

Bilateral Music Links

“Brainspotting: Biolateral Sound Healing” by David Grand

iTunes

<https://music.apple.com/us/album/brainspotting-biolateral-sound-healing/818636415>

Spotify

<https://open.spotify.com/album/5IVVEoTyCTPA0SbeWtLPx3>

Sound Cloud

<https://soundcloud.com/david-grand-phd/sets/brainspotting-biolateral-sound>

Pandora

<https://www.pandora.com/artist/david-grand-phd/brainspotting-biolateral-sound-healing/ALgjVcv4PxwxkJV>

Amazon Music

https://www.amazon.com/music/player/albums/B00ID3R0EU?marketplaceId=ATVPDKIKX0DER&musicTerritory=US&ref=dm_sh_z6lhY0mUBN9929QkavhxK85rF

YouTube

https://www.youtube.com/playlist?list=OLAK5uy_kHWc_TguRKMYgq0b_4ajY8phTP-VfhDYk

Other Bilateral Sound Albums

Nature Sounds:

Bilateral Sounds: Sounds for Brainspotting, Meditation & Performance by Kaka Ray

Instrumental:

EMDR Bilateral Healing Music: Deep Theta Binaural Beats

EMDR Music Therapy Bilateral Stimulation