



SPRINGFIELD FAMILY CENTER

June 2025 Newsletter

Hunger Crisis Deepens: House GOP Moves to Gut SNAP Program



Food shelves around the country are reeling after a shocking development in Washington: the House GOP has passed a measure to upend the Supplemental Nutrition Assistance Program (SNAP); a lifeline for millions of Americans. If this bill becomes law, the consequences will be devastating, especially for vulnerable families right here in our small but mighty state of Vermont.

SNAP doesn't just provide critical food assistance—it supports local economies, lifts children out of poverty, and strengthens our communities. Cutting it means real harm for real people. Food shelves across Vermont, already stretched thin, are bracing for an influx of need that could overwhelm their capacity.

You can read the full article here:

[SNAP Article](#)

Below are a few sobering statistics from the Food Research & Action Center (FRAC):

Over 41 million Americans rely on SNAP to put food on the table.

In Vermont, 1 in 10 residents currently receive SNAP benefits.

In 2024, SNAP's impact was significant. It helped:

2,943 veterans

34% of households with children

45% of households with seniors

57% of households of individuals living with a disability

Every \$1 in SNAP benefits generates \$1.50–\$1.80 in economic activity—supporting local grocers, farmers, and food producers.

In fiscal year 2024, SNAP helped 62,255 Vermonters put food on the table and brought \$147,196,800 into the state, stimulating our local economy.

This is more than a budget decision, it's a direct threat to food security and public health. This bill threatens to strip 8,000 Vermonters of all SNAP benefits, slash support for 14,000 more, and abandon countless others who depend on this assistance; deepening the already severe hunger crisis in our state.

We urge our readers to stay informed, contact elected officials, and support local food shelves however they can. Now more than ever, your voice, and your action, matters.

Want to help us help others during these uncertain times?

Read on for all the exciting upcoming events and happenings here at Springfield Family Center that will help us support our neighbors in need!

SPRINGFIELD
SUPPORTED HOUSING
PROGRAM &
SPRINGFIELD FAMILY
CENTER

SUMMER OF LOVE
ANNUAL FUNDRAISER

Let's help our community!

JOIN US FOR
PEACE, LOVE & MUSIC

Food - Silent Auction - Raffles

Live Music by:

Steam Jenny -

Matt Meserve- Bill Brink -

Main Street Arts String Band

SAVE THE DATE!

TIME **5-9PM**

LET'S GET
GROOVY

Tickets: \$20 or 2 for \$30



28 JUNE 2025

Springfield Elks Lodge
#1560 49 Park ST,
Springfield, VT 05156



SSHVP



HOW YOU CAN
CONTRIBUTE

Volunteer

Sponsor

Share this flyer!

Join a valuable cause to assist those in need of housing and food security by providing service or financial support. Your involvement can make a significant difference.

FOR MORE INFORMATION
Courtney Campbell

802-885-3034 ex 112

Email: Vista@SSHVPVT.org

802-885-3034 - www.sshpvt.org or 802-885-3646 - springfieldfamilycenter.com/

Let's Get Groovy for a Great Cause!

Save the date for a far-out night of fun and fundraising!

Springfield Family Center & Springfield Supported Housing present:

"Summer of Love"

A groovy evening with awesome live music, tasty eats, a cash bar, and an amazing silent auction.

Come vibe with us and support your community!

When: Saturday June 28th

Where: Springfield Elks Lodge located at 49 Park Street, Springfield, VT

Time: 5:00pm-9:00pm

Press the button below to get your tickets today!

A Heartfelt Thank You!

We extend our heartfelt thanks to the Springfield Elks Club #1560 for graciously hosting this exciting event! We are also deeply grateful to everyone who has contributed through sponsorships, in-kind donations, and silent auction items — your generosity is helping to make our Summer of Love Fundraiser truly special.

THANK YOU for your incredible support!

Your generosity, kindness, and belief in our missions make powerful impacts:

Monetary Sponsorships:

Platinum Level Sponsorships:

Claremont Savings Bank

Gold Level Sponsorship:

One Credit Union

Mascoma Bank

Silver level Sponsorship:

The Richards Group

JC's Market and Deli

Silent Auction Donors:

Tegan Coley Photography

VT Whackers Lawn Care

Portraits by Aleks

Springfield Cinema 3

Twinline Towing & Recovery

Farnum Insulators

Moonlit Stitch

The Grafton Inn

In-Kind Donors:

Smitty's Chester Market

Copper Fox

JC's Market & deli

Summer of Love Tickets!

