouds may hang today, but a brighter day
is coming.

I hope you focus this month on pushing past the pain.

Until next month, **FOLLOW YOUR BLISS.✧**

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BLACK LIVES MATTER

Tommy Green

Facebook Blogger
Former Editor for
the Mobile Beacon

Black People Don't Know History

Sisters and brothers, this article will provide additional clarification of one of my previous articles because until we read our ancestor's history, we will be sneered at for our foolishness. Everyone should be able to love & marry whomever he or she wants to, but descendants of enslaved Africans have an additional responsibility on them. The barbaric oppression faced by women and men were extreme, but due to the culture in this society it affected them differently.

An example, Emmitt Tell was murdered in 1955 in Money, MS. because a white lady, Carolyn Bryant Donham, accused him of saying something to her. In 2017 she admitted to lying under oath during her first husband's murder trial, falsely stating that Emmett Till had touched her and used crude language. However, she was never prosecuted." Black men and women need to know this history, especially Black men, because of what happened to Emmitt. These types of accusations were normal when I grew up in Marion, AR. But both men and women were taught and shown that white women were the ideal women in America.

The brainwashing by white society made Black men desire white women to such an extreme degree that is unfathomable. A large number of Black men & women have tried to emulate them, even in 2024 with blue and green eye tints and the dying of their hair. This whiteness can affect the educated and the wealthy. An example, Serena Williams, tennis great, is now full blond. If a Black family has sons, and they haven't been taught Black history, especially if they have the potential of becoming wealthy, they tend to end up in a relationship with white girls. I know some Black families with sons, and all of them are in relationships with white women. Another example, if a black boy is born to a Black and white mate, I will wager nine out of ten will end with a white girl. This phenomena doesn't affect Black women because, in general, women aren't the ones initiating action in a relationship. Europeans have projected that Black women are ugly and less desirable than other women in the world, so it limits their chances of having a relationship with Black men but also, other ethnicities.

My biological father and my stepfather weren't in my life, so my mother filled that void. This is the reason that I respect and love Black women. I believe that it is paramount that we study Africa's and Black America's history, so we can build a strong and successful generation. We owe it to our ancestors who paid the ultimate price for generations. ♣

BLACK VOTERS MATTER

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OBITUARIES

Steppin' Out has now started an Obituary Section to honor our Loved Ones who have passed on to Glory. Packages (3) are priced from Basic to Premium and each package can be customized based on client need. For more information, contact us at info@steppinoutmobile.com or (251) 217-1220.

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Mark Your Calendar

NOVEMBER 2024

MOBILE/BALDWIN

CHURCH ACTIVITIES

St. Louis Street Missionary Baptist Church, Pastor Elect's First Sermon-
Reverend Dr. Antonio Young, 11/03 @ 9am

Episcopal Church of the Good Shepherd Celebrating 170/Years Service,
Reception and Special Dedication, 11/03 @ 10am

Renascent Church Family Carnival Day, 11/09 @ 10am

Friendship Missionary Baptist Church feat. Soulful Melodies presented
by **B.C. Rain High School Choral Department** An Evening of Choral Music
and Soulful Cuisine, 11/14 @ 6pm

Friendship Missionary Baptist Church Crichton presents the Friendship
Crichton Appreciation Program feat. Rev. Roderick C. Frye,
Rev. Dr. W. E. Jones **Pastor with Rev. Bernard Lambert**, Sr. Pastor
Mt. Sinai Missionary Baptist Church Guest Speaker, 11/17 @ 3pm

COMMUNITY ACTIVITY & EVENTS

Ms. B's Production Artist Southern Soul Showcase Hosted by Ms. Mary,
Rascals Lounge, every 1st Sunday @ 6pm

LODA ArtWalk, Downtown Mobile, every 2nd Friday

Spoken Word of Mobile Open Mic Night, Toulminville Branch Library,
every 3rd Monday @ 6pm

New To Medicare Free Monthly Educational Seminar, Area Agency on
Aging, GM&O Building First Floor Conference Room, 1st
Tuesday Monthly

