

DELTA KAPPA

Pi Chapter

International MFT Honor Society

Newsletter

Hello Pi Chapter members! Whether you are just joining us or have been part of our community for years, we are so glad you are here. This newsletter is a space to connect, stay informed, and support each other as we grow together.

As we move into the final week of January, the rhythm of the new year is beginning to take shape. This is often the point when intentions become clearer and opportunities feel more tangible. The Pi Chapter of Delta Kappa remains committed to supporting our members through meaningful connection, academic growth, and leadership development as the semester unfolds.

Our mission comes to life through the engagement of our community — learners who are preparing for clinical practice, developing research interests, and stepping into leadership in ways both large and small. Whether you are actively involved or just beginning to explore opportunities within the chapter, there is still time this semester to engage, contribute, and grow alongside peers who share a commitment to excellence in the Marriage and Family Therapy field.

As we look ahead, we invite you to consider how you want to show up in the months to come through participation, collaboration, or leadership. The strength of our Pi Chapter lies not only in its history, but in the continued involvement of its members as we shape the future of the profession together.

As the semester continues, we want to reintroduce several ongoing Pi Chapter programs created to support you academically, clinically, and professionally. These offerings are designed to meet you where you are and provide accessible ways to stay connected and supported throughout your training.

Spill the Tea remains our most popular program. Professors and professionals in the field offer focused, hour long Zoom discussions centered on a single topic, often allowing for a deeper and more practical exploration than what is covered in coursework. These sessions frequently include tools, perspectives, and information that can be used directly with clients. Attendance is open to everyone, including non members, and students currently in Internship may earn one hour of AAMFT approved supervision toward internship requirements.

Our **DK Resource Library** continues to expand as a shared Google Drive where members contribute to a growing collection of practical resources. Materials include assessments, intake paperwork, study guides, and state by state licensure information such as who to contact to begin the post graduation licensure process.

In addition, we are actively developing the **DK Referral Directory** to support professional networking. This directory is intended to help members connect for referrals, supervision opportunities, peer support, and collaboration across states and regions.

February Events

Thursday
2/5



Spill the Tea: Imposter Syndrome

Join us for an engaging presentation by Dr. Bamond on Imposter Syndrome, a challenge that touches both students and seasoned clinicians alike. In this session, you'll have the opportunity to explore the roots of self-doubt, gain meaningful insight into why it happens, and receive validation for the experiences many of us quietly face. Dr. Bamond will also share practical strategies and tools to help build confidence, foster professional growth, and empower you to navigate your career with greater self-assurance. Don't miss this chance to connect with others on the journey toward embracing your full potential.

11 pm EST / 12 pm CST / 11 am MT / 10 am PST

Spill the Tea: Collaborative Therapy

Dr. Trevon Clow will be presenting on Collaborative Therapy, where you will explore practical strategies for working with clients in a partnership-based, strengths-focused approach. This session will give you tools you can apply directly in clinical practice, help you think creatively about therapy, and provide insight into building stronger therapeutic relationships.

11 pm EST / 12 pm CST / 11 am MT / 10 am PST

Wednesday
2/18



Residency
2/20-2/24

Delta Kappa Breakfast and Meet Up

Watch your Capella email for invitations from Dr. Schooley to an upcoming breakfast and meetup in Dallas, TX. These casual sessions are your chance to ask any and all questions about Delta Kappa, explore how to join, and learn how to use the chapter's resources. It's also the perfect opportunity to network with peers, get involved in chapter activities, and hear about leadership or volunteer openings. Don't miss this chance to connect, learn, and make the most of your Delta Kappa experience.

Spill the Tea: <https://us06web.zoom.us/j/85107510775>

March Events

Spill the Tea: You're Allowed to Be Here

Melissa Kass (Alumni) presenting: This session focuses on growing into the therapist role as a new MFT, with encouragement, perspective, and practical insight along the way. A supportive space for anyone learning to trust themselves in the work.

7pm EST / 6pm CST / 5pm MT / 4pm PST

Thursday
3/12



Thursday
3/19



New Member Induction

Join us in warmly welcoming our newest members by supporting them at their virtual induction ceremony. Your presence as a member helps celebrate their achievements and marks an important milestone in their professional journey. Access the ceremony here: <https://us06web.zoom.us/j/83542582327> or use Meeting ID: 835 4258 2327 and be part of this meaningful moment together, we can make their induction truly memorable.

