

# PI CHAPTER QUARTERLY



## CONGRATULATIONS GRADS!

On Saturday, March 7th, over 110 Capella Marriage and Family Therapy learners received their degree at the commencement ceremony in Orlando, Florida. The commencement speaker was Dr. Terrence Roberts, who gave an inspiring address in which he stressed that education is a lifelong journey.

Did you miss the commencement? [Click here](#) to watch the recorded ceremony. Congratulations graduates!

**"It is not our task to simply marvel at the skill or expertise of such stellar examples of humankind. No, no, no, we must join their ranks." -Dr. Roberts**

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# MEET YOUR NEW BOARD MEMBER!

Kate Wagner- Secretary

Hi fellow members of Delta Kappa! I'm Kate and I am thrilled to have been appointed to the position of Pi Chapter, Board Secretary. I was born and raised in Arizona but currently reside in Corpus Christi, Texas with my husband, Dave.

When I'm not writing Capella discussion posts you can find me cooking, painting, or at the beach!

Part of my duty as secretary is to work with the newsletter committee to develop and share relevant, interesting and engaging content with you in the quarterly newsletters. If you have content suggestions, are conducting research you would like to share, or know a fellow member who should be recognized

for their achievement in the field, please reach out!

Just email [pichapterdk@gmail.com](mailto:pichapterdk@gmail.com) with "newsletter" in the subject line.

I'd love to hear from you!



## Chicago Residency Induction

Congratulations to the new Delta Kappa Pi Chapter members who were inducted in Chicago on February 3rd!



# COVID-19

Your Pi Chapter board hopes that you, your loved ones, and your clients are healthy and safe. Here are some resources to help you stay up to date on recent changes in the MFT field as a result of COVID-19.

Capella University is open and fully available to it's students. In-person learner events for Spring 2020 may be postponed and students can request reasonable extensions on assignments if necessary. [Click here for Capella University Updates.](#)

Some AMFTRB exams have been postponed by testing facilities. If you are scheduled to take your exam in the coming weeks, you can [click here](#) for more information from the AMFTRB.

You, and your clients might be experiencing increased stress and anxiety surrounding the news about the Coronavirus. [Click here for information from the CDC](#) on managing stress and anxiety. And [click here](#) for a blog post on increasing awareness of the impact of COVID-19 on our minds and communities.

The AAMFT has provided a variety of resources for practitioners who plan to transition to telehealth practices during this time. Remember teletherapy laws are state specific so check in with your state board for guidelines. AAMFT Partner Motivo is also offering all AAMFT members a free, HIPAA-compliant platform for virtual supervision during COVID-19. For all AAMFT resources, [click here](#). And to read AAMFT's recent blog post regarding COVID-19 [click here](#).

The National Institute for Mental Health has also issued COVID-19 information and resources in the form of FAQ's. [Click here to read more.](#)

## An Introduction to Telebehavioral Health Practices from the AAMFT







## A VIDEO GAME THAT HELPS US UNDERSTAND LONELINESS

Check out this Ted Talk by artist, Cornellia Geppert

In her November 2019 Ted Talk, Geppert shares the story behind her video game, "Sea of Solitude" which explores how battling the "monsters" of loneliness and self-doubt can help people better grapple with the complexity and struggles of mental health.

## CANADA MOVES TO BAN CONVERSION THERAPY NATIONALLY

A recent bill proposed by the Canadian government could ban conversion therapy in all of Canada. The AAMFT adopted a policy in 2009 that states, the association does not consider homosexuality a disorder that requires treatment, and as such, they see no basis for conversion therapy. Conversion therapy for minors has been prohibited in 20 US states and 67 cities. [Read more here.](#)



## SENATE COMMITTEE PASSES BILL TO ADDRESS VETERAN SUICIDE

The bipartisan Senate Bill named the Commander John Scott Hannon Veterans Mental Health Care Improvement Act, unanimously passed in the Veteran Affairs Committee.

The bill will improve veterans' access to life-saving care, increase hiring of MFT's to the VA's mental health workforce and improve access to VA care in rural areas.

[Read more here.](#)

## STAY IN TOUCH!

We want to hear from you. If you would like to get in touch with a member of the Pi Chapter board, please email us at **[pichapterdk@gmail.com](mailto:pichapterdk@gmail.com)**

**Delta Kappa**, The International Marriage and Family Therapy Honor Society, has three primary aims. The first aim is to train emerging leaders in the field of marriage and family therapy to assume the mantle of leadership in the profession. The second aim is to provide a structure for developing scholarly forums that present cutting edge research and theory on marriage and family therapy to practitioners on an ongoing basis at the local, state, regional, national, and international level. The third aim is to recognize and promote the achievements of marriage and family therapy clinicians and scholars.

Our chapter grows and improves every time you engage! Click the logos below to visit our Facebook group and website. Do you know fellow learners that qualify to be a member of Delta Kappa? Encourage them to join!