2nd Annual Port City Football Classic-Black Business Expo,

Mobile Convention Center, 11/01 @ 9am; HBCU

Cheer Clinic, Williamson High School, 11/01 @ 3pm & 11/02 @ 7:30am

Port City Parade, Downtown Mobile, 11/02 @ 10am

Port City Classic Game, Ladd Peebles Stadium, 11/02 @ 4pm

Creative Corner Nutrition 3rd Anniversary Celebration Shopping Extravaganza,
11/02 @ 9am

City of Mobile Market in the Park-Fall Season 2024, Cathedral Square,
11/02, 11/09, 11/16 @ 7:30 am

City of Mobile Family Fun Night: Fall Carnival, Dotch Community Center,
11/02 @ 5pm

Mobile County Training School Alumni Association 3rd Annual Lantern Walk:
Brunch 9:30 am;

Teacher's Grantwriting Workshop, 1 pm; Lantern Walk, 3:30pm, 11/02;

Sunrise Service at the Cemetery, 6:30am

Art Soup, National Maritime Museum, 11/07 @ 6:30pm

LODA ArtWalk Celebrates Martial Arts, Downtown Mobile, 11/08 @ 6pm

St. Louis St. Block Party at Braided River, Braided River Brewing Company,
11/09 @ Noon

5th Annual Green Health Cultural Festival and Collard Green Cookoff,
Downtown Prichard, 11/11 @ 9am?

The 2024 BIG Event-Big Brothers Big Sisters of the Central Gulf Coast,
Battle House Hotel, 11/14 @ 5pm

**Conversations: Saving Black History and Culture Through Healing and Meet
& Greet**, Association for the Study of African American Life and
History Mobile Branch presents Community, Historic Avenue
Cultural Center, 11/14 @ 6pm

City of Mobile **Traffic Warrant Clinic**, Springhill Recreation Center,
11/15 @ 11am

City of Mobile **Annual Lighting of the Tree**, Mardi Gras Park,
11/15 @ 5:30 pm

Community Tool Drive, SAIL Warehouse, 11/16 @ 9am

The CAT Memorial Day All White Affair to Honor Clifford Thomas, Oak Plaza,
11/17 @ 4pm

Mobile International Festival, The Grounds, 11/23 @ 10am

The Mobile Are Mardi Grad Association's **Little Black Dress Affair**,
The Locale, 11/27 @ 9pm

City of Mobile **Outdoor Holiday Market**, Mardi Gras Park, 11/30 @ Noon

City of Mobile **Iron Bowl Watch Party**, Mardi Grad Park, 11/30 @ 3pm

CONCERTS/MUSIC

Celebrity Southern Soul Showcase, Elk's Club on State Street,
Every 1st Sunday @ 7pm

Joe Lewis, Renaissance Hotel, Every Friday - Sunday @ 8pm

Thirsty Thursdays Live jazz Jam Sessions, Kazoola's, Every Thursday

Jerry Seinfeld, Saenger Theatre, 11/01 @ 7pm & 9:30pm

Nate Jackson Super Funny World Tour, Saenger Theatre, 11/02 @ 7pm

Mobile Symphony Orchestra-Beethoven & Blue Jeans, Saenger Theatre,
11/09 @ 7:30 & 11/10 @ 2:30pm

Mobile Symphony Youth Orchestra, Saenger Theatre, 11/17 @ tba

STAGEPLAY

Hadestown: Teen Edition, Eclipse Theatre Company, Chickasaw
Civic Theatre, 11/21-23 @ 7pm

BILOXI

CONCERTS

Blues & Southern Soul Concert starring Cecily Wilborn & Band, Ground
Zero Blues Club, 11/03 @ 3pm