7 pm EST / 6 pm CST / 5 pm MT / 4 pm PST

Spill the Tea Meeting ID: 85107510775

April Events

Thursday
4/16



Spill the Tea: Discussion

Amber Phipps presenting: Curious about what collaborative work looks like in the therapy room? This discussion invites you to explore Collaborative Therapy in a supportive and accessible way, with insight that connects theory to practice.

7pm EST / 6pm CST / 5pm MT / 4pm PST

Spill the Tea: From Overwhelmed to Organized Series

Join Terri Mathias for From Overwhelmed to Organized: Turning Survival Mode into a Plan, Part 1, a practical session designed to help you move from feeling scattered to feeling supported. This series offers realistic strategies to bring clarity, structure, and intention to your academic and professional life.

7pm EST / 6pm CST / 5pm MT / 4pm PST

Thursday
4/23



DK MEMBER DIRECTORY

🌍🌟 Our DK Referral Directory Is Growing 🌟🌍

Our nationwide DK Member Referral Directory is officially taking shape, and we are continuing to build it with members across the country. This shared resource is designed to help you stay connected, supported, and professionally linked wherever your MFT journey takes you.

👉 Why join the directory?

- ◆ Refer clients across state lines
- ◆ Connect with members in your area
- ◆ Build trusted professional relationships
- ◆ Support future moves and licensure transitions

💬 Whether you are currently practicing, in training, or preparing for what comes next, your participation helps strengthen our Delta Kappa community.

📧 Want to be included?

Please share the following information:

📄 Name 🏢 Work location 📞 Work phone 💡 Specialty or community focus ✉ Email

🌟 Together, we are building a supportive network that connects and empowers MFT professionals at every stage.

Google Drive Link to complete the Form:

<https://docs.google.com/forms/d/e/1FAIpQLSeLaKcX6UUXrDEvxI7YmSflXvxyWDXCNpkYwETk7V2Md3WqJA/viewform>

DELTA KAPPA PI MERCH NOW AVAILABLE!

Our Delta Kappa merch store is open!

Grab a shirt, mug, or other gear to show your Pi Chapter pride. All proceeds go directly to our chapter, helping us fund programs, events, student support, and resources that benefit all members.

Every purchase is a way to connect, contribute, and celebrate our community.



RESOURCE LIBRARY

Our dedicated Google Drive is full of valuable resources shared by current students and alumni, including assessments, questionnaires, state licensing requirements, and more. It's your go-to spot to find tools, guides, and information to support your academic and professional journey.

Resource Library Google Drive Link:

<https://drive.google.com/drive/folders/12LNlnNAvikPkmKyucCEDtakvmpdDu2Gv?usp=sharing>

DELTA KAPPA PI COMMITTEES

1



Alumni Committee

- Role: Keep alumni connected and engaged with DK after graduation.
- Focus Areas: CEU events, licensure guidance, Stuck Case Clinic, professional networking.
- Student Benefits: Learn about post-grad support, licensure pathways, and how to build lasting professional networks.
- pichapterdk@capelladeltakappa.org

2



Networking Committee

- Role: Strengthen DK's presence and engagement with current students.
- Focus Areas: Student engagement, induction ceremonies, resource projects (ex: state licensure guides).
- Student Benefits: Gain leadership experience, build peer connections, and help shape how DK grows.
- networking@capelladeltakappa.org

3



Newsletter Committee

- Role: Share updates about DK events and opportunities.
- Focus Areas: Writing event summaries, crafting student/alumni highlights, learning Canva/email tools.
- Student Benefits: Practice professional writing, design, and communication skills.
- secretary@capelladeltakappa.org

4



Scholarship Committee

- Role: Support and celebrate DK members through scholarships.
- Focus Areas: Reviewing applications, awarding funds, collaborating with the Treasurer.
- Student Benefits: Learn about financial review processes and help support fellow students and alumni.
- treasurer@capelladeltakappa.org

5



Social Media Committee

- Role: Represent DK online and highlight the community.
- Focus Areas: Managing social platforms, creating flyers and posts, showcasing alumni/student stories.
- Student Benefits: Build marketing, branding, and design skills while amplifying DK's reach.
- socialmedia@capelladeltakappa.org

6



Merch Committee

- Role: Develop fun and meaningful DK merchandise.
- Focus Areas: Designing items, managing sales, collaborating with the Executive VP.
- Student Benefits: Learn about branding, product design, and small-scale sales management.
- treasurer@capelladeltakappa.org