Springfield Democrats will be hosting a food drive to benefit Springfield Family Center!

Saturday June 7th 9:00am-3:00pm

Here is a wish list of items always needed:

Pasta & Sauce

Mac & Cheese

Canned Pasta

Cereal

Oatmeal

Pancake Mix

Canned Veggies

Canned Soups

Canned Fruit

Canned Meats (Tuna, Chicken)

Canned Beans

Rice

Ramen Noodles

Peanut Butter & Jelly

Apple Sauce

Shelf Stable Milk

Love Cooking? Share your favorite recipes...

SPRINGFIELD EATS!

The Springfield Family Center Cookbook

For locals, by locals

The Springfield Family Center is revisiting a fundraising opportunity in the form of a community-inspired cookbook. We are looking for YOUR input to help make it all possible.

Home cooked meals made for ourselves, our family, or our friends create a common language of care and nourishment no matter where you go. Favorite recipes often highlight unique flavor palettes that are special to the region, community and family of each person. This cookbook aims to collect recipes from our friends in the community—home cook or professional chef alike, providing meal ideas that nourish and satisfy.

Please join us in our efforts to bring your favorite recipes for others to try, all recipes are welcome. From appetizers to entrees, casseroles, one-pot wonders, gluten free, vegetarian, desserts, kitchen short-cuts...whatever your palette enjoys!

Submissions can be mailed, emailed or dropped off at the Family Center in person. The proceeds from each cookbook sold will be in support of our multiple charitable food programs, providing us with the means to support families and individuals facing food insecurity within the Springfield, North Springfield and Baltimore communities.

Mail: Springfield Family Center, PO Box 20, N. Springfield VT 05150

Email: programsatsfc@gmail.com

In-person: 130 Springfield Plaza, Suite 9, Springfield VT

We will be collecting submissions through the end of August.

When submitting your recipe make sure to include:

- Your name and town
- Category (ie: appetizer, entree, dessert, soups/salads, vegetables/vegetarian, etc)
- Name of your dish
- All ingredients required, cook temperature and time



Grow a Row ~

Make a Difference...

Gardens are planted, and the season of growth is underway. As we watch our vegetables flourish, let's remember the deeper purpose our gardens can serve.

This year, as your crops grow strong and full, consider dedicating an extra row to those in need. By donating fresh produce to local food shelves, you're not just sharing food — you're sharing hope.

With continued challenges and cuts to essential programs, our collective action is more important than ever. Every tomato, cucumber, and leafy green can help nourish a neighbor and fight food insecurity in our own backyards.

Let's grow a row — and grow compassion, community, and change. Together, we're making a lasting impact.

Springfield Family Center, Inc.

Buy a Day, Make a Difference!

Purchase a calendar day in honor of yourself or someone special and gift enough ingredients to make meals for up to 30 food insecure neighbors.

The honoree will be publicly recognized on their chosen day as a partner in the Springfield Family Center's efforts to help reduce hunger in their community!

What a unique way to help someone celebrate a birthday, anniversary, or other special occasion by giving this gift of hope.

Lead the way by buying a day! Spread the word about your special day to friends and family and any donation made on your day will be matched up to \$100.

To secure your day, make a one-time gift to the Springfield Family Center in the amount of \$100 or become a sustaining donor throughout the calendar year \$10/month.

For more information or to purchase your day please email us at SFCbuyaday@gmail.com



Support Springfield Family Center with ~ “Buy a Day; Make a Difference!”

A Gift That Truly Matters – For Any Occasion

Looking for a meaningful gift to celebrate someone special? Whether it's a birthday, anniversary, graduation, or just because — honor your loved one with a gift that gives back.

When you buy a day in their name, you're not just celebrating them — you're also providing 30 meals for neighbors facing food insecurity. It's a beautiful way to share compassion, hope, and nourishment with those who need it most.

No wrapping paper needed. Just a heartfelt gesture that leaves a lasting impact.

Give the gift of kindness, community, and care — for any occasion.

To learn more about how you can also "Buy a Day" and make a difference click the button below.

Together, we TRULY DO MAKE A DIFFERENCE!

Buy A Day, Make A Difference!

Healthy Eating Made Easy!

This Month's Recipe Kit: Overnight Oats!