Tamia and Joe, Coast Coliseum, 11/08 @ 8pm

Creed, Three Doors Down, Coast Coliseum, 11/09 @ 8pm

Clay Walker, I.P. Casino Resort and Spa, 11/09 @ 8pm

Mike Singh, Beau Rivage Theatre, 11/09 @ 8pm

Apollo Night at Satchmo's Jazz Cafe, 11/10 & 11/18 @ 8pm

Aaron Lewis, Beau Rivage Theatre, 11/16 & 17, @ 8pm

Hygh Energi Band, Satchmo's Jazz Cafe, 11/29 @ 7:30pm

Ledisi, Beau Rivage Theatre, 11/30 @ 8pm

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SPIRITUAL CONNECTIONS



STATE STREET AME ZION CHURCH

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...Senior Pastor of State Street AME Zion Church in Mobile, AL, husband, proud father, and doting grandfather. Advocate for the oppressed, marginalized, disenfranchised, and those who consider themselves damned. Previously he served as pastor of Butler Chapel AME Zion Church (Greenville, AL), Big Zion AME Zion Church (Mobile), Solomon Temple AME Zion Church (Moss Point, MS), Twin Beech AME Zion Church (Fairhope, AL), New Ship AME Zion Church (Theodore, AL), and Good Hope AME Zion Church (St. Stephens, AL).

FAVORITE SERMON: "Don't Count Me Out" taken from Acts 20:24; "But none of these things move me; nor do I count my life dear to myself, so that I may finish my race with joy, and the ministry which I received from the Lord Jesus, to testify to the gospel of the grace of God." It suggests unequivocal not to overlook the humanity of others or discount God's giftedness in them."

FAVORITE POEM: "I look at the world" by Langston Hughes"

FAVORITE BOOK: "The Racial Contract" by Charles W. Mills"

VISION FOR THE FUTURE: "For State Street AME Zion Church we are "A Church Where all are Loved, Purpose is Found, and Lives are changed." We believed that renewal is God's ongoing and continual work which is true to our personal lives. God has summoned us to vibrant renewal and renewal depends on our willingness to shift. In the greater Mobile area God has summoned us to see the humanity in all individuals and we must be willing to shift."

Episcopal Church of the Good Shepherd

Reverend Ken Cumbie

The Episcopal Church of the Good Shepherd holds significant importance as one of the oldest historically Black congregations in the country. It is the oldest Black congregation in the state of Alabama and the fourth oldest in the city of Mobile. Particularly notable is that it was founded in 1854 by seven enslaved and free men and women under the support and guidance of Trinity and Christ Church of Mobile. This was at a time when the antebellum south embraced slavery in its harshest forms.

The first place of worship was opened for "Divine Service" in 1855. From there the church relocated in 1884 to State and Warren Streets and remained until the present location was erected in the Toulminville area in 1964. During those many years, the Church fostered several day schools, two missions and the absorption of parishioners from the Congregational Church in the area known as "Down the Bay".

Now, after 170 years of its founding, the Church of the Good Shepherd is an active member of the Diocese of the Central Gulf Coast and the city of Mobile. It has weathered the challenges of slavery, civil war, reconstruction and the era of Jim Crow. It continues to offer spiritual comfort and direction amidst both historical and modern struggles. It is a testament to hope and the "Audacity of Faith" that the founding seven imbued. In 2017, a historical marker was dedicated on the site of the present church for their seven founders; John Bryan, Joshua Davis, Mariah Davis, William Johnson, Hynson Jones, James Scott, Lucy Trueheart.

The parishioners of the Church of the Good Shepherd continue to guide, support, love and to serve, giving thanks to God for our rich heritage. The public is invited to join them on Sunday, November 3, 2024, 10:00AM, for Holy Eucharist in thanksgiving of these 170 years. A reception and a special dedication will follow the service. ALL ARE WELCOME!



SEPTEMBER **Passings** 2024



Frankie Beverly • 77

SINGER/SONGWRITER

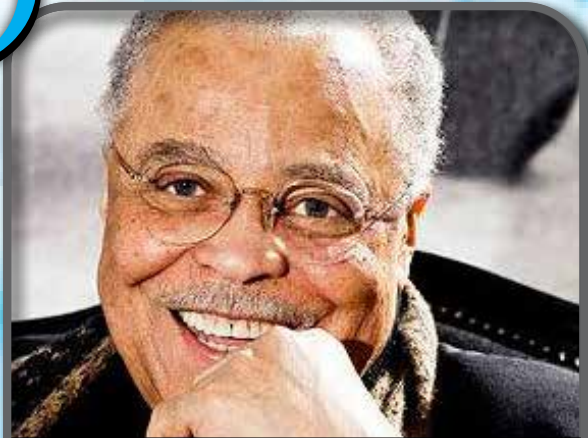
Frankie Beverly and Maze



Tito Jackson • 70

MUSICIAN

Jackson Five
HEART ATTACK



James Earl Jones • 93

ACTOR

TONY AWARD WINNER - 1967 & 1987
Star Wars • Fences
The Lion King • Coming to America



