

# PI CHAPTER QUARTERLY



## UPCOMING RESIDENCIES

As of May 19th, Capella University has made the decision to restructure all in-person Summer residencies. This includes the Phoenix residency and the Orlando residency that was rescheduled from the Spring quarter.

All residency activities will be held 100% online with a series of required synchronous sessions. Further details on the online structure are forthcoming but updated information can be found [HERE](#).

**SAVE THE DATE!**  
**9.14.20**  
**6:00PM CDT**  
**PI CHAPTER**  
**VIRTUAL INDUCTION**

We are excited to announce that our Q3 induction will be hosted virtually. All members are welcome and encouraged to log-on in support of Delta Kappa's newest members! More details to come!

*We are deeply saddened by the death of George Floyd and all those who have lost their life as a result of racism and inequality in law enforcement.*

*In our role as therapists, we have a responsibility to acknowledge racism, recognize our power and privilege, and reflect on our biases.*

*We must not minimize the experiences of marginalized populations. We have a duty to educate ourselves about those experiences and advocate for change.*

*Click the links below for resources from the AAMFT*

**AAMFT STATEMENT ON MFT RESPONSIBILITY TO COUNTER RACISM**

**RESOURCES FOR MFTS IN A RACIALIZED CLIMATE**

*We need your help!*

# CALLING ALL MEMBERS!!

Are you looking for a way to get involved in Delta Kappa? Maybe you need some additional activities for your resume?

The Pi Chapter board is looking for members who would like to join our Board Committees. Committee members will help plan chapter events, increase member engagement, develop content for the newsletter and more! If you're interested in joining one of our committees or just want to learn more about the available opportunities...email [pichapterdk@gmail.com](mailto:pichapterdk@gmail.com)

## MEET THE BOARD!

Angelic Garcia- Treasurer

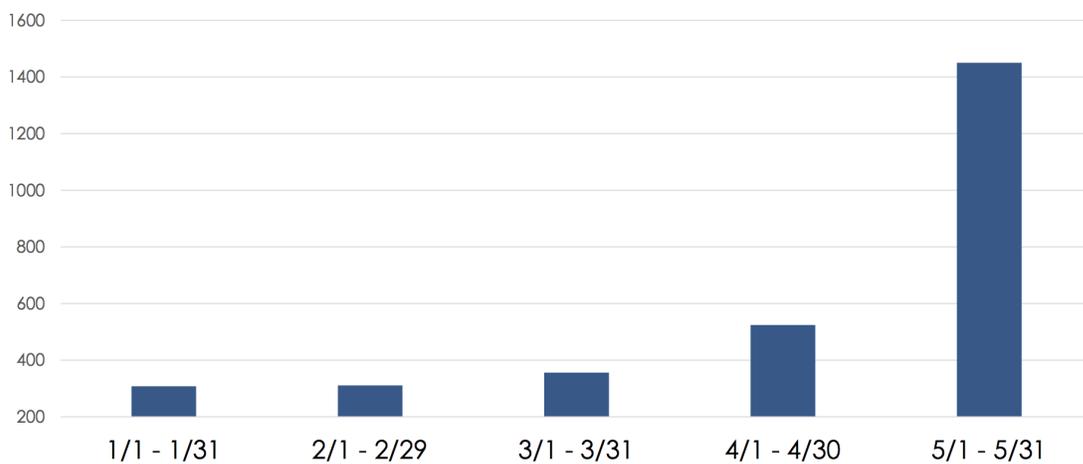
I am a native Sandiegan living in sunny San Diego, California. I am 47 and happily married with four children. With the support of my family I returned to school late in life obtaining my BS in Psychology in 2015 and now concluding my final year in graduate school for my MS in Marriage and Family Counseling/Therapy. I am looking forward to giving back to my community as a mental health supporter. In the interim, I am honored to have the opportunity to work with the Executive Board and all of our Pi Chapter members as the Pi Chapter Treasurer.



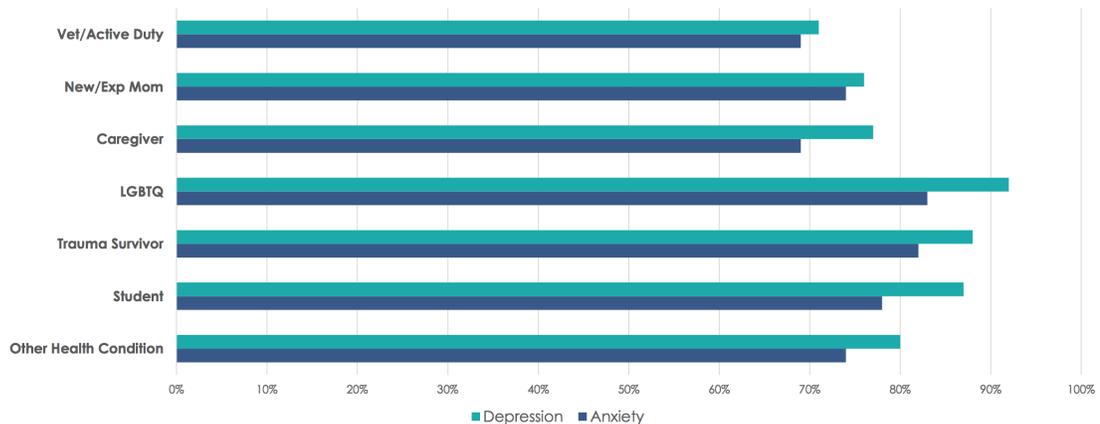
# MENTAL HEALTH STATS DURING THE COVID-19 PANDEMIC

Mental Health America (MHA) is the nation’s leading community-based nonprofit dedicated to addressing the needs of those living with mental illness and promoting the overall mental health of all Americans. Check out these statistics from their free, anonymous, online screening tool for depression and anxiety.

## In May, Per Day Anxiety Screenings Increased by 370% over January



## Special Populations: Positive for Depression and Anxiety



To see all of Mental Health America's presentation click [HERE](#)

## STAY IN TOUCH!

We want to hear from you. If you would like to get in touch with a member of the Pi Chapter board, please email us at [pichapterdk@gmail.com](mailto:pichapterdk@gmail.com)  
Or post on the Pi Chapter [Facebook group](#)!



## WE CAN'T WAIT FOR YOU TO SEE WHAT WE'VE BEEN WORKING ON!

Our Social Media Chair has been hard at work creating a new chapter website for you. The page will launch this Summer.

Check back soon to find new content and updates about future inductions, service projects, and more!