Every month, the Springfield Family Center puts together simple, nutritious recipe kits to help promote healthier eating habits in our community. Constituents are welcome to stop in and pick up a complete kit, free of charge, and recreate the recipe at home, no guesswork needed!

This month, we're featuring a simple and delicious Overnight Oats recipe; a quick, no-cook breakfast that's perfect for busy mornings.

Did you know that oats are packed with fiber, help support heart health, and can keep you feeling full longer? Plus, you can customize them with fruit, nuts, or yogurt to make them your own!

Eating well doesn't have to be complicated!

Springfield Family Center Recipe Kit: Simple Cinnamon Raisin Overnight Oats

Ingredients

- 1 cup rolled oats
- 2 tablespoon raisins
- 1 ½ tablespoon brown sugar
- ¼ teaspoon ground cinnamon
- 1 cup Water

Directions-

- Combine the oats, raisins, cinnamon, and brown sugar into mason jar or lidded containers. Add the water and stir.
- Let it sit in the fridge for 5 hours or overnight.
- In the morning, top with the almonds or nuts of your choice if you would like and Enjoy!





Free Day-Use Entry to State Parks for Eligible Vermonters This Year!

Pilot Program May to October 2025

Eligibility

Eligible Vermonters include those enrolled in:

- 3SquaresVT
- Essential Person Program
- Fuel Assistance
- General Assistance
- Reach Up
- Summer EBT
- WIC

Using the Benefit

If you have an EBT or WIC card with active benefits: Bring this card to a state park and you and your household will get in for free. That's it!

Enrolled but don't have an EBT card?

Visit your local Economic Services District Office to receive an ESD card that can be used for state park entrance this year or call 1-800-479-6151 to request one be mailed to you.



Scan now!
Learn more
about this
2025 benefit.

VermontParksForever.org/paf-pilot



Vermont Park Forever's Park Access Program:

Looking for something fun to do with the kids this summer?

Vermont Park Forever's Park Access Program is piloting a program that will provide free day-use access to Vermont State Parks for clients receiving services through the Economic Services Division!

Beginning May 2025, clients receiving services through the Economic Services Division and one of its programs: Reach Up, 3SquaresVT, Summer EBT, Fuel Assistance, General Assistance, Essential Person Program, will have free daily access to Vermont State Parks, encouraging more families and individuals to enjoy the outdoors.

What an AMAZING way to get some FUN summer days in at our beautiful State Parks!

With Gratitude:

We want to extend our heartfelt thanks to everyone in our community who has stepped up to help us nourish our food-insecure neighbors. Whether through donations, volunteer time, or simply spreading the word, your support makes a real difference.

Because of you, more families have access to the food and resources they need to thrive. We couldn't do this work without you.

Thank you for standing with us.

Below are just a few of the many generous individuals and organizations who have helped make this possible:

Food Donors:

Sharon Stoddard

Alice Page

Judy Spaulding

St. Mary's Church

St Mark's Episcopal Church

Judy Sterns

United Methodist Church

Willing Hands

Kathy Reicert

Jeri Faffar

Rex Batchelder

Ed Majewski

Rodney Holton

VFW Post 771 Auxiliary

UU Church

Boris

Plainsbrook Farm

Ginny Deyo

Springfield Town Library

Donna Builder

Food Drive:

Springfield Rotary Club hosted a food drive bringing in an amazing 672# of food as well as \$2000 in monetary donations for purchasing foods.

Monetary Donations

Another A special thank-you goes out to those who provided monetary donations; your generosity allows us to purchase food and much-needed supplies for our to-go meals, ensuring we can continue serving our neighbors with consistency, dignity, and care:

The Ben & Jerry's Foundation

Charles Wood Foundation

The Guite Brothers and Sisters Foundation

Kenneth and Sara Spoor

Pat Hill and Angel Trauth

Jeanine and Richmond Hughes

Debra Cox

Dragonfly Designs

Jeffrey and Lisa Mobus

HCRS

The Wilson Fund

Walter and Jane Czajka

James Harris

Springfield Assembly of God

Holy Family Parish



See you in July!

Your Friends at the Springfield Family Center

802 885 3646

[Click Here To Donate Today To SFC!](#)



©2025 Springfield Family Center, Inc. | Springfield Family Center, Inc. 130 Springfield Plaza
Rd, Suite #9, Springfield, VT 05156

Like

Tweet

in

Web Version

Forward

Unsubscribe

Powered by
[GoDaddy Email Marketing](#)®