JAMES DARREN • 88

SINGER/ACTOR

Goodbye Cruel World
Gidget • T.J. Hooker



CHALMERS DAVIS • 73

KEYBOARDIST

Little Richard • Johnny Cash



FATMAN SCOOP • 56

RAPPER

Be Faithful • Lose Control



BENNY GOLSON •

**JAZZ SAXOPHONIST/
COMPOSER**



CHAD MCQUEEN • 63

ACTOR

The Karate Kid • Red Line
ORGAN FAILURE



SERGIO MENDES • 83

**BRAZILIAN BOSSA NOVA MUSICIAN
COMPLICATIONS FROM COVID**



MERCURY MORRIS • 77

NFL PLAYER

Miami Dolphins



OBI NDEFO • 51

ACTOR

Dawson's Creek • Stargate SG-1



RICH HOMIE QUAN • 33

RAPPER

Ride Out • Flex • Type of Way



SCREAMIN' SCOTT SIMON • 75

PIANIST/SINGER

Sha Na Na
SINUS CANCER



DAME MAGGIE SMITH • 89

ACTRESS

Harry Potter • Downton Abbey
Clash of the Titans



CLEO SYLVESTRE • 79

BRITISH ACTRESS

–1st Leading Black Woman
National Theatre in London
–1st Woman with Rolling Stones

OCTOBER

Passings

2024



Cissy Houston • 91

SINGER

The Sweet Inspirations
I Will Survive



Pete Rose • 83

MLB PLAYER/MANAGER

Reds • Phillies • Expos
HEART DISEASE



Mel Showers • 78

NEWS ANCHOR

WKRG News 5



JOHN ASHTON • 76

ACTOR

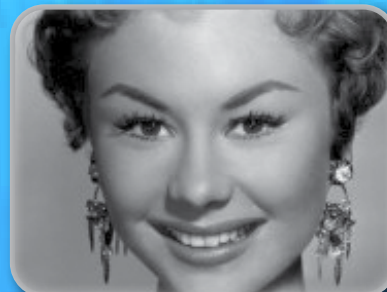
Beverly Hills Cop • Midnight Run
Cancer



FRANKIE FRITZ • 60

REALITY TV PERSONALITY

American Pickers
Stroke



MITZI GAYNOR • 93

ACTRESS/SINGER/DANCER

South Pacific, There's No
Business Like Show Business



KRIS KRISTOFFERSON • 88

SINGER/ACTOR

Songwriter's Hall of Fame
3 Time Grammy Winner



GREG LANDRY • 77

NFL QUARTERBACK/COACH

Detroit Lions • Chicago Bears



LILLY LEDBETTER • 86

EQUAL PAY ACTIVIST

Fair Pay Act of 2009
Respiratory Failure



CHIP MELLOR • 73

LAWYER/CO-FOUNDER

Institute for Justice
Leukemia



DIKEMBE MOTUMBO • 58

NBA PLAYER

Hawks • Nuggets • Rockets
Hall of Famer
Brain Cancer



JOHNNY NEEL • 70

MUSICIAN

The Allman Brothers
Heart Failure



KEN PAGE • 70

ACTOR

Ain't Misbehavin' • The Nightmare
Before Christmas, Cats



LIAM PAYNE • 31

SINGER

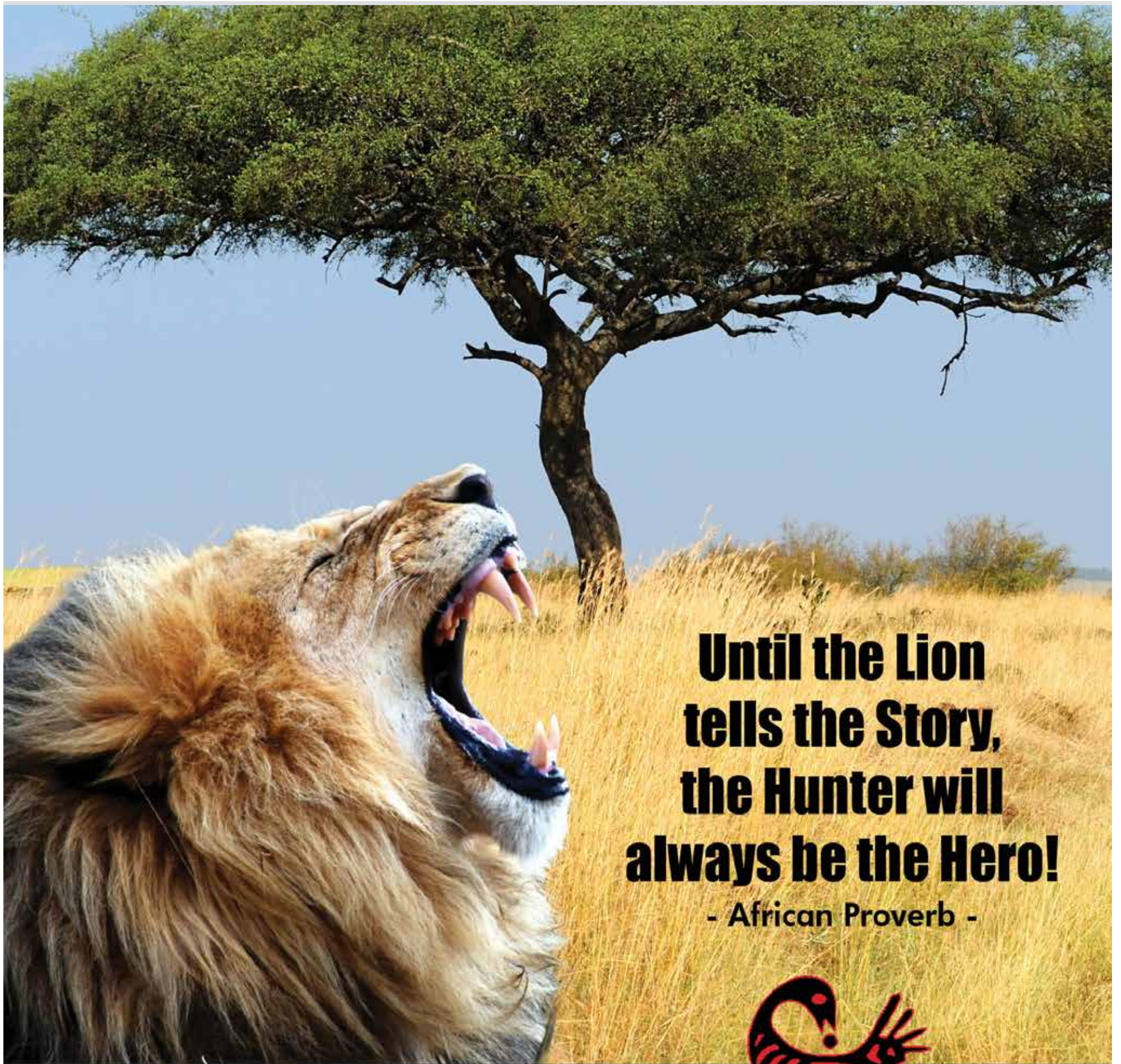
One Direction
Fall



NICHOLAS PRYOR • 89

ACTOR

Beverly Hills 90210
Risky Business
Cancer



**Until the Lion
tells the Story,
the Hunter will
always be the Hero!**

- African Proverb -



**It is Our Duty
to Share the Stories
About Our Ancestors!**

SANKOFA
MEDIA GROUP
ALABAMA